

Townsend Letter Author Index 2018

A

Ali, Majid, MD

Insulin: The Life-Span Hormone for Healthful Aging, #419 p.54–9

Anderson, Paul S., NMD

Cellular and Mitochondrial Support in the Fatigued Patient, #424 p.37–40

Metabolic Therapies in Advanced "Salvage" Cancer Cases, **online**, #421/422 p.39–43

Review of Dr. Barbara MacDonald's "Cancer Care: Conventional, Complementary, Alternative?", #421/422 p.99

Anderson, Robert, MD

More on Stress and Cancer (letter), #425 p.69

Antonawich, Frank, PhD & Garnett, Merrill, DDS

Lipoic Acid Mineral Complex Modulates Free Radicals in Neurodegenerative Diseases, #423 p.49–57

B

Baldwin, Helen

How FCT® Cured Me from Devastating Lyme Disease Without a Single Antibiotic: A Patient Report, #420 p.46–7

Banis, Dr. Reimar

20 Years of Psychosomatic Energetics - A Retrospective, **online**, #424 p.30–4

Beil, Kurt, ND, LAc, MPH

Forest Bathing: Immersion in the Healing Power of Nature, #420 p.78–82

Blatman, Hal S., MD

The Truth About Pain - A Different Paradigm, **online**, #424 p.81–6

Bond, Ward W., PhD

Lion's Mane Mushroom, #423 p.94

Brady, David M., ND, DC, CCN

Favorable Altering the GI Microbiome with Exercise, **online**, #420 p.32–4

C

Cannealy, Leigh Erin, MD

The Biology of Hope, **online**, #423 p.62–4

Carlton, Alexandra, ND & Khamba, Baljit, ND, MPH

Vitamin D and Its Role in Autoimmunity: A Case Report, **online**, #425 p.51–4

Carnahan, Jill, MD

Mold-Related Illness and Mycotoxins - A Unique Opportunity for Functional Medicine Practitioners, **online**, #420 p.72–7

Carroll, Katherine A., NTP

Alien Species...On the Threshold of a Brave New World, #418 p.73–6

Case, Helen Saul

Vitamin C Prevents Side Effects from the MMR Vaccine, #414 p.44+

Cates, Trevor, ND

Enhancing the Skin Microbiome to Address Inflammatory Dermatologic Conditions, **online**, #417 p.50–1

Chappell, L. Terry, MD

Hypertension Becomes a Much Bigger Threat, **online**, #418 p.42–6

Chevalier, Gaétan, PhD; Oschman, James L., PhD *et al*

Rx: Earth - The Original Painkiller!, **online**, #424 p.75–80

Collin, Jonathan, MD

Allergy and Immunotherapy by Diego Saporta, MD - Our Cover Story, #417 p.10

Bioenergetic Medicine Diagnostics and Grounding to Reduce Pain!, #424 p.12+

Bonnie Nedrow, ND, on Endocrine Disruptors: Our Cover Story, #415/416 p.12

Bonnie Nedrow, ND, on Non-Alcoholic Fatty Liver Disease, #419 p.12+

Britt Hermes - Naturopathic Turncoat, #417 p.6+

A Case of Bilharzia, #420 p.8+

Casting a Broad Net to Maximize Recovery by Scott Forsgren, #420 p.12+

CBD and THC Efficacy in Pain Management, #424 p.13

Chelation Therapy for Cardiovascular Disease Gains Respect, #418 p.4+

Controlling Malaria by Drugging Their Human Blood Feed?, #420 p.10

Corina Dunlap, ND, on PCOS in Disguise, #415/416 p.12

Cover Story: Cancer Care - Conventional, Complementary, Alternative? by Barbara MacDonald, ND, #421/422 p.15+

Cover Story: Mold-Related Illness and Mycotoxins by Jill Carnahan, ND, #420 p.14

Cover Story - The Biology of Hope by Leigh Erin Connealy, MD, #423 p.8+

David Minkoff, MD, and Julie Mayer Hunt, DC, on Craniocervical Chiropractic Care, #423 p.12

David Quig, PhD, on Hip Implant Metallosis, #414 p.15

Diet and Risk of Prostate Cancer Recurrence by Jacob Schor, ND, #421/422 p.14+

Diseases of the Male Genital-Urinary Tract by Thomas Kruzel, ND, #425 p.10

Dr. Joseph Pizzorno's *The Toxin Solution*, #415/416 p.6+

Elsbeth Pekelharing on Probiotics Science, #419 p.12

Essential Oils Use in Pain Management by Sarah LoBisco, ND, #425 p.6+

Fish Oil! Fuhgeddaboutit! by Jacob Schor, ND, #425 p.8

Gary Huber, DO, Examines Testosterone's Role in Cardiovascular Health, #418 p.10+

The Growing Problem of Adulteration in Chinese Medicine and Food, #423 p.6+

How to Approach the Cancer Patient by Prof. Serge Jurasunas, #421/422 p.15

Integrative Oncology Conference Review by Michael Gerber, MD, HMD, #425 p.10

Is It the Seed of the Soil?, #421/422 p.6+

Is It Time to Steer Alcoholics into Medical Treatment and Away from 12-Step Programs?, #424 p.6+

