

Townsend Letter

The Examiner of Alternative Medicine

Keyword/Subject Index - January 2015 to July 2020

January 2019 -to- July 2020:

#

#5G Wireless, health effects, #433/434 p.14+
5-Methyltetrahydrofolate, Folic acid, #427/428 p.22

Subscribe Today!

A

Acetyl-glutathione, coronavirus (COVID-19), #444 p.77
Acetyl-L-carnitine, brain, #437 p.71+
Acetyl-L-carnitine, carpal tunnel syndrome, #435 p.44
Acetyl-L-carnitine, chemo-induced neuropathy, [online](#), #443 p.36-8
Acetyl-L-carnitine, dementia, #435 p.44
Achilles tendon injury, vitamin C, #443 p.71
Acne, [online](#), #441 p.12
Acne, androgen-lowering agents, [online](#), #427/428 p.58-9
Acne, chocolate, #429 p.27
Acne, naturopathic medicine, [online](#), #441 p.52-4
Acne, oral birth control, #439/440 p.79-80
Acne rosacea, topical polyphenols, #430 p.83+
Acne vulgaris, niacinamide, #436 p.104
Acupuncture, Wikipedia, #441 p.73-9
Addiction, baclofen/ CBD/ oxytocin, #436 p.74-6
Addiction, naturopathic medicine, #430 p.78
Adrenal fatigue, #437 p.68
Adrenal glands, burnout, #429 p.55-7
Adrenal insufficiency, #436 p.78-81
Advanced glycation end products, fractures, #436 p.25+
Adverse childhood experience (ACE), cardiovascular disease, #437 p.84-5
Aging, #427/428 p.4+
Aging, astaxanthin, #437 p.53-5
Aging, fall prevention, #427/428 p.14-15
Aging, GI microbiome, #437 p.10
Aging, melatonin, #427/428 p.50-7
Aging, oxygen metabolism, #441 p.70-2
Aging, Suzanne Somers, [online](#), #442 p.7+, #442 p.34-6
Aging, vision, [online](#), #442 p.65-70, #441 p.44-6
ALCAT 5 test, gluten sensitivity, #438 p.30
Alcoholism, baclofen/ CBD/ oxytocin, #436 p.74-6
Allergic rhinitis, laboratory tests, #438 p.45-6+
Allergies, #429 p.7+
Allergies, delayed testing response, #441 p.55-61
Allergies, food introduction, #429 p.80-2
Allergies, whole body approach, [online](#), #429 p.29-32
Allergy desensitization, peanuts, [online](#), #441 p.8+
Almonds, skin wrinkles, #443 p.35
Alpha-lipoic acid, tinnitus, #443 p.34
Alschuler, Lisa, ND, University of Arizona Center for Integrative Medicine, #426 p.13
Aluminum, autism, #426 p.51+
Aluminum, behavior changes in sheep, #431 p.40+
Aluminum, research censorship, #431 p.40+
Aluminum, vaccines, [online](#), #439/440 p.25+, #441 p.62-8
Alzheimer's disease, amygenone, [online](#), #435 p.27-8+
Alzheimer's disease, environmental factors, [online](#), #435 p.32-6+
Alzheimer's disease, lithium, #435 p.62-6
Alzheimer's disease, non-genetic factors, [online](#), #435 p.10



NUTRITIONAL SUPPORT
FOR ALL AGES*

Children's Multi-Vi-Min®
For Children or Sensitive Adults*

Small capsule (size 3) that is suitable for children and adults with swallowing difficulties.

Now with vitamins C, K1 and K2, potassium iodide, increased vitamin D, and active forms of vitamins B2, B6, B12, and folate.

EPA/DHA Pro
High Potency Fish Oil

Each teaspoon provides 1,316 mg of EPA and 940 mg of DHA.

Certified Friend of the Sea (FOS), fully traceable from ocean to bottle, non-irradiated, and tested for purity and potency.

Available as unflavored or delicious lemon flavor.

DHA
Fish Oil Concentrate

New higher potency! Each softgel now provides 140 mg DHA and 200 mg EPA.

Certified by Friend of the Sea (FOS) and Marine Ingredients Organization for Responsible Supply (IFFO R5).



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Call or order online today:
www.allergyresearchgroup.com
800.545.9960

Keyword/Subject Index - January 2015 to July 2020

Alzheimer's disease, prevention, [online](#), #435 p.10
Alzheimer's disease, vitamin D, #442 p.26+
American Association of Naturopathic Physicians, 2019 conference, [online](#), #436 p.4+
American Institute for Cancer Research, iThrive patient resource, #433/434 p.74
American Society of Clinical Oncology (ASCO), Society of Integrative Oncology guidelines, #426 p.79–80
Amino acids, depression, [online](#), #439/440 p.62–4
Amino acids, food addiction, #438 p.70–6
Amino acid therapy, binge eating, #443 p.75
Amyloid-B, amyconone, [online](#), #435 p.27–8+
Amyotrophic lateral sclerosis, methylcobalamin, #435 p.43
Anatoxin-a, cyanobacteria water contamination, [online](#), #433/434 p.3+
Androgen-lowering agents, women's health, [online](#), #427/428 p.58–9
Anemia (iron-deficiency), cow's milk, [online](#), #432 p.25
Anemia (iron-deficiency), hemoglobin A1c, #426 p.53
Anemia, laboratory tests, #438 p.36
Anthroposophical medicine, healing, [online](#), #430 p.68–71
Antibiotics, negative effects, #432 P.42–5
Antigen-antibody assays, Lyme disease, [online](#), #438 p.15+
Anxiety, amino acid therapy, #432 p.68–72
Anxiety, magnesium, #426 p.90
Anxiety, microbiota (GI), #426 p.25–6
Anxiety, naturopathic medicine, #429 p.50–3
Aortic aneurysms, diet, #430 p.36+
Apoptosis, Salicinium®, [online](#), #433/434 p.42–50
Applied kinesiology, [online](#), #436 p.7+
Applied kinesiology, autonomic response testing, #436 p.62–6
Arginine, pancreatitis, #429 p.28
Arizona Center for Integrative Medicine, Andrew Weil, MD, #432 p.73–4
Armour thyroid, shortage, [online](#), #437 p.4+
Arnica montana, pain and inflammation, #436 p.82–3
Arsenic, pectin, #444 p.64–6
Artemisia, malaria, #432 p.64–5
Arterial calcification, vitamin K, #437 p.19
Arun palastinium, #439/440 p.76–7
Ascorbic acid, oral absorption, [online](#), #443 p.42–6
Ascorbic acid, pharmacokinetics, #444 p.76
Aspirin, breast cancer recurrence, [online](#), #443 p.36–8
Astaxanthin, aging, #437 p.53–5
Asthma, natural support, [online](#), #429 p.34
Athletics, training, [online](#), #439/440 p.10, #439/440 p.34–7
Atmospheric negative ions, food allergy, #429 p.39–42
Atopic dermatitis, food allergies, #441 p.23
Atopic dermatitis, probiotics, [online](#), #429 p.8, #429 p.22+
Atrial fibrillation (postoperative), vitamin C, #430 p.37
Atrophic vaginitis, vitamin E, #436 p.24+
Attention deficit hyperactivity disorder (ADHD), cannabidiol, #436 p.72–3
Attention deficit hyperactivity disorder (ADHD), docosahexaenoic acid (DHA), #435 p.43
Attention deficit hyperactivity disorder (ADHD), integrative medicine, #435 p.92+
Attention deficit hyperactivity disorder (ADHD), nutrient therapy, #435 p.58–60
Autism, aluminum, #426 p.51+
Autism, autism, [online](#)
Autism, cannabidiol, #436 p.72–3
Autism, IgG4 levels, #438 p.45–6+
Autism, microbiota transfer therapy, #435 p.12+
Autism, nutrition, #439/440 p.92+
Autism, T helper cell regulation, [online](#), #431 p.26+
Autoimmune disease, bee venom therapy, #444 p.54–6
Autoimmune disease, environmental toxins, [online](#), #444 p.80–1
Autoimmune disease, food, #437 p.86+
Autoimmune disease, gastrointestinal tract, #426 p.76–7
Autoimmune disease, joint hypermobility syndrome, #431 p.59–63
Autoimmune disease, lichen sclerosus, [online](#), #427/428 p.60–3
Autoimmune disease, low-dose naltrexone, [online](#), #431 p.77
Autoimmune disease, nutrition, #439/440 p.70–1
Autoimmune disease, post-vaccination, [online](#), #444 p.28+
Autoimmune disease, T helper cells, [online](#), #431 p.9, #431 p.26+, #432 p.27–30
Autoimmune disease, treatment, [online](#), #441 p.36–8+, #442 p.60–4
Autoimmune disease, vaccines, #426 p.76–7
Autoimmune disease, qigong and yoga, [online](#), #437 p.28–33

Keyword/Subject Index - January 2015 to July 2020

Autoimmune thyroiditis, gluten-free diet, #439/440 p.30
Autoisodes, coronavirus (COVID-19), #442 p.14–15+
Autonomic response testing (ART), applied kinesiology, #436 p.62–6
Autophagy, intermittent eating, #442 p.74–5
Avobenzone, sunscreen, [online](#), #435 p.6+

B

Balding, women's health, [online](#), #427/428 p.58–9
Bartonella, Beyond Balance®, [online](#), #432 p.83–4
Basal cell carcinoma, vitamin C, #429 p.26
Bayes theorem, [online](#), #438 p.98–100
Bedell, Berkley W. (obituary), [online](#), #441 p.18–19
Bees, heists, [online](#), #432 p.81–2
Bee venom therapy, inflammation, #444 p.54–6
Benign prostate hyperplasia, *Serenoa repens* (Saw palmetto), #437 p.19+
Benign prostatic hyperplasia, vitamin D, #443 p.34+
Berberine, nonalcoholic fatty liver disease, #443 p.72–4
Bigelsen, Harvey, MD, #431 p.36
Bile acids, [online](#), #439/440 p.54–7
Bile acids, as hormones, #429 p.78–9
Binge eating, amino acid therapy, #443 p.75
Biochemical imbalances, mental illness, #426 p.42–4
Bioenergy healing, #438 p.12
Biofeedback, posture, #436 p.58–61
Biofield anatomy hypothesis, sound therapy, #427/428 p.82
Biofilms, BioDisrupt®, [online](#), #438 p.102
Bioinformatics tools, coronavirus (COVID-19), [online](#)
Bioregulatory medicine, #427/428 p.83, #429 p.76
Bipolar disorder, lunation cycle, #435 p.15
Bipolar disorder, N-acetylcysteine, #435 p.43+
Bipolar disorder, probiotics, [online](#), #429 p.84–6
Birth practices, delayed umbilical cord clamping, [online](#), #431 p.88+
Bisphenol A, premature thelarche, #429 p.28
Blood sugar, xanthurenic acid and kynurenic acid, #426 p.61–4
Blood type diet, #427/428 p.81
Blue cohosh, pregnancy, #427/428 p.68–70
Blue light, insomnia, #426 p.53+
Blue light, retinal damage, #429 p.12
Bone health, vitamin C, #427/428 p.20
Botanicals, malaria, #432 p.64–5
Botanicals, Palestinian, #439/440 p.76–7
Botanicals, sleep, [online](#), #427/428 p.42–9
Bountifulherbs.net, [online](#), #438 p.98–100
Brain, Field control therapy®, #435 p.19–23
Brain, fluoride, [online](#), #435 p.7+, #435 p.51–3
Brain-derived neurotropic growth factor (BDNF), BDNF Essentials®, [online](#), #438 p.102
Brain development, fluoride, #437 p.13+
Brain injury, #430 p.8+
Brain injury, functional medicine, [online](#), #430 p.39–44
Breakfast, diabetes, #438 p.32
Breakfast, heart disease, #437 p.18
Breast cancer, aspirin, [online](#), #443 p.36–8
Breast cancer, c/16 estrogen ratio, #432 p.89–90
Breast cancer, endocrine-disrupting chemicals, #433/434 p.22–4
Breast cancer, forest bathing, [online](#), #439/440 p.44–7
Breast cancer, green tea, #439/440 p.88
Breast cancer, integrative medicine, #426 p.79–80
Breast cancer, research, #427/428 p.90–3
Breast density, green tea, #427/428 p.28+
Breast development (premature), bisphenol A, #429 p.28
Breastfeeding, fenugreek/ginger/turmeric, #432 p.93
Breastfeeding, preventing allergies, #429 p.80–2
Breast milk, infant GI tract, #427/428 p.20
Bromelain, sinusitis, #444 p.32
Bronchiectasis, N-acetylcysteine, #441 p.30
Bronchiectasis, N-acetylcysteine, #432 p.92+
Bulgarian bacillus theory, longevity, [online](#), #429 p.84–6
Burnout, adrenal fatigue, #429 p.55–7

Keyword/Subject Index - January 2015 to July 2020

C

Cadmium, pectin, #444 p.64–6
Cancer, alternative vs conventional treatment, #426 p.74–5
Cancer, corporate interests, #443 p.9
Cancer, EMF treatments, #433/434 p.15
Cancer, Field control therapy®, #433/434 p.26–30+
Cancer, GcMAF, #433/434 p.13+
Cancer, Helicidum (Salicinium®), [online](#), #433/434 p.11+
Cancer, hope, #433/434 p.62–3
Cancer, immunotherapy, [online](#), #426 p.93–4
Cancer, integrative medicine, [online](#), #426 p.91–6
Cancer, Integrative medicine & biochemistry, #427/428 p.11–12
Cancer, intermittent fasting, #433/434 p.69
Cancer, intravenous vitamin C, #427/428 p.24
Cancer, *I Used to Have Cancer*, [online](#), #433/434 p.77
Cancer, laughter, #431 p.82–4
Cancer, lifestyle choices, #433/434 p.74
Cancer, low-dose naltrexone, [online](#), #431 p.77
Cancer, melatonin, #427/428 p.54–6
Cancer, metabolic theory, [online](#), #426 p.92
Cancer, metformin, #439/440 p.74–5
Cancer, naturopathic medicine, [online](#), #443 p.36–8, #444 p.16–18
Cancer, NK cell-based immunotherapy, [online](#), #433/434 p.7, #433/434 p.33–41
Cancer, OncANP 2019 conference, [online](#), #430 p.12–14+
Cancer, oral health, [online](#), #443 p.21–6+
Cancer, organic food, [online](#), #433/434 p.19
Cancer, Palestinian botanicals, #439/440 p.76–7
Cancer, pancreatic glandular therapy, [online](#), #433/434 p.58–60
Cancer, Riordan IV vitamin C, #442 p.71–3
Cancer, Salicinium®, [online](#), #433/434 p.42–50
Cancer, selenium for lymphedema, #437 p.20
Cancer, ultra-processed food, [online](#), #433/434 p.86–8
Cancer, vitamin C, #433/434 p.96+
Cancer, vitamin D, [online](#), #433/434 p.18+
Cancer survivors, #433/434 p.84–5
Candida auris, anti-fungal resistance, [online](#), #432 p.6+, #432 p.14
Cannabidiol, ADHD, #436 p.72–3
Cannabidiol (CBD), pain, #437 p.50–2
Cannabinoids, limonene for overdose, [online](#), #426 p.93
Cannabinoids, muscle pain, #437 p.50–2
Cannabis, antibacterial effects, [online](#), #444 p.28
Cannabis, pharmacokinetics, #438 p.62–5
Carbohydrate restriction, diabetes (type 2), #430 p.33+
Carcinogens, skin absorption, [online](#), #431 p.46–50
Cardiovascular disease, #430 p.10
Cardiovascular disease, adverse childhood experience (ACE), #437 p.84–5
Cardiovascular disease, biomarkers, #430 p.54–6
Cardiovascular disease, carnitine derivatives, #442 p.46–8
Cardiovascular disease, chocolate, #430 p.34+
Cardiovascular disease, choline, #442 p.82–5
Cardiovascular disease, eggs, #437 p.20
Cardiovascular disease, fried food, #430 p.36
Cardiovascular disease, greenspace, #442 p.13
Cardiovascular disease, integrative medicine, [online](#), #432 p.18–20+
Cardiovascular disease, melatonin, #427/428 p.51
Cardiovascular disease, mineralocorticoid screening, [online](#), #438 p.40–4
Cardiovascular disease, nitrates, #437 p.25–6
Cardiovascular disease, nuts, #442 p.25
Cardiovascular disease, pomegranate, [online](#), #437 p.56–61
Cardiovascular disease, prevention, #430 p.45–8, #437 p.34–7
Cardiovascular disease, sauna therapy, [online](#), #430 p.22–4+
Cardiovascular disease, stress, #430 p.50–3
Cardiovascular disease, Trial to Assess Chelation Therapy (TACT), #438 p.66–9
Cardiovascular disease, vitamin D, #442 p.25+
Cardiovascular fitness, dementia, #432 p.93, #435 p.87
Cardiovascular health, pomegranate, [online](#), #437 p.8
Cardiovascular disease, inflammation, [online](#), #442 p.38–41

Still the Best

A Must Have for Kidney Function Support!



CORDIMMUNE™

The only cordyceps product that is standardized for and declares its cordycepin content

- Supports mitochondrial function and ATP production
- Modulates immune system
- Enhances athletic performance safely
- An excellent adaptogen and adrenal support
- Supports hematopoiesis
- 0.2% Cordycepin (worth over \$100 per bottle)
- 0.3% Adenosine • 22% Polysaccharides

Immune Support Beyond Just Polysaccharides!



CORIO PSP™

The most clinically researched mushroom in Japan and China

- Unmatched 38% polysaccharides
- Lessens the side effects of toxic treatments
- Raises the quality of life
- Raises the activities of NK cells and macrophages
- Increases thymus weight



CANADA RNA BIOCHEMICAL INC.
Tel: (800) 273-2233 • www.canadarRNA.com

1-866-287-4986

Keyword/Subject Index - January 2015 to July 2020

Care Oncology, #439/440 p.74–5
Carnitine, cardiovascular disease, #442 p.46–8
Carnitine, erectile dysfunction, [online](#), #437 p.38–40
Carnitine, heart failure, #442 p.43
Carpal tunnel syndrome, acetyl-L-carnitine, #435 p.44
Cataracts, nutrition, [online](#), #429 p.44–9
Celiac disease, probiotics, #436 p.26
Cellular health, #444 p.84–5
Censorship, aluminum research, #431 p.40+
Censorship, Google, #436 p.11+
Center of Excellence in Generative Medicine (COEGM), #426 p.12
Center of Excellence in Generative Medicine (COEGM), genomic database, [online](#), #426 p.57–60
Challem, Jack (obituary), #436 p.22–3
Chamomile, polycystic ovary syndrome, #427/428 p.28
Chanting "om", hypertension, #430 p.35
Chelation therapy, [online](#), #430 p.57–61
Chelation therapy, diabetics with CVD, #438 p.66–9
Chelation therapy, Malaysian conference, #430 p.18
Chelation therapy, TACT study, [online](#), #438 p.3+
Chemical sensitivity, mast cell activation syndrome, #432 p.50–4+
Chemical sensitivity, mold, #435 p.80–1
Chemical sensitivity, porphyria, [online](#), #437 p.80–2
Cherry juice, insomnia, #426 p.54
Chickenpox, vitamin A, #444 p.32
Childhood, nature exposure, #435 p.46–50
Children, atopic dermatitis, [online](#), #429 p.22+
Children, attention deficit hyperactivity disorder (ADHD), #435 p.92+
Children, Guinea Bissau vaccine program, #438 p.11+
Children, tick-borne disease, [online](#), #432 p.83–4
Children, tick-borne diseases, #444 p.82–3
Chinese botanical medicine, Wikipedia bias, #429 p.58–62
Chiropractic, temporomandibular joint syndrome, #426 p.89
Chmerkovskiy, Maksim, dance injury, [online](#), #432 p.8, #432 P.46–9
Chocolate, acne, #429 p.27
Chocolate, cardiovascular disease, #430 p.34+
Cholesterol (LDL), inflammation, [online](#), #442 p.38–41
Cholesterol, pomegranate, [online](#), #437 p.56–61
Choline, alcohol consumption, [online](#), #433/434 p.20
Choline, cardiovascular disease, #442 p.82–5
Chronic fatigue, GENIE transcriptomics test, [online](#), #437 p.74–9
Chronic fatigue, porphyria, [online](#), #437 p.80–2
Chronic fatigue, tension and stress, [online](#), #436 p.84–9
Chronic illness, false hope, #433/434 p.62–3
Chronic illness, regenerative protocols, [online](#), #436 p.40–2+
Chronic illness, root causes, #433/434 p.79
Chronic illness, spiritual wellbeing, [online](#), #444 p.50–2
Chronic inflammatory response syndrome (CIRS), gene transcription, [online](#), #437 p.74–9
Chronic inflammatory response syndrome (CIRS), GENIE transcriptomics test, #436 p.97–8
Chronic inflammatory response syndrome (CIRS), Shoemaker protocol, [online](#), #436 p.54–7
Chronic inflammatory response syndrome (COPD), vitamin D, #441 p.28+
Chronic inflammatory response syndrome, water-damaged buildings, [online](#), #438 p.8+
Chronic inflammatory response syndrome (CIRS), water-damaged buildings, [online](#), #432 p.38–40, #433/434 p.64–6, #435 p.67–72
Chronic lymphocytic leukemia, *n of 1*, #433/434 p.78
Chronic obstructive pulmonary disease (COPD), magnesium, #429 p.27
Chronic obstructive pulmonary disease (COPD), CoQ10 and creatine, #429 p.27
Clinical practice guidelines, conflicts of interest, #435 p.96
Clostridium difficile, probiotics, [online](#), #432 p.24, #444 p.32
Cochrane Collaboration, Peter Gotsche expulsion, #426 p.50+
Codex Alimentarius Commission, biofortification rules, #429 p.70–3
Codex Alimentarius Commission, scientific consensus, #437 p.11+
Coenzyme Q10, COPD, #429 p.27
Coenzyme Q10, heart failure, #442 p.42
Coenzyme Q10, nephrotic syndrome, #435 p.44
Coffee, brewing methods, #427/428 p.25–7
Coffee, weight management, #426 p.18–20
Cognitive decline, acetyl-L-carnitine, #437 p.71+
Cognitive decline, diet, #435 p.42
Cognitive decline, phosphatidylserine, #437 p.72+

Keyword/Subject Index - January 2015 to July 2020

Cognitive function, magnesium, #431 p.44
Cognitive impairment, brain-derived neurotrophic growth factor (BDNF), [online](#), #438 p.102
Colds, *Sambucus nigra* (black elderberry), #437 p.20
Colorectal cancer, curcumin, #437 p.20
Colorectal cancer, Dukoral, #439/440 p.32–3
Common cold, vitamin C, #444 p.30
Common cold, zinc lozenges, #444 p.30+
Community, health effects, #436 p.46–9
Complementary and alternative medicine, censorship by internet companies, #430 p.73
Complementary and alternative medicine, Google censorship, [online](#), #436 p.11+
Complementary and alternative medicine, mainstream acceptance, #437 p.92
Complementary and alternative medicine, Wikipedia, #441 p.73–9
Compounding ingredients, FDA, #433/434 p.76
Concussion, hyperbaric oxygen therapy, [online](#), #442 p.54–9
Conflicts of interest, clinical practice guidelines, #435 p.96
Constipation, magnesium, #443 p.34
Contraception, #426 p.88
Cooking methods, diabetes (type 2), #426 p.54
Copper dysmetabolism, depression, #426 p.42–4
Copper metabolism, women's health, #438 p.37–9
Coronary artery calcification, magnesium deficiency, #442 p.26
Coronary heart disease, exercise, #442 p.32+
Coronary heart disease, prevention, #430 p.45–8
Coronary occlusion, secondary to trauma, #430 p.72
Coronavirus (COVID-19), [online](#), #442 p.2+, #443 p.2+, #444 p.2
Coronavirus, [online](#), #441 p.4
Coronavirus (COVID-19), acetyl-glutathione, #444 p.77
Coronavirus (COVID-19), bioinformatics tools, [online](#)
Coronavirus (COVID-19), fear, [online](#), #444 p.70–3
Coronavirus (COVID-19), Field Control Therapy®, #442 p.14–15+
Coronavirus (COVID-19), Gaby recommendations, #443 p.84+
Coronavirus (COVID-19), glutathione, #444 p.62–3
Coronavirus (COVID-19), integrative medicine, [online](#), #443 p.48–56
Coronavirus (COVID-19), intravenous vitamin C, #443 p.39–41
Coronavirus (COVID-19), laboratory tests, [online](#), #443 p.10+
Coronavirus (COVID-19), nicotinamide riboside, [online](#), #444 p.67–9
Coronavirus (COVID-19), nutritional treatment, #442 p.86–9
Coronavirus (COVID-19), ozone therapy, [online](#), #443 p.57–61
Coronavirus (COVID-19), pollen, #443 p.79–80
Coronavirus (COVID-19), social distancing, [online](#), #443 p.32
Coronavirus (COVID-19), testing, #444 p.22+
Coronavirus (COVID-19), traditional Chinese medicine, [online](#)
Coronavirus (COVID-19), treatments, #444 p.57–61
Coronavirus (COVID-19), vaccines, [online](#), #444 p.26+
Coronavirus (COVID-19), vitamin C, [online](#), #442 p.10–11
Corporate interests, evidence-based medicine, #441 p.21+
Cortisol, pain, #436 p.78–81
Cow's milk, anemia (iron-deficiency), [online](#), #432 p.25
Cow's milk, hormone-sensitive cancers, [online](#), #433/434 p.19+
Cow's milk, mucus, [online](#), #432. 25+
Craniosacral therapy, stress reduction & dysautonomia, #431 p.78–80
Crinnion, Walter, ND, #431 p.34–5
Cryoablation, prostate cancer, [online](#), #433/434 p.52–4
Curcumin, colorectal cancer, #437 p.20
Curcumin, vanilla, #431 p.11–14
Cyanobacteria, water contamination, [online](#), #433/434 p.3+
Cystitis, green tea, #432 p.94+
Cystitis, water intake, #431 p.45
CytoQuel®, chronic pain, #433/434 p.92
Czeranko, Sussanna, ND, hydrotherapy, [online](#), #431 p.4+

D

Dance injury, rehabilitation, [online](#), #432 p.46–9
Dancing, fitness, [online](#), #430 p.28–32
Dancing, health, #430 p.10
Datapunk Bioinformatics LLC, genomic database, [online](#), #426 p.57–60
Dates (Daglet noor/Medjool), pregnancy, #427/428 p.68–70
DDX Pinpointer, differential diagnosis, [online](#), #438 p.98–100
Death/dying, doctor's journey, [online](#), #427/428 p.74–7

Keyword/Subject Index - January 2015 to July 2020

Degenerative diseases, microbiome, #438 p.92–6
Delirium, melatonin, #437 p.48–9
Dementia, acetyl-L-carnitine, #435 p.44
Dementia, cardiovascular fitness, #432 p.93
Dementia, lithium, #435 p.62–6
Depression, amino acids, [online](#), #439/440 p.62–4
Depression, amino acid therapy, #432 p.68–72
Depression, broken heart syndrome, [online](#), #442 p.49–52
Depression (postpartum), copper, #438 p.37–9
Depression, copper dysmetabolism, #426 p.42–4
Depression, gut microbiota, #426 p.25–6
Depression, integrative psychiatry, #436 p.68–71
Depression, ketamine, [online](#), #438 p.4+, #438 p.55–61
Depression, laboratory tests, #438 p.45–6+
Depression, microbiome, #439/440 p.79–80
Depression, mind-body, #438 p.82
Depression, naturopathic medicine, #429 p.50–3
Depression, supplements, [online](#), #435 p.54–7
Dermatology, naturopathic medicine, [online](#), #441 p.52–4
Dermatology, niacinamide, #436 p.104+
Detoxification, heat, #438 p.12+
Dextrotherapy, #442 p.19–20
DHA (docosahexaenoic acid), ADHD, #435 p.43
Diabetes (type 2), carbohydrate restriction, #430 p.33+
Diabetes (type 2), cooking methods, #426 p.54
Diabetes, environmental toxins, #442 p.30+, #442 p.76–7
Diabetes, exercise, #442 p.32+
Diabetes, pine pollen, #439/440 p.32–3
Diabetes (type 2), selenium, [online](#), #432 p.26
Diabetes, skipping breakfast, #438 p.32
Diabetes, Trial to Assess Chelation Therapy (TACT), #438 p.66–9
Diabetes (type 2), whole grains, #427/428 p.22+
Diabetes (type 2), diet and *Hintonia latiflora*, #426 p.34–6
Diabetic nephropathy, vitamin E, #443 p.33+
Diarrhea, hydrochloric acid, #442 p.96+
Diet, #427/428 p.84–7
Diet, aortic aneurysms, #430 p.36+
Diet, blood type, #427/428 p.81
Diet, cardiovascular disease, [online](#), #432 p.18–20+
Diet, diabetes (type 2), #426 p.34–6
Diet, heart failure, #437 p.18
Diet, inflammatory bowel disease, #431 p.44
Diet, macular degeneration, [online](#), #432 p.26
Diet, myths, #426 p.6+
Diet, timing, #88–91
Diet, depression and anxiety, #429 p.50–3
Differential diagnosis, DDX Pinpointer, #438 p.98–100
Digestive enzymes, dyspepsia, #430 p.38
Diverticulitis, probiotics, #441 p.31
D-Mannose, urinary tract infections, #444 p.31
DMSO and vitamin C, tendinopathy, #443 p.71
DNA Connexions oral panel, oral health, [online](#), #443 p.21–6+
Doctor-patient relationship, intermittent eating, #439/440 p.81–2
Doctor-patient relationship, patient goals, #433/434 p.80–1
Doctor-patient relationship, spirituality, [online](#), #444 p.8, #444 p.50–2
Dogs, homeopathy, #435 p.76–7
Dovolani, Tony, dancing, [online](#), #430 p.10, #430 p.28–32
Dr. Ohhira's probiotics, [online](#), #431 p.68–9
Drug interactions, cannabis, #438 p.62–5
Drugs, migraines, #429 p.88+
Drugs, nutrient depletion, [online](#), #436 p.50–3
Dry eyes, omega-3 fatty acids, #429 p.28
Dysautonomia, craniosacral therapy, #431 p.78–80
Dysbiosis, microbiome, #438 p.34
Dysbiosis, permeability assessment, [online](#), #426 p.38–40
Dysbiosis, pulmonary conditions, [online](#), #429 p.35
Dysbiosis, quinacrine, #432 p.61–3
Dysbiosis biomarkers, mental health, #426 p.28–30+
Dysmenorrhea, treatment plans, [online](#), #439/440 p.58–60

