

# Protecting Your Brain from Stress

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\*Many of the listed references are review articles, so many of the primary references were not directly cited in this paper.

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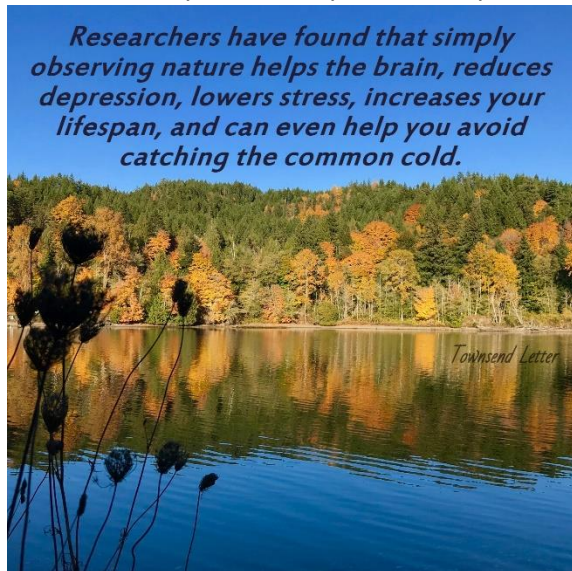
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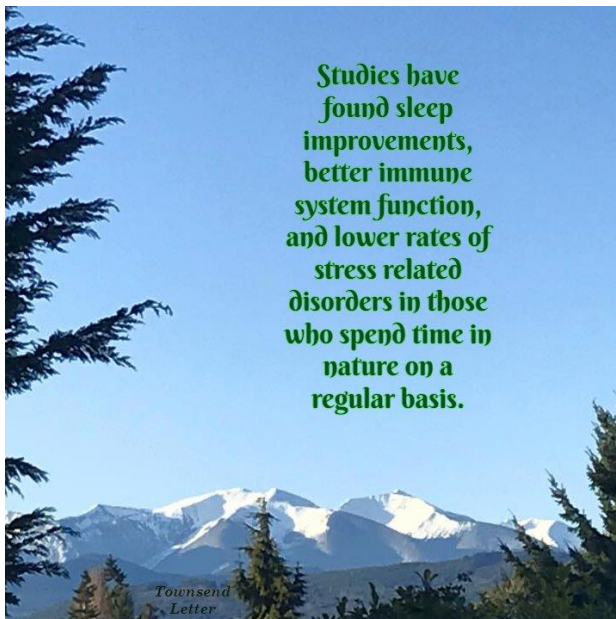