Is MSG Always a Dietary Trouble Maker? "No," says Sue Visser, #423 p.12

It's a Small World: Making Every Child Obese and Diabetic, #424 p.10+

James Greenblatt, MD, on Alzheimer's Disease Prevention with Lithium, #423 p.10+

Jenna Henderson, ND, on Myths Related to Treating Kidney Disease (Cover Story), #419 p.14

Managing Eye Disorders with Natural Therapies by Chris Meletis, ND, #417 p.10

My Pick for Summer Beach Reading, #421/422 p.4+

The Ongoing War Against Homeopathy, #414 p.1+

Our Cover Story: Chris Meletis, ND, Introduces Us to Certification for CBD Prescribing, #418 p.12

Outside the Box Cancer Therapies, #423 p.10

A Probiotic Support for Depression, #419 p.10+

Ron McGuff Announces the Vitamin C Struggle Is Over!, #414 p.15

Russell Jaffe, MD, PhD, and Jayashree Mani, MS, CCN, on Predictive Biomarkers, #414 p.10+

Shade and Decker on a "Push-Catch" System that Enables Effective Detoxification, #415/416 p.10+

Shalima Gordon, ND, on Assessing Testosterone and Prostate Cancer Risk, #414 p.14+

Simplifying the Diagnosis and Treatment of Lyme Disease by Aparna Taylor, ND, #420 p.12

Terry Chappell, MD, Reviews Conventional and Alternative Treatments for Hypertension, #418 p.8+