Keyword/Subject Index - January 2015 to July 2020

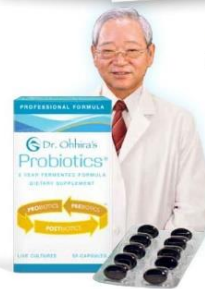
Dyspepsia, digestive enzymes, #430 p.38

E

Eating, time-restricted, #439/440 p.26
Eating disorders, amino acid therapy, #443 p.75
Eczema, homeopathy, #429 p.80–2
Eczema, ultraviolet light, #438 p.33
Eggs, cardiovascular disease, #437 p.20
Electromagnetic fields, #433/434 p.14+
Electromagnetic fields, neurological conditions, [online](#), #436 p.14
Electromagnetic fields, precautions, #432 p.61–3
Emotion, broken heart syndrome, [online](#), #442 p.49–52
Endocrine-disrupting chemicals, women's health, #439/440 p.48–52
Endocrine-disrupting compounds, women's health, #439/440 p.21–3
Endocrine disruptors, female reproduction, [online](#), #427/428 p.66
Endocrine disruptors, skin absorption, [online](#), #431 p.46–50
Endocrine support, glandulars, #430 p.64–7
Endometriosis, integrative medicine, #427/428 p.72–3
Endothelial dysfunction, fluoride, [online](#), #435 p.51–3
Environment, health, #442 p.13
Environmental chemicals, breast cancer, #433/434 p.22–4
Environmental illness, #435 p.80–1
Environmental medicine, autoimmune disease, [online](#), #444 p.80–1
Environmental medicine, endocrine-disrupting compounds, #439/440 p.21–3
Environmental sensitivities, mast cell activation syndrome, #436 p.27–8+
Environmental toxins, diabetes, #442 p.30+, #442 p.76–7
Enzyme therapy, pancreatic cancer, #426 p.56
Epidemics, homeopathy, [online](#), #443 p.30+
Epidemiology, breast cancer, #427/428 p.90–3
Epigenetics, herbicides, #427/428 p.18+
Epigenetics, preconception optimization, [online](#), #427/428 p.64–7
Erectile dysfunction, carnitine, [online](#), #437 p.38–40
Essential oils, intestinal discomfort, [online](#), #426 p.66–72
Estrogen, c/16 estrogen ratio, #432 p.89–90
Estrogen, cow's milk, [online](#), #433/434 p.19+
Estrogen, women's health, [online](#), #427/428 p.34–41, #439/440 p.38–43
Estrogen dominance, copper, #438 p.37–9
Evidence-based medicine, conflicts of interest, #435 p.96
Evidence-based medicine, corporate interests, #441 p.21+
Evidence-based medicine, naturopathic medicine, #435 p.85–6
Exercise, coronary heart disease, #442 p.32+
Exercise, Gabby Reece, [online](#), #439/440 p.34–7
Exercise, injury prevention, [online](#), #430 p.28–32
External counter-pulsation therapy, heart failure, #442 p.44
Extracellular matrix, #444 p.84–5
Eye health, astaxanthin, #437 p.53–5
Eye health, nutrition, [online](#), #429 p.44–9

F

Facial laser resurfacing, pomegranate oil extract, #430 p.83
Falls, prevention, #427/428 p.14–15
Farming practices, metabiome, #438 p.92–6
Fasciolopsis buski (giant intestinal fluke), #432 p.85–6
Fasting, intermittent, #442 p.74–5
Fasting, life extension, #427/428 p.6+
Fatigue, food allergy, #426 p.90
Fatigue, potassium magnesium aspartate, #442 p.96+
Fat loss, thermogenesis, #429 p.74–5
Fatty liver disease, liver enzymes, [online](#), #438 p.50
Fear, coronavirus (COVID-19), [online](#)
Fecal microbiota transplantation, irritable bowel syndrome, #438 p.34
Fermented food, #437 p.14–15
Fertility, sugar consumption, #433/434 p.20+
Ferulic acid, medicinal use, #431 p.11–14
Fiber, gastroesophageal reflux disease, #439/440 p.31
Fibromyalgia, cannabidiol, #437 p.50–2
Fibromyalgia, environmental toxins, [online](#), #444 p.80–1
Fibromyalgia, fluoroquinolone, #436 p.100–2



Developed Natures 'Perfect Probiotic' over 40 Years ago!

Dr. Ohhira has proven to be one of the world's most influential researchers in the history of probiotic science as his discoveries continue to be confirmed. He intrinsically understood restorative medicine when developing a 5-year natural temperature fermentation method that produces rare strains of probiotics as well as therapeutic **Postbiotics Metabolites**, recently proven to be the most beneficial aspect of probiotic supplementation. Recent research on Dr. Ohhira's Probiotics revealed that his formula contains over 400 kinds of these health promoting postbiotic metabolites!

ESSENTIAL FORMULAS™
www.EssentialFormulas.com • (972) 255-3918



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Keyword/Subject Index - January 2015 to July 2020

Fibromyalgia, mast cell activation, #436 p.27–8+
Fibromyalgia, regenerative protocols, [online](#), #436 p.40–2+
Fibromyalgia, saffron, #439/440 p.89+
Fibromyalgia, symptom intensity, [online](#), #436 p.6+
Field control therapy®, cancer, #433/434 p.26–30+
Field Control Therapy®, coronavirus (COVID-19), #442 p.14–15+
Field control therapy®, Lyme disease, #432 P.42–5
Field control therapy®, mental disorders, #435 p.19–23
Field Control Therapy®, skin disorder, #441 p.24–7
Field Control Therapy®, weight management, #426 p.21–4
Fish oil, heart disease, #430 p.88+
Fish oil, perioperative bleeding, #438 p.32
Fitness, dancing, [online](#), #430 p.28–32
Flavonoids, macular degeneration, #441 p.28+
Fluoride, brain injury, [online](#), #435 p.7+, #435 p.51–3
Fluoride, pregnancy, #437 p.13+
Fluoroquinolone, fibromyalgia, #436 p.100–2
Focal infection theory, oral health, [online](#), #443 p.21–6+
Folate, #443 p.34
Folic acid, 5-methyltetrahydrofolate, #427/428 p.22
Folic acid, cancer, [online](#), #433/434 p.19
Folic acid, genetic polymorphisms, #430 p.37
Folic acid, pregnancy, #431 p.45
Folic acid, smokers, #439/440 p.29+
Food, #427/428 p.84–7
Food, autoimmune disease, #437 p.86+
Food, children's health, #429 p.76–7
Food, fermentable, #437 p.14–15
Food, glyphosate contamination, #426 p.52
Food, heart disease, #427/428 p.24
Food, macular degeneration, #429 p.10+
Food allergies, atopic dermatitis, #441 p.23
Food allergies, laboratory tests, #438 p.45–6+
Food allergy, atmospheric negative ions, #429 p.39–42
Food allergy, fatigue, #426 p.90
Food allergy, geomagnetism, #431 p.76
Food and Drug Administration, compounding ingredients, #433/434 p.76
Food disorders, integrative psychiatry, #438 p.70–6
Food sensitivities, NAET, #436 p.27–8+
Forest bathing, benefits, #431 p.42
Forest bathing, breast cancer, [online](#), #439/440 p.44–7
Forest bathing, naturopathic medicine, [online](#), #438 p.24+
Fractures, advanced glycation end products, #436 p.25+
Fractures, vitamin C, #438 p.33
Frequency specific microcurrent, #430 p.1
Frequency specific microcurrent, nervous system, [online](#), #435 p.90
Frequency specific microcurrent, traumatic brain injury, [online](#), #430 p.43
Fried food, cardiovascular disease, #430 p.36
Fructose, kidney stones, #441 p.31
Functional immunology, laboratory tests, [online](#), #438 p.15+
Functional medicine, criticism of, #430 p.19–21
Functional medicine, shortcomings, #429 p.19–21, #432 p.80
Fungal infections, [online](#), #432 p.6+

G

GABA, progesterone, #427/428 p.80
Gabby Reece, knee replacement, [online](#), #439/440 p.34–7
Gadolinium-based contrast agents, adverse effects, [online](#), #430 p.57–61
Gallstones, bile acids, [online](#), #439/440 p.54–7
Gastroesophageal reflux disease, fiber, #439/440 p.31
Gastroesophageal reflux disease, pulmonary conditions, [online](#), #429 p.35
Gastrointestinal absorption, atmospheric negative ions, #429 p.39–42
Gastrointestinal barrier system, #426 p.10
Gastrointestinal barrier system, permeability assessment, [online](#), #426 p.38–40
Gastrointestinal microbiome, aging, #437 p.10
Gastrointestinal tract, autoimmune disease, #426 p.76–7
Gastrointestinal tract, pharmaceuticals, #437 p.62–6
GcMAF, manufacturer persecution, #433/434 p.13+

Keyword/Subject Index - January 2015 to July 2020

Generative medicine, microbiome, [online](#), #435 p.24–6
Generativity, disease process, #431 p.15+
Genetically-modified crops, Codex Alimentarius Commission, #429 p.70–3
Genetic expression, lifestyle choices, #426 p.78
Genetic polymorphisms, folic acid and homocysteine, #430 p.37
Genetics, prostate cancer, #433/434 p.55–7
Gene transcription, chronic inflammatory response syndrome (CIRS), [online](#), #437 p.74–9
GENIE transcriptomics test, chronic fatigue, [online](#), #437 p.74–9
GENIE transcriptomics test, chronic inflammatory response syndrome (CIRS), #436 p.97–8
Genomic database, Datapunk Bioinformatics LLC, [online](#), #426 p.57–60
Genomic database, generative medicine, #431 p.15+
Genomic database, University of Bridgeport College of Naturopathic Medicine, #426 p.12
Genomics, mTOR, #435 p.82–3
Geomagnetic energy, heart rate variability, #442 p.33
Geomagnetism, food allergy, #429 p.39–42, #431 p.76
Ghormley Jill, ND, AANP Vis Award, #436 p.19
Ginger, menstrual cramps, #439/440 p.89
Gingivostomatitis, honey, #432 p.95
Girard, Christine, ND, MPH, National University of Natural Medicine, #432 p.77
Glandulars, #430 p.64–7
Glaucoma, vitamin B3, #443 p.34
Glaucoma, yoga practices, #429 p.14
Glutathione, coronavirus (COVID-19), #444 p.62–3
Glutathione L-reduced powder, MedWatch alert, #433/434 p.76
Gluten sensitivity, ALCAT 5 test, #438 p.30
Glycemic control, bile acids, [online](#), #439/440 p.54–7
Glycine, glyphosate, #438 p.13
Glyphosate, food contamination, #426 p.52
Glyphosate, glycine, #438 p.13
Glyphosate, ToxinPul™, [online](#), #441 p.32+
Google, censorship, [online](#), #436 p.11+
Gotzsche, Peter, MD, conflict with Cochrane Collaboration, #426 p.50+
Gotzsche, Peter, MD, Nordic Cochrane Center, #427/428 p.18
Greenspace, cardiovascular disease, #442 p.13
Green tea, breast cancer, #439/440 p.88
Green tea, breast density, #427/428 p.28+
Green tea, cystitis, #432 p.94+
Green tea, influenza prevention, #444 p.31+
Green tea catechins, upper respiratory illness, #443 p.33

H

Hair loss, mitochondria, #437 p.69–70
Harmal peganum, #439/440 p.76–7
Hashimoto's thyroiditis, T helper cell regulation, [online](#), #431 p.26+
Hashimoto's thyroiditis, treatment, [online](#), #441 p.36–8+, #442 p.60–4
Hawthorne, heart, #442 p.92–4
Healing, anthroposophical medicine, [online](#), #430 p.68–71
Healing, community, #436 p.46–9
Healing, hands-on, #438 p.12
Healing, hope, #433/434 p.62–3
Healing, Wayne Jonas, MD, #435 p.40–1
Health, environment, #442 p.13
Health, naturopathic medicine, #441 p.80–1
Health care, Holistic Health Community, #444 p.20
Health care, whole person systems, #436 p.62–6
Healthcare system, United States, #444 p.11–12
Heart, #430 p.79–80
Heartburn, chewing food, #426 p.89
Heart disease, fast-food, #427/428 p.24
Heart disease, fish oil, #430 p.88+
Heart disease, pomegranate, [online](#), #437 p.56–61
Heart disease, prevention, #430 p.45–8, #437 p.34–7
Heart disease, skipping breakfast, #437 p.18
Heart failure, carnitine derivatives, #442 p.46–8
Heart failure, CoQ10, ribose, Mg, carnitine, #442 p.42–5
Heart failure, iron deficiency, #438 p.104
Heart failure, raw-food diet, #437 p.18
Heart failure, thiamine, #442 p.27+
Heart rate variability, geomagnetic energy, #442 p.33

Keyword/Subject Index - January 2015 to July 2020

Heat, detoxification, #438 p.12+
Heavy metals, breast cancer, #433/434 p.22-4
Heavy metals, endocrine-disrupting compounds, #439/440 p.21-3
Helicidum (Salicinium®), cancer, #433/434 p.11+
Helicobacter pylori, nasal polyps, [online](#), #431 p.52-4
Hemoglobin A1c, iron deficiency anemia, #426 p.53
Herbicides, epigenetics, #427/428 p.18+
Herbs, prostate cancer, [online](#), #426 p.45-8
Herpes simplex, kanuka honey, #441 p.30
Hidradenitis suppurativa, diet, #429 p.26
Hintonia latiflora, diabetes (type 2), #426 p.34-6
Hirsute, androgen-lowering agents, [online](#), #427/428 p.58-9
Histamine diet, mast cell activation syndrome, #432 p.50-4+
Holistic Health Community, healthcare, #444 p.20
Homeopathy, [online](#), #439/440 p.10, #441 p.82-6
Homeopathy, eczema, #429 p.80-2
Homeopathy, effects of, #430 p.72
Homeopathy, epidemics, [online](#), #443 p.30+
Homeopathy, FDA Draft Guidance, #439/440 p.78
Homeopathy, Oscillocochin jury verdict, #431 p.10
Homeopathy, philosophy, [online](#), #439/440 p.65-9
Homeopathy, poison ivy prophylaxis, #444 p.86-8
Homeopathy, politicals, #444 p.75+
Homeopathy, prophylaxis, [online](#)
Homeopathy, Rajan Sankaran 8-box method, #438 p.84-6
Homeopathy, Rajan's Sensation Method, #426 p.81-3
Homeopathy, travel tips, #431 p.85-7
Homeopathy, upper respiratory infections, #437 p.10+
Homeopathy, veterinary use, #435 p.76-7
Homocysteine, genetic polymorphisms, #430 p.37
Honey, *Herpes simplex*, #432 p.95
Hope, chronic illness, #433/434 p.62-3
Hormone replacement therapy, progesterone, #443 p.76
Hormone replacement therapy, women's health, [online](#), #439/440 p.10, #439/440 p.38-43
Hormones, sleep, [online](#), #427/428 p.42-9
Hormone therapy, transgender patients, #426 p.87
Hormone therapy, women's health, [online](#), #427/428 p.8+, #427/428 p.34-41
Hot flashes, soy extract, #431 p.45
Hot flashes, weight training, #435 p.88
Hot flashes, women's health, #427/428 p.78-9
Human papillomavirus (HPV), vaccination debate, #430 p.6+
Human papillomavirus (HPV) vaccine, #430 p.76-7
Human papillomavirus vaccine, study, #439/440 p.26+
Hydrochloric acid, diarrhea, #442 p.96+
Hydrocortisone, pain, #436 p.78-81
Hydrotherapy, Sussanna Czeranko, ND, [online](#), #431 p.4+
Hyperaldosteronism, hypertension, [online](#), #438 p.10
Hyperbaric oxygen therapy, coronavirus (COVID-19), #444 p.20
Hyperbaric oxygen therapy, traumatic brain injury, [online](#), #430 p.44, #442 p.54-9
Hyperemesis, desiccated adrenal cortex, #442 p.96+
Hypertension, chanting "om", #430 p.35
Hypertension, hyperaldosteronism, [online](#), #438 p.10
Hypertension, mineralocorticoid screening, [online](#), #438 p.40-4
Hypertension drugs, zinc, #442 p.33
Hypochlorhydria, amino acids, [online](#), #439/440 p.62-4
Hypothyroidism, endocrine-disrupting compounds, #439/440 p.21-3
Hypothyroidism, Hashimoto's thyroiditis, [online](#), #441 p.36-8+
Hypothyroidism, natural hormone shortage, [online](#), #437 p.4+
Hypothyroidism, perchlorate, #442 p.78-81
Hypothyroidism, treatment, [online](#), #442 p.60-4

I

Immune system, autoimmune disease, [online](#), #432 p.27-30
Immune system, food-associated autoimmunity, #437 p.86+
Immune system, qigong and yoga, [online](#), #437 p.28-33
Immunotherapy, cancer, [online](#), #426 p.93-4, #430 p.12-14+
Infant formula, iron fortification, #439/440 p.30
Infants, GI tract, #427/428 p.20
Infants, vitamin D, #426 p.54+

Keyword/Subject Index - January 2015 to July 2020

Infectious disease, online
Infectious disease, etiology, online, [#432](#) p.7+, [#432](#) p.32–6
Infectious disease, iron, #443 p.77–8
Inflammation, *Arnica montana*, #436 p.82–3
Inflammation, bee venom therapy, #444 p.54–6
Inflammation, cardiovascular disease, online, #430 p.54–6, [#432](#) p.18–20+, [#442](#) p.38–41
Inflammation, CytoQuel®, #433/434 p.92
Inflammation, kidney disease, online, #443 p.6+
Inflammation, nutrition, #439/440 p.70–1
Inflammation, uremia, online, #443 p.62–5
Inflammation, vegan diet, #431 p.43
Inflammation, whole grains, #431 p.43
Inflammatory bowel disease, Low FODMAPs diet, #431 p.44
Influenza, green tea, #444 p.31+
Influenza, naturopathic medicine, #442 p.94–5
Influenza, *Sambucus nigra* (black elderberry), #437 p.20
Information, importance of references, #430 p.81–2
Informed consent, vaccination, online, #441 p.62–8
Injection therapies, pain, #442 p.19–20
Insect repellent, medium chain fatty acids, #431 p.41
Insomnia, blue light, #426 p.53+
Insomnia, cherry juice, #426 p.54
Insomnia, non-pharmaceutical treatment, online, #427/428 p.42–9
Insulin resistance, diet and *Hintonia latiflora*, #426 p.34–6
Integrative medicine, breast cancer, #426 p.79–80
Integrative medicine, cancer, online, [#426](#) p.91–6, #427/428 p.11–12
Integrative medicine, cardiovascular disease, online, #432 p.18–20+
Integrative medicine, censorship by internet companies, #430 p.73
Integrative medicine, coronavirus (COVID-19), #443 p.48–56
Integrative medicine, delivery systems, #431 p.38–9
Integrative medicine, medical intuition, #441 p.14–15
Integrative medicine, mold toxicity, online, #444 p.39–43
Integrative medicine, naturopathic medicine, #433/434 p.82–3, #441 p.80–1
Integrative medicine, patient goals, #433/434 p.80–1
Integrative medicine, shortcomings, #429 p.19–21
Integrative medicine, tick-borne diseases, #444 p.82–3
Integrative medicine, traditional Chinese medicine, #433/434 p.70–3
Integrative medicine, Wayne Jonas, MD, #435 p.40–1
Integrative oncology, IV vitamin C, #431 p.55–8
Integrative psychiatry, depression, #436 p.68–71
Integrative psychiatry, Field control therapy®, #435 p.19–23
Integrative psychiatry, food disorders, #438 p.70–6
Intermittent eating, autophagy, #442 p.74–5
Intermittent eating, doctor-patient relationship, #439/440 p.81–2
Intermittent fasting, cancer, #433/434 p.69
Intestinal permeability, mood disorders, #426 p.25–6
Intradermal dilution test, #441 p.55–61
Iran, research fraud, #96+
Iridology, kidney function, #435 p.77–9
Iron, infant formula, #439/440 p.30
Iron, infectious disease, #443 p.77–8
Iron (intravenous), skin staining, #442 p.28
Iron deficiency, heart failure, #438 p.104
Irritable bowel syndrome, laboratory tests, #438 p.45–6+
Irritable bowel syndrome, microbiome profiling, #438 p.34
Irritable bowel syndrome, stress, online, #436 p.84–9
Isoprostanes, cardiovascular disease biomarkers, #430 p.54+
Isosorbide mononitrate, cardiovascular disease, #437 p.25–6
IThrive patient resource, cancer, #433/434 p.74

J

Joint hypermobility syndrome, autoimmune disease, #431 p.59–63
Jonas, Wayne, MD, pain, #435 p.40–1

K

Kanuka honey, herpes simplex, #441 p.30
Kefir, metabolic disease, #430 p.35
Ketamine, depression, online, [#438](#) p.4+, [#438](#) p.55–61

Keyword/Subject Index - January 2015 to July 2020

Kidney disease, 3D regeneration, [online](#), #443 p.31+
Kidney disease, inflammation, [online](#), #443 p.6+
Kidney disease, naturopathic medicine, [online](#), #443 p.62–6
Kidney function, [online](#), #431 p.9
Kidney function, gadolinium-based contrast agents, [online](#), #430 p.57–61
Kidney function, mitochondria, #435 p.76–9
Kidney function, protein pump inhibitors, #431 p.41+
Kidney function, evaluation and support, [online](#), #431 p.21–4
Kidneys, naturopathic medicine, #443 p.66–70
Kidney stones, fructose, #441 p.31
Kidney stones, vitamin C, #437 p.67+
Knee replacement, Gabby Reece, [online](#), #439/440 p.34–7
Kryptopyrrole, zinc-B6, #426 p.42–4
Kugler, Hans, PhD (obituary), #433/434 p.67–8

L

Laboratory tests, advantages/disadvantages, [online](#), #438 p.15+
Laboratory tests, Alzheimer's disease, [online](#), #435 p.32–6+
Laboratory tests, anemia, #438 p.36
Laboratory tests, coronavirus (COVID-19), [online](#), #443 p.10+, #444 p.22+
Laboratory tests, IgG, IgG4, IgA, #438 p.45–6+
Laboratory tests, liver enzymes, [online](#), #438 p.50–4
Laboratory tests, prostate cancer, #433/434 p.55–7
Laboratory tests, thrombocytes, #438 p.87–90
Lactate dehydrogenase, vitamin C (intravenous), #442 p.71–3
Lamas, Gervasio, MD, chelation TACT study, [online](#), #438 p.3+
Laughter, health effects, #431 p.82–4
Lead, pectin, #444 p.64–6
Lichen sclerosis, [online](#), #427/428 p.60–3
Lion's mane, Mushroom Wisdom, #439/440 p.87
Lion's mane mushroom (*Hericum erinaceus*), Alzheimer's disease, [online](#), #435 p.27–8+
Lithium, Alzheimer's disease, #435 p.62–6
Liver, bile acids, [online](#), #439/440 p.54–7
Liver, thyroid hormone, #426 p.56
Liver enzymes, laboratory tests, [online](#), #438 p.50–4
Liver function, blood sugar control, #426 p.61–4
Liver support, glandulars, #430 p.64–7
Longevity, Bulgarian bacillus theory, [online](#), #429 p.84–6
Longevity, fasting, #427/428 p.6+
Longevity, Suzanne Somers, [online](#), #442 p.7+, #442 p.34–6
Longevity, walking, #435 p.88
Low-dose naltrexone, [online](#), #433/434 p.4+
Low-dose naltrexone, lichen sclerosis, [online](#), #427/428 p.60–3
Low-dose naltrexone, multiple sclerosis, #435 p.14+
Low-dose naltrexone, neurological conditions, [online](#), #435 p.4+
Low-dose naltrexone, pain, [online](#), #436 p.12+
Low-dose naltrexone, autoimmune disease and cancer, [online](#), #431 p.77
Lunation cycle, bipolar disorder, #435 p.15
Lung cancer, vitamin D, [online](#), #433/434 p.18
Lung disorders, natural support, [online](#), #429 p.33–8
Lyme disease, children, [online](#), #432 p.83–4
Lyme disease, environmental factors, #435 p.80–1
Lyme disease, Field control therapy®, #432 P.42–5
Lyme disease, gestational transmission, #444 p.46–9
Lyme disease, hidden infections, [online](#), #432 p.32–6
Lyme disease, history of, [online](#), #439/440 p.3+
Lyme disease, laboratory tests, [online](#), #438 p.15+
Lyme disease, mast cell activation syndrome, #432 p.50–4+
Lyme disease, mold toxicity, [online](#), #444 p.6+
Lyme disease, mycotoxins, [online](#), #444 p.34–8
Lyme disease, MyLymeData patient registry, #444 p.44–5
Lyme disease, psychospiritual issues, [online](#), #432 p.8, #432 p.68–72
Lyme disease, quinacrine, #432 p.61–3
Lyme disease, tissue collection program, #432 p.87–8
Lymphatics, qigong and yoga, [online](#), #437 p.28–33

M

Macular degeneration, [online](#), #441 p.12

Keyword/Subject Index - January 2015 to July 2020

Macular degeneration, diet, [online](#), #432 p.26
Macular degeneration, flavonoids, #441 p.28+
Macular degeneration, melatonin, #427/428 p.54
Macular degeneration, processed food, #429 p.10+
Macular degeneration, saffron, #441 p.22+
Macular degeneration, diet and lifestyle, [online](#), #442 p.65–70, #441 p.44–6+
Magnesium, anxiety, #426 p.90
Magnesium, cognitive function, #431 p.44
Magnesium, constipation, #443 p.34
Magnesium, COPD, #429 p.27
Magnesium, heart failure, #442 p.43
Magnesium, pain, #427/428 p.23
Magnesium deficiency, #441 p.30+
Magnesium deficiency, coronary artery calcification, #442 p.26
Malaria, herbs, #432 p.64–5
Male fertility, astaxanthin, #437 p.53–5
Male sexual function, testosterone, [online](#), #437 p.7+
Marek's disease, vaccine and virulence, #432 p.10+
Marijuana, pregnancy, #427/428 p.30+
Mast cell activation, HistaQuel®, [online](#), #438 p.102
Mast cell activation syndrome, [online](#), #432 p.8
Mast cell activation syndrome, chronic Lyme, #432 p.50–4+
Mast cell activation syndrome, fibromyalgia, #436 p.27–8+
Mast cell activation syndrome, quinacrine, #432 p.61–3
MDMA-assisted psychotherapy, PTSD, #435 p.13+
Meals, timing, #88–91
Measles, vaccination debate, #431 p.70–2
Measles, virus genotype, #432 p.14
Medical efficacy claims, naturopathic medicine, #435 p.85–6
Medical errors, patient precautions, [online](#), #429 p.63–9, #432 p.78–9
Medical intuition, Practical Path®, #441 p.14–15
Medicine, philosophy, [online](#), #439/440 p.65–9
Mediterranean diet, pregnancy, #436 p.26
Medium chain fatty acids, insect repellent, #431 p.41
Melasma, niacinamide, #436 p.103
Melatonin, #427/428 p.50–7
Melatonin, delirium, #437 p.48–9
Melatonin, nonalcoholic fatty liver disease, #443 p.72–4
Melatonin, sleep-wake phase disorder, #427/428 p.23+
Menopause, hormone therapy, [online](#), #427/428 p.34–41
Menopause, integrative medicine, #427/428 p.72–3
Menopause, sweet potato, #427/428 p.78–9
Men's health, adverse childhood experience (ACE), #437 p.84–5
Menstrual cramps, ginger, #439/440 p.89
Menstruation, hormone therapy, [online](#), #427/428 p.34–41
Mental disorders, Field control therapy®, #435 p.19–23
Mental health, nature exposure, #435 p.46–50
Mental health, naturopathic medicine, #430 p.78
Mental health, nutrition, #426 p.42–4
Mental health, nutrition and microbiome, #426 p.28–30+
Mercury, autoimmune disease, [online](#), #444 p.80–1
Metabolic disease, kefir, #430 p.35
Metabolic pathways, mTOR, #435 p.82–3
Metabolic syndrome, coffee, #426 p.18–20
Metabolic syndrome, glutathione, #444 p.62–3
Metabolic syndrome, time-restricted eating, #439/440 p.26
Metabolomics, probiotics, [online](#), #431 p.64–9
Metal toxicity, cardiovascular disease, [online](#), #432 p.18–20+
Metdetox 2019 conference, #435 p.88
Metformin, cancer, #439/440 p.74–5
Metformin, microbiome, #437 p.62–6
Methylcobalamin, amyotrophic lateral sclerosis, #435 p.43
Miasms, homeopathy, #426 p.81–3
Microbiome, acne, #439/440 p.79–80
Microbiome, degenerative diseases, #438 p.92–6
Microbiome, irritable bowel syndrome, #438 p.34
Microbiome, pharmaceuticals, #437 p.62–6
Microbiome, probiotic supplements, #435 p.73–5
Microbiome, Radiance bioinformation program, [online](#), #435 p.24–6

