Lyme Disease | Mycotoxins | CoVid-19 information on me Disease Vitamin C for Viral Illnesses COVID-19 Fear Nicola Ducharme, ne Disease and LVI ddres Chron Inflammation John Parks Trowbridge, MD Missing the Yeast Syndrome Diagnosis June 2022 Issue #467 Foods That Cause Pain and Inflammation OF THE TOWNSEND LETTER

911 Tyler Street | Port Townsend WA 98368-6541 Phone: 360.385.6021 | Fax: 360.385.0699 Email: advertising@townsendletter.com

Greetings from the Publisher,

w.TownsendLetter.com

Thank you for your interest in the Townsend Letter. I founded this publication in 1983 when there were no journals or magazines discussing alternative medicine. Our focus was to create a forum for health professionals and non-professionals to discuss naturopathic medicine, functional medicine, orthomolecular medicine, nutrition, and related healing arts. In the years to follow academic journals and consumer magazines entered the marketplace but no other publication has served as a forum integrating doctors of multiple disciplines to examine what works and what does not work in alternative medicine.

With the advent of the internet, websites, and Google, the Townsend Letter has evolved from being only a print magazine to also publishing a digital magazine as well as a weekly e-newsletter. Our website serves to publish lengthy articles and references that were abridged in the print magazine, as well as articles that are only published on the web. For those wishing to explore our indexed archives, we do have all of our more than 470 past issues available. Our website offers readers a "Best Reads" section and blog.

In 2023 the Townsend Letter print magazine and digital magazine have ceased to be published. The Townsend Letter is now published only as a regular e-Letter. The Townsend Letter website features new articles and editorials published in the e-Letter. The Townsend e-Letter is emailed to 11,000+ subscribers in the U.S. and internationally.

Advertising opportunities are available in the e-Letter, on the website, and embedded with all new articles. We welcome your interest in advertising and thank you for your support of the Townsend Letter.

Jonathan Collin, MD

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TOWNSEND LETTER MEDIA KIT 2023

The E-Letter is published every 2 weeks. Each E-Letter is published twice, the first email is done on a Saturday, the same E-Letter is then emailed again on Saturday a week later. Each ad placement will run for 2 weeks and be charged for the 2 week (1 issue) placement. *Prices shown reflect 2 weeks of advertising*.

The E-Letter is published 24 times/year with no publication of the e-letter at the end of June and end of December.

Rates Advertising is pre-paid for one month. Extended contracts are payable each month.

Pricing of Advertising Per E-Letter on the Home Page (2 weeks of advertising):

Ad Size	24 issues	12 issues	6 issues	3 issues	1 issue
Small (430x320)	\$200	\$220	\$240	\$250	\$300
Medium (700x600)	\$300	\$330	\$360	\$375	\$450
Large (960x730)	\$400	\$440	\$480	\$500	\$600

Pricing of Advertising **Per E-Letter Embedded in All Articles (2 weeks of advertising)**. Note: **Advertising embedded in all articles** *also* **requires ad placement on e-Letter Home Page**.

Ad Size	24 issues	12 issues	6 issues	3 issues	1 issue
Small (430x320)	\$200	\$220	\$240	\$250	\$300
Medium (700x600)	\$300	\$330	\$360	\$375	\$450
Large (960x730)	\$400	\$440	\$480	\$500	\$600

Pricing of Advertising on Website Per Month

Ad Size	12 months	6 months	3 months	1 month	
Small (430x320)	\$100	\$110	\$120	\$150	
Medium (700x600)	\$150	\$165	\$180	\$225	
Large (960x730)	\$200	\$220	\$240	\$300	

Pricing of Advertising: Classified Advertising (cost/pricing shown per e-letter)

Classified ads are placed in the e-Letter and on our website: TownsendLetter.com/Classified-Ads

Ad Size	24 issues	12 issues	6 issues	3 issues	1 issue
50 words* or less	\$13	\$15	\$17	\$20	\$25
100 words* or less	\$26	\$30	\$34	\$40	\$50
150 words* or less	\$39	\$45	\$51	\$60	\$75

*A word is 5 letters/numbers/symbols/spaces. Call or Email for Longer Classified Ads/extended word count. Classified advertising is paid in advance for entire contract. *No refund if contract is cancelled.*