There's More to Termites Than Damage to Your House, #425 p.4+

A Tour of Klaire Laboratories, #419 p.6+

The Unique Challenges of Lyme Disease by Carrie Decker, ND,

Townsend Letter Author Index 2018

- #420 p.12
Vaccination's Dilemma: Unsafe at Any Dose, #417 p.8+
What's New in Women's Health?, #415/416 p.12
- Comb, Andrew, RPh & Huber, Gary, DO**
Testosterone's Role in Cardiovascular Health: A Review of the Literature, **online**, #418 p.47-51
- Corbier, Jean-Ronel, MD & Corbier, Paul, MD**
Application of the Restoration Model in Today's Medical Practice, #424 p.55-7
- Cowan, Thomas, MD**
Strophanthus: The Insulin of the Heart, #418 p.57-9
- Cross, Jim, ND, LAc**
Eeny, Meeny, Miny, or Moe: The Pitfalls of Thyroid Lab Testing, #414 p.87-9
The Fix Is In, #417 p.86-8
The Good, the Bade, & the Ugly of Cancer Diagnosis, #421/422 p.112-13
There's Somebody Inside My Body, But It's Not Me, #424 p.95-6
The Truth Is Out There, #418 p.83-4
What's Really Behind Door Number 3?, #420 p.86-7
- Cuthbert, Scott, DC**
Manual Muscle Testing for Tension-Type and Cervicogenic Headaches, **online**, #419 p.69-73
- D**
- Decker, Carrie, ND**
Berberine: New Research on Mechanisms Via Which This Alkaloid May Impact Metabolic and Cardiovascular Health, **online**, #418 p.60-2
The Unique Challenges of Lyme Disease and a Multi-Pronged Strategy to Address Them, **online**, #420 p.68-71
- Decker, Carrie, ND & Shade, Christopher, PhD**
A Push-Catch System That Enables Effective Detoxification, **online**, #415/416 p.22-8
- Duconge, Jorge, PhD & Gonzalez, Michael J., DS, NMD, PhD**
A Metabolic Explanation of Cancer: The Bio-Energetic Theory of Carcinogenesis, #421/422 p.82-7
- Dunlap, Corina, ND, MS**
Botanicals for Women with Infertility and PCOS - Current Evidence, #414 p.93-4
PCOS Variants in the Management of Infertility: Low-Androgen, Lean-Type and Post-Contraceptive Amenorrhea, **online**, #415/416 p.58-9
- E**
- Espinosa, Geo, ND, LAc**
Erectile Dysfunction: An Integrative Approach to Making It Work, **online**, #425 p.42-4
- F**
- Feagan, Anna & Khamba, Baljit, ND, MPH**
A Case of Gastroesophageal Reflux (GERD) and Hiatal Hernia, **online**, #419 p.39-42
- Forsgren, Scott**
Casting a Broad Net to Maximize Lyme Disease Recovery, **online**, #420 p.36-40+
- Fry, Stephen E., MD**
"Liquid Biopsy" - What Is It and How Can It Be Applied?, #419 p.65-6
- G**
- Gaby, Alan R., MD**
5-Methyltetrahydrofolate for Schizophrenia (abst), #415/416 p.47
Academia Still Has Eyes Wide Shut (ed), #419 p.96+
Adverse Effect of "Green Smoothie" (abst), #424 p.27
Alpha-Lipoic Acid for Schizophrenia (abst), #423 p.59+
Another Advantage of Breast Milk (abst), #424 p.27+
- Anthocyanins Inhibit Platelet Aggregation (abst), #418 p.35
Beetroot Juice Enhances Athletic Performance (abst), #417 p.40+
Biotin and Multiple Sclerosis (abst), #423 p.59
Blood-Type Diet Not Supported by Research (ed), #421/422 p.120+
Can Lowering Homocysteine Levels Prevent Deep Vein Thrombosis? (abst), #425 p.35+
Carotenoids Play a Role in Cognitive Function (abst), #423 p.58
Chondroitin Sulfate for Osteoarthritis (abst), #425 p.35
Concerns About High-Dose Vitamin D (ed), #414 p.96+
Different Strains of Wheat Have Different Effects on Health (abst), #415/416 p.46
D-Mannose for Prevention and Treatment of Urinary Tract Infections (abst), #420 p.54+
Does Bisphenol A Cause Attention Deficit-Hyperactivity Disorder? (abst), **online**, #421/422 p.31
Does Eating Nuts and Seeds Increase Longevity? (abst), #425 p.35
Does Exposure to Phthalates Cause Precocious Puberty? (abst), #420 p.56+
Does Fish Oil During Pregnancy Prevent Asthma in Children? (abst), #414 p.42
Dried Plums for Osteoporosis (abst), #415/416 p.45
Fatty Acids Improve Reading Ability in Children (abst), #423 p.58+
FDA Approves Intravenous Vitamin C (ed), #415/416 p.88
Folic Acid and Cancer Risk (abst), **online**, #421/422 p.30
Folic Acid Prevents Progression of Chronic Kidney Disease (abst), #414 p.42
Folic Acid vs. 5-Methyltetrahydrofolate (5-MTHF) (abst), #418 p.35
Food Allergy and Eosinophilic Esophagitis (abst), #420 p.55+
Fructose as a Cause of Fatty Liver (abst), #419 p.36
Ginger for Chemotherapy-Induced Nausea (abst), **online**, #421/422 p.30
Glutamine and Sickle Cell Disease: Another Example of Why Healthcare Is So Expensive, #417 p.96
Gluten and Psoriasis (abst), **online**, #421/422 p.31
Gluten-Free Diet for Tourette Syndrome (abst), #425 p.36
Helicobacter pylori infection as a Cause of Iron Deficiency (abst), #415/416 p.45+
High-Dose Intravenous Magnesium for Severe Asthma (abst), #417 p.39+
High-Dose Multivitamins and Minerals Effective for Heart Patients (abst), #418 p.35+
The Influence of Dietary Factors on Fibromyalgia (ed), #424 p.104+
Interaction Between Diets and Valproic Acid (abst), #419 p.38
Intermittent High-Dose Vitamin D Dosing Not Recommended (abst), #418 p.36
Intravenous Iron for Children Who Do Not Respond to Oral Iron (abst), #414 p.41+
Iodine Deficiency and Infertility (abst), #425 p.36
Iron Deficiency and Fibromyalgia (abst), #424 p.26
Iron Deficiency and Heart Failure (abst), #425 p.34
Iron Deficiency Associated with Poor Outcomes in Patients with Heart Failure (abst), #414 p.42+
Is There a Low-Level Copper-Toxicity Syndrome? (ed), #425 p.80+
Laryngopharyngeal Reflux: A Common Condition Treatable by Diet, #423 p.96+
L-Carnitine Improves Lipoprotein(a) Levels (abst), #414 p.41
Low FODMAPs Diet for Irritable Bowel Syndrome (abst), #420 p.56
Magnesium for Depression (abst), #418 p.36
Magnesium Prevents Kidney Injury in Critically Ill Patients (abst), #415/416 p.46
Maintaining Balance Between Alpha-Tocopherol and Gamma-Tocopherol (abst), #419 p.36+
Metformin Can Cause Vitamin B12 Deficiency (abst), #418 p.35

