Lyme Disease | Mycotoxins | CoVid-19 COM information on Lyme Disease Vitamin C for Viral Illnesse COVID-19 1966 Fear Nicola Ducharme, Lyme Disease and The Liver's ddres Chron Inflammation John Parks Trowbridge, MD Missing the Yeast Syndrome Diagnosis June 2022 Issue #467 Foods That Cause Pain and Inflammation ISSUE OF THE TOWNSEND LETTER

> nergy, Resonance, and Functional Medicine

The Importance of Fat Cell Dynamics

Doug Lobay, ND DEMENTIA, LOSS, AND LOVE Monitoring

Topical

Hormone

Therap

Greetings from the Publisher,

w.TownsendLetter.com

Thank you for your interest in the Townsend Letter. I founded this publication in 1983 when there were no journals or magazines discussing alternative medicine. Our focus was to create a forum for health professionals and non-professionals to discuss naturopathic medicine, functional medicine, orthomolecular medicine, nutrition, and related healing arts. In the years to follow academic journals and consumer magazines entered the marketplace but no other publication has served as a forum integrating doctors of multiple disciplines to examine what works and what does not work in alternative medicine.

911 Tyler Street | Port Townsend WA 98368-6541

Phone: 360.385.6021 | Fax: 360.385.0699

Email: advertising@townsendletter.com

With the advent of the internet, websites, and Google, the Townsend Letter has evolved from being only a print magazine to also publishing a digital magazine as well as a weekly e-newsletter. Our website serves to publish lengthy articles and references that were abridged in the print magazine, as well as articles that are only published on the web. For those wishing to explore our indexed archives, we do have all of our more than 470 past issues available. Our website offers readers a "Best Reads" section and blog.

In 2023 the Townsend Letter print magazine and digital magazine have ceased to be published. The Townsend Letter is now published only as a regular e-Letter. The Townsend Letter website features new articles and editorials published in the e-Letter. The Townsend e-Letter is emailed to 11,000+ subscribers in the U.S. and internationally.

Advertising opportunities are available in the e-Letter, on the website, and embedded with all new articles. We welcome your interest in advertising and thank you for your support of the Townsend Letter.

Jonathan Collin, MD

TOWNSEND LETTER MEDIA KIT 2023

The E-Letter is published every 2 weeks. Each E-Letter is published twice, the first email is done on a Saturday, the same E-Letter is then emailed again on Saturday a week later. Each ad placement will run for 2 weeks and be charged for the 2 week (1 issue) placement. *Prices shown reflect 2 weeks of advertising*.

The E-Letter is published 24 times/year with no publication of the e-letter at the end of June and end of December.

Rates Advertising is pre-paid for one month. Extended contracts are payable each month.

Pricing of Advertising Per E-Letter on the Home Page (2 weeks of advertising):

Ad Size	24 issues	12 issues	6 issues	3 issues	1 issue
Small (430x320)	\$200	\$220	\$240	\$250	\$300
Medium (570x1700)	\$300	\$330	\$360	\$375	\$450
Large (960x730)	\$400	\$440	\$480	\$500	\$600

Pricing of Advertising **Per E-Letter Embedded in All Articles (2 weeks of advertising)**. Note: **Advertising embedded in all articles** *also* **requires ad placement on Home Page**.

Ad Size	24 issues	12 issues	6 issues	3 issues	1 issue
Small (430x320)	\$200	\$220	\$240	\$250	\$300
Medium (570x1700)	\$300	\$330	\$360	\$375	\$450
Large (960x730)	\$400	\$440	\$480	\$500	\$600

Pricing of Advertising on Website Per Month

Ad Size	12 months	6 months	3 months	1 month	
Small (430x320)	\$100	\$110	\$120	\$150	
Medium (570x1700)	\$150	\$165	\$180	\$225	
Large (960x730)	\$200	\$220	\$240	\$300	

Pricing of Advertising: Classified Advertising

Classified ads are placed in the e-Letter and on our website: TownsendLetter.com/Classified-Ads