Keyword/Subject Index - January 2015 to July 2020

Microbiota (GI), mental health, #426 p.28–30+
Microbiota (GI), mood disorders, #426 p.25–6
Microbiota transfer therapy, autism, #435 p.12+
Microcurrent point stimulation, neural therapy, #442 p.22–4
Migraines, drugs vs nutrition, #429 p.88+
Migraines, vitamin D, #436 p.25
Milk thistle, nonalcoholic fatty liver disease, #443 p.72–4
Mineralocorticoid screening, hypertension, [online](#), #438 p.40–4
Mitochondria, cancer, [online](#), #426 p.91+
Mitochondria, GENIE transcriptomics test, [online](#), #437 p.74–9
Mitochondria, oxygen metabolism, #441 p.70–2
Mitochondria, pattern hair loss, #437 p.69–70
Modified citrus pectin, toxic metals, #444 p.64–6
Mold, [online](#), #432 p.7
Mold, chronic inflammatory response syndrome (CIRS), [online](#), #432 p.38–40, #435 p.67–72, #436 p.54–7
Mold, testing, #438 p.80–1
Mold, water-damaged buildings, [online](#), #433/434 p.64–6
Mold illness, urinary biochemical markers, [online](#), #436 p.31–6+
Mold toxicity, integrative medicine, [online](#), #444 p.39–43
Mold toxicity, Lyme disease, [online](#), #444 p.6+, #444 p.34–8
Molecular hydrogen, nonalcoholic fatty liver disease, #443 p.72–4
Monsanto, Codex Alimentarius Commission, #429 p.70–3
Mood disorders, GABA, #427/428 p.80
Mood disorders, ketamine, [online](#), #438 p.55–61
Mood disorders, microbiota (GI), #426 p.25–6
Mood disorders, naturopathic medicine, [online](#), #430 p.78, #435 p.54–7
Mood disorders, sunlight, #435 p.84
Moss, Ralph, PhD, prostate cancer, [online](#), #433/434 p.12, #433/434 p.52–4
MTOR, clinical decisions, #435 p.82–3
Mucus, cow's milk, [online](#), #432 p.25+
Multiple sclerosis, cannabidiol, #437 p.50–2
Multiple sclerosis, low-dose naltrexone, [online](#), #435 p.4+, #435 p.14+
Multiple sclerosis, T helper cell regulation, [online](#), #431 p.26+
Multivitamins, prostate cancer, [online](#), #437 p.44–7
Muscle pain, cannabidiol, #437 p.50–2
Muscle strength, vitamin D, #426 p.55+
Mushroom Wisdom, lion's mane, #439/440 p.87
Mycotoxins, Lyme disease, [online](#), #444 p.34–8
Mycotoxins, urinary biochemical markers, [online](#), #436 p.31–6+
Mycotoxins, urinary infection, #438 p.8+
Mycotoxins, urine testing, #438 p.80–1
Myeloperoxidase, cardiovascular disease biomarkers, #430 p.55+
MyLymeData, patient registry, #444 p.44–5
Myo-Inositol & selenium, thyroid antibodies, #426 p.87+

N

N-Acetylcysteine, bipolar disorder, #435 p.43+
N-Acetylcysteine, bronchiectasis, #441 p.30
N-Acetylcysteine, bronchiectasis, #432 p.92+
Nanorobots, #426 p.52
Nasal polyps, Psorizide, [online](#), #431 p.52–4
National Health Federation, Codex Alimentarius Commission, #437 p.11+
National University of Natural Medicine (Portland, Oregon), Christine Girard, ND, #432 p.77
Natural killer cells, cancer, [online](#), #433/434 p.33–41
Natural killer cells, forest bathing, [online](#), #439/440 p.44–7
Nature exposure, benefits, #431 p.42
Nature exposure, healing, [online](#), #426 p.45–8
Nature exposure, mental health, #435 p.46–50
Naturopathic medicine, [online](#), #426 p.45–8, #436 p.90–6, #441 p.80–1
Naturopathic medicine, 2019 BC conference, #439/440 p.32–3
Naturopathic medicine, AANP 2019 conference, #436 p.18–21
Naturopathic medicine, cancer, [online](#), #443 p.36–8
Naturopathic medicine, compounded medications for skin, #430 p.84
Naturopathic medicine, conferences, #432 p.75–6
Naturopathic medicine, dermatology, [online](#), #441 p.52–4
Naturopathic medicine, error viewpoint, #426 p.79–80
Naturopathic medicine, evidence, #435 p.85–6
Naturopathic medicine, forest bathing, [online](#), #438 p.24+
Naturopathic medicine, importance of references, #430 p.81–2

Keyword/Subject Index - January 2015 to July 2020

Naturopathic medicine, influenza, #442 p.94–5
Naturopathic medicine, integrative medicine, #433/434 p.82–3
Naturopathic medicine, kidney disease, [online](#), #443 p.66–70
Naturopathic medicine, kidney support, [online](#), #431 p.21–4
Naturopathic medicine, mental health, #430 p.78
Naturopathic medicine, mood disorders, [online](#), #435 p.54–7
Naturopathic medicine, nitrates, #437 p.25–6
Naturopathic medicine, oncology, [online](#), #430 p.12–14+
Naturopathic medicine, depression and anxiety, #429 p.50–3
Naturopathic oncology, [online](#), #443 p.36–8, #444 p.16–18
Nephrotic syndrome, coenzyme Q10, #435 p.44
Nervous system, frequency specific microcurrent, [online](#), #435 p.90
Neural therapy, #442 p.19–20
Neural therapy, microcurrent point stimulation, #442 p.22–4
Neural therapy, pain, [online](#), #436 p.14
Neurodegenerative disease, fluoride, [online](#), #435 p.51–3
Neurodegenerative disease, melatonin, #427/428 p.52
Neurological conditions, EMF, [online](#), #436 p.14
Neuroprotection, astaxanthin, #437 p.53–5
Neurotoxins, fluoride, [online](#), #435 p.51–3
Neurotoxins, skin absorption, [online](#), #431 p.46–50
Neutrophil-to-lymphophil ratio, vitamin C (intravenous), #442 p.71–3
Niacinamide, dermatology, #436 p.104+
Nicotinamide riboside, coronavirus (COVID-19), [online](#), #444 p.67–9
Nitrates, cardiovascular disease, #437 p.25–6
NK cell-based immunotherapy, cancer, [online](#), #433/434 p.7
Nonalcoholic fatty liver disease, gut microbiota, [online](#), #443 p.32
Nonalcoholic fatty liver disease, milk thistle, berberine, melatonin, #443 p.72–4
Nonalcoholic fatty liver disease, sugar, #438 p.32+
Nonalcoholic fatty liver disease, whole grains, [online](#), #432 p.26
NuLean Slim-Down Program, weight management, #426 p.18–20
Nutrient depletion, medications, [online](#), #436 p.8+, #436 p.50–3
Nutrient therapy, ADHD, #435 p.58–60
Nutrigenomics, Pure Encapsulations, #426 p.84–5
Nutrition, autism, [online](#), #439/440 p.92+
Nutrition, mental health, #426 p.28–30+, #426 p.42–4
Nutrition, research bias, #438 p.78–9
Nutrition, research fraud, #96+
Nutrition, systemic lupus erythematosus, #439/440 p.70–1
Nutrition, depression and anxiety, #429 p.50–3
Nuts, cardiovascular disease, #442 p.25

O

Obesity, lifestyle changes, #442 p.76–7
Obsessive-compulsive disorder, ketamine, [online](#), #438 p.55–61
Olive leaf, malaria, #432 p.64–5
Omega-3 fatty acids, dry eyes, #429 p.28
OncANP 2019 conference, cancer, [online](#), #430 p.12–14+
Oral health, cancer, [online](#), #443 p.21–6+
Oral health, inflammation, [online](#), #443 p.8
Organic food, cancer risk, [online](#), #433/434 p.19
Orthomolecular medicine, coronavirus (COVID-19), #444 p.57–61
Orthomolecular medicine, fall prevention, #427/428 p.14–15
Orthomolecular medicine, mental health, #430 p.78
Orthopedics, metabolic therapies, #429 p.77
Oscillocoquinum, jury verdict, #431 p.10
Osteoarthritis, stem cell therapy, #431 p.73–5
Osteoporosis, turmeric, #439/440 p.88+
Osteoporosis prevention, vitamin D, #439/440 p.29
Otitis media, probiotics, [online](#), #432 p.24
Ovarian cancer, delta-tocotrienol, #439/440 p.86
Overeating, amino acid therapy, #443 p.75
Oxidative dried blood test, kidney function, #435 p.77–9
Oxidative stress, #437 p.90–1
Oxygen metabolism, VO2/VCO2 testing, #441 p.70–2
Ozone therapy, #442 p.19–20
Ozone therapy, coronavirus (COVID-19), [online](#), #443 p.57–61

Keyword/Subject Index - January 2015 to July 2020

P

- Pain, *Arnica montana*, #436 p.82–3
Pain, bee venom therapy, #444 p.54–6
Pain, cannabidiol, #437 p.50–2
Pain, cortisol, #436 p.78–81
Pain, CytoQue!®, #433/434 p.92
Pain, drwaynejonas.com, #435 p.40–1
Pain, low-dose naltrexone, [online](#), #436 p.12+
Pain, magnesium deficiency, #427/428 p.23
Pain, neural therapy, [online](#), #436 p.14
Pain amplification, stress, [online](#), #436 p.84–9
Paleo diet, lichen sclerosus, [online](#), #427/428 p.60–3
Pancreatic cancer, enzyme therapy, #426 p.56
Pancreatic cancer, IV vitamin C, #431 p.55–8
Pancreatic glandular therapy, cancer, [online](#), #433/434 p.58–60
Pancreatitis, arginine, #429 p.28
Pandemic, fear, [online](#), #444 p.70–3
Pantothenic acid, thermogenesis, #429 p.74–5
Parasites, #432 p.85–6
Parasites, quinacrine, #432 p.61–3
Patience, #437 p.92
Patient care, medical errors, #429 p.63–9
Peanuts, allergy desensitization, [online](#), #441 p.8+
Pectasol, toxic metals, #444 p.64–6
Pectin, metal chelation, #444 p.64–6
- Pediatric acute-onset neuropsychiatric syndrome (PANS), T helper cell regulation, [online](#), #431 p.26+
- Perchlorate, toxicity, #442 p.78–81
Periodontitis, probiotics, [online](#), #433/434 p.21
Personal care products, toxicity, [online](#), #431 p.46–50
Peyronie's disease, carnitine, [online](#), #437 p.38–40
Pharmaceuticals, microbiome disruption, #437 p.62–6
Pharmaceuticals, migraines, #429 p.88+
Pharmaceuticals, nutrient depletion, [online](#), #436 p.8+, #436 p.50–3
Phosphatidylserine, cognitive decline, #437 p.72+
Photoaging, niacinamide, #436 p.103
Pine pollen, diabetes, #439/440 p.32–3
Placebo, homeopathy, [online](#), #439/440 p.65–9
Platelet count, diagnosis, #438 p.87–90
Platelet-rich plasma, lichen sclerosus, [online](#), #427/428 p.60–3
Poison ivy, homeopathic prophylaxis, #444 p.86–8
Pollen, coronavirus (COVID-19), #443 p.79–80
Pollinators, importance of, [online](#), #432 p.81–2
Polycystic ovary syndrome, chamomile, #427/428 p.28
Polycystic ovary syndrome, integrative medicine, #427/428 p.72–3
Polycystic ovary syndrome, Iranian study, #439/440 p.31
Polyphenols, acne rosacea, #430 p.83+
Pomegranate, cardiovascular disease, [online](#), #437 p.56–61
Pomegranate, health effects, [online](#), #437 p.8
Pomegranate oil extract, after facial laser resurfacing, #430 p.83
Porphyria, British royal houses, [online](#), #437 p.80–2
Postbiotic metabolites, microbiome, #438 p.92–6
Postoperative pain, microcurrent point stimulation, #442 p.22–4
Post-traumatic stress disorder, MDMA-assisted psychotherapy, #435 p.13+
Posture, health effects, #436 p.58–61
Potassium, excess consumption, #438 p.33
Practical Path®, medical intuition, #441 p.14–15
Pregnancy, choline, [online](#), #433/434 p.20
Pregnancy, fluoride, #437 p.13+
Pregnancy, folic acid, #431 p.45
Pregnancy, herbs, #427/428 p.68–70
Pregnancy, Lyme disease, #444 p.46–9
Pregnancy, marijuana, #427/428 p.30+
Pregnancy, Mediterranean diet, #436 p.26
Pregnancy, preconception care, [online](#), #427/428 p.64–7
Pregnancy, probiotics, #436 p.24
Premenstrual syndrome, treatment plans, [online](#), #439/440 p.58–60
Probiotics, [online](#), #429 p.84–6, #444 p.92+
Probiotics, atopic dermatitis, [online](#), #429 p.8, #429 p.22+

Keyword/Subject Index - January 2015 to July 2020

Probiotics, celiac disease, #436 p.26
Probiotics, *Clostridium difficile*, online, #432 p.24, #444 p.32
Probiotics, diverticulitis, #441 p.31
Probiotics, JAMA bias, #444 p.74-5
Probiotics, metabolites, online, #431 p.64-9
Probiotics, mood disorders, #426 p.25-6
Probiotics, otitis media, online, #432 p.24
Probiotics, pregnancy, #436 p.24
Probiotics, supplements, #435 p.73-5
Probiotics, urinary tract infections, #444 p.31
Processed food, children's health, #429 p.76-7
Progenitor cell therapy, #442 p.19-20
Progesterone, women's health, online, #427/428 p.34-41, #439/440 p.38-43
Progesterone, absorption and dosage, #443 p.76
Progesterone replacement, women's health, online, #439/440 p.10
Prolotherapy, osteoarthritis, #431 p.73-5
Prolozone, #442 p.19-20
Prostate cancer, cryoablation, online, #433/434 p.52-4
Prostate cancer, herbal protocol, online, #426 p.45-8
Prostate cancer, multivitamins, online, #437 p.44-7
Prostate cancer, Ralph Moss, PhD, online, #433/434 p.12
Prostate cancer, testosterone, online, #437 p.42-3
Prostate cancer, laboratory tests and genetics, #433/434 p.55-7
Protein pump inhibitors, kidney damage, #431 p.41+
Psorizide®, online, #431 p.52-4
Psychiatry, depression, #436 p.68-71
Psychiatry, nutrition, #426 p.28-30+
Psychosis, porphyria, online, #437 p.80-2
Puberty, early onset, #439/440 p.48-52
Pulmonary conditions, natural support, online, #429 p.33-8
Pulmonary fibrosis, glutathione, #444 p.62-3
Pure Encapsulations, nutrigenomics, #426 p.84-5
Pyridoxine, neurotoxicity, #439/440 p.30

Q

Qigong, health effects, online, #437 p.6+, #437 p.28-33
Quinacrine, complex illness, #432 p.61-3

R

Radiance bioinformation program, microbiome, online, #435 p.24-6
Radiation therapy, vitamin C (intravenous), #431 p.55-8
Rajan Sankaran sensation method, homeopathy, #438 p.84-6
Reactive oxygen species, #437 p.90-1
Red raspberry leaf, pregnancy, #427/428 p.68-70
Red yeast rice, adverse effects, #441 p.31
Red yeast rice, quality control issues, #430 p.37
Regenerative orthopedics, osteoarthritis, #431 p.73-5
Regulatory agencies, vaccine policy, online, #441 p.62-8
Rehabilitation, Maksim Chmerkovskiy, online, #432 p.46-9
Remdesivir, coronavirus (COVID-19), online, #444 p.4
Reproduction, epigenetics, online, #427/428 p.64-7
Research, #439/440 p.83-5
Research, breast cancer, #427/428 p.90-3
Research, empirical, #433/434 p.70-3
Research, old studies, #442 p.96+
Research bias, HPV retracted study, #439/440 p.26+
Research bias, statistics, #438 p.78-9
Research concerns, nutritional medicine, #432 p.96+
Research errors, Type I vs Type II, #426 p.79-80
Research fraud, Iranian studies, online, #439/440 p.31, #441 p.6+
Retinal damage, blue light, #429 p.12
Rheumatic disease, bee venom therapy, #444 p.54-6
Rheumatoid arthritis, T helper cell regulation, online, #431 p.26+
Ribose, heart failure, #442 p.42
Rice bran anabinoxylan compound, NK cell-based immunotherapy, online, #433/434 p.33-41
Root canals, cancer, online, #443 p.21-6+
Rubidium, depression, online, #439/440 p.62-4

Invigorate Your Mitochondria

ATP 360™ is a complete mitochondrial complex, clinically researched to provide targeted support for...

Mitochondrial Function

- Proprietary phospholipid blend promotes a healthy membrane*
- Antioxidants to support against oxidative stress*
- Healthy membrane is essential for vigorous ATP production*

Krebs Cycle

- Key nutrients to optimize Krebs energy production*

Mitogenesis & Membrane Potential

- Provides nutrients for optimizing the electron transport chain*
- PQQ to promote healthy mitochondrial mass*
- Promote healthy mitochondrial formation*

Visit www.ResearchedNutritionals.com/atp-360 for a full list of ingredients

Tel: 800.755.3402 • Fax: 805.693.1806 • CustomerService@ResearchedNutritionals.com
www.ResearchedNutritionals.com | Available only through healthcare professionals.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Keyword/Subject Index - January 2015 to July 2020

S

Saffron, fibromyalgia, #439/440 p.89+
Saffron, Macular degeneration, #441 p.22+
Salicinium®, cancer, [online](#), #426 p.96, #433/434 p.42–50
Sambucus nigra (black elderberry), influenza/colds, #437 p.20
SARS-CoV-2, testing, [online](#), #443 p.10+
Saturated fats, #427/428 p.24
Sauna therapy, cardiovascular disease, [online](#), #430 p.22–4+
Scar release therapy, microcurrent point stimulation, #442 p.22–4
Schistosomiasis, #432 p.85–6
Science-based medicine, bias, #429 p.58–62
Scientific consensus, Codex Alimentarius Commission, #437 p.11+
Scientific fraud, statistics, #438 p.78–9
Seborrheic dermatitis, niacinamide, #436 p.104+
Selenium, cancer-related lymphedema, #437 p.20
Selenium, diabetes (type 2), [online](#), #432 p.26
Selenium & myo-inositol, thyroid antibodies, #426 p.87+
Senile purpura, vitamin C, #436 p.26
Sensenig, James, #439/440 p.15+
Sensory amplification, stress, [online](#), #436 p.84–9
Sepsis, intravenous vitamin C, #443 p.39–41
Serenoa repens (saw palmetto), benign prostate hyperplasia, #437 p.19+
Sexual maturation, early onset, #439/440 p.48–52
Shinto, Lynne, ND, #429 p.87
Shock, vitamin C treatment, #430 p.38
Sinclair Method, naltrexone, [online](#), #433/434 p.4+
Sinusitis, bromelain, #444 p.32
Sinusitis, homeopathy, #437 p.10+
Skepticism, Wikipedia, #441 p.73–9
Skeptics, bias, #429 p.58–62
Skin, chemical absorption, [online](#), #431 p.9
Skin, personal care products, [online](#), #431 p.46–50
Skin allergy testing, delayed response, #441 p.55–61
Skin conditions, compounded medications, #430 p.84
Skin conditions, naturopathic medicine, [online](#), #441 p.52–4
Skin disorder, Field Control Therapy®, #441 p.24–7
Skin microbiome, [online](#), #441 p.52–4
Skin wrinkles, almonds, #443 p.35
Sleep, non-pharmaceutical treatment, [online](#), #427/428 p.42–9
Sleep-wake phase disorder, melatonin, #427/428 p.23+
Slouching, [online](#), #436 p.8
Slouching, health effects, #436 p.58–61
Smokers, folic acid, #439/440 p.29+
Social distancing, coronavirus (COVID-19), [online](#), #443 p.32
Somers, Suzanne, aging, [online](#), #442 p.34–6
Sound therapy, biofield anatomy hypothesis, #427/428 p.82
Soy extract, hot flashes, #431 p.45
Spirituality, doctor-patient relationship, [online](#), #444 p.8, #444 p.50–2
Sports injury, Gabby Reece, [online](#), #439/440 p.34–7
Statistics, research bias, #438 p.78–9
Stem cell therapy, osteoarthritis, #431 p.73–5
Sterolbiome, #429 p.78–9
Stoller, Kenneth, MD, vaccination debate, [online](#), #432 p.4+
Stoller, Kenneth, MD, vaccine medical exemptions, #433/434 p.75
Stress, cardiovascular disease, #430 p.50–3
Stress, fibromyalgia, [online](#), #436 p.6+
Stress, regenerative protocols, [online](#), #436 p.40–2+
Stress, urban environment, #435 p.46–50
Stress reduction, #430 p.50–3
Stress reduction, craniosacral therapy, #431 p.78–80
Stress reduction, HeartMath, #430 p.80
Stress reduction, laughter, #431 p.82–4
Sugar, beverages, #439/440 p.28
Sugar, cancer, #442 p.25
Sugar, fertility, [online](#)
Sugar, heart disease, #442 p.25
Sugar, high fructose corn syrup, #426 p.6+

Keyword/Subject Index - January 2015 to July 2020

Sugar, nonalcoholic fatty liver disease, #438 p.32+
Suicide, naturopathic medicine, #430 p.78
Sunlight, benefits, #429 p.12+
Sunlight, mood, #435 p.84
Sunscreen, chemicals, #441 p.20+
Sunscreen, safety, [online](#), #435 p.6+
Supplements, #430 p.62-3
Supplements, adulteration, [online](#), #442 p.4+
Supplements, cancer, [online](#), #437 p.44-7
Supplements, de-prescribing, [online](#)
Supplements, liposomal encapsulated, #442 p.82-5
Supplements, mood disorders, [online](#), #435 p.54-7
Supplements, patient goals, #433/434 p.80-1
Supplements, safety, #430 p.75
Surgery, fish oil, #438 p.32
Surgery, microcurrent point stimulation, #442 p.22-4
Sweating, toxic chemicals, [online](#), #431 p.9
Sweet potato, women's health, #427/428 p.78-9
Systemic lupus erythematosus, plant-based diet, #439/440 p.70-1



T

Tai chi, health effects, [online](#), #437 p.28-33
Takotsubo syndrome, heart and emotion, [online](#), #442 p.49-52
Tamoxifen, research, #427/428 p.90-3
Temporomandibular joint syndrome, chiropractic, #426 p.89
Tendinopathy, DMSO and vitamin C, #443 p.71
Testosterone, male sexual function, #437 p.7+
Testosterone, prostate cancer, [online](#), #437 p.42-3
Testosterone, women's health, #439/440 p.90
Tetanus, #432 p.12+
T helper cells, autoimmune disease, [online](#), #431 p.9, #431 p.26+, #432 p.27-30
T helper 17, autoimmune disease, [online](#), #431 p.26+
Thermogenesis, pantothenic acid, #429 p.74-5
Thiamine, essential tremor, #435 p.42+
Thiamine, heart failure, #442 p.27+
Thiamine, septic shock, [online](#), #432 p.25
Thrombocytes, laboratory tests, #438 p.87-90
Thyroid antibodies, myo-inositol & selenium, #426 p.87+
Thyroid disorders, carnitine derivatives, #442 p.46-8
Thyroid function, oxygen metabolism, #441 p.70-2
Thyroid hormone, fatty liver, #426 p.56
Tick-borne disease, children, [online](#), #432 p.83-4
Tick-borne diseases, children, #444 p.82-3
Tick-borne diseases, laboratory tests, [online](#), #438 p.15+
Tick-borne diseases, spiritual wellbeing, [online](#), #444 p.50-2
Tick-borne illness, MyLymeData patient registry, #444 p.44-5
Tinnitus, alpha-lipoic acid, #443 p.34
TMAO (trimethylamide n-oxide), cardiovascular disease, #442 p.82-5
Townsend Letter, allopathic vs naturopathic, #429 p.4-5
Toxic chemicals, skin absorption, [online](#), #431 p.9
ToxinPul™, glyphosate, [online](#), #441 p.32+
Traditional Chinese medicine, coronavirus (COVID-19), [online](#)
Traditional Chinese medicine, integrative medicine, #433/434 p.70-3
Transfer Factor Multi-Immune™, autoimmune disease, [online](#), #432 p.27-30
Transgender patients, hormone therapy safety, #426 p.87
Trauma, James S. Gordon, MD, #439/440 p.19-20
Traumatic brain injury, functional medicine, [online](#), #430 p.39-44
Traumatic brain injury, hyperbaric oxygen therapy, [online](#), #442 p.54-9
Travel, self-care, #431 p.85-7
Tremor, thiamine, #435 p.42+
Trial to Assess Chelation Therapy (TACT), cardiovascular disease, #438 p.66-9
Trowbridge, John Parks, MD, Albert Nelson Marquis Lifetime Achievement Award, #426 p.13-14
Tryptophan-kynurenine pathway, blood sugar control, #426 p.61-4
Tuning forks, biofield anatomy hypothesis, #427/428 p.82
Turmeric, osteoarthritis, #439/440 p.88+

U

Ulcerative colitis, vitamin A, #432 p.94

Keyword/Subject Index - January 2015 to July 2020

Ultra-processed food, cancer, [online](#), #433/434 p.86–8
Ultraviolet light, eczema, #438 p.33
Umbilical cord clamping, delay benefits, [online](#), #431 p.88+
United States, healthcare system, #444 p.11–12
University of Arizona Center for Integrative Medicine, #426 p.13
University of Bridgeport College of Naturopathic Medicine, Genomic database, #426 p.12
Upper respiratory illness, green tea catechins, #443 p.33
Upper respiratory illness, nutritional treatment, #442 p.86–9
Upper respiratory infections, homeopathy, #437 p.10+
Uremia, inflammation, [online](#), #443 p.62–5
Urinary mycotoxins, [online](#), #436 p.31–6+
Urinary tract infections, D-mannose, #444 p.31
Urinary tract infections, probiotics, #444 p.31
Urinary tract infections, water intake, #435 p.87
Uterine fibroids, endocrine-disrupting compounds, #439/440 p.21–3

V

Vaccination, adverse effects, [online](#), #441 p.10
Vaccination, increasing viral virulence, #432 p.10+
Vaccination, informed consent, [online](#), #441 p.62–8
Vaccination, injury, #444 p.78–9
Vaccination debate, #430 p.6+
Vaccination debate, measles, #431 p.70–2
Vaccines, aluminum, #439/440 p.25+
Vaccines, coronavirus (COVID-19), [online](#), #444 p.26+
Vaccines, exemptions, [online](#), #432 p.4+, #433/434 p.75
Vaccines, gastrointestinal tract, #426 p.76–7
Vaccines, increased mortality with DPT, #438 p.11+
Vaginosis (bacterial), treatment plans, [online](#), #439/440 p.58–60
Vanilla, medicinal use, #431 p.11–14
Vaxxed, patient stories, #444 p.78–9
Vegan diet, inflammation, #431 p.43
Viral infections, nutritional treatment, #442 p.86–9
Viral infections, orthomolecular treatment, #444 p.57–61
Viral infections, Salicinium®, [online](#), #433/434 p.42–50
Vision, aging, [online](#), #441 p.44–6+
Vision, diet and lifestyle, [online](#), #442 p.65–70
Vitamin A, chickenpox, #444 p.32
Vitamin A, ulcerative colitis, #432 p.94
Vitamin B3, glaucoma, #443 p.34
Vitamin B6, neurotoxicity, #439/440 p.30
Vitamin B6, toxicity, #430 p.38
Vitamin C (intravenous), #444 p.76
Vitamin C, Achilles tendon injury, #443 p.71
Vitamin C, basal cell carcinoma, #429 p.26
Vitamin C, bone health, #427/428 p.20
Vitamin C, cancer, #427/428 p.24, #433/434 p.96+
Vitamin C (intravenous), cancer, #442 p.71–3
Vitamin C, common cold, #444 p.30
Vitamin C, coronavirus (COVID-19), #442 p.86–9
Vitamin C, deficiency in hospitalized patients, #439/440 p.31
Vitamin C, dependency, #427/428 p.23
Vitamin C, fractures post-surgery, #438 p.33
Vitamin C (intravenous), hospital access, [online](#), #442 p.10–11
Vitamin C, kidney stones, #437 p.67+
Vitamin C, oral absorption, [online](#), #443 p.42–6
Vitamin C (intravenous), precaution, #431 p.44+
Vitamin C (intravenous), radiation therapy, #431 p.55–8
Vitamin C, senile purpura, #436 p.26
Vitamin C (intravenous), sepsis, #443 p.39–41
Vitamin C, shock treatment, #430 p.38
Vitamin D, Alzheimer's disease, #442 p.26+
Vitamin D, benign prostatic hyperplasia, #443 p.34+
Vitamin D, blood testing, #438 p.30+
Vitamin D, cardiovascular disease, #442 p.25+
Vitamin D, chronic inflammatory response syndrome, #441 p.28+
Vitamin D, dosage, #427/428 p.96+
Vitamin D, infants, #426 p.54+
Vitamin D, lung cancer, [online](#), #433/434 p.18

Keyword/Subject Index - January 2015 to July 2020

Vitamin D, migraines, #436 p.25
Vitamin D, muscle strength, #426 p.55+
Vitamin D, osteoporosis prevention, #439/440 p.29
Vitamin D, postoperative atrial fibrillation, #430 p.37
Vitamin E, atrophic vaginitis, #436 p.24+
Vitamin E, diabetic nephropathy, #443 p.33+
Vitamin E, ovarian cancer, #439/440 p.86
Vitamin K, arterial calcification, #437 p.19

W

Walking, longevity, #435 p.88
Walsh Research Institute, ADHD, #435 p.58–60
Water-damaged buildings, chronic inflammatory response syndrome (CIRS), online, #432 P.38–40, #435 p.67–72, #436 p.54–7
Water-damaged buildings, CIRS prevention, online, #433/434 p.64–6
Water-damaged buildings, mold, online, #432 p.7
Water-damaged buildings, mycotoxins, online, #438 p.8+
Water-damaged buildings, treatment, #438 p.80–1
Water intake, recurrent cystitis, #431 p.45
Weeks, John, Integrative Healthcare Symposium award, #442 p.87
Weight management, coffee, #426 p.18–20
Weight management, Field Control Therapy®, #426 p.21–4
Weight training, hot flashes, #435 p.88
Weil, Andrew, MD, Arizona Center for Integrative Medicine, #432 p.73–4
Wellbeing, spirituality, online, #444 p.50–2
Wheat sensitivity, #436 p.25
Whitaker, Julian, MD, food myths, #426 p.6+
Whole grains, inflammation, #431 p.43
Whole grains, nonalcoholic fatty liver disease, online, #432 p.26
Whooping cough, vaccine effectiveness, online, #441 p.62–8
Wikipedia, acupuncture, #441 p.73–9
Wikipedia bias, Chinese botanical medicine, #429 p.58–62
Wireless technology, health effects, #433/434 p.14+
Women's health, #435 p.87–8
Women's health, androgen-lowering agents, online, #427/428 p.58–9
Women's health, copper metabolism, #438 p.37–9
Women's health, endocrine-disrupting compounds, #439/440 p.21–3, #439/440 p.48–52
Women's health, hormone replacement therapy, online, #439/440 p.38–43
Women's health, hormone therapy, online, #427/428 p.8+, #427/428 p.34–41
Women's health, sweet potato, #427/428 p.78–9
Women's health, testosterone, #439/440 p.90
Women's health, treatment plans, online, #439/440 p.58–60
Women's health, treatment strategies, #427/428 p.72–3
Women's health, absorption and dosage, #443 p.76

X

Xanthurenic acid and kynurenic acid, blood sugar, #426 p.61–4

Y

Yeast, anti-fungal resistance, online, #432 p.6+
Yoga, glaucoma, #429 p.14
Yoga, health effects, online, #437 p.6+, #437 p.28–33

Z

Zinc, hypertension drugs, #442 p.33
Zinc-B6, kryptopyrrole, #426 p.42–4
Zinc lozenges, common cold, #444 p.30+
Zonulin, chronic disease, #438 p.92–6



**PERSONALIZED
HORMONE BALANCE
IS OUR FOCUS
AND OUR PASSION.**

Women's International Pharmacy was founded with the passion to find unique solutions to difficult problems that traditional medicine could not treat. Since 1985, we have been compounding bioidentical hormone medications to help men and women rebuild their hormone health.