Townsend Letter Author Index 2018

- More on Vitamin C as a Treatment for Cancer (abst), **online**, #421/422 p.29
- Multi-Strain Probiotic for Atopic Dermatitis (abst), #417 p.39
- Omega-3 Fatty Acids and Dry Eye (abst), #417 p.38
- Omega-3 Fatty Acids for Psoriatic Arthritis (abst), #425 p.34+
- Paleolithic Diet May Be Deficient in Iodine (abst), #420 p.57
- Possible Adverse Effect of High-Dose Lutein (abst), #414 p.43
- Potassium and Magnesium May Enhance Recovery After a Stroke (abst), #418 p.34+
- Potassium May Improve Glucose Metabolism (abst), #418 p.34
- Probiotic Chewing Gum Prevents Dental Caries (abst), #414 p.41
- Probiotic for *Clostridium difficile* infection (abst), #419 p.37
- Probiotic for Dandruff (abst), #424 p.28
- Probiotic for Functional Abdominal Pain in Children (abst), #417 p.41
- Probiotic for Function Constipation (abst), **online**, #421/422 p.30
- Probiotic Improves Results of *Helicobacter pylori* Eradication Therapy (abst), #420 p.55
- Probiotic Prevents Dental Caries (abst), #424 p.28
- Probiotic Prevents Gestational Diabetes (abst), #415/416 p.46
- Probiotic Prevents Urinary Tract Infections (abst), #420 p.54
- Selenium Supplements and Mortality (abst), #424 p.27
- Should Meso-Zeaxanthin Be Included in Nutritional Formulas for Eye Health? (abst), **online**, #421/422 p.30
- Should We Stop Using High-Dose Strontium for Osteoporosis? (ed), #418 p.88+
- Sodium Alginate for Gastroesophageal Reflux Disease (abst), #415/416 p.46+
- Subtle Hypothyroidism and Infertility (abst), #423 p.60
- Taurine for Portal Hypertension (abst), #419 p.37
- Tea and Iron Absorption: Timing Matters (abst), #423 p.60
- Thiamine Deficiency and Septic Shock (abst), #419 p.37+
- Topical Vitamin B12-Containing Cream for Atopic Dermatitis (abst), #417 p.39
- Topical Vitamin B12-Containing Ointment for Psoriasis (abst), #417 p.38
- Treatment of Pancreatic Cancer with Intravenous Vitamin C (abst), **online**, #421/422 p.29
- Vitamin B3 for Bipolar Disorder (abst), #423 p.60
- Vitamin B12 Decreases Side Effects of Aromatase Inhibitors (abst), #425 p.36
- Vitamin C for Dialysis Patients (abst), #419 p.36
- Vitamin C for Tuberculosis (ed), #420 p.96+
- Vitamin D Deficiency and "Growing Pains" (abst), #424 p.26+
- Vitamin D During Pregnancy Prevents Allergies in Children (abst), #417 p.40
- Vitamin D for Dry Eye Syndrome (abst), #424 p.28
- Vitamin E for Menopause-Related Vaginal Atrophy (abst), #415/416 p.45
- Wernicke's Encephalopathy: Both Thiamine and Magnesium Are Important (abst), #423 p.58
- Xylitol Prevents Dental Caries in Adults (abst), #419 p.38
- Zinc Lozenges Prevent Postoperative Sore Throat (abst), #420 p.56
- Gale, Richard & Null, Gary**
Vaccination's Dilemma: Unsafe at Any Dose, #417 p.56–60
- Garnett, Merrill, DDS & Antonawich, Frank, PhD**
Lipoic Acid Mineral Complex Modulates Free Radicals in Neurodegenerative Diseases, #423 p.49–57
- Gerber, Michael, MD, HMD**
16th International Integrative Oncology Conference - "Cancer, Cannabis & Keto", #421/422 p.100–3
16th International Integrative Oncology Conference - "Cancer, Cannabis & Keto," Day 2, #425 p.75–8+
- Boron - An Important Trace Mineral, #417 p.80–1
- Just a Fluke - Parasites Are Always with Us, #414 p.90
- Lyme/Colitis, #421/422 p.36+
- Voltage-Gated Calcium Channels, EMF and Chronic Disease, #415/416 p.77–8
- What a Trip!, #420 p.88
- Gonzalez, Michael J., DSc, NMD, PhD & Duconge, Jorge, PhD**
A Metabolic Explanation of Cancer: The Bio-Energetic Theory of Carcinogenesis, #421/422 p.82–7
- Goodman, Ira L., MD**
Exponential Medicine 2017 Meeting Review and Commentary, #417 p.36–7
Integrative Medicine for Mental Health (IMMH) Conference 2017, #415/416 p.20
- Gordon, Shalima, ND**
An Assessment of Testosterone and Its Essential Metabolites for Prostate Cancer Risk, #414 p.46–50
- Gorter, Robert, MD, PhD**
Cannabis in Pain Management, **online**, #424 p.67–70
Underappreciated Risks in Pain Management, #424 p.64–6
- Greenblatt, James, MD**
New Hope for Alzheimer's Disease: Nutritional Lithium as the Foundation for Prevention, Part 1, #423 p.77–81
New Hope for Alzheimer's Disease: Nutritional Lithium as the Foundation for Prevention, Part 2, #424 p.42–6
- Grube, Blanche, DDS, PhD**
Pathogens in the Brain - The Oral Connection, #423 p.30–2
- Grube, Blanche, DMD & Douglas, Leslie, PhD**
Lyme Disease: Differentiating Between Detection and Diagnosis, **online**, #414 p.27–8
- ## H
- Hamilton, Debby, MD, MPH**
Clues for Clinical Treatment Plans Through Understanding Methylation, **online**, #419 p.89
- Harch, Paul G., MD**
Oxygen and Pressure Epigenetics: Understanding Hyperbaric Oxygen Therapy After 355 Years as the Oldest Gene Therapy Known to Man, **online**, #417 p.30–4
- Helschien, Steven M., DC**
Coffee: An Anti-Aging Superfood, #425 p.22–4
Coffee and Brain Health, #423 p.23–5
Coffee and Liver Disease, #419 p.23–5
Coffee and the Reduction of Cancer Risks, #421/422 p.33–5
Coffee and Your Heart, #420 p.23–5
Coffee: An Emerging Superfood, #417 p.18–21
The Coffee Recommended for People with Chemical Sensitivities, #424 p.23–5
What's in Your Coffee? The Good, the Bad, and the Ugly, #418 p.24–6
- Henderson, Jenna C., ND**
Myth Busting Common Misconceptions of Kidney Disease, **online**, #419 p.44–9
- Hertoghe, Thierry, MD**
Cortisol Deficiency: Frequent, Life-Impairing, and How to Give Patients Their Lives Back by Correcting It, Part 1, **online**, #414 p.52–9
Cortisol Deficiency: Frequent, Life-Impairing, and How to Give Patients Their Lives Back by Correcting It, Part 2, **online**, #415/416 p.60–6
- Houston, Reagan**
Drug Addiction, Pain Control, and Cure, #424 p.52–4
- Hovey, Kim Koepf, MS, RD, LD**
A Dietitian's Experience Working in a Psychiatric Children's Hospital, #415/416 p.68–70
- Huber, Gary, DO & Comb, Andrew, RPh**
Testosterone's Role in Cardiovascular Health: A Review of the Literature, **online**, #418 p.47–51
- Hudson, Tori, ND**
Chamomile Cream for Episiotomy Pain (abst), #419 p.94
Curcumin-Boswellia for Osteoarthritis (abst), #419 p.92
Curcumin Improves Symptoms of Rheumatoid Arthritis (abst), #425 p.74
Do Oral Contraceptives Affect Risk for Breast Cancer (abst), #423 p.92+