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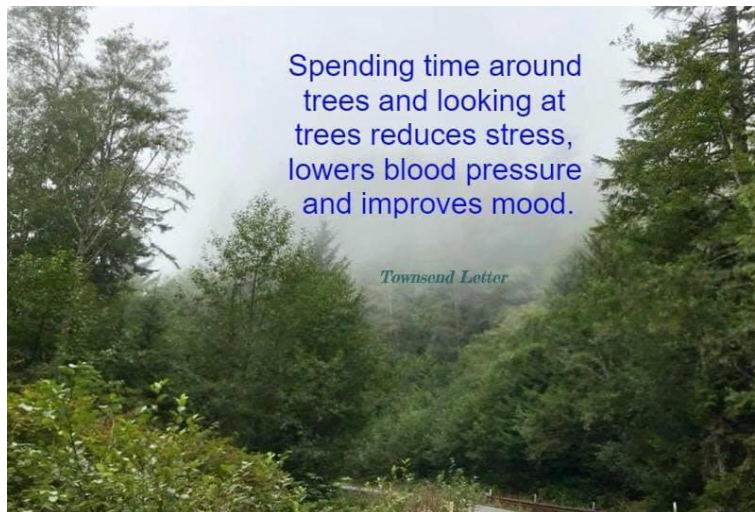
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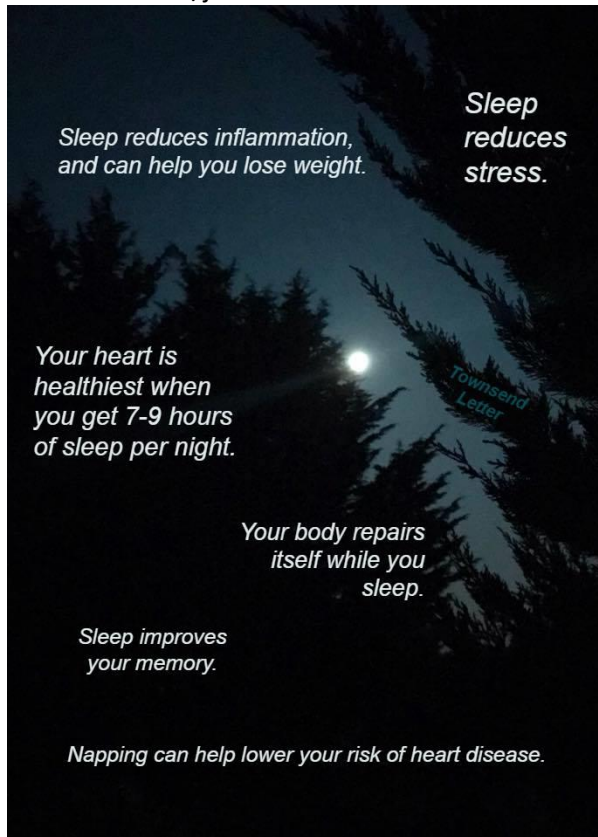
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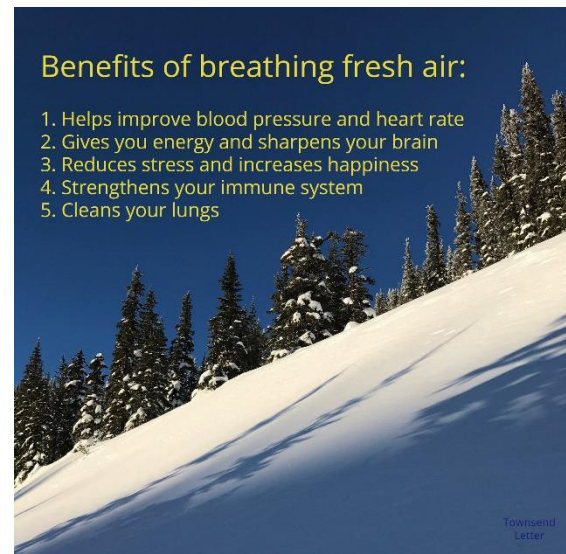
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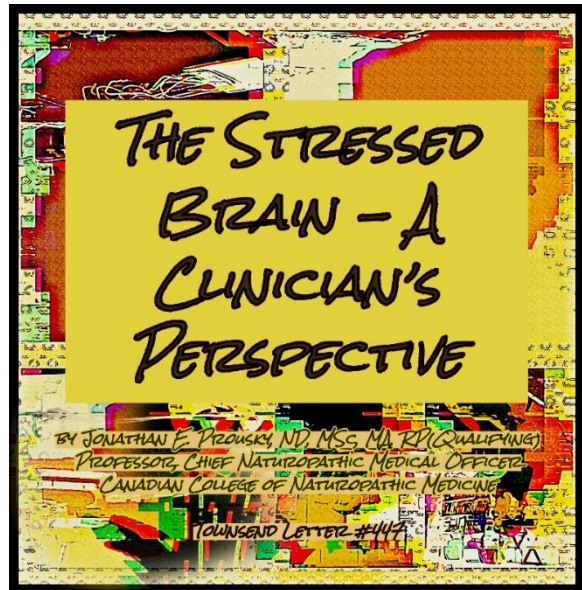
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