Call us at 800.279.5708 to speak to a pharmacist for a peer to peer consultation.

 WOMEN'S INTERNATIONAL PHARMACY

2018:

#

3 β -Adiol, prostate cancer biomarker, #414 p.46–50
5-Methyltetrahydrofolate, schizophrenia, #415/416 p.47

A

Abdominal pain, probiotics for children, #417 p.41
Acetaminophen, liver damage, #419 p.22
Acupuncture Meridian Assessment, post-Lyme syndrome, #420 p.66–7
Acute melocytic leukemia, statins, #418 p.22–3
Addiction, digital devices, #423 p.18
Adolescents, holistic care, #417 p.72–3
Adrenal fatigue, #415/416 p.72
Aging, autophagy, #425 p.33
Aging, insulin homeostasis, #419 p.54–9
Aging, mitochondria, #425 p.64
Aging, play, #425 p.32+
Air pollution, low birth weight, #419 p.84–5
Alcoholism, naltrexone, #424 p.6+
Ali, Ather, ND, MPH, #419 p.61–3
Allergic rhinitis, Bifidobacterium, #417 p.27
Allergies, diagnostic tests, online, #417 p.52–5
Allergies, gastrointestinal tract, #417 p.86–8
Allergies, immunotherapy, #417 p.10
Allergies, nanoparticles, #417 p.26+
Allergy Research Group, Levine, Stephen, PhD, online, #420 p.2
Alpha lipoic acid, cancer, #421/422 p.39–43
Alpha-lipoic acid, mitochondrial dysfunction, #419 p.22
Alpha lipoic acid, neurodegenerative disease, #423 p.49–57
Alpha lipoic acid, schizophrenia, #423 p.59+
Alpha-tocopherol, gamma-tocopherol balance, #419 p.36+
Alstat, Ed, RPh, ND (obituary), #420 p.30
Alzheimer's disease, folate, B12, homocysteine, #424 p.42–6
Alzheimer's disease, hyperbaric oxygen therapy, online, #417 p.30–4
Alzheimer's disease, lithium, #423 p.10+, #423 p.77–81
Amino acids, food addictions, online, #424 p.58–63, #424 p.88
Analgesics, risks, #424 p.64–6
Angina, strophanthus, #418 p.57–9
Angioplasty, stable coronary disease, #425 p.45–7
Animal-human hybrids, organ transplants, #418 p.73–6
Ankylosing spondylitis, vitamin D, online, #425 p.51–4

Keyword/Subject Index - January 2015 to July 2020

Anthocyanins, platelet aggregation, #418 p.35
Antibiotic resistance, herbicides, #420 p.21+
Anti-Müllerian hormone, polycystic ovarian syndrome, online, #415/416 p.58–9
Antioxidants, coffee, #417 p.18+
Anxiety, cannabis therapy, online, #420 p.49–53
Applied kinesiology, headaches, online, #419 p.69–73
Arnica, head injury, #417 p.76
Aromatase inhibitors, vitamin B12, #425 p.36
Artemisia annua (sweet wormwood/Qinghao), Lyme disease, online, #420 p.68–71
Artemisia annua, Lyme disease, #420 p.12
Artesunate, chronic infections, #420 p.62–5
Arthritis, boron, #417 p.80–1
Ascor[®], FDA approval, online, #414 p.21–3
Ascorbic acid (See also Vitamin C)
Ascorbic acid (injectable), manufacturing, #414 p.15
Ascorbic acid (injectable), McGuff Pharmaceuticals, online, #414 p.21–3
Aspirin (low-dose), risk, #418 p.33
Asthma, fish oil, #414 p.42
Asthma, intravenous magnesium, #417 p.39+
Asthma, mold, #418 p.63–6
Atherosclerosis, vitamin K2, #418 p.84
Athletic performance, beetroot juice, #417 p.40+
Atopic dermatitis, probiotic, #417 p.39
Atopic dermatitis, vitamin B12, #417 p.39
Atrial fibrillation, strophanthus, #418 p.57–9
Attention deficit hyperactivity disorder, bisphenol A, online #421/422 p.31
Aurum metallicum, methotrexate chelation, #414 p.83–4
Austin, Steve, ND (obituary), #420 p.14–15
Autism, mold exposure, online, #423 p.33–6+
Autoimmune disease, cannabis therapy, online, #420 p.49–53
Autoimmune disease, digestive tract, #417 p.78–9
Autoimmune disease, environmental toxins, #424 p.95–6
Autoimmune disease, vaccines, #417 p.56–60
Autoimmune disease, vagus-nerve stimulation, #419 p.18+
Autoimmune disease, vitamin D, online, #425 p.51–4
Autophagy, aging, #425 p.33

B

Babesia microti, integrative treatment, #421/422 p.36–8
Babies, metal dysregulation, #415/416 p.43+
Bacterial vaginosis, lactobacilli, online, #415/416 p.31–8
Basal cell carcinoma, sodium selenite and zinc gluconate, #419 p.67–8
Bastyr University, San Diego clinic, #419 p.39
Beetroot juice, athletic performance, #417 p.40+

Keyword/Subject Index - January 2015 to July 2020

Benign prostatic hypertrophy, online, #425 p.39
Berberine, cardiovascular health, online, #418 p.60–2
Beta blockers, congestive heart failure, #418 p.21–2
Beta-glucuronidase, online, #415/416 p.52–3
Bilharzia, *Schistosoma mansoni*, #420 p.8
Bioenergetic medicine, #424 p.12+
Bioidentical hormone replacement therapy (BHRT), online, #418 p.47–51
Bioidentical hormone replacement therapy (BHRT), gut microbiota, online, #415/416 p.51–7
Biophilia hypothesis, mental health, #420 p.78–82
Bioregulatory Medicine Institute, 2018 conference, #421/422 p.118
Biotin, multiple sclerosis, #423 p.59
Bipolar disorder, vitamin B3, #423 p.60
Birth control pills, breast cancer, #415/416 p.12
Birth, GI microbiome, #425 p.66
Birth weight, air pollution, #419 p.84–5
Bisphenol A, attention deficit hyperactivity disorder, online, #421/422 p.31
Bladder infection, homeopathy, #421/422 p.104–6
Blood pressure, 2017 AHA/ACC Guidelines, online, #418 p. 42–6
Blood pressure, integrative and preventive medicine, online, #418 p.42–6
Blood pressure, integrative medicine, #418 p.8+
Blood pressure, kidney function, online, #419 p.44–9
Blood pressure, women, #417 p.92
Blood sugar, L-glutamine, #423 p.68
Blood tests, naturopathic interpretation, #414 p.60–4
Blood type diet, research, #421/422 p.120+
Blue light, macular degeneration, #417 p.64–9
Body odor, aromatic oils and skin microbes, #425 p.48–50
Boron, #417 p.80–1
Botanical medicine, #421/422 p.97–8
Botanical medicine, Lyme disease, online, #420 p.68–71
Botanical medicine, teeth, #420 p.14–15
Botanical medicine, tick-borne infections, #420 p.26–8
Bovine colostrum, influenza, online, #425 p.25–6+
Brain, coffee, #423 p.23–5
Brain disorders, electrohypersensitivity, #424 p.20
Brain disorders, Field Control Therapy®, #423 p.26–9
Brain disorders, photobiomodulation, #423 p.14+
Breast cancer, metformin, #417 p.91
Breast cancer, naturopathic medicine, online, #418 p.18–20
Breast cancer, nightly fasting, #414 p.85–6
Breast cancer, oral contraceptives, #423 p.92+
Breast density, breast cancer, #423 p.92
Breast milk, lutein, #424 p.27+
Breath patterns, health, #415/416 p.40–1

Keyword/Subject Index - January 2015 to July 2020

Breath patterns, pelvic floor pain, #415/416 p.44

Bye, Cynthia, ND, healthcare retirement model, online, #418 p.19–20

C

Cancer, boron, #417 p.80–1

Cancer, conventional vs alternative, online, #421/422 p.15+, #421/422 p.52–7

Cancer, cytometric cancer profiling and blood screening, #421/422 p.112–13

Cancer, decision making, #415/416 p.73+

Cancer, electromagnetic radiation, #415/416 p.77–8

Cancer, emotions, online, #423 p.62–4

Cancer, GcMAF, #417 p.46–9

Cancer, germanium, online, #414 p.71–3

Cancer, hyperthermia therapy, #421/422 p.74–81

Cancer, integrative medicine, #421/422 p.100–3, #425 p.75–9+

Cancer, intravenous vitamin C, online, #421/422 p.28

Cancer, liquid biopsy, #419 p.65–6

Cancer, metabolic protocol, online, #421/422 p.39–43

Cancer, mitochondrial dysfunction, online, #421/422 p.44–50, #421/422 p.82–7

Cancer, naturopathic medicine, online, #418 p.18–20, #424 p.100–2

Cancer (metastatic), Prof. Serge Jurasunas, #421/422 p.15, #421/422 p.66–73

Cancer risk, folic acid, #421/422 p.30

Cancer stem cells, vitamin C, #424 p.21

Cancer, stress, #425 p.69

Cancer terrain, #421/422 p.6+

Cancer, unconventional therapies, #423 p.10

Cannabinoids, pain and inflammation, online, #419 p.74–8

Cannabinoid therapy, certification, #418 p.12

Cannabinoid therapy, certification program, online, #418 p.38–41

Cannabinoid therapy, pain and inflammation, #424 p.13

Cannabinoid therapy, pharmacokinetics labeling, #421/422 p.90–1

Cannabinoid therapy, product quality, #421/422 p.90–1

Cannabis therapy, neurodegenerative disease, online, #420 p.49–53

Cannabis therapy, pain management, online, #424 p.67–70, #424 p.71–4

Cannabis, vomiting from overdose, #421/422 p.109–11

Cardiovascular disease, berberine, online, #418 p.60–2

Cardiovascular disease, chelation therapy, #418 p.4+

Cardiovascular disease, coconut oil, #418 p.32

Cardiovascular disease, electromagnetic radiation, #418 p.29+

Cardiovascular disease, field control therapy, #418 p.21–3

Cardiovascular disease, fish oil, online, #425 p.8+, #425 p.70–2

Cardiovascular disease, low-dose aspirin risk, #418 p.33

Cardiovascular disease, myths, #418 p.83–4

Cardiovascular disease, strontium ranelate, #418 p.88+

Cardiovascular disease, strophanthus, #418 p.57–9

Keyword/Subject Index - January 2015 to July 2020

Cardiovascular disease, testosterone, online, #418 p.10, #418 p.47–51
Cardiovascular health, lumbrokinase, online, #418 p.52–4+
Carotenoids, cognitive function, #423 p.58
Cataracts, N-acetylcarnosine eye drops, #417 p.65–6
Celiac, wheat strains, #415/416 p.46
Cerebral palsy, hyperbaric oxygen therapy, online, #417 p.30–4
Cervical cancer, screening guidelines, #421/422 p.115–16
Chamomile, premenstrual syndrome, #419 p.92+
Chelation therapy, cardiovascular disease, #418 p.4+
Chelation therapy, metal alloy implants, online, #414 p.31–5
Chelation therapy, tremor, #423 p.70
Chemical sensitivity, coffee, #424 p.23–5
Chemical sensitivity, supplement excipients, #420 p.86–7
Chemotherapy, ginger for nausea, #420 p.91
Children, diet, #424 p.10+
Children, iron supplementation, #414 p.41+
Children, probiotics for abdominal pain, #417 p.41
Cholestasis, environmental toxins, online, #415/416 p.25
Cholesterol, myths, #418 p.83–4
Chondroitin sulfate, osteoarthritis, #425 p.35
Chronic fatigue syndrome, intracranial hypertension, #424 p.19+
Chronic fatigue syndrome, mitochondrial dysfunction, #424 p.89–92
Chronic illness, emotional traumas/emotional blocks, online, #424 p.30–4
Chronic illness, skin, #417 p.22–4
Chronic infections, Klinghardt, #420 p.62–5
Chronic kidney disease, folic acid, #414 p.42
Chronic kidney disease, individual lifestyle care, #415/416 p.79–81
Chronic pain, relaxation and breathing, #424 p.14–15
Chronic pain syndrome, fibromyalgia, #424 p.87
Cinnamon, immune system, #425 p.12+
Clock genes, sleep and exercise, #424 p.18
Clostridium difficile, probiotic, #419 p.37
Cobalt, metal alloy implants, online, #414 p.31–5
Coenzyme Q10, mitochondrial dysfunction, #419 p.22
Coffee, anti-aging, #425 p.22–4
Coffee, brain, #423 p.23–5
Coffee, cancer, #421/422 p.33–5
Coffee, chemical sensitivity, #424 p.23–5
Coffee, health benefits, #417 p.18+
Coffee, heart disease, #420 p.22–5
Coffee, quality and health benefits, #418 p.24–6
Cognition, #418 p.67–72
Cognitive function, carotenoids, #423 p.58
Colds, N-acetylcysteine, #424 p.20

Keyword/Subject Index - January 2015 to July 2020

Coley's toxins, cancer, #421/422 p.74–81
Collagen syndromes, digestion, #423 p.90
Complementary & alternative medicine, cancer, online, #421/422 p.52–7, #421/422 p.99
Congestive heart failure, field control therapy, #418 p.21–3
Consciousness, #418 p.67–72
Constipation, probiotics, online, #421/422 p.30
Consumer Reports, bias against naturopaths, #418 p.77
Cooking, role in health, #418 p.13–14
Copper toxicity, #425 p.80+
Coronary artery disease, angioplasty, #425 p.45–7
Coronary artery disease, lumbrokinase, online, #418 p.52–4+
Cortisol deficiency, diagnosis, online, #414 p.52–9
Cortisol deficiency, treatment, online, #415/416 p.60–6
Cosmetics, parabens, #415/416 p.71
Cowden support program, tick-borne infections, #420 p.26–8
Cranial dysfunction, applied kinesiology, online, #419 p.69–73
Craniocervical chiropractic, neurological and cognitive disorders, online, #423 p.12, #423 p.39–46
Curcumin-Boswellia, osteoporosis, #419 p.92
Curcumin, myeloma, online, #421/422 p.27
Curcumin, rheumatoid arthritis, #425 p.74
Cutting for Stone, #421/422 p.4+

D

Dandruff, probiotic, #424 p.28
Data mining, #417 p.89–91
Deep vein thrombosis, homocysteine, #425 p.35+
Dementia, hyperbaric oxygen therapy, online, #417 p.30–4
Dental caries, probiotic, #424 p.28
Dental caries, probiotic chewing gum, #414 p.41
Dental caries, xylitol, #419 p.38
Dental infections, neurodegenerative disease, #423 p.30+
Dentistry, medicine collaboration, online, #417 p.13–15
Depression, forest bathing, #420 p.78–82
Depression, magnesium, #418 p.36
Depression, probiotic, #419 p.10+
Dermatitis, skin microbiome, online, #417 p.50–1
Dermatology, field control therapy, #417 p.22–4
Dermatomyositis, homeopathy, #414 p.83–4
Detoxification, environmental toxins, online, #415/416 p.22–8
Detoxification, Joseph Pizzorno, ND, #415/416 p.6+
Detoxification, push-catch system, #415/416 p.10+
Diabetes, naturopathic medicine, #420 p.84–5
Dichloroacetate, advanced cancer, online, #421/422 p.39–43
Diet, fibromyalgia, #424 p.104+

Keyword/Subject Index - January 2015 to July 2020

Diet, mental health, #415/416 p.68–70
Diet, non-alcoholic fatty liver disease, online, #419 p.50–3
Diet, valproic acid, #419 p.38
Digestion, collagen syndromes, #423 p.90
Digital devices, addiction, #423 p.18
Diuretics, kidney function, online, #419 p.46
D-Mannose, urinary tract infections, #420 p.54+
DNA Connexions, Lyme panel, online, #414 p.27–8
DNA Connexions, neurodegenerative disease, #423 p.30+
Doctor-patient relationship, #417 p.70–1
Doctor-patient relationship, mindfulness, #421/422 p.24–5
Dogs, vitamin D, #414 p.74–9
Douching, #415/416 p.85, #420 p.93
Drug addiction, pain management, #424 p.52–4
Dry eye syndrome, omega-3 fatty acids, #417 p.27, #417 p.38
Dry eye syndrome, vitamin D, #424 p.28

E

Earthing, pain management, online, #424 p.75–80
Ebola, ozone, #420 p.21
Eggs, prostate cancer recurrence, online, #421/422 p.58–64
Ehlers-Danlos syndrome, gastroenterology, #423 p.90
Electromagnetic field radiation, brain disorders, #424 p.20
Electromagnetic field radiation, cardiovascular health, #418 p.29+
Electromagnetic field radiation, immunosuppression, #420 p.19
Electromagnetic field radiation, Lyme disease, online, #420 p.36–44, #420 p.46–7
Electromagnetic field radiation, voltage-gated calcium channels, #415/416 p.77–8
Emergency kits, natural disasters, #414 p.80
Emotions, cancer, online, #423 p.62–4
Emotions, healing, #417 p.70–1
Emulsifiers, metabolic syndrome, #421/422 p.107–8
Endocannabinoids, gastrointestinal tract, online, #423 p.82–6
Endocannabinoids, neurodegenerative disease, online, #420 p.49–53
Endocannabinoids, pain management, #424 p.71–4
Endocannabinoid system, pregnancy, online, #419 p.74–8
Endocrine disruptors, Bonnie Nedrow, ND, #415/416 p.12
Endocrine disruptors, female infertility, online, #415/416 p.48–50
Endothelial dysfunction, berberine, online, #418 p.60–2
Energy blocks, chronic illness, online, #424 p.30–4
Environmental medicine, multiple chemical sensitivity, #414 p.66–70
Environmental medicine, saliva testing, #414 p.40
Environmental toxins, autoimmune disease, #424 p.95–6
Environmental toxins, detoxification, online, #415/416 p.22–8
Environmental toxins, leukemia, #421/422 p.92–3

Keyword/Subject Index - January 2015 to July 2020

Environment, mold, #418 p.63–6
Eosinophilic esophagitis, food allergy, #420 p.55+
Epigenetics, hyperbaric oxygen therapy, online, #417 p.30–4
Epigenetics, vaccines, #417 p.56–60
Epilepsy, fasting and ketogenic diet, #423 p.88–9
Epilepsy, naturopathic medicine, online, #423 p.72–6
Episiotomy pain, chamomile cream, #419 p.94
Erectile dysfunction, integrative medicine, online, #425 p.42–4
Essential Formulas, awards, #415/416 p.83
Essential oils, pain management, #425 p.6+
Essential oils, quality and safety for internal use, online, #425 p.56–63
Essential oils, skin microbiome, #425 p.48–50
Estrogen metabolism, online, #415/416 p.51–7
Estrogen mimickers, parabens, #415/416 p.71
Exercise, microbiome, online, #420 p.32–4
Exercise, sleep, #424 p.18
Exponential medicine meeting, #417 p.36–7
Extra virgin olive oil, breast cancer, online, #418 p.18–20
Eye disorders, meso-zeaxanthin, online, #421/422 p.30
Eye disorders, natural therapies, #417 p.10
Eye disorders, nutrition, #417 p.64–9

F

Fasting, breast cancer prognosis, #414 p.85–6
Fatigue, mitochondrial dysfunction, #424 p.37–8+
Fatty acids, reading ability in children, #423 p.58+
Fatty liver, fructose, #419 p.36
FDA, injectable ascorbic acid, online, #414 p.21–3
Female infertility, endocrine disruptors, online, #415/416 p.48–50
Fermented wheat germ extract, cancer, online, #421/422 p.49–50
Fever therapy, cancer, #421/422 p.74–81
Fibrin, lumbrokinase, online, #418 p.52–4+
Fibrocystic breast, nutrition, #423 p.92
Fibromyalgia, chronic pain syndrome, #424 p.87
Fibromyalgia, dietary factors, #424 p.104+
Fibromyalgia, iron deficiency, #424 p.26
Fibromyalgia, sleep and pain treatment, online, #424 p.47–50
Fibromyalgia, vitamin D, #425 p.74
Field Control Therapy®, brain disorders, #423 p.26–9
Field Control Therapy®, dermatology, #417 p.22–4
Field Control Therapy®, heart disease, #418 p.21–3
Field Control Therapy®, Lyme disease, #420 p.46–7
Fish oil, 2017 Cochrane review, online, #425 p.70–2
Fish oil, cardiovascular health, #425 p.8+

Keyword/Subject Index - January 2015 to July 2020

Fish oil, pregnancy and asthma in offspring, #414 p.42
Flooding, mold allergies, #418 p.63–6
Flu, bovine colostrum, online, #425 p.25–6+
FODMAPs, irritable bowel syndrome, #420 p.56
Folate, Alzheimer's disease, #424 p.42–6
Folate, vs folic acid, #418 p.35
Folic acid, 5-methyltetrahydrofolate (5-MTHF), #418 p.35
Folic acid, cancer risk, online, #421/422 p.30
Folic acid, chronic kidney disease, #414 p.42
Food addictions, amino acids, #424 p.88
Food addictions, amino acid support, online, #424 p.58–63
Food, adulteration, #423 p.6+
Food allergy, eosinophilic esophagitis, #420 p.55+
Food intolerances, naturopathic medicine, #417 p.86–8
Food, polyphenols, #415/416 p.75–6
Food sensitivity, myofascial pain, online, #424 p.81–6
Forest bathing, mental health, #420 p.78–82
Frequency specific microcurrent, pain management, #424 p.18+
Fumaria officinalis, hiatal hernia, online, #419 p.39–42
Functional medicine, chronic kidney disease, #415/416 p.79–81
Functional medicine, mind-body, online, #423 p.62–4
Functional medicine, mold, online, #420 p.72–7

G

GABA, glutamate, #423 p.67+
GABA, ketogenic diet, #423 p.88–9
Gamma-tocopherol, alpha-tocopherol balance, #419 p.36+
Gardening, year-round, #417 p.74
Gastroesophageal reflux disease (GERD), hiatal hernia, online, #419 p.39–42
Gastroesophageal reflux disease (GERD), sodium alginate, #415/416 p.46+
Gastrointestinal flora, birth, #425 p.66
Gastrointestinal tract, endocannabinoid system, online, #423 p.82–6
Gastrointestinal tract, inflammation, online, #419 p.34–5
Gastrointestinal tract, kidney disease, #414 p.81–2
Gastrointestinal tract, naturopathic medicine, #417 p.78–9
Gastrointestinal tract, short-chain fatty acid, online, #420 p.32–4
Gastroparesis, #419 p.82–3
Genetic expression, homeopathy, #414 p.39
Genetic expression, methylation, online, #423 p.20
Genital-urinary tract, men, online, #425 p.10, #425 p.37–41
Genitourinary atrophy, vitamin E suppositories, #415/416 p.86+
Germanium (Geoxy 132), cancer, online, #414 p.71–3
Gestational diabetes, probiotics, #415/416 p.46
Gignac, Mark, ND (obituary), #425 p.18–19

Keyword/Subject Index - January 2015 to July 2020

Ginger, immune system, #425 p.12+
Ginger, menstrual cramps and bleeding, #420 p.91+
Ginger, migraines, #420 p.92
Ginger, nausea from chemotherapy, online, #420 p.91, #421/422 p.30
Glaucoma, #417 p.66
Glaucoma, osteopathic therapy, #417 p.26
Globulin Component Macrophage Activating Factor (GcMAF), Cancer, #417 p.46–9
Glucose metabolism, potassium, #418 p.34
Glutamine, blood sugar regulation, #423 p.68–9
Glutamine, costs, #417 p.96
Glutamine, monosodium glutamate, #423 p.65–9
Glutathione, Tri-Fortify™, #417 p.95
Gluten, psoriasis, online, #421/422 p.31
Gluten, Tourette syndrome, #425 p.36
Glycemic diet, macular degeneration, #417 p.64–9
Glymphatic system detoxification, #420 p.62–5
Glyphosate, Whitewash, #421/422 p.96+
Gout, flavonoids, online, #419 p.51–2
Green smoothies, oxalate nephropathy, #424 p.27
Grounding (Also see Earthing)
Grounding, pain, #424 p.12+
Gut microbiota, bioidentical hormone replacement therapy, online, #415/416 p.51–7
Gut microbiota, liver disease, #419 p.18

H

Headache, craniocervical chiropractic, online, #423 p.39–46
Headache, manual muscle testing, online, #419 p.69–73
Headache, vitamin D, #420 p.22
Headache, vitamin D deficiency, #414 p.45
Head and neck cancers, risk factors, online, #421/422 p.27+
Head injury, homeopathy, #417 p.76–7
Healing, emotions, #417 p.70–1
Healing, forest bathing, #420 p.78–82
Healing, hope, online, #423 p.8+, #423 p.62–4
Health, breath patterns, #415/416 p.40–1
Health food, #415/416 p.75–6
Health, predictive biomarkers, online, #414 p.25–6
Heart disease, coffee, #420 p.22–5
Heart disease, electromagnetic radiation, #415/416 p.77–8
Heart disease, mercury, #418 p.33
Heart disease, multivitamins and minerals, #418 p.35+
Heart disease, strophanthus, #418 p.57–9
Heart failure, iron deficiency, #414 p.42+, #425 p.34
Heavy metals, Lyme disease, #420 p.46–7

Keyword/Subject Index - January 2015 to July 2020

Helicobacter pylori, iron deficiency, #415/416 p.45+
Helicobacter pylori, probiotics for abdominal pain, #420 p.55
Helleborus, head injury, #417 p.77
Hemp oil, certification program, online, #418 p.38–41
Hemp oil, pain and inflammation, online, #419 p.74–8
Herbal medicine, #421/422 p.97–8
Herbicides, antibiotic resistance, #420 p.21+
Herbs, teeth, #420 p.14–15
Hermes, Britt, naturopathic turncoat, #417 p.6+
Hiatal hernia, gastroesophageal reflux disease (GERD), online, #419 p.39–42
Hip implant, metal alloys, #414 p.15
Homeopathy, genetic expression, #414 p.39
Homeopathy, methotrexate chelation, #414 p.83–4
Homeopathy, placebo, #419 p.79–81, #423 p.87
Homeopathy, refugee trauma, #424 p.93–4
Homeopathy, research, #414 p.38+
Homeopathy, sensation method, #421/422 p.104–6
Homeopathy, Wikipedia bias, #414 p.1+
Homocysteine, Alzheimer's disease, #424 p.42–6
Homocysteine, deep vein thrombosis, #425 p.35+
Homocysteine, macular degeneration, #417 p.64–9
Hope, healing, online, #423 p.8+, #423 p.62–4
Hormone replacement therapy, position statement, #417 p.92+
Household products, parabens, #415/416 p.71
Huber, Gary, DO, #419 p.38
Human papillomavirus (HPV), head and neck cancers, online, #421/422 p.27+
Hyperbaric oxygen therapy, cancer, online, #421/422 p.39–43
Hyperbaric oxygen therapy, dementia, online, #417 p.30–4
Hyperbaric oxygen therapy, myeloma, online, #421/422 p.27
Hyperinsulinism, #419 p.54–9
Hypertension, integrative medicine, #418 p.8+
Hypertension, kidney function, online, #419 p.44–9
Hypertension, preventive and integrative medicine, online, #418 p. 42–6
Hypertension, taurine, #419 p.37
Hyperthermia therapy, cancer, #421/422 p.74–81
Hypogonadism, testosterone, #418 p.47–51
Hypothyroidism, infertility, #423 p.60