Townsend Letter Author Index 2018

- Fibrocystic Breast Changes and Nutrient Solutions (abst), #423 p.92
Guidelines and Clinical Practice Support for 2017, #417 p.92–3+
More Good News on Ginger and Bad News on Vaginal Douching, #420 p.91–3
Ovarian and Cervical Cancer Screening Guidelines, #421/422 p.115–16
Premenstrual Syndrome - Comparison of Chamomile to Mefenamic Acid (abst), #419 p.92+
Reduce Breast Density to Reduce Breast Cancer Risk (abst), #423 p.92
Select Pain Relief Strategies for Osteoarthritis and Fibromyalgia (abst), #425 p.73
These Are a Few of My Favorite Things - Research Highlights from Recent Times, #415/416 p.85–7
Three Trials of Maritime Pine Bark Extract in Osteoarthritis (abst), #425 p.73+
Vitamin D and Fibromyalgia (abst), #425 p.74
- Hunt, Julie Mayer, DC; Minkoff, David I., MD et al**
A Mystery Answer to Restoring Brain Health, **online**, #423 p.39–46
- Hurst, David, MD, PhD & Saporta, Diego, MD**
Management of the Allergic Patient: The Role of Different Diagnostic Tests, **online**, #417 p.52–5
- ## J
- Jaffe, Richard, Esq.**
New Mexico Integrative Practitioners Dodge a Bullet (with Shirley MacLaine's help) But There's Still Work to Be Done, #415/416 p.13–15
The Year in Review and Some Predictions About Next Year, Part One: Stem Cells (ed), #417 p.75
- Jaffe, Russell, MD, PhD, CCN & Mani, Jayashree, MS, CCN**
Predictive Biomarkers: Clinical Opportunity to Save Lives and Prosper, **online**, #414 p.25–6
- Jurasunas, Serge, ND, MD(Hom)**
How to Approach the Cancer Patient, Diagnosis, and Treatment, #421/422 p.66–73
My Experience with Organic Germanium and Cancer, #414 p.71–3
The Oxidative Dried Blood Test in the Assessment of Metabolic Dysfunction and Inflammatory Conditions, #419 p.28–33
- ## K
- Karlfeldt, Michael, ND, PhD**
The Link Between Cancer and Mitochondria: Restoring Mitochondrial Function to Fight Cancer, **online**, #421/422 p.44–50
- Kaylor, Mark J.**
Poria, the Most Famous Mushroom You've Never Heard Of, **online**, #420 p.30
- Khamba, Baljit, ND, MPH**
Bastyr University San Diego Clinic: Student Case Reports, **online**, #417 p.42
- Khamba, Baljit, ND, MPH & Carlton, Alexandra, ND**
Vitamin D and Its Role in Autoimmunity: A Case Report, **online**, #425 p.51–4
- Khamba, Baljit, ND, MPH & Feagan, Anna**
A Case of Gastroesophageal Reflux (GERD) and Hiatal Hernia, **online**, #419 p.39–42
- Khamba, Baljit, ND, MPH & Moreno, Fernanda Gallo**
Student Case Report: Late Post-Traumatic Epilepsy in an Elderly Male, **online**, #423 p.72–6
- Klinghardt, Dietrich, MD, PhD**
Clinical Update from Sophia Health Institute, #420 p.62–5
- Klotter, Jule**
Acetaminophen-Induced Liver Damage (abst), #419 p.22
Autologous Conditioned Serum for Osteoarthritis (abst), #425 p.31
- Autophagy and Aging (abst), #425 p.33
Bifidobacterium Mixture for Seasonal Allergic Rhinitis (abst), #417 p.27
Chronic Fatigue, Fibromyalgia, and Idiopathic Intracranial Hypertension (abst), #424 p.19+
Curcumin and HBOT Stabilize Myeloma (abst), **online**, #421/422 p.27
Digital Addiction (abst), #423 p.18
Electrohypersensitivity and Brain Abnormalities (abst), #424 p.20
