

Helping the Distressed Clinician by Identifying and Treating Burnout

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Complete References

Many of the listed references are review articles, so many of the primary references were not directly cited in this article.



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Burnout Assessment Links

1. **Burnout Self-Test (informal assessment tool; free):** https://www.mindtools.com/pages/article/newTCS_08.htm
2. **Maslach Burnout Inventory (MBI; license required):** <https://www.mindgarden.com/117-maslach-burnout-inventory-mbi>
3. **Oldenburg Burnout Inventory (OLBI; free):** <https://www.mdapp.co/oldenburg-burnout-inventory-olbi-calculator-606/>



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