I

Illness, coping with serious/terminal diagnosis, #415/416 p.73+
Immune response, hyperthermia therapy, #421/422 p.74–81
Immune response, mind-body, online, #423 p.62–4
Immune system, Cowden support program, #420 p.26–8
Immune system, ginger, cinnamon, mushrooms, #425 p.12+

Keyword/Subject Index - January 2015 to July 2020

Immunosuppression, electromagnetic fields, #420 p.19
Immunotherapy, allergies, #417 p.10
Immunotherapy, GcMAF, #417 p.46–9
Infectious disease, Cowden support program, #420 p.26–8
Infertility, hypothyroidism, #423 p.60
Infertility, iodine deficiency, #425 p.36
Infertility, PCOS and botanicals, #414 p.93–4
Infertility, polycystic ovarian syndrome, online, #415/416 p.58–9
Inflammation, intestinal and systemic, online, #419 p.34–5
Inflammation, metal alloy implants, online, #414 p.31–5
Inflammation, oxidative dried blood test, #419 p.28–33
Inflammation, vagus-nerve stimulation, #419 p.18+
Inflammatory bowel system, endocannabinoid system, #423 p.82–6
Inflammatory response syndrome, 2nd annual international conference (2018), online, #420 p.4
Influenza (See also Flu)
Influenza, N-acetylcysteine, #424 p.20
Information, metaphysics, #418 p.67–72
Institute for Functional Medicine, Amy R. Mack, #417 p.39
Insulin dysregulation, aging, #419 p.54–9
Integrative medicine, cancer, #421/422 p.100–3
Integrative medicine, Corbier Restoration Model, #424 p.55–7
Integrative medicine, erectile dysfunction, online, #425 p.42–4
Integrative Medicine for Mental Health (IMMH) Conference 2017, #415/416 p.20
Integrative medicine, hypertension, online, #418 p.42–6
Integrative medicine, ICIM 2018 conference, online, #423 p.21
Integrative medicine, New Mexico medical board, #415/416 p.13–15
Integrative medicine, oncology, #425 p.10, #425 p.75–9+
Integrative medicine, pain management, #424 p.18+
Integrative medicine, Samueli endowment/UC-Irvine, #414 p.36–7
International Center for Cannabis Therapy, #418 p.12
International Center for Cannabis Therapy, certification program, online, #418 p.38–41
Intracranial hypertension, chronic fatigue syndrome, #424 p.19+
Intradermal dilution test, allergic load, online, #417 p.52–5
Intradermal dilution test, mold, #418 p.63–6
Iodine deficiency, infertility, #425 p.36
Iodine deficiency, paleolithic diet, #420 p.57
Iodine supplementation, side effects, online, #417 p.42–5
Iridology, cancer, #421/422 p.66–73
Iron absorption, tea, #423 p.60
Iron deficiency, fibromyalgia, #424 p.26
Iron deficiency, heart failure, #425 p.34
Iron deficiency, Helicobacter pylori, #415/416 p.45+
Iron, heart failure, #414 p.42+
Iron supplementation, children, #414 p.41+

Keyword/Subject Index - January 2015 to July 2020

Irritable bowel syndrome, FODMAPs, #420 p.56

J

Joint hypermobility, digestion, #423 p.90

Junk food, children, #424 p.10+

Jurasunas, Serge, honorary degrees, #415/416 p.82

K

Ketogenic diet, cancer, online, #421/422 p.44–50

Ketogenic diet, gut microbiome, #423 p.88–9

Ketogenic diet, post-traumatic epilepsy, online, #423 p.72–6

Kidney dialysis, vitamin C, #419 p.36

Kidney disease, gastrointestinal tract, #414 p.81–2

Kidney disease, magnesium, #415/416 p.46

Kidney disease, misconceptions, online, #419 p.14, #419 p.44–9

Kidney disease, uremia, #417 p.82–4

Klaire Labs, probiotic for nursing mothers, #420 p.90

Klaire Labs, quality control, #419 p.6+

Klaire Labs, Target gb-X™, #417 p.95

Klinghardt axiom, Lyme disease, online, #420 p.36–44

Kryptopyrroluria, Lyme disease, online, #420 p.36–44

L

Laboratory tests, cancer, #421/422 p.112–13

Laboratory tests, Lyme diagnosis, online, #414 p.27–8

Laboratory tests, Lyme panel, #420 p.12

Laboratory tests, mold exposure, online, #423 p.33–6+

Laboratory tests, naturopathic interpretation, #414 p.60–4

Laboratory tests, predictive biomarkers, #414 p.10+

Laboratory tests, thyroid, #414 p.87–9

Lactobacillus rhamnosus, postpartum depression, #415/416 p.87

Laetrile, Second Opinion (DVD), online, #421/422 p.26+

Laryngopharyngeal reflux, diet, #423 p.96+

L-Carnitine, lipoprotein(a), #414 p.41

L-Carnitine, mitochondrial dysfunction, #419 p.22

Leazenby, Erica, MD, food as medicine, #418 p.13–14

Leukemia, environmental toxins, #421/422 p.92–3

Levine, Stephen, PhD, Allergy Research Group, online, #420 p.2

Lifestyle, blood pressure, online, #418 p.42–6

Lion's mane mushroom, neurodegenerative disease, #423 p.94

Lipid replacement, mitochondrial dysfunction, #419 p.22

Lipoic acid mineral complex, neurodegenerative disease, #423 p.49–57

Lipoprotein(a), L-carnitine, #414 p.41

Keyword/Subject Index - January 2015 to July 2020

Liposomal glutathione, online, #417 p.94
Liquid biopsy, cancer, #419 p.65–6
Lithium, Alzheimer's disease, #423 p.77–81
Liver damage, acetaminophen, #419 p.22
Liver detoxification pathways, online, #415/416 p.25–6
Liver disease, coffee, #419 p.23–5
Liver disease, gut microbiota, #419 p.18
L-Methionine, age-related macular degeneration, #417 p.62–3
Longevity, coffee, #417 p.18+, #425 p.22–4
Longevity, nuts and seeds, #425 p.35
Low-dose naltrexone, #418 p.78–9+
Low libido (postmenopause), Tribulus terrestris, #415/416 p.85+
Lugol's iodine, side effects, online, #417 p.42–5
Lumbrokinase, cardiovascular health, online, #418 p.52–4+
Lutein, adverse effects, #414 p.43
Lutein, breast milk, #424 p.27+
Lyme diagnosis, DNA Connections, online, #414 p.27–8
Lyme disease, acupuncture meridian assessment, #420 p.66–7
Lyme disease, alternative treatments, online, #420 p.12+, #420 p.36–44
Lyme disease, Artemisia annua, #420 p.12
Lyme disease, botanicals, online, #420 p.68–71
Lyme disease, Cowden support program, #420 p.26–8
Lyme disease, Field Control Therapy®, #420 p.46–7
Lyme disease, integrative treatment, #421/422 p.36–8
Lyme disease, Klinghardt, #420 p.62–5
Lyme disease, lab testing, #420 p.12
Lyme disease, Maryland medical board legislation, #419 p.60
Lyme disease, provoked urine PCR test, #420 p.62–5
Lyme disease, simplified individualized care, #420 p.58–61

M

Mack, Amy R., Institute for Functional Medicine, #417 p.39
Macular degeneration, L-methionine, #417 p.62–3
Magnesium (intravenous), asthma, #417 p.39+
Magnesium, depression, #418 p.36
Magnesium, kidney disease, #415/416 p.46
Magnesium, stroke recovery with potassium, #418 p.34+
Magnesium, Wernicke's encephalopathy, #423 p.58
Malaria, ivermectin, #420 p.10
Mammograms, #417 p.93+
Manual muscle testing, headaches, online, #419 p.69–73
Marijuana, vomiting from overdose, #421/422 p.109–11
Maritime pine bark extract, osteoarthritis, #425 p.73+
McDonagh, Edward Wolff, DO (obituary), #423 p.21

Keyword/Subject Index - January 2015 to July 2020

Medical school, nutritional medicine, #419 p.96+

Medicine, adulteration, #423 p.6+

Medicine, failures, #421/422 p.94-5

Medicine, future, #417 p.36-7

Melatonin, non-alcoholic fatty liver disease, online, #419 p.52+

Menopause, gut microbiota, online, #415/416 p.51-7

Men's health, cardiovascular health, online, #418 p.47-51

Men's health, genital-urinary tract, #425 p.10

Men's health, urology, #418 p.80-2

Menstruation, ginger, #420 p.91+

Mental health, IMMH conference, #415/416 p.20

Mental health, nature, #420 p.78-82

Mental health, nutrition, #415/416 p.68-70

Mercury, heart disease, #418 p.33

Meso-Zeaxanthin, eye health, online, #421/422 p.30

Metabolic dysfunction, oxidative dried blood test, #419 p.28-33

Metabolic syndrome, oral hygiene products, #421/422 p.107-8

Metal dysregulation, fetus and infants, #415/416 p.43+

Metallosis, hip implants, #414 p.15

Metallosis, prosthesis devices, online, #414 p.31-5

Metal toxicity, #415/416 p.72

Metformin, vitamin B12 deficiency, #418 p.35

Methotrexate, homeopathic chelation, #414 p.83-4

Methylation, online, #418 p.87, #419 p.89

Methylation, genetics, #423 p.20

Microbial dysbiosis, non-alcoholic fatty liver disease, online, #419 p.50-3

Microbiome, exercise, online, #420 p.32-4

Microbiome, ketogenic diet, #423 p.88-9

Migraines, ginger, #420 p.92

Mind-body, functional medicine, online, #423 p.62-4

Mindfulness, doctor-patient relationship, #421/422 p.24-5

Mitochondria, #425 p.65

Mitochondria, aging, #425 p.64

Mitochondria, fatigue, #424 p.37-8+

Mitochondrial dysfunction, cancer, online, #421/422 p.44-50, #421/422 p.66-73, #421/422 p.82-7

Mitochondrial dysfunction, chronic fatigue syndrome, #424 p.89-92

Mitochondrial dysfunction, epilepsy, online, #423 p.72-6

Mitochondrial dysfunction, neuropsychiatric disorders, #423 p.18

Mitochondrial dysfunction, resuscitation protocol, #421/422 p.117-18

Mitochondrial dysfunction, supplements, #419 p.22

MMR vaccine, vitamin C, #414 p.44+

Mold, allergic load, #418 p.63-6

Mold, Great Plains laboratory tests, online, #423 p.33-6+

Mold, Lyme disease, online, #420 p.36-44

Keyword/Subject Index - January 2015 to July 2020

Monosodium glutamate, #423 p.12
Monosodium glutamate, neuroexcitotoxicity, #423 p.65–9
Monsanto, glyphosate, #421/422 p.96+
Mood, coffee, #423 p.23–5
Mosquitoes, ivermectin, #420 p.10
Multiple chemical sensitivity, environmental medicine, #414 p.66–70
Multiple sclerosis, biotin, #423 p.59
Multiple sclerosis, diet and exercise studies, #423 p.15+
Musculoskeletal pain, vitamin D, #424 p.26+
Mushrooms, immune system, #425 p.12+
Mussels, Lake Michigan, #421/422 p.6+
Myalgic encephalitis, mitochondrial dysfunction, #424 p.89–92
Mycometrics ERMI, Lyme disease, online, #420 p.36–44
Mycotoxins, functional medicine, online, #420 p.72–7
Mycotoxins, neurological disorders, online, #423 p.33–6+
Myeloma, curcumin and HBOT, online, #421/422 p.27
Myofascial pain, trigger points and food sensitivity, online, #424 p.81–6
Mystical experience, #418 p.67–72

N

N-acetylcysteine, colds and flu, #424 p.20
Nagalase, GcMAF, #417 p.46–9
Naltrexone, alcoholism, #424 p.6+
Nanoparticles, allergies, #417 p.26+
National University of Natural Medicine, David Schleich, PhD, #425 p.20
Natural disasters, food storage and emergency kits, #414 p.80
Nature, forest bathing, #420 p.78–82
Naturopathic medicine, Britt Hermes, #417 p.6+
Naturopathic medicine, common blood tests, #414 p.60–4
Naturopathic medicine, Consumer Reports bias, #418 p.77
Naturopathic medicine, diabetes, #420 p.84–5
Naturopathic medicine, epilepsy, online, #423 p.72–6
Naturopathic medicine, gastroesophageal reflux disease (GERD), online, #419 p.39–42
Naturopathic medicine, gastrointestinal tract, #417 p.78–9
Naturopathic medicine, mitochondrial dysfunction, #421/422 p.117–18
Naturopathic medicine, non-thyroidal illness, #414 p.87–9
Naturopathic medicine, oncology, online, #421/422 p.39–43
Naturopathic oncology, effectiveness, online, #424 p.100–2
Naturopathic oncology, naturopathic medicine, online, #418 p.18–20
Nausea (chronic), #419 p.82–3
Nausea, ginger, online, #420 p.91–3, #421/422 p.30
Neurodegenerative disease, cannabis therapy, online, #420 p.49–53
Neurodegenerative disease, craniocervical chiropractic, online, #423 p.39–46
Neurodegenerative disease, lion's mane mushroom, #423 p.94

Keyword/Subject Index - January 2015 to July 2020

Neurodegenerative disease, lipoic acid mineral complex, #423 p.49–57
Neurodegenerative disease, oral hygiene, #423 p.30+
Neurological disorders, mold exposure, online, #423 p.33–6+
Neuropathic pain, cannabis therapy, online, #424 p.67–70
Neuropeptides, emotions, online, #423 p.62–4
Neuropsychiatric disorders, mitochondria, #423 p.18
Neurotoxicity, metal alloy implants, online, #414 p.31–5
New Mexico medical board, prescription supplements, #415/416 p.13–15
Non-alcoholic fatty liver disease, online, #419 p.12+, #419 p.50–3
Nrf2 (nuclear factor E-2 related factor), cellular detoxification, online, #415/416 p.22–8
Nutritional medicine, medical school bias, #419 p.96+
Nutrition, fibrocystic breast, #423 p.92
Nutrition, mental health, #415/416 p.68–70
Nutrition, mitochondria support, #424 p.37–8+
Nuts, long-term health, #425 p.35
Nux moschata, orientation, #417 p.76

O

Obesity, children, #424 p.10+
Omega-3 fatty acids, dry eye syndrome, #417 p.27, #417 p.38
Omega-3 fatty acids, psoriatic arthritis, #425 p.34+
Oncology Association of Naturopathic Physicians (OncANP), 2018 conference, online, #418 p.18–20
Oncology, hormone imbalances, #421/422 p.88–9
Oncology, integrative medicine, #425 p.10, #425 p.75–9+
Oncology, metabolic therapies, online, #421/422 p.39–43
Oncology, naturopathic medicine, online, #424 p.100–2
Oncology, Prof. Serge Jurasunas, #421/422 p.66–73
Oral contraceptives, breast cancer risk, #423 p.92+
Oral health, emulsifiers and metabolic syndrome, #421/422 p.107–8
Oral health, herbs, #420 p.14–15
Oral health, neurodegenerative disease, #423 p.30+
Oral health, systemic inflammation, online, #417 p.13–15
Organ transplants, animal-human hybrids, #418 p.73–6
Orthokine (autologous conditioned serum), osteoarthritis, #425 p.31
Osteoarthritis, chondroitin sulfate, #425 p.35
Osteoarthritis, maritime pine bark extract, #425 p.73+
Osteopathic techniques, glaucoma, #417 p.26
Osteoporosis, autologous conditioned serum, #425 p.31
Osteoporosis, boron, #417 p.80–1
Osteoporosis, curcumin-Boswellia, #419 p.92
Osteoporosis, dried plums, #415/416 p.45
Osteoporosis, strontium, #418 p.88+
Ovarian cancer, screening guidelines, #421/422 p.115–16
Oxalate, green smoothies, #424 p.27

Keyword/Subject Index - January 2015 to July 2020

Oxidative dried blood test, cancer, #421/422 p.66–73

Oxidative dried blood test, metabolic dysfunction and inflammation, #419 p.28–33

Ozone therapy, Ebola, #420 p.21

P

P53 mutation, cancer, #421/422 p.66–73

Pain management, cannabinoids and palmitoylethanolamide, #424 p.71–4

Pain management, cannabis therapy, online, #424 p.13, #424 p.67–70

Pain management, earthing, online, #424 p.75–80

Pain management, essential oils, #425 p.6+

Pain management, hemp oil, online, #419 p.74–8

Pain management, integrative medicine, #414 p.36–7, #424 p.18+

Pain management, OTC painkiller risks, #424 p.64–6

Pain management, Teitelbaum, online, #424 p.47–50

Pain management, trigger points and food sensitivity, online, #424 p.81–6

Pain management, vitamin C, #424 p.52–4

Paleolithic diet, iodine deficiency, #420 p.57

Palmitoylethanolamine, pain management, #424 p.71–4

Pancreatic cancer, intravenous vitamin C, online, #421/422 p.29

Parabens, estrogen mimickers, #415/416 p.71

Parasites, jaundice, #414 p.90

Parathyroidism, boron, #417 p.80–1

Parkinson's disease, cannabis therapy, online, #420 p.49–53

Pelvic floor pain, breathing, #415/416 p.44

Peroxynitrite, chemical sensitivity, #414 p.66–70

Phosphatidylcholine, non-alcoholic fatty liver disease, online, #419 p.52

Photobiomodulation, brain disorders, #423 p.14+

Phthalates, precocious puberty, #420 p.56+

Physicians, mindfulness, #421/422 p.24–5

Placenta, structure and function, #415/416 p.43

Platelet aggregation, anthocyanins, #418 p.35

Play, aging, #425 p.32+

Polycystic ovarian syndrome (PCOS), #415/416 p.12

Polycystic ovarian syndrome, botanicals, #414 p.93–4

Polycystic ovarian syndrome, infertility, online, #415/416 p.58–9

Poly-MVA, advanced cancer, online, #421/422 p.39–43

Polyphenols, #415/416 p.75–6

Poria mushroom, online, #420 p.30

Post-contraceptive amenorrhea, polycystic ovarian syndrome, online, #415/416 p.58–9

Postoperative sore throat, zinc lozenges, #420 p.56

Postpartum depression, *Lactobacillus rhamnosus*, #415/416 p.87

Postpartum depression, saffron, #415/416 p.86

Potassium, glucose metabolism, #418 p.34

Keyword/Subject Index - January 2015 to July 2020

Potassium, stroke recovery with magnesium, #418 p.34+

Poultry, prostate cancer recurrence, online, #421/422 p.58–64

Practitioner retirement model, Cynthia Bye, ND, #418 p.19–20

Predictive biomarkers, laboratory tests, #414 p.10+

Predictive biomarkers, long-term health, online, #414 p.25–6

Pregnancy, endocannabinoid system, online, #419 p.74–8

Pregnancy, fish oil, #414 p.42

Pregnancy, vaginal microbiota, online, #415/416 p.33

Pregnancy, vitamin C, #415/416 p.42

Pregnancy, vitamin D to prevent allergies, #417 p.40

Premenstrual syndrome, chamomile, #419 p.92–3

Probiotic chewing gum, dental caries, #414 p.41

Probiotics, atopic dermatitis, #417 p.39

Probiotics, Clostridium difficile, #419 p.37

Probiotics, constipation, online, #421/422 p.30

Probiotics, dandruff, #424 p.28

Probiotics, dental caries, #424 p.28

Probiotics, depression, #419 p.10+

Probiotics, differentiation, #419 p.12

Probiotics, gestational diabetes, #415/416 p.46

Probiotics, Helicobacter pylori, #420 p.55

Probiotics, immune system, online, #419 p.34–5

Probiotics, nursing mothers, #420 p.90

Probiotics, urinary tract infections, #420 p.54

Product quality, cannabis, #421/422 p.90–1

Prostate cancer,, online, #425 p.39

Prostate cancer biomarker, 3 β -Adiol, #414 p.46–50

Prostate cancer, diet, online, #421/422 p.14+, #421/422 p.58–64

Prostate cancer risk, testosterone, #414 p.14

Prostate gland disorders, prevention, online, #425 p.37–41

Prostatic specific antigen, online, #425 p.38

Prosthesis devices, metal burden, online, #414 p.31–5

Prunes (dried plums), osteoporosis, #415/416 p.45

Psoriasis, gluten, online, #421/422 p.31

Psoriasis, vitamin B12, #417 p.38

Psoriatic arthritis, omega-3 fatty acids, #425 p.34+

Psychosomatic Energetics, #424 p.12+

Psychosomatic Energetics, chronic illness, online, #424 p.30–4

Puberty, phthalates, #420 p.56+

R

Reading ability (children), fatty acids, #423 p.58+

Rea, William James, MD (obituary), #424 p.21

Relaxation, pain and inflammation, #424 p.14–15

Keyword/Subject Index - January 2015 to July 2020

Research, statistical significance, #417 p.89–91
Respiratory illness, mold, #418 p.63–6
Respiratory illness, vitamin C, #425 p.31+
Restoration Model, integrative medicine, #424 p.55–7
Resveratrol, macular degeneration, #417 p.64–9
Retroviruses, Klinghardt, #420 p.62–5
Rheumatoid arthritis, curcumin, #425 p.74
Rickets, digestion and vitamin D, #414 p.74–9
Root canals, brain, #423 p.30+
Rosacea, skin microbiome, online, #417 p.50–1
Roundworms (Toxocara), #420 p.22

S

Saffron, postpartum depression, #415/416 p.86
Saliva testing, environmental medicine, #414 p.40
Samueli endowment/UC-Irvine, integrative medicine, #414 p.36–7
Schistosoma mansoni, bilharzia, #420 p.8
Schizophrenia, 5-methyltetrahydrofolate, #415/416 p.47
Schizophrenia, alpha lipoic acid, #423 p.59+
Schleich, David PhD, National University of Natural Medicine, #425 p.20
Science, #415/416 p.74
Second Opinion (DVD), laetrile, online, #421/422 p.26+
Selenium, mortality, #424 p.27
Septic shock, naturopathic medicine, #417 p.78–9
Septic shock, thiamine, #419 p.37+
Sickle cell disease, glutamine costs, #417 p.96
Sinclair Method, alcoholism, #424 p.6+
Skin health, Bluebonnet nutrition, #423 p.94
Skin microbiome, lifestyle, online, #417 p.50–1
Skin, toxicity, #417 p.22–4
Sleep disorder, Teitelbaum, online, #424 p.47–50
Sleep, exercise, #424 p.18
Smell function loss, vitamin A (intranasal), #414 p.43
Sodium alginate, GERD, #415/416 p.46+
Spinal manipulation, pain management, #424 p.18+
Sports injuries, pain management, online, #424 p.81–6
Statins, acute myelocytic leukemia, #418 p.22–3
Statistical significance, research, #417 p.89–91
Stem cell therapy, FDA, #417 p.75
Stress, adolescents, #417 p.72–3
Stress, cancer, #425 p.69
Stress, forest bathing, #420 p.78–82
Stress, thyroid lab testing, #414 p.87–9
Stress, travel, #419 p.86–8

Keyword/Subject Index - January 2015 to July 2020

Stroke, Arnica, #417 p.76
Stroke, lumbrokinase, online, #418 p.52-4+
Stroke, potassium and magnesium, #418 p.34+
Strontium, risks, #418 p.88+
Strophanthus, angina and heart attack prevention, #418 p.57-9
Supplement sales, New Mexico medical board, #415/416 p.13-15
Supplements, excipients, #420 p.86-7
Supplements, heart disease, #418 p.35+

T

Target gb-X™, gut-brain probiotic blend, #417 p.95
Taurine, portal hypertension, #419 p.37
Tea, iron absorption, #423 p.60
Teeth, herbs, #420 p.14-15
Teeth, systemic inflammation, online, #417 p.13-15
Termites, gastrointestinal tract, #425 p.4+
Testosterone, cardiovascular health, online, #418 p.10, #418 p.47-51
Testosterone, hypogonadism, online
Testosterone, metabolites, #414 p.46-50
Testosterone, prostate cancer risk, #414 p.14
Thiamine, septic shock, #419 p.37+
Thiamine, Wernicke's encephalopathy, #423 p.58
Thromboembolism, lumbrokinase, online, #418 p.52-4+
Thyroid function, naturopathic medicine, #414 p.87-9
Thyroid, toxic metals, #423 p.70
Tick-borne infections (See Lyme disease)
Titanium, metal alloy implants, online, #414 p.31-5
Tourette syndrome, gluten-free diet, #425 p.36
Toxic metals, tremor, #423 p.70
Toxic substances, binders, online, #415/416 p.26-7
The Toxin Solution, Joseph Pizzorno, ND, #415/416 p.6+
Transphysical phenomena, #418 p.67-72
Trauma, homeopathy, #424 p.93-4
Traumatic brain injury, hyperbaric oxygen therapy, online, #417 p.30-4
Travel, homeopathy and good humor, #419 p.86-8
Traveling, self-care, #420 p.88
Tremor, chelation therapy, #423 p.70
Tribulus terrestris, low libido in postmenopause, #415/416 p.85+
Tri-Fortify™, glutathione levels, online, #417 p.94
Trigger points, myofascial pain, online, #424 p.81-6
Tuberculosis, vitamin C, #420 p.96+

Keyword/Subject Index - January 2015 to July 2020

U

- Uremia, chronic kidney disease, #417 p.82–4
- Urinary tract infection, D-mannose, #420 p.54+
- Urinary tract infection, lactobacilli, online, #415/416 p.31–8
- Urinary tract infection, probiotic, #420 p.54
- Urology, men's health, #418 p.80–2

V

- Vaccination, safety issues, #417 p.8+
- Vaccine safety, #417 p.56–60
- Vaccines, contamination, #414 p.39+
- Vaginal atrophy, vitamin E, #415/416 p.45
- Vaginal lactobacilli, #415/416 p.31–8
- Vaginismus, relaxation and breathing, #415/416 p.44
- Vagus nerve, device stimulation, #419 p.18+
- Valproic acid, diet, #419 p.38
- Vertigo, craniocervical chiropractic, online, #423 p.39–46
- Vingyana Integrative Medical Clinic (Sri Lanka), online, #414 p.1+
- Virgin coconut oil, cardiovascular health, #418 p.32
- Viruses, bovine colostrum, online, #425 p.25–6+
- Vitamin A (intranasal), loss of smell, #414 p.43
- Vitamin B3, bipolar disorder, #423 p.60
- Vitamin B12, Alzheimer's disease, #424 p.42–6
- Vitamin B12, aromatase inhibitor risks, #425 p.36
- Vitamin B12, atopic dermatitis, #417 p.39
- Vitamin B12 deficiency, Metformin, #418 p.35
- Vitamin B12, psoriasis, #417 p.38
- Vitamin C (See also Ascorbic acid)
- Vitamin C (injectable), cancer, online, #421/422 p.28, #421/422 p.29
- Vitamin C, cancer stem cells, #424 p.21
- Vitamin C (injectable), FDA approval, #415/416 p.88
- Vitamin C, kidney dialysis, #419 p.36
- Vitamin C (injectable), manufacturing, #414 p.15
- Vitamin C (injectable), McGuff Pharmaceuticals, online, #414 p.21–3
- Vitamin C, MMR vaccine, #414 p.44+
- Vitamin C, pain management, #424 p.52–4
- Vitamin C, pregnancy, #415/416 p.42
- Vitamin C, respiratory illness, #425 p.31+
- Vitamin C, tuberculosis, #420 p.96+
- Vitamin D, allergy prevention, #417 p.40
- Vitamin D, ankylosing spondylitis, online, #425 p.51–4
- Vitamin D deficiency, headache, #414 p.45, #420 p.22
- Vitamin D, dogs, #414 p.74–9

Keyword/Subject Index - January 2015 to July 2020

Vitamin D, dry eye syndrome, #424 p.28
Vitamin D, fibromyalgia, #425 p.74
Vitamin D, food vs synthetic sources, #414 p.74–9
Vitamin D, 'growing pains', #424 p.26+
Vitamin D, high-dose safety, #414 p.96+, #418 p.36
Vitamin E, alpha- and gamma-tocopherols, #419 p.36+
Vitamin E suppositories, genitourinary atrophy, #415/416 p.86+
Vitamin E, vaginal atrophy, #415/416 p.45
Vitamin K2, atherosclerosis, #418 p.84
Voltage-gated calcium channels, electromagnetic radiation, #415/416 p.77–8
Vomiting, cannabis, #421/422 p.109–11

W

Wernicke's encephalopathy, thiamine and magnesium, #423 p.58
Wheat strains, celiac, #415/416 p.46
Whistleblower, Ralph Moss, PhD, online, #421/422 p.26+
Whitewash, glyphosate exposé, #421/422 p.96+
Women's health, #417 p.92–3
Women's health, birth control pills, #415/416 p.12

X

Xylitol, dental caries, #419 p.38

Y

Yeast overgrowth, lactobacilli, online, #415/416 p.31–8

Z

Zinc lozenges, postoperative sore throat, #420 p.56

2017:

#

5-Alpha-reductase, Dutasteride, #409/410 p.78–9
5-Alpha-reductase, Women's health, #407 p.60–8

A

Abdominal pain, probiotics, #403/404 p.34
Abscopal effect, cancer, #409/410 p.88–91
Accreditation Counsel for Continuing Medical Education, antiCAM bias, online, #407 p.1+
Acne, niacinamide, #409/410 p.96