Electromagnetic Radiation Impact on Cardiovascular Health (abst), #418 p.29+
EMF Immunosuppression (abst), #420 p.19
Exercise, Clock Genes, and Sleep (abst), #424 p.18
Fetal and Postnatal Metal Dysregulation (abst), #415/416 p.43+
Gut Microbiota in Liver Disease (abst), #419 p.18
Herbicides and Antibiotic Resistance (abst), #420 p.21+
Homeopathic Plant Extracts Alter Genetic Expression (abst), #414 p.39
Homeopathic Research (abst), #414 p.38
HPV-Associated Head and Neck Cancers (abst), **online**, #421/422 p.27+
Inhalation for Vaginismus and Pelvic Floor Pain (abst), #415/416 p.44
Intravenous Vitamin C to Support Cancer Patients (abst), **online**, #421/422 p.28
A Laetrile Story (abst), **online**, #421/422 p.26+
Mercury and Heart Disease (abst), #418 p.33
Micro- and Nanocontamination in Vaccines (abst), #414 p.39+
Mitochondria and Neuropsychiatric Disorders (abst), #423 p.18
Nanoparticles and Allergy Response (abst), #417 p.26+
Non-Pharmaceutical Intervention for People with MS (abst), #423 p.15+
Omega-3 Fatty Acids and Dry Eye (abst), #417 p.27
Osteopathic Techniques for Open-Angle Glaucoma (abst), #417 p.26
Ozone Without Borders (abst), #420 p.21
Photobiomodulation and Brain Disorders (abst), #423 p.14+
The Placenta (abst), #415/416 p.43
Play and Aging (abst), #425 p.32+
Risk of Stopping Low-Dose Aspirin (abst), #418 p.33
Roundworms (Toxocara) (abst), #420 p.22
Saliva Testing and Environmental Research (abst), #414 p.40
Tools for Addressing Pain (abst), #424 p.18+
Treating Mitochondrial Dysfunction with Natural Supplements (abst), #419 p.22
Vagus-Nerve Stimulation (abst), #419 p.18+
Virgin Coconut Oil and Cardiovascular Disease (abst), #418 p.32
Vitamin C and Pregnancy (abst), #415/416 p.42
Vitamin C and Respiratory Infections (abst), #425 p.31+
- Kohlstadt, Ingrid, MD, MPH**
"Ahh-portunity" in Crossing the Dental-Medical Divide, **online**, #417 p.13–15
- Kruzel, Thomas A., ND**
Diseases of the Male Genital-Urinary Tract - Prevention Is the Best Cure, **online**, #425 p.37–41
- Kwok, Martin, BSc, ND**
Lumbrokinase - An Enzyme for More Than Just Circulatory Health!, **online**, #418 p.52–4+
- ## L
- Lamson, Davis W., MS, ND**
A Case of Essential Tremor Resolved by Chelation of Toxic Metals, #423 p.70
- Linkner, Edward (Lev), MD**
Consumer Reports Magazine Bias (letter), #418 p.77
- Lobay, Douglas, BSc, ND**
Hope, Gratitude, and Love, #417 p.70–1
Naturopathic Interpretation of Common Blood Tests, #414 p.60–4

Townsend Letter Author Index 2018

A Naturopath's View of Homeopathy or Psychotherapy with Props, #419 p.79–81

The Pot Calling the Kettle Black: The Death of Angioplasty in Stable Coronary Disease, #425 p.45–7

LoBisco, Sarah A., ND

Exploring the Complexities and Caveats of Safe Internal Use of Essential Oils for Pain: Highlighting Intestinal Discomfort, Part 1, **online**, #425 p.56–63

Lucille, Holly, ND, RN

Response to Richard Shames, MD, #415/416 p.72

M

MacDonald, Barbara, ND, LAc

Cancer Care: Conventional, Complementary, Alternative?, **online**, #421/422 p.52–7

McGuff, Ronald M.