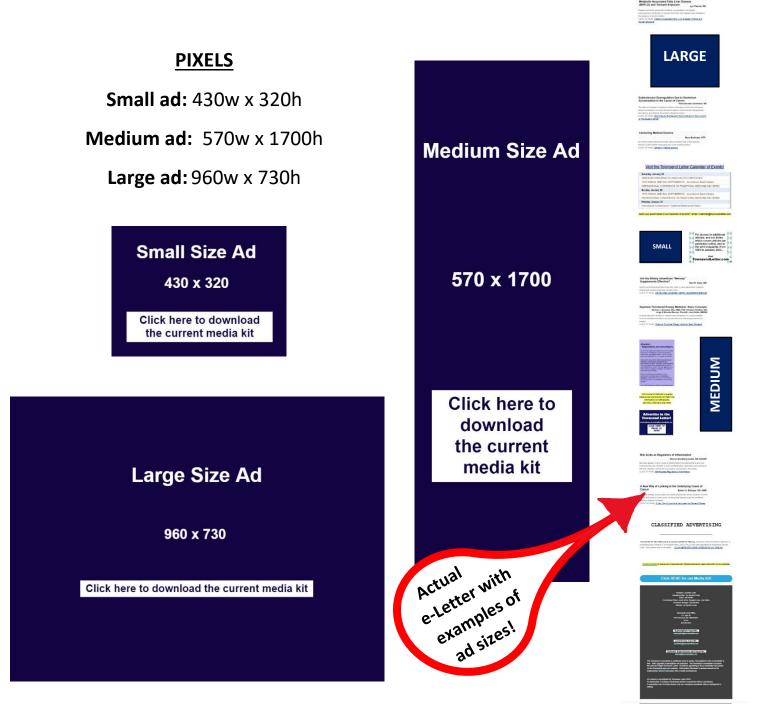
Cost per e-Letter	24 issues	12 issues	6 issues	3 issues	1 issue
50 words* or less	\$150	\$100	\$75	\$50	\$25
100 words* or less	\$300	\$200	\$150	\$100	\$50
150 words* or less	\$450	\$300	\$225	\$150	\$75

*A word is 5 letters/numbers/symbols/spaces. Call or Email for Longer Classified Ads/extended word count.

Townsend Letter, 911 Tyler Street, Port Townsend, WA, 98368-6541Phone: 360.385.6021Fax: 360.385.0699advertising@townsendletter.comwww.TownsendLetter.comeditorial@townsendletter.com

TOWNSEND LETTER MEDIA KIT 2023 Sizing and Specifications

The images below show ad sizes relative to placement within the body of the e-Letter. There are three sizes of display ads available; sizing is in pixels:



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TOWNSEND LETTER MEDIA KIT 2023

- Please ensure your ad link address is correct, as it will be copied and pasted from the link information you provide; we do not accept responsibility for incorrect links.
- Low resolution or otherwise poor-quality ads will be run without adjustment.
- Ads and links may be changed for each new e-Letter (each e-Letter runs for two weeks). Please provide changes by Wednesday, one week in advance of e-Letter publication.

ADVERTISING AGREEMENT

Please Note: We require a credit card number on file which is valid for the period of time indicated by the advertising contract. We will not use the credit card unless you request its use. All advertising contracts of 12 weeks or less must be paid at time of submission of the advertising agreement form. Ad contracts of longer than 12 weeks will be invoiced at the beginning of each 12 week period.

Company		Ad Contact			
Phone	Fax	Email	PO#		
Company Address, City, State	e, Zip				
Beginning issue/week	inning issue/week Ending issue/week Amount per ad \$				
<u>AD TYPE:</u> E-Letter Home	page E	mbedded in e-Letter articles (requ	ires Homepage placement)		
Website Homepage	Classified Ac	dvertising (ads are placed on the w	vebsite AND in the e-Letter)		
		er Credit Card (<i>Amex,Disc,Vi</i>			
Billing address for Credit Ca	ord				
Special Instructions:					
contracts of longer than 12 w minimum insertion frequency discount shall be forfeited, an one-time insertion rate). Failu multiple weeks will continue to newsletter publication. <u>Ack</u> information contained in this	eeks will be invoid required to quali d Client shall pay ire to prepay for a to run unless Clien nowledgment a contract and auth	quirements and prepay for placement ced at the beginning of each 12 week ify for the discounted rate quoted on a for all current and previous advertisin advertising will result in digital ad not int provides new digital ad by Wednese and Authorization: The undersigned horizes prepayment. The advertiser ag	period. If Client fails to meet the the rate card, Client agrees that the ng at Publisher's 2 week rate (the being published. Ads placed for day one week in advance of e- l verifies the accuracy of all the grees that the Townsend Letter		
Client Signature	(Client Name (please print)	Date		
Signature of person authorize	d to approve pay	ment	Title		

Person authorizing e-signatures (if signatures are typed, we will confirm contract) ____

The pricing and terms found in this agreement are current for this version, but may change in future agreements.

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