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TOWNSEND LETTER MEDIA KIT 2023 Sizing and Specifications nsend e-Letter The images below show ad sizes relative to placement within the body of the e-Letter. There are three sizes of display ads available; sizing is in pixels: PIXELS Small ad: 430w x 320h LARGE Medium ad: 700w x 600h Large ad: 960w x 730h Small Size Ad Missed an ad deadline? 430 x 320 Contact us anyway! We may be able to arrange placement of your ad... Medium Size Ad 700 x 600 Large Size Ad MEDIUM 960 x 730 e-Letter with Actual **ACCEPTABLE AD FORMATS:** examples of .jpg, .jpeg, .png, .gif CLASSIFIED ADVERTISING ad sizes! Primary Preferred e-Mail Date **Due Date** Primary Preferred 3/29/2023 4/08/2023 e-Mail Date **Due Date** 4/22/2023 4/12/2023 Preferred Primary 7/29/2023 7/19/2023 5/06/2023 4/26/2023 e-Mail Date Pue Date 5/20/2023 5/10/2023 8/12/2023 8/02/2023 8/26/2023 11/04/2023 10/25/2023 6/03/2023 5/24/2023 8/16/2023 6/17/2023 6/07/2023 9/09/2023 8/30/2023 11/18/2023 11/08/2023 7/15/2023 7/05/2023 9/23/2023 9/13/2023 12/02/2023 11/22/2023 12/06/2023 10/07/2023 9/27/2023 12/16/2023

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e: 360.385.6021 Fax: 360.385.0699 editorial@townsendletter.com

TOWNSEND LETTER MEDIA KIT 2023

- Please ensure your ad link address is correct, as it will be copied and pasted from the link information you provide; we do not accept responsibility for incorrect links.
- Low resolution or otherwise poor-quality ads will be run without adjustment.
- Ads and links may be changed for each new e-Letter (each e-Letter runs for two weeks). Please provide changes by Wednesday, one week in advance of e-Letter publication.

ADVERTISING AGREEMENT

ACCEPTED AD FORMATS: .jpg, .jpeg, .png, .gif

Please Note: We require a credit card number on file which is valid for the period of time indicated by the advertising contract. We will not use the credit card unless you request its use. All advertising contracts of 12 weeks or less must be paid at time of submission of the advertising agreement form. Ad contracts of longer than 12 weeks will be invoiced at the beginning of each 12 week period.

Company		Ad Contact					
Phone	Fax	Ema	əil		PO#		
Company Address, City, State,	Zip						
Beginning issue/week	Endin	g issue/week	٢	Amoun	t per ad \$		
<u>AD TYPE:</u> E-Letter Homep	age Embedo	ded in e-Lett	e r articles (r	equires Homepa	ge placement)		
Website Homepage	Classified Advertis	sing (ads are	placed on th	ne website AND i	n the e-Letter)		
<u>Payment by:</u> Check CC#							
Billing address for Credit Car	d						
Special Instructions:							
Client agrees to meet the agree	ed frequency requirem	ents and prep	ay for placen	nent of ads for 12 v	veeks or less. Ad		

Client agrees to meet the agreed frequency requirements and prepay for placement of ads for 12 weeks or less. Ad contracts of longer than 12 weeks will be invoiced at the beginning of each 12 week period. If Client fails to meet the minimum insertion frequency required to qualify for the discounted rate quoted on the rate card, Client agrees that the discount shall be forfeited, and Client shall pay for all current and previous advertising at Publisher's 2 week rate (the one-time insertion rate). Failure to prepay for advertising will result in digital ad not being published. Ads placed for multiple weeks will continue to run unless Client provides new digital ad by Wednesday one week in advance of e-newsletter publication. <u>Acknowledgment and Authorization:</u> The undersigned verifies the accuracy of all the information contained in this contract and authorizes prepayment. The advertiser agrees that the Townsend Letter accepts a faxed copy or emailed copy of this contract as an original contract with all contractual obligations retained.

Client Signature	Client Name (please print)	Date
Signature of person authorized to approve pa	yment	Title
Person authorizing e-signatures (if signatures	are typed, we will confirm contract)	

The pricing and terms found in this agreement are current for this version, but may change in future agreements.