The Trials and Tribulations of Assuring Ascorbic Acid Injection Availability - The Struggle Is Over!, **online**, #414 p.21–3

Meletis, Chris D., ND

New Certification Program for Hemp Oil Benefits Manufacturers, Healthcare Practitioners, and Consumers, Part 1, **online**, #418 p.38–41

Meletis, Chris D., ND & Wilkes Kimberly

Common Ocular Conditions in Clinical Practice: Macular Degeneration, Glaucoma, Cataracts and Beyond, #417 p.64–8
Endocannabinoids, Phytocannabinoids, Palmitoylethanolamide and Their Fascinating Role in Pain Management, #424 p.71–4
The Endocannabinoid System's Intriguing Role in Gut Health, **online**, #423 p.82–6

Insights from the International Center for Cannabis Therapy, Part 2: Evidence for the Clinical Use of Cannabinoid-Rich Hemp Oil in the Management of Pain, Inflammation, and Stress, **online**, #419 p.74–8

Insights from the International Center for Cannabis Therapy, Part 3, **online**, #420 p.49–53

Supporting Healthy Estrogen Metabolism During Bioidentical Hormone Replacement Therapy, **online**, #415/416 p.51–7

Minkoff, David I., MD; Hunt, Julie Mayer, DC; Tindell, Ron

A Mystery Answer to Restoring Brain Health, **online**, #423 p.39–46

Misner, Bill, PhD

Natural Aromatic Oils Effectively Inhibit Microbial Proliferation and Human Body Odor, #425 p.48–50

Moreno, Fernanda Gallo & Khamba, Baljit, ND, MPH

Student Case Report: Late Post-Traumatic Epilepsy in an Elderly Male, **online**, #423 p.72–6

N

Nacarelli, Gregory & Khamba, Baljit, ND, MPH

Iodine Administration Leading to Shortness of Breath, **online**, #417 p.42–5

Nedrow, Bonnie, ND

Female Infertility - Endocrine Disruptors Stealing Our Future, **online**, #415/416 p.48–50

Non-Alcoholic Fatty Liver Disease - A Metabolic and Inflammatory Chronic Illness, **online**, #419 p.50–3

Null, Gary & Gale, Richard

Vaccination's Dilemma: Unsafe at Any Dose, #417 p.56–60

O

Odell, James, ND, OMD, LAc

Globulin Component Macrophage Activating Factor (GcMAF) Immunotherapy, #417 p.46–9

Hyperthermia Therapy, #421/422 p.74–81

Oschman, James L., PhD; Sinatra, Stephen T., MD; Chevalier, Gaétan, PhD; Zucker, Martin

Rx: Earth - The Original Painkiller!, **online**, #424 p.75–80

P

Plechner, Alfred J., DVM

Dangers in Household Products, #415/416 p.71

Plechner Findings Presented at International Integrative Oncology Convention, #421/422 p.88–9

Pratt-Hyatt, Matt, PhD

Better Detection and Treatment for Mold Exposure: Improving Outcomes for Patients, **online**, #423 p.33–8

Puotinen, CJ

Vitamin D for Dogs, #414 p.74–9

Q

Quig, David, PhD

Iatrogenic Metal Burdens, **online**, #414 p.31+

R

Rea, William J, MD

Metal Toxicity (letter), #415/416 p.72

Reichenberg-Ullman, Judyth, ND

Homeopathy as Psychotherapy and Props (letter), #423 p.87

Reichenberg-Ullman, Judyth, ND & Ullman, Robert, ND

Homeopathic Chelation of Methotrexate, #414 p.83–4

Homeopathy for Refugee Trauma, #424 p.93–4

Lingering, Invisible Symptoms Post-Injury, #417 p.76–7

Surviving Travel Stress with Homeopathy and Good Humor, #419 p.86–8

Teaching Homeopathy in Prague: Acute, Flight-Induced Bladder Infection, #421/422 p.104–8

Reilly, Paul, ND

In Memoriam: Mark Gignac, #425 p.18–19

Rose, Robin, MD, RN, FNP

Getting to Know the Uremics: Attending to Early and Moderate CKD Detoxification, #417 p.82–3+

Introduction to Chronic Kidney Disease, #415/416 p.79–81

Ross, Julia

The Craving Cure: The Nutritional Solution to Our Worldwide Dietary Crisis, **online**, #424 p.58–63

S

Sandberg-Lewis, Steven, ND

Collagen, Joint Hypermobility, Digestion, and Psychology, #423 p.90

Does It Start in the Gut? Relationships Between the GI Tract and Chronic Kidney Disease, #414 p.81–2

Early Life and GI Flora, #425 p.66

The Grey Areas in GI Health and Disease, #417 p.77–8

Understanding Chronic Nausea and Gastroparesis, #419 p.82–3

Saporta, Diego, MD & Hurst, David, MD, PhD

Management of the Allergic Patient: The Role of a Changing Environment, #418 p.63–6

Management of the Allergic Patient: The Role of Different Diagnostic Tests, **online**, #417 p.52–5

Schor, Jacob, ND

Ather Ali...Our Friend, #419 p.61–3

A Cochrane Review of Fish Oil: A Whopper of a Disappointment, #425 p.70–2

College of Naturopathic Doctors of Alberta Meeting, #421/422 p.117–18

The Dark Days of the Year - The Winter Solstice 2017, #417 p.89–91

Diet and Risk of Prostate Cancer Recurrence, **online**, #421/422 p.58–64

In Memoriam: Steve Austin, ND, #420 p.18

Ketogenic Diet Shifts Gut Microbiome to Improve Seizures, #423 p.88–9

Nightly Fasting Improves Cancer Prognosis, #414 p.85–6

OncANP 2018: Capable Hands, **online**, #418 p.18–20

Townsend Letter Author Index 2018

Our Debt to Richard Nixon: Low Birth Weight and Air Pollution, #419 p.84–5

Primum Non Nocere Meets Johnson et al, #424 p.100–2

Puking Patients, #421/422 p.109–11

What Is Health Food?, #415/416 p.75–6

Shade, Christopher, PhD & Decker, Carrie, ND

A Push-Catch System That Enables Effective Detoxification, **online**, #415/416 p.22–8