Keyword/Subject Index - January 2015 to July 2020

Acupuncture, acute musculoskeletal pain, #405 p.26
Acupuncture (electrical stimulated), autonomic dysregulation syndrome, online, #403/404 p.45
Adaptogens, #413 p.68
Adaptogens, stress, #412 p.32-4
Addiction, integrative medicine, #409/410 p.76, #411 p.62-4
Addiction, nutrition, #412 p.79-80
Adrenal fatigue, Holly Lucille, ND, RN, #412 p.14
Adrenal support, #412 p.68-9
Adverse childhood events, HPA axis, #412 p.32-4
Agave inulin, gut microbiota, online, #407 p.79+
Aging, functional foods, #403/404 p.87-90
Aging, glutathione, online, #407 p.55-6
Aging, gut microbiota, online, #407 p.80
Aging, L-carnitine, #406 p.36+
Aging, malnutrition, #413 p.15+
Allergic rhinitis, antioxidants, #406 p.26
Allergies, low-dose immunotherapy, online, #407 p.28-9
Allergies, microbiota, #406 p.24+
Alpha-tocopherol, prostate cancer, online, #407 p.95
Aluminum, Alzheimer's disease, #411 p.43
Aluminum vaccine adjuvants, behavior abnormalities, #405 p.20+
Alzheimer's disease, aluminum, #411 p.43
Alzheimer's disease, low-carb, high-fat diet, #411 p.70+
Alzheimer's disease, periodontal disease, #411 p.88-9
Alzheimer's disease, thiamine, #411 p.43
Amino acids, arterial health, online, #405 p.32
Amnesia, sensory integration, #411 p.56-9
Anemia, iron supplementation, #405 p.1+
Anesthesia, melatonin, #407 p.44+
Angiostop (Sea cucumber extract), cancer, online, #409/410 p.55-61
Angiotensin-converting enzyme inhibitors, potassium interaction, #405 p.27
Angiotensin receptor blockers, potassium interaction, #405 p.27
Angus, Robert C., ND, obituary, #409/410 p.77
Anti-aging medicine, MMI/A4M Education Fellowship, #402 p.52-5
Antibiotics, honey, #403/404 p.90
Anticoagulant regimen, online, #406 p.48-53
Antioxidants, allergic rhinitis, #406 p.26
Anxiety, niacinamide, #409/410 p.96
Apple juice, gastroenteritis, #405 p.28
Aromatherapy, #408 p.81
Aromatherapy, sleep, #403/404 p.30-1
Arthritis, copper, #403/404 p.95-6
Artificial intelligence, medicine, #402 p.29
Artificial light, breast cancer, #412 p.70-2

Keyword/Subject Index - January 2015 to July 2020

Artificial sweeteners, glucose intolerance, #407 p.41+
Ascorbic acid, oral bioavailability, #408 p.58–61
Ashwagandha, weight management, #406 p.92+
Asthma, IV magnesium, #405 p.27
Atopic dermatitis, melatonin, #403/404 p.34
Attention deficit hyperactivity disorder, homeopathy, #411 p.81–3
Attention deficit hyperactivity disorder, integrative medicine, #408 p.80
Attention deficit hyperactivity disorder, oligomeric proanthocyanidins, online, #411 p.18+, #411 p.46–50
Attention deficit hyperactivity disorder, sensory integration, #411 p.56–9
Autism, folic acid, vitamin B12, #413 p.20+
Autism, hair testing, online, #402 p.72
Autism, methylcobalamin, #406 p.37
Autism, sensory integration, #411 p.56–9
Autism, vitamin D, #407 p.43+
Autoimmune disease, lifestyle, #408 p.73–5
Autoimmune disease, low-dose immunotherapy, online, #407 p.26–31
Autoimmune disease, mercury, online, #402 p.60–70
Autoimmune subgroup testing, chronic fatigue syndrome, online, #412 p.41–5
Autonomic dysregulation syndrome, naturopathic medicine, online, #403/404 p.43–6
Autonomic dysregulation syndrome, POTS or hypotension, #412 p.35–7
Autonomic nervous system, interference fields, online, #412 p.46–51
Autonomic nervous system, nutrition, #411 p.75–7
Autonomic nervous system imbalance, diabetes, #407 p.40+
Autonomic response testing (ART), Lyme disease, online, #411 p.20–2

B

Back pain, UPRIGHT device, #402 p.29–30
Berkson, Devaki Lindsey, MA, DC, #413 p.12
Beta-glucans, cancer, online, #409/410 p.73
Bias, JAMA editorial on cranberry, #406 p.96+
Biobran, anticancer agent, #407 p.18, #411 p.36–7
Biofeedback, autonomic dysregulation syndrome, online, #403/404 p.45
Bioresonance testing, Field Control Therapy®, #405 p.29–31, #406 p.18–19
Bioresonance testing, functional medicine, #402 p.47–9
Biotin, laboratory testing, #406 p.37
Biotin, multiple sclerosis, #403/404 p.33
Bisphenol A, prenatal exposure, #405 p.22
Bisphenol A, uterine fibroids, #405 p.75
Black currant anthocyanins, glaucoma, #408 p.44
Blood type, diet, #402 p.8+
Bone loss, melatonin, #402 p.39
Borrelia, pulsed dosing, #408 p.40
Borreliosis, test panels, online, #402 p.44–6
Botanical medicine, naturopathic medicine, #403/404 p.71–2

Keyword/Subject Index - January 2015 to July 2020

Botanical medicine, premenstrual syndrome, #405 p.38
Botanical medicine, traditional formulation, #403/404 p.62-9
Brain, electromagnetic radiation, #411 p.41+
Brain fog, leaky gut syndrome, #411 p.86-7
Brain glymphatic transport, #403/404 p.26
Branched-chain amino acids, liver cancer, #409/410 p.34+
Brandt, Annie, cancer, #402 p.104-6
Bravo (probiotics), microbiome, online, #403/404 p.14
Breast cancer, artificial light, #412 p.70-2
Breast cancer, chili pepper, online, #405 p.32+
Breast cancer, diet, online, #405 p.72-4
Breast cancer, Gonzalez nutritional protocol, #402 p.100-1
Breast cancer, heavy metals, #406 p.86-8
Breast cancer, insulin dysregulation, online, #409/410 p.66-9
Breast cancer, dental infections and root canals, #409/410 p.82-3
Breast density, Eumastós (botanical-nutrition formula), #402 p.109
Breast milk, fenugreek, #402 p.109+
Breast milk, microbiome, #405 p.70-1
Breast reconstruction, stem cells, online, #405 p.14, #405 p.40-3
Broccoli, anti-aging medicine, #403/404 p.87
Bromelain, tooth extraction, #412 p.24
Bronchopulmonary dysplasia, vitamin A, #413 p.80
Bulimia, neural therapy, #411 p.53

C

Cadmium, uterine fibroids, #405 p.76
Calcium supplementation, cardiovascular disease guidelines, #405 p.78
Canadian College of Naturopathic Medicine, #403/404 p.22
Cancer, #409/410 p.85-7
Cancer, Angiostop (Sea cucumber extract), online, #409/410 p.55-61
Cancer, Annie Brandt/The Healing Platform, #402 p.104-6
Cancer, biobran, #407 p.18, #411 p.36-7
Cancer, exercise, #409/410 p.28
Cancer, flax oil diet, #409/410 p.29+
Cancer, German clinics, #408 p.48-51
Cancer, glyphosate, online, #402 p.41
Cancer, Gonzalez nutritional protocol, #402 p.100-1
Cancer, immunity hypothesis, #409/410 p.28+
Cancer, integrative medicine, #402 p.104-6, #409/410 p.14
Cancer, ketogenic diet, online, #409/410 p.45-6+, #409/410 p.80-1, #412 p.8+
Cancer, lifestyle, #409/410 p.31-2
Cancer, medicinal mushrooms, online, #409/410 p.73-5
Cancer, metabolic approach, #409/410 p.80-1
Cancer, microbiome, #409/410 p.70-2

Keyword/Subject Index - January 2015 to July 2020

Cancer, modified citrus pectin, online, #402 p.76–80
Cancer, mycotoxins, online, #411 p.24–6
Cancer, pesticides, #408 p.82–4
Cancer, vitamin C and doxycycline, online, #409/410 p.86
Cancer Center for Healing (Irvine, CA), protocol, online, #409/410 p.41–4
Cancer pain, vitamin C, #409/410 p.36+
Cancer treatment, cost-benefit, #409/410 p.30
Cancer treatment, hype, #409/410 p.10+
Candida overgrowth, prevention, #412 p.22
Cannabinoids, online, #411 p.65
Cannabinoids, chronic pain, #408 p.41+
Cannabinoid therapy, online, #412 p.57–63
Cannabis, online, #413 p.60–2
Cannabis, medical use, online, #407 p.69–71
Cannabis, history and law, online, #408 p.62–7
Cardiac arrhythmia, homeopathy, #406 p.83
Cardiac arrhythmia, magnesium, #406 p.36
Cardiology, self-care, #403/404 p.24–5
Cardio-renal anemia syndrome, naturopathic medicine, #406 p.54–8
Cardiovascular disease, calcium guidelines, #405 p.78
Cardiovascular disease, cheese, #406 p.6+
Cardiovascular disease, galectin-3 biomarker, online, #402 p.76– 80
Cardiovascular disease, integrative medicine, #406 p.82–3
Cardiovascular disease, mitochondria, #406 p.43–4
Cardiovascular disease, natural anticoagulant regimen, online, #406 p.48–53
Cardiovascular disease, orthomolecular medicine, #411 p.34–5
Cardiovascular disease, Pauling therapy, online, #406 p.27–30+
Cardiovascular disease, prevention, #406 p.8
Cardiovascular disease, risk factors, online, #406 p.42–6
Cardiovascular disease, saunas, #406 p.22
Cardiovascular disease, scurvy, #406 p.8+
Cardiovascular disease, sugar, #405 p.80+
Cardiovascular disease, teeth, #408 p.1+
Carnitine, Lyme disease, #408 p.52
Causal associations, vitamin D supplementation, #403/404 p.75–9
Celiac disease, transaminases, #411 p.84–5
Cell-assisted lipotransfer, breast reconstruction, online, #405 p.40–3
Cell danger response, mitochondria, #413 p.73–4
Cervical dysplasia, naturopathic medicine, #403/404 p.92–4
Cheese, cardiovascular disease, #406 p.6+
Chelation therapy, American College of Cardiology, online, #406 p.8+, #406 p.38–41
Chelation therapy, glyphosate, online, #402 p.41
Chelation therapy, mercury, #402 p.14
Chelation therapy, Trial to Assess Chelation Therapy, online, #406 p.38–41

Keyword/Subject Index - January 2015 to July 2020

Chelation therapy, urinary toxic element screening billing codes, #406 p.72
Childhood absence epilepsy, integrative medicine, online, #403/404 p.51–2
Childhood trauma, chronic pain, online, #403/404 p.47–50
Children, disaccharidase deficiency, #413 p.20
Cholesterol, cardiovascular disease, online, #406 p.42–6
Cholesterol, red yeast rice, #406 p.35
Cholesterol, research bias, #405 p.80+
Choline, Lyme disease, #408 p.52+
Chondroitin sulfate, knee osteoarthritis, #413 p.76
Chondroitin sulfate, osteoarthritis, #412 p.24
Chronic fatigue syndrome, autoimmune subgroup testing, online, #412 p.41–5
Chronic fatigue syndrome, muscle testing and nutrients, #412 p.52–3
Chronic health conditions, glyphosate, online, #402 p.40
Chronic illness, mercury, online, #402 p.60–70
Chronic illness, homeopathy and herbs, #408 p.86–7
Chronic infections, Field Control Therapy[®], #408 p.18–20
Chronic lymphocytic leukemia, Glenn Sabin, #409/410 p.31–2
Chronic musculoskeletal pain, emotional awareness, #412 p.20
Chronic pain, cannabinoids, #408 p.41+
Chronic pain, neural therapy, online, #412 p.46–51
Chronic pain, restoration model, #413 p.46–9
Chronic pain, sleep quality, online, #412 p.38–40
Chronic pain, trigger points, #412 p.54–6
Chronic regional pain syndrome, vitamin C, #408 p.42
Chronic wasting disease, #413 p.8+
Cisapride, medical incompetence, #413 p.80
Cisplatin-induced nephrotoxicity, magnesium, #409/410 p.34
Clay therapy, online, #403/404 p.36–42
Climate change, soil, #402 p.97
Coenzyme Q10, fertility, online, #405 p.35
Cognitive disorders, sensory integration, #411 p.56–9
Cognitive function, green tea catechins, #406 p.37
Cognitive function, omega-3 fatty acids, #411 p.44
Collaborative on Health and Environment, #406 p.76
Collin, Jonathan, MD, honorary doctor of letters degree, #409/410 p.1+
Colon, iridology, #402 p.56–9
Colostrum supplementation, intestinal permeability, online, #407 p.33–6
Complementary and alternative medicine, ACCME bias, online, #407 p.1+
Complementary and alternative medicine, philosophy, #411 p.79
Complementary and alternative medicine, physician sales, #413 p.65–7
Complementary and alternative medicine, politics, online, #403/404 p.12+
Compounding pharmacies, FDA regulation, online, #403/404 p.12+, #412 p.19
Compounding pharmacies, tainted injectable corticosteroids, #407 p.10+
Constipation, live blood analysis, #402 p.58–9

Keyword/Subject Index - January 2015 to July 2020

Consumer products, safety regulations, #407 p.88–90
Copper, arthritis, #403/404 p.95–6
Corbier, Jean-Ronel, MD, #413 p.12
Coronary artery calcium testing, women, #407 p.93+
Cosmetics, FDA, #406 p.77
Cost-benefit databases, cancer, #409/410 p.30
Cranberry, urinary tract infections, #406 p.96+
Creatine, osteoarthritis, #412 p.76
Creatine, osteoporosis, #403/404 p.34
CRISPR genome editing, #402 p.33+
Cryoablation, naturopathic medicine, #409/410 p.88–91
Curcumin, prostate cancer, online, #409/410 p.24
Curcumin emulsion, FDA warning, #411 p.93
Cyclic vomiting syndrome, riboflavin, #402 p.38

D

D'Adamo, Peter, blood type diet, #402 p.8+
Dark field transmission electron microscopy, nanoparticles, online
Dementia, saunas, #405 p.26
Dementia, sensory integration, #411 p.56–9
Dementia, urinary tract infections, online, #411 p.14+
Dental hygiene, Alzheimer's disease, #411 p.88–9
Dental infections and root canals, breast cancer, #409/410 p.82–3
Dentistry, integrative medicine, #408 p.1+
Depression, contributing factors, #407 p.75
Depression, hormonal contraception, #411 p.42
Depression, magnesium, #411 p.45, #411 p.92+
Depression, neurotransmitter testing, #402 p.35–5
Depression, yoga and controlled breathing, #411 p.40
Detoxification, adverse effects, #405 p.29–31
DHEA, fertility, online, #405 p.35
Diabetes, autonomic nervous system imbalance, #407 p.40+
Diabetes, chelation therapy, online, #406 p.38–41
Diabetes, insulin homeostasis, online, #402 p.91–6
Diabetes, manganese, #407 p.42
Diabetes, Mediterranean diet, #407 p.44
Diabetes, pears, online, #407 p.80
Diabetes, soluble dietary fiber, #403/404 p.28+
Dialysis, vitamin C, #413 p.25
Diamandis, Peter, MD, #402 p.30
Diet, blood type, #402 p.8+
Diet, premenstrual syndrome, #405 p.36–7
Dieting, social factors, #406 p.78+
Digestive disorders, naturopathic medicine, #403/404 p.62–9

Keyword/Subject Index - January 2015 to July 2020

Disaccharidase deficiency, children, #413 p.20
Disaster preparedness, #402 p.102+
Down syndrome, green tea catechins, #406 p.37
Drinking water, musculoskeletal pain, #412 p.28–30
Dr. Ohhira's Probiotic Kampuku Beauty Bar, Essential Formulas, #406 p.89
Drug-induced nutrient depletion, #407 p.92
Drug tests, faultiness, #402 p.14
Dutasteride, 5-alpha-reductase, #409/410 p.78–9
Dysbiosis, naturopathic medicine, #403/404 p.62–9

E

Electroacupuncture according to Voll (EAV), #402 p.85–8
Electrodermal screening, #402 p.85–8
Electromagnetic field therapy, autonomic dysregulation syndrome, online, #403/404 p.45
Electromagnetic pollution, Field Control Therapy®, #405 p.29–31
Electromagnetic radiation, brain, #411 p.41+
Electromagnetic radiation, PFAPA syndrome, #406 p.18–19
Electronic health records, naturopathic medicine, online, #403/404 p.54–5
Electronic health records, physician burnout, #402 p.32
Emergency preparedness, #412 p.64
Emerson Ignite Conference, business practices, online, #402 p.25–7
Emotional awareness, chronic musculoskeletal pain, #412 p.20
Emotional conflicts, Psychosomatic Energetics, #411 p.66–8
Emotional stresses, recurring infections, #408 p.68–9
Emotional trauma, neural therapy, #411 p.51–4
Endocannabinoid deficiency, online, #412 p.57–63
Endometriosis, phthalates, #413 p.24
Environmental chemicals, plastics, #412 p.15
Environmental chemicals, regulation, #407 p.88–90
Environmental chemicals, resources, #406 p.76
Environmental chemicals, uterine fibroids, #405 p.75–6
Environmental Health Perspectives, #406 p.76
Environmental medicine, #412 p.20+
Environmental medicine, neuroinflammation, #407 p.37–9
Environmental Working Group, #406 p.76
Epigenetics, mercury, online, #402 p.63–4
Epilepsy, integrative medicine, online, #403/404 p.51–2
Erections, online, #413 p.40–5
Essential Formulas, Dr. Ohhira's Probiotic Kampuku Beauty Bar, #406 p.89
Essential oils, #408 p.81
Estrogen, blood testing, #402 p.89–90
Estrogen receptors, heavy metals, #406 p.86–8
Eumastós (botanical-nutrition formula), breast density, #402 p.109

Keyword/Subject Index - January 2015 to July 2020

Euthanasia, Canada, #408 p.46–7
Evidence-based medicine, naturopathic medicine, online, #403/404 p.56–7
Exercise, all-cause mortality, #406 p.92, #407 p.94
Exercise, cancer-related fatigue, #409/410 p.28
Exercise, spinning, #406 p.4+
Exponential medicine, 4th annual conference, #402 p.29–30

F

Falls, vitamin D, #402 p.39
Fascia, manual therapies, #407 p.76–7
Fatigue, vitamin D, #412 p.26, #413 p.75
FDA, cosmetics, #406 p.77
Federal Trade Commission, anti-homeopathy bias, online, #405 p.64–6
Fennel cream, vulvovaginal atrophy, #408 p.90
Fenugreek, breast milk, #402 p.109+
Fertility, integrative medicine, online, #405 p.34–5
Fetal ultrasound, #405 p.14
Fetal ultrasound, Chinese safety studies, online, #405 p.44–51
Fibrogen, nattokinase, online, #406 p.43
Fibromyalgia, Field Control Therapy[®], #412 p.28–30
Fibromyalgia, Jacob Teitelbaum, MD, #412 p.13
Fibromyalgia, neuroimaging, #412 p.22
Fibromyalgia, SHINE protocol, #412 p.35–7
Fibromyalgia, muscle testing and nutrients, #412 p.52–3
Fidgeting, sitting antidote, online, #405 p.32
Field Control Therapy[®], fibromyalgia, #412 p.28–30
Field Control Therapy[®], glioblastoma multiform, #409/410 p.62–4
Field Control Therapy[®], heavy metals and detoxification, #405 p.29–31
Field Control Therapy[®], laboratory testing, #402 p.47–9
Field Control Therapy[®], Lyme disease, #408 p.18–20
Field Control Therapy[®], mental illness, #411 p.29–31+
Field Control Therapy[®], PFAPA syndrome, #406 p.18–19
Fish oil, anticoagulant regimen, online, #406 p.51
Fish oil, International Fish Oil Standards, #403/404 p.31
Fish oil capsules, JAMA Internal Medicine, #407 p.91–2
Flavonoids, osteoarthritis, #412 p.75
Flax oil diet, cancer, #409/410 p.29+
Fluoroquinolones, label warnings, #402 p.31+
FODMAPs, irritable bowel syndrome, #402 p.38+
Folic acid, psoriasis, #413 p.24
Folic acid, strokes, #406 p.36
Folic acid, vitamins B6 & B12, #407 p.45
Food, blood type diet, #402 p.8+
Food allergies, gastroesophageal reflux disease, #403/404 p.34

Keyword/Subject Index - January 2015 to July 2020

Food allergies, leaky gut syndrome, online, #407 p.33–6
Food allergies, testing reliability, #402 p.37
Food and Drug Administration (FDA), food contamination, #411 p.71
Fracture prevention, diet, #407 p.44
Functional foods, aging, #403/404 p.87–90
Functional Gastroenterology, #407 p.12+
Functional medicine, metabolic code triads, #402 p.52–5
Functional medicine, naturopathy, #403/404 p.6+

G

Gaby, Alan, MD, Nutritional Medicine, #408 p.13+
Galectin-3, inflammation, online, #402 p.76–80
Galectin-3, modified citrus pectin, online, #402 p.79–80
Gamma-tocopherol, online, #407 p.95–6
Garcinia cambogia, weight loss, #405 p.18
Gastroenteritis, apple juice, #405 p.28
Gastroenterology, transaminases, #411 p.84–5
Gastroesophageal reflux disease, food allergy, #403/404 p.34
Gastrointestinal disorders, low-dose immunotherapy, online, #407 p.28–9
Gastrointestinal tract, functional medicine, #407 p.12+
GcMAF, microbiome, online, #403/404 p.14
GcMAF immune response, salicinium, online, #409/410 p.51–4
George Washington University, integrative medicine, #402 p.52–5
German clinics, hyperthermia treatment, #408 p.48–51
Gestational diabetes, inositol, #405 p.26+
Gestational diabetes, xanthurenic acid, #405 p.60–2
Gingivitis, probiotics, #411 p.45
Ginkgo biloba, anticoagulant regimen, online, #406 p.51
Glaucoma, black currant anthocyanins, #408 p.44
Glaucoma, niacinamide, #408 p.44, #409/410 p.96
Glioblastoma multiform, Field Control Therapy, #409/410 p.62–4
Glucosamine sulfate, intraocular pressure, #412 p.26
Glucose intolerance, artificial sweeteners, #407 p.41+
Glucose meters, vitamin C bioavailability, #408 p.58–61
Glutamine, radiation-induced dermatitis, #409/410 p.38
Glutathione, Lactobacillus fermentum ME-3, #402 p.111
Gluten-free diet, nephrotic syndrome, #402 p.38
Gluten sensitivity, irritable bowel syndrome, #403/404 p.32
Glycolysis, salicinium, online, #409/410 p.51–4
Glyphosate, testing, online, #402 p.40–2
Gonzalez nutritional protocol, cancer, #402 p.100–1
GPL-MycoTOX profile, mold, online, #411 p.24–6
Greenblatt, James, MD, psychiatric integrative medicine, online, #411 p.18+
Green tea catechins, Down syndrome, #406 p.37

Keyword/Subject Index - January 2015 to July 2020

Group B Streptococcus, Lactobacillus formula, #402 p.112
Guarneri, Mimi, MD, 108 Pearls to Awaken Your Healing Potential, #403/404 p.24–5
Gut microbiota, artificial sweeteners, #407 p.41+
Gut microbiota, diet, online, #407 p.78–80
Gynecology, peloids, online, #403/404 p.40–2

H

Hair testing, heavy metals, online, #402 p.72–5
HCG (human chorionic gonadotropin) monotherapy, erections, online, #413 p.44
HeadAid, migraine, #406 p.90
The Healing Platform, #409/410 p.12+
Health, nature, #407 p.72–3+
Health, proactive self-care, #411 p.38–9
Healthcare, medical incompetence, #413 p.79–80
Healthcare policy, Integrative Health Policy Consortium (IHPC), #402 p.20+
Heart, herbs and spices, #403/404 p.87+
Heart, L-carnitine, #403/404 p.85–6
Heart attack, triggers, #406 p.22+
Heart disease, kidney function, #406 p.54–8
Heart disease, testosterone, #406 p.59–62
Heart disease, vitamin C, online, #406 p.27–30+
Heart failure, mercury, #406 p.83
Heart failure, vitamin D, #413 p.25
Heart rate variability, mental health, #411 p.40+
Heavy metals, breast cancer, #406 p.86–8
Heavy metals, cardiovascular disease & chelation, online, #406 p.38–41
Heavy metals, Field Control Therapy[®], #405 p.29–31
Heavy metals, hair testing, online, #402 p.72–5
Heavy metals, kryptopyrroluria, online, #408 p.34
Heavy metals, Paracelsus Clinic, #406 p.66–7
Helicobacter pylori, commensals, #413 p.71–2
Helicobacter pylori, diet and N-acetylcysteine, #408 p.93–4
Helicobacter pylori, psoriasis, #413 p.59
Hemopyrrolactamuria, Lyme disease, online, #408 p.29–30+
Hemp, history and law, #408 p.62–7
Hepatitis B, vitamin E, #412 p.26
Hepatitis C treatment, vitamin D, #408 p.43
Herbal medicine, #406 p.79
Herbs (See Botanical medicine)
Histamine, kryptopyrroluria, online, #408 p.34
Homeopathy, attention deficit hyperactivity disorder, #411 p.81–3
Homeopathy, cardiac arrhythmia, #406 p.83
Homeopathy, defense of, online, #403/404 p.80–4, #405 p.12+, #406 p.68–71, #411 p.4+, #412 p.66–7
Homeopathy, federal agency bias, online, #405 p.64–6

Keyword/Subject Index - January 2015 to July 2020

Homeopathy, FTC ruling, #407 p.20+
Homeopathy, Meniere's disease, #411 p.81-3
Homeopathy, naturopathic medicine, #403/404 p.71-2
Homeopathy, safety, #406 p.80-1
Homeopathy, teething tablet recall, #408 p.39
Honey, wounds, #403/404 p.90
Hormonal contraception, depression, #411 p.42
Hormones, intimacy, #408 p.81
Hot flashes, magnesium, #407 p.84-5+
HPV vaccine, behavior abnormalities, #405 p.20+
Hunter, Beatrice Trum, obituary, #409/410 p.77
Hyperinsulinism, breast and prostate cancer, online, #409/410 p.66-9
Hypertension, testosterone, #406 p.60+
Hyperthermia treatment, tick-borne illness, #408 p.48-51
Hyperthyroidism (Graves' disease), selenium, #407 p.43
Hypothalamic-pituitary-adrenal axis dysregulation, adverse childhood events, #412 p.32-4
Hypothyroidism, #408 p.14
Hypothyroidism, diagnosis, #405 p.8+
Hypothyroidism, levothyroxine, #413 p.25
Hypothyroidism, menorrhagia, #405 p.67-8

I

Immune function, human milk, #405 p.70-1
Immune response, mind-body, #402 p.105
Infants, iron supplementation, #409/410 p.38
Infants, vitamin D dosage, #408 p.45
Infections, commensals, online, #407 p.28-9
Infections, EAV exam and homeopathy, #408 p.86-7
Infectious diseases, molecular diagnostics, #402 p.81-4
Inflammation, functional foods, #403/404 p.88-9
Inflammation, galectin-3, online, #402 p.76-80
Inflammation, orthomolecular medicine, #411 p.34-5
Inflammatory bowel disease, specific carbohydrate diet, online, #407 p.46-8
Influenza, prevention, #413 p.14+
Inositol, gestational diabetes, #405 p.26+
Insomnia, essential oils, #403/404 p.30-1
Insomnia, nutrition and homeopathic support, #412 p.68-9
Institute of Women's Health and Integrative Medicine, online, #405 p.72-4
Insulin dysregulation, cancer, online, #409/410 p.66-9
Insulin homeostasis, oxygen model, online, #402 p.91-6
Integrated medicine, Integrative Health Policy Consortium (IHPC), #402 p.20+
Integrative Health Policy Consortium (IHPC), US healthcare system, #402 p.20+
Integrative medicine, addiction, #409/410 p.76, #411 p.62-4
Integrative medicine, Canada's Roger Award, online, #413 p.34-8

Keyword/Subject Index - January 2015 to July 2020

Integrative medicine, cancer, #402 p.104–6, #408 p.76–8
Integrative medicine, cardiovascular disease, #406 p.82–3
Integrative medicine, childhood absence epilepsy, online, #403/404 p.51–2
Integrative medicine, CME accreditation bias, online, #407 p.1+
Integrative medicine, dentistry, #408 p.1+
Integrative medicine, education, online, #402 p.25–7
Integrative medicine, education/fellowship, #402 p.52–5
Integrative medicine, history of, #407 p.82–3
Integrative medicine, mental health, #407 p.18
Integrative medicine, mold, online, #403/404 p.58–61
Integrative medicine, national organizations, online, #406 p.33–4
Integrative medicine, naturopathy, #403/404 p.6+
Integrative medicine, online University of Arizona course, online, #406 p.34
Integrative medicine, orthomolecular medicine, #411 p.34–5
Integrative medicine, person-based care, online, #403/404 p.54–5
Intestinal disorders, iridology, #403/404 p.73–4
Intestinal permeability, colostrum supplementation, online, #407 p.33–6
Intimacy, balanced hormones, #408 p.81
Intraocular pressure, glucosamine sulfate, #412 p.26
Iodine supplementation, fetal risk, #405 p.27
Iodine supplementation, pregnancy, #412 p.25
Iridology, embryo development, #402 p.56–9
Iridology, intestinal disorders, #403/404 p.73–4
Iron, surgery, #402 p.37+
Iron supplementation, #405 p.1+
Iron supplementation, infants, #409/410 p.38
Irritable bowel syndrome, FODMAPs, #402 p.38+
Irritable bowel syndrome, gluten sensitivity, #403/404 p.32
Irritable bowel syndrome, specific carbohydrate diet, online, #407 p.46–8

J

Jaconello, Paul, MD, obituary, #411 p.80
Jolly, Winifred, LCSW, proactive self-care, #411 p.38–9
Juicing, #403/404 p.70

K

Ketogenic diet, Alzheimer's disease, #411 p.70+
Ketogenic diet, cancer, online, #409/410 p.45–6+, #409/410 p.80–1, #412 p.8+
Ketogenic diet, childhood absence epilepsy, online, #403/404 p.51–2
Kidney disorders, galectin-3 biomarker, online, #402 p.76–80
Kidney function, cardiovascular disease, #406 p.54–8
Klaire Labs, ProThera and Complementary Prescriptions, #409/410 p.93
Knee pain, lavender oil, #412 p.74+