Shames, Richard L., MD

Adrenal Fatigue Article (letter), #415/416 p.72

Sheridan, Keegan, ND

Local and Systemic Consequences of Gut Inflammation, #419 p.34–5

Sinatra, Stephen T., MD; Oschman, James L., PhD et al

Rx: Earth - The Original Painkiller!, **online**, #424 p.75–80

Smith, Kenneth

The Nature of Information and the Metaphysics of Science, #418 p.67–72

T

Taylor, Aparna, MSc, ND

Lyme Climb: Shrinking the Mountain of Testing and Treatment, #420 p.58–61

Teitelbaum, Jacob, MD

Effective Treatment of Pain and Sleep in Fibromyalgia - A Comprehensive Clinical Approach, **online**, #424 p.47–50

Thomas, Anthony, PhD

The Vaginal Microbiota and Influence of Select Probiotic Lactobacilli Strains, **online**, #415/416 p.31–8

Tindell, Ron; Minkoff, David I., MD et al

A Mystery Answer to Restoring Brain Health, **online**, #423 p.39–46

U

Ullman, Robert, ND & Reichenberg-Ullman, Judyth, ND

Homeopathy for Refugee Trauma, #424 p.93–4

Lingering, Invisible Symptoms Post-Injury, #417 p.76–7

Surviving Travel Stress with Homeopathy and Good Humor, #419 p.86–8

Teaching Homeopathy in Prague: Acute, Flight-Induced Bladder Infection, #421/422 p.104–8

V

Valonen, Marjo

Why This Finnish Doctor Believes in Herbs, #420 p.26–8

Visser, Sue

MSG Excites Us, But How About Glutamine and Glutamate?, #423 p.65–9

W

Want, Don

Multiple Chemical Sensitivity: The Paradigm Breaker for Doctors, #414 p.66–70

Wedman-St Louis, Betty, PhD

Cannaceuticals - Future of Cannabis Edibles, #421/422 p.90–1

Whiteman, Honor

Cancer Cell Growth Halted with Cold and Flu Drug, #424 p.20

Wilkes, Kimberly & Meletis, Chris, D, ND

Endocannabinoids, Phytocannabinoids, Palmitoylethanolamide and Their Fascinating Role in Pain Management, #424 p.71–4

The Endocannabinoid System's Intriguing Role in Gut Health, **online**, #423 p.82–6

Insights from the International Center for Cannabis Therapy, Part 2: Evidence for the Clinical Use of Cannabinoid-Rich Hemp Oil in the Management of Pain, Inflammation, and Stress, **online**, #419 p.74–8

Insights from the International Center for Cannabis Therapy, Part 3, **online**, #420 p.49–53

Supporting Healthy Estrogen Metabolism During Bioidentical Hormone Replacement Therapy, **online**, #415/416 p.51–7

Wright, Heather, ND

Cynthia Bye, ND, FABNO - Recipient of the 2018 President's Award OncANP, **online**, #418 p.19

Wyatt, Douglas A.

Utilizing Bovine Colostrum to Combat Influenza and Other Viral Infections, **online**, #425 p.25–8

Y

Yurkovsky, Savely, MD

FCT®, Brain, Patients, Researchers and Doctors, #423 p.26–9

FCT and Dermatology: Are Skin Disorders Just the Tip of the Iceberg for Underlying Chronic Diseases?, **online**, #417 p.18–21

FCT® in the Coronary Care Unit of a University Hospital and Heart, #418 p.21–3

Yu, Simon, MD

Environmental Toxic Chemicals and Mysterious Illness: A Tale of Two Leukemia Patients, #421/422 p.92–3

Who Else Committed the Crime of Post-Lyme? Can Forensics Help Diagnostics?, #420 p.66–7

Z

Zablocki, Elaine

Breathe OUT for Well-Being, #415/416 p.40–1

Checkered Progress in Integrative Medicine, #414 p.36–7

Dental Herbalism - Reliable Resource to Maintain Teeth, #420 p.14–15

Everyday Foods Boost the Immune System, #425 p.12+

How to Live with and Move Beyond Chronic Pain, #424 p.14–15

MD Chef Tweaks Recipes to Support Health, #418 p.13–14

What Does It Mean to Be a Healer?, #421/422 p.24–5

Zamm, Alfred, MD

Sodium Selenite and Zinc Gluconate - A Cure for Basal Cell Carcinoma?, #419 p.67–8

Zucker, Martin; Oschman, James L., PhD et al

Rx: Earth - The Original Painkiller!, **online**, #424 p.75–80