Keyword/Subject Index - January 2015 to July 2020

Kryptopyrroluria, heavy metals, online, #408 p.34
Kryptopyrroluria, Lyme disease, online, #408 p.29–30+
Kyowa Hakko Bio, website, #407 p.90

L

Laboratory testing, billing codes, #406 p.72
Laboratory testing, biotin interference, #406 p.37
Laboratory testing, Field Control Therapy[®], #402 p.47–9
Laboratory testing, total estrogen blood, #402 p.89–90
Lac caninum, uterine fibroids, #408 p.88–9
Lactobacillus, Group B Streptococcus, #402 p.112
Lactobacillus fermentum ME-3, glutathione, online, #402 p.111, #407 p.53–7
Lavender oil, knee pain, #412 p.74+
L-carnitine, deficiency, #403/404 p.85–6
L-carnitine, frailty in elderly, #406 p.36+
Leaky gut syndrome, brain fog, #411 p.86–7
Leaky gut syndrome, food allergy, online, #407 p.33–6
Levin, Warren, MD, obituary, #411 p.80
Levothyroxine, hypothyroidism, #413 p.25
Libido (postmenopause), Tribulus terrestris, #411 p.92
Lipoprotein-associated phospholipase A2, cardiovascular disease, online, #406 p.45
Liquid cartilage extract, prostate cancer, online, #409/410 p.24+
Live blood analysis, constipation, #402 p.58–9
Liver cancer, branched-chain amino acids, #409/410 p.34+
Liver disease, transaminases, #411 p.84–5
Liver fibrosis, persistent organic pollutants, #407 p.42
Longevity, lifestyle, #408 p.73–5
Low-dose immunotherapy, #407 p.14
Low-dose immunotherapy, autoimmune disorders, online, #407 p.26–31
Low-dose immunotherapy, clinical considerations, online, #408 p.54–7
Low-dose naltrexone, #405 p.12
Low-histamine diet, urticaria (hives), #412 p.24+
Lyme borreliosis, test panels, online, #402 p.44–6
Lyme Cryme video, conflict of interest, #408 p.8+
Lyme disease, alternative medicine, online, #408 p.14+, #408 p.23–6
Lyme disease, conflict of interest, #408 p.8+
Lyme disease, Field Control Therapy[®], #408 p.18–20
Lyme disease, hyperthermia treatment, #408 p.48–51
Lyme disease, kryptopyrroluria, online, #408 p.29–30+
Lyme disease, low-dose immunotherapy, online, #407 p.27
Lyme disease, nutrition, #408 p.52–3
Lyme disease, provoked Lyme urine PCR test, online, #411 p.20–2
Lyme disease, pulsed dosing, #408 p.40
Lyme disease, testing, online, #408 p.95–6

Keyword/Subject Index - January 2015 to July 2020

Lyme disease, homeopathy and herbs, #408 p.86–7
Lymphatic drainage, breast cancer, #409/410 p.82–3

M

Magnesium (IV), asthma, #405 p.27
Magnesium, cardiac arrhythmia, #406 p.36
Magnesium, cisplatin-induced nephrotoxicity, #409/410 p.34
Magnesium, depression, #411 p.45, #411 p.92+
Magnesium, hot flashes, #407 p.84–5+
Maitake D-Fraction[®], immune function, #409/410 p.76
Maitake D-Fraction[®], spray, #403/404 p.94
Malnutrition, aging, #413 p.15+
Manganese, diabetes, #407 p.42
Manual therapies, fascia, #407 p.76–7
Marijuana, history and law, #408 p.62–7
Marjoram tea, polycystic ovary syndrome, #407 p.94+
Mast cell activation, #413 p.50–4
Mastitis, *Lactobacillus salivarius* P52, #402 p.38
Mawson, Anthony, DrPH, withdrawn vaccine studies, #413 p.63–4
Medical Assistance in Dying (Canada), euthanasia, #408 p.46–7
Medical devices, #402 p.29–30
Medical education, shortcomings, #413 p.79–80
Medicinal mushrooms, cancer, online, #409/410 p.73–5
Medicine, business practices, online, #402 p.25–7
Mediterranean diet, diabetes, #407 p.44
Mediterranean diet, fracture prevention, #407 p.44
Melatonin, anesthesia, #407 p.44+
Melatonin, atopic dermatitis, #403/404 p.34
Melatonin, bone loss, #402 p.39
Melatonin, fertility, online, #405 p.35
Melatonin, migraine prevention, #403/404 p.33+
Menaquinone-7 (vitamin K2), osteoporosis, #408 p.45
Meniere's disease, homeopathy, #411 p.81–3
Menorrhagia, #405 p.67–8
Menstrual cramps, peppermint oil, #405 p.78
Mental health, heart rate variability, #411 p.40+
Mental health, integrative medicine, #407 p.18
Mental health, mycotoxins, online, #411 p.24–6
Mental health, nature, #407 p.72–3+
Mental health, smartphones, online, #411 p.12+
Mental illness, Field Control Therapy[®], #411 p.29–31+
Mental illness, neural therapy, #411 p.51–4
Mercury, online, #402 p.60–70
Mercury, heart failure, #406 p.83

Keyword/Subject Index - January 2015 to July 2020

Mercury, toxicity, #402 p.14
Mercury testing, Quicksilver Scientific, #413 p.78
Metabolic code triads, functional medicine, #402 p.52–5
Metabolic Medical Institute, George Washington University integrative medicine, #402 p.52–5
Metabolomic testing, Robert Naviaux, MD, #413 p.73–4
Methylcobalamin, autism, #406 p.37
Microbiome, allergies, #406 p.24+
Microbiome, breast milk, #405 p.70–1
Microbiome, cancer, #409/410 p.70–2
Microbiome, lupus, #408 p.40+
Microbiome, nervous system interaction, #407 p.50–2
Microbiome, third brain, online, #403/404 p.13–14
Migraine, 5-alpha-reductase, #407 p.66
Migraine, HeadAid, #406 p.90
Migraine, melatonin, #403/404 p.33+
Migraine, mitral valve prolapse, #406 p.63–5
Mind-body, gene changes, #413 p.18
Minerals, cognitive function, #412 p.77–8
Mineral transport, mercury, online, #402 p.72
Mitochondria, cardiovascular disease, online
Mitochondrial dysfunction, Nrf2, online, #411 p.60–1
Mitochondrial dysfunction, riboflavin, #402 p.38
Mitochondrial toxicity, fluoroquinolones, #402 p.31+
Mitochondrial toxicity, Pelletier lawsuit, #402 p.32+
MitoQ (coenzyme Q10), mitochondria, online, #413 p.29–30+
Mitral valve prolapse, migraines and panic syndrome, #406 p.63–5
Modified citrus pectin, galectin-3, online, #402 p.79–80
Mold, integrative medicine, online, #403/404 p.58–61
Molecular diagnostics, infectious diseases, #402 p.81–4
Mood, posture, #403/404 p.30
Mortality, exercise, #406 p.92
Mud bath, Calistoga, CA, #407 p.12
Multiple sclerosis, high-dose biotin, #403/404 p.33
Multiple sclerosis, low-dose immunotherapy, online, #407 p.28–9
Musculoskeletal pain, drinking water, #412 p.28–30
Mycotoxins, GPL-MycoTOX profile, online, #411 p.24–6
Myelofibrosis, online, #413 p.56–8
Myer's cocktail, autonomic dysregulation syndrome, online, #403/404 p.45
Myocardial infarction, triggers, #406 p.22+

N

N-Acetylcysteine, Helicobacter pylori, #408 p.93–4
N-acetylcysteine, obsessive-compulsive disorder, #407 p.43
N-acetylcysteine, polycystic ovary syndrome, #406 p.91

Keyword/Subject Index - January 2015 to July 2020

N-acetylcysteine, substance abuse, #411 p.44
NAET (Nambudripad Allergy Elimination Technique), seasonal allergies, online, #406 p.84
Niacinamide, glaucoma, #408 p.44
Naltrexone (low-dose), #405 p.12
Nanoparticles, dark field transmission electron microscopy, #402 p.97
National College of Natural Medicine, #403/404 p.21
Nattokinase, anticoagulant regimen, online, #406 p.50+
Nattokinase, fibrogen, online, #406 p.43
Nature, healing effects, #407 p.72–3+
Naturopathic medicine, 7th Townsend Letter competition, online, #403/404 p.14+
Naturopathic medicine, autonomic dysregulation syndrome, online, #403/404 p.43–6
Naturopathic medicine, chronic pain, online, #403/404 p.47–50
Naturopathic medicine, colleges, #403/404 p.20–2
Naturopathic medicine, digestive disorders, #403/404 p.62–9
Naturopathic medicine, electronic health records and ethics, online, #403/404 p.54–5
Naturopathic medicine, evidence-based medicine, online, #403/303 p.56–7
Naturopathic medicine, HPV and abnormal PAP, #403/404 p.92–4
Naturopathic medicine, individualized botanical medicine, #403/404 p.62–9
Naturopathic medicine, innovators, online, #405 p.72–4
Naturopathic medicine, licensure, #411 p.78
Naturopathic medicine, Massachusetts regulation, #403/404 p.22
Naturopathic medicine, ovarian cancer, #409/410 p.88–91
Naturopathic medicine, philosophy, #403/404 p.6+
Naturopathic medicine, prostate cancer, online, #409/410 p.23–5
Naturopathic medicine, sustainable future, #403/404 p.1+
Naturopathic medicine, traditional tools, #403/404 p.71–2
Nephrotic syndrome, gluten-free diet, #402 p.38
Neural therapy, breast cancer, #409/410 p.82–3
Neural therapy, mental health, #411 p.51–4
Neural therapy, pain, #412 p.13+
Neural therapy, scars, #406 p.12+
Neural therapy, stroke and head injury, #411 p.90–1
Neurodegenerative disease, fluoroquinolones, #402 p.31+
Neurofibromatosis, vitamin C (intravenous), #409/410 p.36
Neuroinflammation, environmental medicine, #407 p.37–9
Neurological disorders, mercury, online, #402 p.60–70
Neurological disorders, vitamin B12, #411 p.44
Neurotransmitter synthesis, microbiome, #407 p.50–2
Neurotransmitter testing, depression, #402 p.35–5
Neurotransmitter testing, Gottfried Kellermann, PhD, #402 p.35–5
New England Compounding Center, RICO conviction, #407 p.10+
Niacinamide, acne, #409/410 p.96
Niacinamide, anxiety, #409/410 p.96
Niacinamide, glaucoma, #409/410 p.96

Keyword/Subject Index - January 2015 to July 2020

Niacinamide, non-melanoma skin cancer, #409/410 p.95
Niacinamide, osteoarthritis, #409/410 p.95
Niacinamide, schizophrenia, #409/410 p.95+
Nitric oxide levels, cardiovascular disease, online, #406 p.44
NMDA receptors, addiction, #411 p.63
Nrf2, mitochondrial dysfunction, online, #411 p.60–1
Nutrient loss, kryptopyrroluria, online, #408 p.29–30+
Nutrition, Alan Gaby, MD, #408 p.13+
Nutrition, autonomic nervous system, #411 p.75–7
Nutrition, cancer, #409/410 p.70–2
Nutrition, mercury, online, #402 p.67–8
Nutrition, psychiatry, online, #411 p.18+
Nutritional Medicine, #411 p.72–4
Nutritional treatment, opioid addiction, #412 p.79–80

O

Obesity, cancer, online, #405 p.33
Obesity, thiamine, #409/410 p.38+
Obsessive-compulsive disorder, n-acetylcysteine, #407 p.43
Off-label uses, US federal legislation, #408 p.38
Oligomeric proanthocyanidins, attention deficit hyperactivity disorder, online, #411 p.46–50
Oligosaccharides, human milk, #405 p.70
Omega-3 fatty acids, acute coronary syndrome, #413 p.20
Omega-3 fatty acids, cognitive function, #411 p.44
Oncology, integrative medicine, #408 p.76–8
Opioid addiction, nutritional treatment, #412 p.79–80
Optic pathway glioma, vitamin C (intravenous), #409/410 p.36
Optimal Terrain Ten Protocol, cancer, #409/410 p.70–2
Organic food, Million Women Study, #408 p.82–4
Orthomolecular medicine, integrative medicine, #411 p.34–5
Osteoarthritis, chondroitin sulfate, #412 p.24
Osteoarthritis (knee), chondroitin sulfate, #413 p.76
Osteoarthritis, naturopathic medicine, #412 p.74–6
Osteoarthritis, niacinamide, #409/410 p.96
Osteoporosis, creatine, #403/404 p.34
Osteoporosis, menaquinone-7 (vitamin K2), #408 p.45
Ovarian cancer, cryoablation and naturopathic medicine, #409/410 p.88–91
Ovarian reserve, assessment, online, #405 p.34–5

P

Pain, acupuncture, #405 p.26
Pain, childhood trauma, online, #403/404 p.47–50
Pain, neural therapy, #412 p.13+

Keyword/Subject Index - January 2015 to July 2020

Pancreatic cancer, Gonzalez nutritional protocol, #402 p.100–1
Panic syndrome, mitral valve prolapse, #406 p.63–5
Paracelsus Clinic, heavy metals, #406 p.66–7
Pears, diabetes, online, #407 p.80
Peat therapy, online, #403/404 p.36–42
Pelletier, Justina, lawsuit, #402 p.32+
Peloids, online, #403/404 p.36–42
Peppermint oil, menstrual cramps, #405 p.78
Persistent organic pollutants, liver fibrosis, #407 p.42
Persistent organic pollutants, uterine fibroids, #405 p.76
Personality development, Psychosomatic Energetics, #411 p.66–8
Pesticides, cancer, #408 p.82–4
PFAPA syndrome, Field Control Therapy[®], #406 p.18–19
Pharmaceutical industry, research suppression, #406 p.72–4
Phthalates, uterine fibroids, #405 p.75+, #413 p.24
Physician burnout, electronic health records, #402 p.32
Physicians, supplement sales, online, #402 p.26–7
Pineapple, gut microbiota, online, #407 p.79
Placebos, ethics, #407 p.84–5+
Plastics, environmental exposure, #412 p.15
Politics, alternative medicine, online, #403/404 p.12+
Polycystic ovarian syndrome, 5-alpha-reductase, #407 p.60–8
Polycystic ovarian syndrome, marjoram tea, #407 p.94+
Polycystic ovarian syndrome, n-acetylcysteine, #406 p.91
Polycystic ovarian syndrome, soy isoflavones, #405 p.77
Pomegranates, mitochondria, #403/404 p.88
Poria, Mushroom Wisdom, #413 p.78
Postpartum depression, nutrient formula, #409/410 p.92
Postpartum depression, saffron, #409/410 p.92+
Posttraumatic stress disorder, N-acetylcysteine, #411 p.44
Postural orthostatic tachycardia syndrome, #412 p.35–7
Posture, mood, #403/404 p.30
Potassium, drug interactions, #405 p.27
Pregnancy, iodine supplementation, #412 p.25
Pregnancy, maternal iodine supplementation, #405 p.27
Premenstrual dysphoric disorder, 5-alpha-reductase, #407 p.60–8
Premenstrual syndrome, 5-alpha-reductase, #407 p.60–8
Premenstrual syndrome, integrative medicine, #405 p.36–9
Premenstrual syndrome, progesterone, #408 p.45
Probiotics, abdominal pain, #403/404 p.34
Probiotics, gingivitis, #411 p.45
Probiotics, Group B Streptococcus, #402 p.112
Probiotics, mastitis, #402 p.38
Probiotics, seasonal allergic rhinoconjunctivitis, #409/410 p.38

Keyword/Subject Index - January 2015 to July 2020

Probiotics, septicemia, #405 p.28
Progesterone, menorrhagia, #405 p.68
Progesterone, premenstrual syndrome, #408 p.45
Prolactin, vitamin B6, #405 p.62
Prostate cancer, alpha-tocopherol, online, #407 p.95
Prostate cancer, artificial light, #412 p.70–2
Prostate cancer, diet, online, #409/410 p.85
Prostate cancer, insulin dysregulation, online, #409/410 p.66–9
Prostate cancer, naturopathic medicine, #409/410 p.23–5
Prostate cancer, P53 tumor suppressor gene, online, #409/410 p.14, #409/410 p.18–27
ProThera, Klair Labs, #409/410 p.93
Psoriasis, folic acid, #413 p.24
Psoriasis, Helicobacter pylori, #413 p.59
Psoriasis, natural remedies, #408 p.70–1
Psychiatry, nutrition, online, #411 p.18+
Psychosomatic Energetics, emotional conflicts & personality, #411 p.66–8
Psychosomatic Energetics, urticaria (hives), #407 p.58–9
Psychosomatic Energetics, vaginal infections, #408 p.68–9
Psyllium, type 2 diabetes, #403/404 p.28+
Pueraria mirifica, vulvovaginal atrophy, #408 p.91+
Pulsed dosing, Borrelia, #408 p.40
Pycnogenol (pine bark extract), osteoarthritis, #412 p.76

Q

Quicksilver Scientific, mercury testing, #413 p.78

R

Radiation-induced dermatitis, glutamine, #409/410 p.38
Rashes, natural remedies, #408 p.70–1
Red yeast rice, hypercholesterolemia, #406 p.35
Renal disease, cardiovascular disease, #406 p.54–8
Research, evaluating quality, online, #403/303 p.56–7
Research bias, cholesterol, #405 p.80+
Research suppression, pharmaceutical industry, #406 p.72–4
Respiratory illness, vitamin C (intravenous), #408 p.43+
Restless legs syndrome, vitamin D, #411 p.45
Restoration model, chronic illness, #413 p.46–9
Rheumatoid arthritis, low-dose immunotherapy, online, #407 p.28–9
Rhinoconjunctivitis, probiotics, #409/410 p.38
Riboflavin, cyclic vomiting syndrome, #402 p.38
Robotics, surgery, #402 p.29
Rogers Award, Seely, Dugald, ND, MSc, online, #413 p.34–8
Rozema, Theodore Carl, MD, obituary, #413 p.70

Keyword/Subject Index - January 2015 to July 2020

S

- Sabin, Glenn, chronic lymphocytic leukemia, #409/410 p.31–2
- Saffron, postpartum depression, #409/410 p.92+
- Salicinium, cancer, online, #409/410 p.51–4
- Saunas, cardiovascular-related mortality, #406 p.22
- Saunas, dementia, #405 p.26
- Saw palmetto, women's health, #407 p.60–8
- Scars, neural therapy, #406 p.12+
- Schizophrenia, niacinamide, #409/410 p.96
- Scurvy, cardiovascular disease, online, #406 p.8+, #406 p.27–30+
- Seasonal allergies, NAET (Nambudripad Allergy Elimination Technique), online, #406 p.84
- Seaweed (Aquamin), osteoarthritis, #412 p.75
- Seely, Dugald, ND, MSc, #413 p.12
- Seely, Dugald, ND, MSc, Rogers Award, online, #413 p.34–8
- Seizures, integrative medicine, online, #403/404 p.51–2
- Selenium, hyperthyroidism (Graves' disease), #407 p.43
- Self-care, cardiovascular disease, #403/404 p.24–5
- Sensory integration, ADHD, dementia, amnesia, #411 p.56–9
- Septicemia, probiotic-induced, #405 p.28
- Septic shock, vitamin C, hydrocortisone, thiamine, #411 p.95–6
- Serotonin toxicity, Garcinia cambogia, #405 p.18
- Sexual function, diabetes, #407 p.44
- Shaken baby syndrome, controversy, #405 p.18+
- Shingles, statin use, #406 p.8
- Short-chain fatty acids, nervous system, #407 p.50–2
- Silver hydrosol, online, #413 p.26+
- Sitting, fidgeting, online, #405 p.32
- Skin cancer, niacinamide, #409/410 p.96
- Sleep apnea, cardiovascular disease, online, #406 p.44–5
- Sleep disturbance, essential oils, #403/404 p.30–1
- Sleeping position, brain arousal, #403/404 p.26
- Sleep quality, chronic pain, online, #412 p.38–40
- Sleep quality, nutrition and homeopathic support, #412 p.68–9
- Smartphones, mental health, online, #411 p.12+
- Soil, climate change, #402 p.97
- Soluble dietary fiber, type 2 diabetes, #403/404 p.28+
- Somers, Suzanne, breast reconstruction, online, #405 p.40–3
- Specific carbohydrate diet, IBD and IBS, online, #407 p.46–8
- Sperm count decline, #413 p.14
- Standard Homeopathic Company, teething tablet recall, #408 p.39
- Statins, shingles risk, #406 p.8
- Stem cells, breast reconstruction, online, #405 p.14, #405 p.40–3
- Steroid hormones, addiction, #411 p.63+

Keyword/Subject Index - January 2015 to July 2020

Steroid hormones, urine testing, #405 p.54–8
Stress, chronic pain, online, #403/404 p.47–50
Stress, mind/body,, #402 p.1+
Stress patterns, adaptogens and nutrients, #412 p.32–4
Stress reduction, naturopathic medicine, online, #403/404 p.49–50
Stroke, folic acid, #406 p.36
Stroke, root-canal tooth, #411 p.91
Stroke damage, vitamin D, online, #405 p.33
Substance abuse, N-acetylcysteine, #411 p.44
Sugar, cardiovascular disease, #405 p.80+
Sugar, mitochondria, online, #409/410 p.45–6+
Sunlight, vitamin D supplementation, #403/404 p.75–9
Supplements, physician sales, online, #402 p.26–7, #413 p.65–7
Surgery, iron-deficiency, #402 p.37+
Surgery, robotics, #402 p.29
Survivin, prostate cancer, online, #409/410 p.21–2
Systemic lupus erythematosus (SLE), microbiome, #408 p.40+

T

Teeth, cardiology, #408 p.1+
Tegaran (fermented soy extract), cancer, online, #409/410 p.23
Testosterone, erections, online, #413 p.40–5
Testosterone, heart disease, #406 p.59–62
Teta, Jade, ND, #413 p.10+
Thiamine, Alzheimer's disease, #411 p.43
Thiamine, obesity, #409/410 p.38+
Thyroid function, high-dose biotin, #403/404 p.33
Tick-borne illness, hyperthermia treatment, #408 p.48–51
Tooth extraction, bromelain, #412 p.24
Tourette's syndrome, neural therapy, #411 p.52+
Townsend Letter, 7th naturopathic medicine competition, online, #403/404 p.14+
Toxic chemicals, regulation, #407 p.88–90
Toxicity, mercury, online, #402 p.60–70
Toxic metals, dentistry, #408 p.1+
Transaminases, gastroenterology, #411 p.84–5
Trial to Assess Chelation Therapy, cardiovascular disease, online, #406 p.38–41
Tribulus terrestris, libido (postmenopause), #411 p.92
Trigger points, chronic pain, #412 p.54–6
Tryptophan/tyrosine/blueberry, postpartum depression, #409/410 p.92

U

Ultrasound, fetal risks, online, #405 p.14, #405 p.44–51
University of Bridgeport College of Naturopathic Medicine, #403/404 p.20–1

Keyword/Subject Index - January 2015 to July 2020

Urinary toxic element screening, billing codes, #406 p.72
Urinary tract infections, cranberry, #406 p.96+
Urinary tract infections, dementia, online, #411 p.14+
Urine testing, steroid hormones, #405 p.54–8
Urticaria (hives), low-histamine diet, #412 p.24+
Urticaria (hives), Psychosomatic Energetics, #407 p.58–9
Uterine fibroids, environmental chemicals, #405 p.75–6
Uterine fibroids, Lac caninum, #408 p.88–9
Uterine fibroids, phthalates, #413 p.24
Uterine fibroids, vitamin D, #408 p.44

V

Vaccination, Anthony Mawson pilot study, #413 p.63–4
Vaccine exemptions, California SB 277, #402 p.98–9
Vaccine exemptions, legality, #402 p.98–9
Vaginal infections, Psychosomatic Energetics, #408 p.68–9
Vitamin A, bronchopulmonary dysplasia, #413 p.80
Vitamin B, folic acid, #407 p.45
Vitamin B6, gestational diabetes, #405 p.60–2
Vitamin B12, autism, #406 p.37
Vitamin B12, neurological disorders, #411 p.44
Vitamin C, cancer pain, #409/410 p.36+
Vitamin C, cardiovascular disease, online, #406 p.8+, #406 p.27–30+
Vitamin C, chronic regional pain syndrome, #408 p.42
Vitamin C, dialysis, #413 p.25
Vitamin C, iron, #405 p.4
Vitamin C (intravenous), neurofibromatosis & optic pathway glioma, #409/410 p.36
Vitamin C, oral bioavailability, #408 p.58–61
Vitamin C (intravenous), respiratory illness, #408 p.43+
Vitamin C (intravenous), septicemia, #411 p.95–6
Vitamin C, whooping cough, #403/404 p.26+
Vitamin C and doxycycline, cancer, online
Vitamin D, #413 p.69
Vitamin D, cancer risk, online, #409/410 p.87
Vitamin D, dosage for children, #412 p.26
Vitamin D, falls, #402 p.39
Vitamin D, fatigue, #413 p.75
Vitamin D, hepatitis C treatment, #408 p.43
Vitamin D, infants, #408 p.45
Vitamin D, restless legs syndrome, #411 p.45
Vitamin D, stroke damage, online, #405 p.33
Vitamin D, uterine fibroids, #408 p.44
Vitamin D supplementation, sunlight, #403/404 p.75–9
Vitamin E, anticoagulant regimen, online, #406 p.51

Keyword/Subject Index - January 2015 to July 2020

Vitamin E, heart failure, online, #407 p.95–6
Vitamin E, hepatitis B in children, #412 p.26
Vitamin E/A/hyaluronic acid suppository, vulvovaginal atrophy, #408 p.92
Vitamin K, warfarin, #406 p.35+, #413 p.79–80
Vulvar warts, naturopathic medicine, #403/404 p.92–4
Vulvovaginal atrophy, fennel cream, #408 p.90
Vulvovaginal atrophy, Pueraria mirifica, #408 p.91+
Vulvovaginal atrophy, vitamin E/A/hyaluronic acid suppository, #408 p.92

W

Walnuts, anti-aging medicine, #403/404 p.89+
Warfarin, vitamin K, #406 p.35+, #413 p.79–80
Weight issues, #406 p.78+
Weight loss, Garcinia cambogia, #405 p.18
Weight management, ashwagandha, #406 p.92+
Wellness consulting clinics, naturopathic medicine, #403/404 p.1+
Whole grains, mortality, #407 p.44
Whooping cough, vitamin C, #403/404 p.26+
Women's health, online, #405 p.32–3
Women's health, peloids, online, #403/404 p.40–2
Wounds, honey, #403/404 p.90

X

Xanthurenic acid, gestational diabetes, #405 p.60–2

Y

Yoga, depression, #411 p.40
Your Third Brain, microbiome, online, #403/404 p.13–14

Z

Zinc, recommended dietary allowance, #403/404 p.32

2016:

#

5-alpha-reductase, testosterone, online, #401 p.53–61

A

A1 beta-casein, inflammation & diabetes, #395 p.28
Acetaminophen, autism, #399 p.31
Acetyl-L-carnitine, hepatic encephalopathy, #394 p.34

Keyword/Subject Index - January 2015 to July 2020

Addiction, online, #395 p.6+
Addiction, cure, online, #399 p.12+
Addiction, supplement therapy, online, #399 p.72
Advanced glycation end products, cooking methods, #401 p.34
Aging, Field Control Therapy, #401 p.41–4
Aging, free radical theory, #394 p.105–8
Aging, midlife, #395 p.25–6
Aging, nutritional supplements, #401 p.35+
Aging, oxygen, online, #400 p.8+
Aging, pollution, online, #393 p.82–3
Alcoholic liver disease, Unani medicine, #395 p.48–9
Alcoholism, cure, online, #399 p.12+
Ali, Majid, MD, online, #400 p.8+
Allergic rhinitis, sublingual immunotherapy (SLIT), #393 p.26+
Allergies, immunotherapy, online, #393 p.34–41
Allergy Research Group, Stephen A. Levine, online, #399 p.44–9
Allergy tests, online, #393 p.34+
Aloe vera, cesarean section wound healing, #393 p.92+
Alpha-lipoic acid, burning mouth syndrome, online, #391/392 p.36
Alpha-Stim, posttraumatic stress disorder, #394 p.102
Aluminum, Alzheimer's disease, #390 p.24
Aluminum, chronic fatigue syndrome, #400 p.32+
Aluminum, detoxification, online, #396 p.70
Alzheimer's disease, aluminum, #390 p.24
Alzheimer's disease, Dale Bredesen, MD program, #393 p.69–70
Alzheimer's disease, mushroom supplement, #400 p.109, #401 p.109
Alzheimer's disease, protein patterns, online, #390 p.77
Amyloidosis, curcumin, #395 p.106–7
Amyotrophic lateral sclerosis (Lou Gehrig's disease), causation, online, #395 p.44–7
Amyotrophic lateral sclerosis (Lou Gehrig's disease), Deanna Protocol Metabolic Plan, #401 p.28+
Amyotrophic lateral sclerosis (Lou Gehrig's disease), spinal injury risk factor, online, #399 p.83–6
Amyotrophic lateral sclerosis (Lou Gehrig's disease), stem cells, online, #395 p.12
Anderson, Robert A., MD, memoir, #391/392 p.92
Anthroposophical medicine, heart disease, #401 p.91
Anti-aging, diagnostics, online, #390 p.77–8
Anti-aging, exercise, online, #397/398 p.90–1
Anti-aging medicine, online, #401 p.96–7
Anticoagulants, capsaicin, #394 p.103+
Anxiety, GABA, #399 p.79–82
Anxiety, rhodiola, #400 p.110
Aphthous ulcers, vitamin B12, #395 p.32+, #396 p.30+
Applied kinesiology, #390 p.66–70
Aromatherapy, #401 p.24+
Aromatherapy, pain management, online, #400 p.44–54

Keyword/Subject Index - January 2015 to July 2020

Arrhythmias, homeopathy, #394 p.104
Arterial calcification, diabetes, #395 p.100–1
Arterial stiffness, grapefruit juice flavonoids, #395 p.109
Arterial stiffness, vitamin K2, #394 p.28
Arterial ulcers, Peskin Protocol EFAs, online, #393 p.73–5
Arthritis, bone broth, #395 p.30
Arthritis, regenerative orthopedics, #395 p.41–2
Artificial sweeteners, sugar cravings, #390 p.32
Asperger syndrome, homeopathy, online, #393 p.89–91
Asthma, infection etiology, #394 p.6+
Athletes, colostrum benefits, #390 p.62–4
Athletic performance, PerfectAmino, #401 p.110
Athletic performance, vitamin C, #395 p.38, #396 p.31+
Attention deficit hyperactivity disorder, homeopathy, online, #393 p.89–91
Autism, acetaminophen, #399 p.31
Autism, folate, #400 p.1+
Autism, folic acid/vitamin B12, #397/398 p.112+
Autism, Great Plains Laboratory genetic test, #391/392 p.42–3
Autism, homeopathy, #399 p.31+
Autism, low-dose naltrexone, online, #395 p.21–4
Autism, prenatal fluoride, online, #393 p.10+, #393 p.49–55
Autism, toxic chemicals, online, #390 p.42–4
Autism, urinary porphyrins, #390 p.27
Autoantibodies, chronic fatigue syndrome, #393 p.67
Autoimmune disease, dilated cardiomyopathy, #394 p.52–3
Autoimmune disease, GcMAF, online, #399 p.19
Autoimmune disease, Helicobacter pylori, online, #393 p.87+
(Strept)avidin-biotin technology, biotin, #400 p.87
Awareness, meditation, #394 p.80–3

B

Bacterial vaginosis, naturopathic medicine, online, #391/392 p.108
Beattie-Moss, Anne (obituary), #393 p.65–6
Behavioral problems, homeopathy, #390 p.86–7
Beljanski Foundation, cancer, #397/398 p.64–7
Bevacizumab, naturopathic medicine, #399 p.103+
Billing codes, fibromyalgia, #400 p.40–1
Bioenergetic medicine, 60th Congress of ICIM, online, #391/392 p.12+
Biofilm, silver nanoparticles, online, #396 p.48+
Bioidentical hormone replacement, myths, #391/392 p.100–5
Bioresonance testing, chronic disease, #390 p.47–50
Bioresonance testing, diabetes, #395 p.78–81
Bioresonance testing, women's health, #391/392 p.80–1
Biotin, (strept)avidin-biotin technology, #400 p.87

Keyword/Subject Index - January 2015 to July 2020

Biotin, multiple sclerosis, online, #400 p.18+, #400 p.86–9
Biotin, thyroid testing, #401 p.36
Bipolar disorder, holistic treatment, #399 p.66–71
Black cohosh, perimenopause, online, #391/392 p.35+
Black cumin, mastalgia, #400 p.106+
Blood pressure, flaxseed, #394 p.109
Bone broth, arthritis, #395 p.30
Bone health, vitamin D, #391/392 p.28–9
Borrelia burgdorferi, membrane protein test, online, #396 p.26
Boswellia essential oils, cancer, online, #397/398 p.78–81
Botanicals, DNA barcoding, #399 p.24–5
Botanicals, glioblastoma multiforme, online, #397/398 p.82–3
Bovine colostrum, benefits, #390 p.62–4
Bovine colostrum, Lyme disease, #396 p.33
Brain, gut/teeth/eyes, #393 p.12
Brain function, microbiome, online, #399 p.19, #399 p.50–5+, #401 p.87
Brain injury, Field Control Therapy, #397/398 p.46–8
Brain lymphatic system, online, #399 p.55
Bread, #390 p.80–2
Breast cancer, biomarkers, #390 p.38–40
Breast cancer, dietary animal fat, #391/392 p.82–6
Breast cancer, nutrition, #397/398 p.12
Breast milk, diaper rash, #393 p.29
Breath analysis, disease, #390 p.24+
Bredesen, Dale, MD, Alzheimer's program, #393 p.69–70
Broken, online, #395 p.6+
Bureaucratic mind, health care, online, #395 p.12, #395 p.58–63
Burning mouth syndrome, alpha-lipoic acid, online, #391/392 p.36

C

Calcium fructoborate, inflammation, #394 p.76–9
Camino trek, #399 p.40–2
Cancer, #397/398 p.101–5
Cancer, acoustic-based diagnostic, online, #390 p.77–8
Cancer, alternative treatments, #397/398 p.84–6
Cancer, Beljanski natural approach, #397/398 p.64–7
Cancer, Boswellia essential oils, online, #397/398 p.78–81
Cancer, coffee, #397/398 p.10+
Cancer, digitalis, #400 p.97
Cancer, early detection, #397/398 p.99–100
Cancer, French grape seed extract, #400 p.110
Cancer, GcMAF, #397/398 p.24
Cancer, Gonzalez nutritional protocol, #397/398 p.68–9
Cancer, green tea, #390 p.83+

Keyword/Subject Index - January 2015 to July 2020

Cancer, homeopathy, online, #397/398 p.58–62
Cancer, immunotherapy, #397/398 p.49–52
Cancer, metabolic approach, online, #397/398 p.37–40
Cancer, metabolic patterns, #397/398 p.25
Cancer, naturopathic medicine, #397/398 p.92–5
Cancer, plutonium exposure, #397/398 p.8+
Cancer, proton pump inhibitors, online, #397/398 p.14+, #397/398 p.73–7
Cancer, saffron, #393 p.57
Cancer, salicinium, online, #397/398 p.42–4
Cancer, telomeres, online, #390 p.78
Cancer, vitamin C, #397/398 p.12+
Cancer, vitamin D, #396 p.109, #397/398 p.28
Cancer prevention, #397/398 p.88–9
Cannabis, cancer, #397/398 p.105
Cannabis, Lyme disease, #396 p.62–4+
Cannabis, legislation and regulation, #396 p.38–9
Cannabis, medicinal use and quality, #390 p.26+
CaPLESS surveillance method, prostate cancer, online, #397/398 p.14, #397/398 p.33–6
Capsaicin, anticoagulants, #394 p.103+
Carbohydrates, insulin response, #391/392 p.48–51
Cardiovascular disease, Bale/Doneen method, #395 p.87
Cardiovascular disease, integrative medicine, online, #394 p.54–60, #394 p.68–75
Cardiovascular disease, periodontitis, online, #395 p.98
Cardiovascular disease, sugar, online, #394 p.62–7
Cardiovascular disease, trimethylamine-N-oxide (TMAO), #394 p.32
Cardiovascular disease, women, #391/392 p.46
Cardiovascular health, magnesium, #394 p.26
Cardiovascular health, oxytocin, #391/392 p.59+
Care giving, stress, #401 p.30
Carnitine, cardiovascular disease, #394 p.32
Cataracts, diet, #401 p.28
Cataracts, lutein & zeaxanthin, #393 p.29+
Caveolin-1, atherosclerosis, online, #394 p.56–7
CDC (See Centers for Disease Control), corruption, #395 p.90+
Celiac disease, hypothyroidism, #397/398 p.30
Cellular stress, Omega Curcumin, #401 p.110
Centers for Disease Control (CDC), corruption, #395 p.90+
Centers for Disease Control (CDC), vaccine fraud, #399 p.26
Cerebral folate deficiency, schizophrenia, #390 p.31+
Cervical dysplasia, selenium, #397/398 p.110+
Cesarean section wound healing, aloe vera, #393 p.92+
Chelation therapy, diabetes, #395 p.100–1
Chelation therapy, lead, online, #393 p.70–1
Chelation therapy, Trial to Assess Chelation Therapy 2, #390 p.20–1

Keyword/Subject Index - January 2015 to July 2020

Chelation therapy, urinary toxic element screen, online, #399 p.7+
Chemotherapy, fish oil, #397/398 p.106–8
Chemotherapy, ginger, #397/398 p.30
Chemotherapy, proton pump inhibitors, #400 p.96
Chemotherapy, zinc-L-carnosine, #397/398 p.30
Cherry juice, dementia, #391/392 p.30
Chickenpox vaccine, #396 p.84
Chikungunya, #394 p.8+
Children, environmental pollution, online, #396 p.34–6
Chinese medicine, #390 p.88–9
Chlamydia pneumoniae, asthma, #394 p.6+
Cholesterol, Great Plains Laboratory genetic test, #391/392 p.43
Cholesterol, suicide prevention, online, #400 p.68–70+
Chondroitin, osteoarthritis, #395 p.52–7
Chronic disease, Field Control Therapy, #390 p.47–50
Chronic disease, geopathic stress, online, #395 p.64–6
Chronic fatigue syndrome, aluminum adjuvants, #400 p.32+
Chronic fatigue syndrome, autoantibodies, #393 p.67
Chronic fatigue syndrome, doctor-patient relationship, #395 p.68–71
Chronic fatigue syndrome, Hashimoto's thyroiditis, #395 p.68–71
Chronic fatigue syndrome, HLA typing, online, #400 p.66–7
Chronic fatigue syndrome, nonallergic rhinopathy, online, #400 p.93–5
Chronic fatigue syndrome, retroviruses, #400 p.35
Chronic fatigue syndrome, rintatolimod (Ampligen), #400 p.32
Chronic fatigue syndrome, SHINE protocol, #400 p.82–4
Chronic fatigue syndrome, vagus nerve, online, #400 p.78–81
Chronic illness, negative emotions, #395 p.86
Cinnamon, dysmenorrhea, online, #391/392 p.36+
Cirrhosis, selenium deficiency, #394 p.34
Cirrhosis, vitamin D levels, #394 p.34
Clostridium difficile, fecal microbiota transplantation, #390 p.26
Cocoa, skin wrinkles, #399 p.37
Coenzyme Q10, fibromyalgia, #400 p.37
Coenzyme Q10, lipoprotein(a), #401 p.34
Coffee, cancer, #397/398 p.10+
Coffee enema, cancer, #397/398 p.94
Cognitive dysfunction, Dale Bredesen, MD program, #393 p.69–70
Cognitive dysfunction, nutrients, #396 p.86–8
Cognitive function, cortisol levels, online, #390 p.77
Cognizin Citicoline, #391/392 p.111
Cognizin Citicoline, brain function, #399 p.106
Colds, elderberry, #401 p.36
Colloidal silver, Robert MacCuspie, PhD, #400 p.29
Colon cancer recurrence, sugary beverages, #397/398 p.26+

Keyword/Subject Index - January 2015 to July 2020

Compounding pharmacies, FDA regulations, #391/392 p.6+, #399 p.30
Computer vision syndrome, #393 p.24
Congestive heart failure, iron deficiency, #394 p.111–12
Consumer Labs, multivitamin/multimineral supplements, #395 p.92+
Cook, Michelle Schoffro, PhD, DNM, #397/398 p.22–3
Cooking methods, insulin sensitivity, #401 p.34
Cortisol levels, cognitive function, online, #390 p.77
Cosgrove, Toby, MD, Linus Pauling award, #396 p.21
Cosmetics, synthetic chemicals, #400 p.102–3
Cost-effectiveness, Patient Protection and Affordable Care Act, #390 p.25+
Coxiella burnetii, Q fever, #390 p.22
COX-2 inhibitors, inflammation, #394 p.76–7
Cranberry, urinary tract infections, #391/392 p.29
Curcumin, amyloidosis, #395 p.106–7
Curcumin, muscle soreness, #400 p.100+
Curcumin, radiation dermatitis, #393 p.30, #393 p.92

D

Dakota Laboratories, Viva-Drops & FDA, #393 p.96
Dandelion, #397/398 p.22
Darwin, Charles, health care, #396 p.40–1
Deanna Protocol Metabolic Plan, ALS, #401 p.28+
Death, process, #396 p.22–3
Delayed cord clamping, neurological development, #390 p.30+
Dementia, cherry juice, #391/392 p.30
Dementia, Dale Bredesen, MD program, #393 p.69–70
Dental extractions, heart surgery, online, #395 p.99
Depression, functional medicine, #396 p.95
Depression, integrative medicine, #399 p.97
Depression, lion's mane mushrooms, #400 p.34+
Depression, natural treatments, online, #399 p.100–1
Depression, omega-3 fatty acids, #391/392 p.44–5
Depression, oral health, online, #395 p.99
Depression, psilocybin, #399 p.34
Depression, rhodiola, #400 p.110
Depression, saffron, #393 p.56
Depression, serotonin, #399 p.34+
Detoxification, longevity, online, #393 p.82–3
DHA, photooxidative damage, #393 p.24+
DHEA, vaginal atrophy, #391/392 p.28
Diabetes (type 1), A1 beta-casein, #395 p.28
Diabetes, arterial calcification, #395 p.100–1
Diabetes, berberine, #395 p.28+
Diabetes, chelation therapy, #395 p.100–1

Keyword/Subject Index - January 2015 to July 2020

Diabetes, chelation therapy study (TACT2), #390 p.20–1
Diabetes, Field Control Therapy, #395 p.78–81
Diabetes, functional medicine, #394 p.95
Diabetes, niacin, #399 p.37+
Diabetes, oxytocin, #391/392 p.58
Diabetes, sugar, online, #394 p.64–7
Diabetes, fruit and protein powder, online, #395 p.72–6
Diabetic foot ulcers, Peskin Protocol EFAs, online, #393 p.73–5
Diagnosis, breath analysis, #390 p.24+
Diagnostics, anti-aging, online, #390 p.77–8
Diagnostics, applied kinesiology, #390 p.66–70
Diaper rash, human milk, #393 p.29
Diet, anti-aging, #401 p.98–100
Diet, cataracts, #401 p.28
Dietary fat, heart disease, online, #400 p.90–2
Dietary fiber, obesity, online, #390 p.35
Dietetics, #395 p.95–6
Diets, weight loss, #390 p.31
Digitalis, cancer, #400 p.97
Digital medicine, online, #390 p.28–9
Dilated cardiomyopathy, autoantibodies, #394 p.52–3
Disease, food, #399 p.1
DNA methylation pathway, Great Plains Laboratory test, #391/392 p.42
Doctor-patient relationship, online, #400 p.12+
Doctor-patient relationship, chronic fatigue syndrome, #395 p.68–71
Doctor-patient relationship, Robert A. Anderson, #391/392 p.92
Doctors, healthful lifestyle, #391/392 p.87–8, #395 p.85
Dowsing, geopathic stress, online, #395 p.64–6
Dried urine analysis, #395 p.82–4
Drinking water, lead, #395 p.102–5
Drinking water, lead and chelation, online, #393 p.70–1
Dr. Ohhira's Essential Living Oils, #393 p.88
Drug addiction, treatment, online, #391/392 p.52–6
Drug metabolism, Great Plains Laboratory genetic test, #391/392 p.42
Dry eye syndrome, fish oil and omega-3, #391/392 p.46+
Dry eye syndrome, omega-3 fatty acids, #393 p.29
Dry eye syndrome, vitamin A, #393 p.96
Dysmenorrhea, calcium-vitamin D, #400 p.106
Dysmenorrhea, cinnamon, online, #391/392 p.36+
Dysmenorrhea, naturopathic medicine, online, #391/392 p.108

E

Earthing, cancer, #397/398 p.92+
E-cigarettes, lung cancer, #397/398 p.96–8

Keyword/Subject Index - January 2015 to July 2020

Eczema, essential fatty acids, #393 p.94–5
Eczema, sunflower oil, #393 p.28
Eczema, vitamin D, #393 p.28
Elderberry, colds, #401 p.36
Electromagnetic hypersensitivity, biomarkers, #395 p.31
Electronic health records, online, #390 p.28–9
Emerson Ecologics, grant program, #399 p.20
Emerson Ecologics, NH natural products industry, #400 p.30
Emotions, chronic illness, #395 p.86
Endometriosis, naturopathic medicine, online, #391/392 p.107+
ENOX2, cancer, #390 p.83–5
ENOX2, cancer detection, #397/398 p.50–1
Environmental pollution, illness, online, #396 p.34–6
Environmental pollution, thallium, online, #391/392 p.69–72+
Environmental pollution, toxicity, online, #400 p.90–2
Epigenetics, PTSD, online, #391/392 p.22+
Essential fatty acids, skin, #393 p.94–5
Essential Formulas Inc., William Schoor, #399 p.20
Essential oils, #401 p.24+
Essential oils, pain management, online, #400 p.44–54, #401 p.70–9
Estradiol, skin aging, #393 p.93
Evidenced based medicine, statistics, #399 p.98–9
Exercise, anti-aging, online, #397/398 p.90–1
Exercise, movement, #394 p.94
Exercise, sleep, online, #394 p.99
Exercise, weight management, #391/392 p.95–6
Eyes, nutrients, #393 p.68

F

Fatigue, iron status, #400 p.37+
Fatty liver, DHA, #395 p.108+
FDA, compounding pharmacies, #391/392 p.6+
FDA, supplements, online, #400 p.22+
Fecal microbiota transplantation, inflammatory bowel disease, #390 p.26
Fentanyl, opioid addiction, #397/398 p.6+
Fenugreek, male sexual function, #401 p.106–7
Fermented wheat germ extract, cancer, online, #397/398 p.39
Fertilizer, thallium contamination, online, #391/392 p.70–2+
Fibromyalgia, billing codes, #400 p.40–1
Fibromyalgia, coenzyme Q10, #400 p.37
Fibromyalgia, functional medicine, #397/398 p.87
Fibromyalgia, gluten sensitivity, #400 p.36
Fibromyalgia, heart rate variability, #400 p.33
Fibromyalgia, monosodium glutamate, #400 p.36+

Keyword/Subject Index - January 2015 to July 2020

Fibromyalgia, pain relief, #394 p.19–22
Fibromyalgia, proper diagnosis, online, #400 p.58–64
Fibromyalgia, SHINE protocol, #400 p.82–4
Fibromyalgia, vitamin D, #400 p.37
Field Control Therapy, aging, #401 p.41–4
Field Control Therapy, brain health, #399 p.75–7
Field Control Therapy, brain injury, #397/398 p.46–8
Field Control Therapy, chronic disease, #390 p.47–50
Field Control Therapy, diabetes, #395 p.78–81
Field Control Therapy, Lyme disease, #396 p.71–2+
Field Control Therapy, women's health, #391/392 p.80–1
Fish oil, chemotherapy, #397/398 p.106–8
Fish oil, muscle mass, #391/392 p.30
Fish oil, rheumatoid arthritis, #391/392 p.30
Fish oil, seizures, #399 p.36
5-alpha-reductase, testosterone, online, #401 p.53–61
Flaxseed, blood pressure, #394 p.109
Fluoride, autism, online, #393 p.10+, #393 p.49–55
Fluoride (prenatal), central nervous system, #393 p.19
Fluoride, thyroid function, online, #391/392 p.22
Flu vaccine, #396 p.81
Folate, autism, #400 p.1+
Folic acid, autism, #397/398 p.112+
Folinic acid, schizophrenia, #390 p.31+
Food, disease, #399 p.1
Food and Drug Administration, Myers cocktail, #399 p.112+
Food intolerances, hypothyroidism, #391/392 p.93–4
Food intolerances, Leukocyte Activation Test, #394 p.88–91
Food safety, nutrition, #401 p.104–5
Forest bathing, #396 p.101–2
Fructose, liver, #401 p.36
Fruit and protein powder, insulin resistance, online, #395 p.72–6
Functional medicine, #395 p.89
Functional medicine, depression, #396 p.95
Functional medicine, diabetes, #394 p.95
Functional medicine, fibromyalgia, #397/398 p.87
Functional medicine, IFM survey, #395 p.20
Functional medicine, laboratory tests, #390 p.6+
Functional medicine, metabolic correction, #396 p.42–7
Functional medicine, professional opportunity, #396 p.20
Functional medicine, Toby Cosgrove, MD, #396 p.21
Fungus hypersensitivity, #393 p.42–8

Keyword/Subject Index - January 2015 to July 2020

G

GABA, anxiety, #399 p.79–82
Gardasil vaccine, #396 p.81+
Gastric cancer, Gonzalez nutritional protocol, #397/398 p.68–9
Gastrointestinal cancer, thiamine, #397/398 p.30
Gastrointestinal dysbiosis, obesity, online, #390 p.33–6
Gastrointestinal tract, epithelial linings, #393 p.12
GcMAF, online, #399 p.54
GcMAF, autoimmune disease, online, #399 p.19
GcMAF, cancer, #397/398 p.24
Genetically modified organisms (GMOs), food, online, #400 p.91–2
Genetic polymorphisms, women's health, online, #391/392 p.97–9
Genetic testing, Great Plains Laboratory, #391/392 p.41–3
Geopathic stress, dowsing, online, #395 p.64–6
Germanium sesquioxide, online, #399 p.44+
Gestational diabetes, inositol, #391/392 p.29
Giessen Declaration, nutrition, #395 p.95–6
Ginger, chemotherapy-induced nausea, #397/398 p.30
Ginger, kidneys, #394 p.26
Glioblastoma multiforme, Enterobacter bacteria in surgery, #391/392 p.10
Glioblastoma multiforme, plant-based extracts, online, #397/398 p.82–3
Glucosamine, osteoarthritis, #395 p.52–7
Glutathione, natural killer cells, #390 p.89
Gluten intolerance, #390 p.80–2
Gluten intolerance, fibromyalgia, #400 p.36
Gluten sensitivity, #390 p.32
Gluten sensitivity, recipes, online, #401 p.20+
Glycation, sugar, online, #394 p.12+, #394 p.64–7
Glycolysis, cancer, online, #397/398 p.39+
Glymphatic system, online, #396 p.68–9
Glyphosate, detoxification, online, #396 p.70
Glyphosate, toxicity, online, #394 p.36–43
Gold nanorods, pain management, #400 p.101
Gonzalez, Nicholas J., MD (obituary), online, #390 p.14+, #397/398 p.16+
Gonzalez, Nicholas J., MD, lifestyle choices, #395 p.85
Gonzalez nutritional protocol, cancer, #397/398 p.68–9
Grains, #390 p.80–2
Grapefruit juice flavonoids, arterial stiffness, #395 p.109
Grape seed extract, cancer, #400 p.110
Grape seed extract, perimenopause, #391/392 p.67
Graviola, cancer, #390 p.84
Green smoothies, oxalates, #391/392 p.89–90
Green tea, cancer, #390 p.83+
Green tea, weight loss, online, #391/392 p.38

Keyword/Subject Index - January 2015 to July 2020

Green tea extract and rye, metabolic syndrome, #394 p.109+
Growing pains, vitamin D, #397/398 p.31
Guillain-Barré, zika virus, online, #396 p.26+
Gut microbiome, #393 p.31–2
Gut microbiome, depression, #393 p.14
Gut microbiome, fluoride, #393 p.19
Gut microbiome, prenatal fluoride, online, #393 p.49–50

H

Habit, lifestyle changes, #395 p.88+
Hashimoto's thyroiditis, chronic fatigue syndrome, #395 p.68–71
Healing, doctor-patient relationship, #391/392 p.92
Healing, psychospiritual medicine, online, #400 p.97+
Healing, spiritual dimension, #393 p.60–4, #396 p.93
Health, bureaucratic mind, online, #395 p.12
Health care, bureaucratic mind, online, #395 p.58–63
Heart disease, anthroposophical medicine, #401 p.91
Heart disease, chelation therapy study (TACT2), #390 p.20–1
Heart disease, dietary fiber, online, #400 p.90–2
Heart disease, statins, #394 p.26
Heart failure, online, #394 p.48–50, #394 p.51–3
Heart failure, sodium, #401 p.34
Heart failure, sugar, #394 p.32
Heart rate variability, fibromyalgia, #400 p.33
Heart rate variability, vagus nerve, online, #400 p.78–81
Heart surgery, dental extractions, online, #395 p.99
Heavy metals, post-provocative urine test, #390 p.90–2
Heavy metals, urinary toxic element screen, online, #399 p.7+
Helicobacter pylori, autoimmune disease, online, #393 p.87+
Hepatic encephalopathy, acetyl-L-carnitine, #394 p.34
Herbalife, multilevel marketing, #390 p.10+
Herbalife, William Ackman hedge fund, #393 p.8
Herbs, home-based healing, #397/398 p.22–3
Hetlioz (tasimelteon), cost, #391/392 p.112+
HOCATT Ozone Stream Sauna, #393 p.20
Holistic doctors, deaths, online, #399 p.9+
Holograms, portable medical tests, online, #390 p.78
Homeopathy, arrhythmias, #394 p.104
Homeopathy, Asperger syndrome & ADHD, online, #393 p.89–91
Homeopathy, autism spectrum disorder, #399 p.31+
Homeopathy, brain injury, #397/398 p.46–8
Homeopathy, British National Health Service, online, #401 p.20
Homeopathy, cancer, online, #397/398 p.58–62
Homeopathy, idiopathic thrombocytopenia purpura, #396 p.103–4

Keyword/Subject Index - January 2015 to July 2020

Homeopathy, Lyme disease, #396 p.62–4+
Homeopathy, nanomedicine, online, #396 p.24+
Homeopathy, Sweden, #390 p.86–7
Homeopathy, ulcerative colitis, #401 p.101–2
Homeopathy, Wikipedia, #401 p.62–8
Homeopathy, yellow fever, #401 p.88–90
Homeoprophylaxis, infectious disease, online, #396 p.24
Honey, radiation-induced oral mucositis, #390 p.32
Hormone imbalance, cancer, #397/398 p.101–5
Hot flashes, naturopathic medicine, online, #391/392 p.108+
Hot flashes, omega-3 fatty acids, #391/392 p.45+
Human papilloma virus, naturopathic medicine,, online
Human papilloma virus, naturopathic medicine, #391/392 p.109
Humira, cost, #396 p.6+
Humulus lupulus, perimenopause, #391/392 p.67
Hydrotherapy, kidneys, online, #394 p.14, #394 p.44–6
Hyperbaric oxygen, Lyme disease, #396 p.62–4+
Hypertension, vitamin D, #390 p.31
Hyperthermia, Lyme disease, #396 p.62–4+
Hypophosphatemia, iron, #396 p.32
Hypothyroidism, #391/392 p.100–1
Hypothyroidism, celiac disease, #397/398 p.30
Hypothyroidism, naturopathic medicine, #391/392 p.93–4, #394 p.92–3

I

Iatrogenic toxicity, online, #401 p.96–7
Iatrogenic toxicity, integrative medicine, online, #401 p.1+
Idiopathic thrombocytopenia purpura, homeopathy, #396 p.103–4
Immune function, bovine colostrum, #390 p.62–4
Immunity, vaccines, #396 p.80–1
Immunotherapy, allergies, online, #393 p.34–41
Immunotherapy, cancer, #397/398 p.49–52
Infectious disease, homeoprophylaxis, online, #396 p.24
Infectious disease, mental illness, #399 p.108–9
Infectious disease, next-generation sequencing, online, #390 p.22, #390 p.58–61
Inflammation, A1 beta-casein, #395 p.28
Inflammation, calcium fructoborate, #394 p.76–9
Inflammation, lectins, #395 p.50
Inflammation, lion's mane mushrooms, #400 p.34+
Inflammation, phospholipase A2 marker, #390 p.13
Inflammatory bowel disease, fecal microbiota transplantation, #390 p.26
Infrared sauna, kidneys, online, #394 p.44–6
Inositol, gestational diabetes, #391/392 p.29
Inositol, polycystic ovarian syndrome, online, #391/392 p.38+

Keyword/Subject Index - January 2015 to July 2020

Insomnia, magnesium, #395 p.32, #396 p.30
Insulin resistance, cravings for sweets, online, #395 p.72–6
Insulin resistance, sugar, online, #394 p.65–6
Insulin response, carbohydrates, #391/392 p.48–51
Insulin sensitivity, cooking methods, #401 p.34
Integrative medicine, Academy of Integrative Health & Medicine 2014, online, #394 p.23–5
Integrative medicine, cardiovascular disease, online, #394 p.54–60, #394 p.68–75
Integrative medicine, depression, #399 p.97
Integrative medicine, ICIM meeting, online, #401 p.1+
Integrative medicine, Interprofessional Fellowship, online, #394 p.24
Integrative medicine, LightHearted Medicine clinic, #393 p.22–3
Integrative medicine, mental health, #390 p.13
Integrative medicine, MMI/GWU fellowship program, #396 p.106
Integrative medicine, oncology, online, #397/398 p.53–6
Integrative medicine, quality measures, #391/392 p.26–7
Integrative medicine, suicide prevention, online, #399 p.56–9, #400 p.68–70+
Integrative medicine, TAP Integrative educational resource, #390 p.50
Integrative medicine, bioenergetic and electromagnetic fields, online, #391/392 p.12+
Intestinal epithelial barrier dysfunction, #393 p.12
Intestinal flora, oxalates, #396 p.91–2
Iron (intravenous), adverse effects, #395 p.39
Iron, fatigue, #400 p.37+
Iron, hypophosphatemia, #396 p.32
Iron (intravenous), safety, #400 p.38
Iron deficiency, congestive heart failure, #394 p.111–12

J

Joint health, omega-3 fatty acids, #391/392 p.46
Just Thrive[®] probiotic, #401 p.38–40

K

Kale, thallium toxicity, online, #390 p.51–6
Kidneys, ginger, #394 p.26
Kidneys, protein pump inhibitors, #394 p.30–1
Kidneys, skin detoxification, online, #394 p.14, #394 p.44–6
Kidneys, vaccine adverse effects, #394 p.27+
Kidney stones, oxalates, #391/392 p.89–90
Kidney stones, vitamin C, #396 p.111–12
Klinghardt, Dietrich, MD, PhD, clinical insights, online, #396 p.67–70

L

Laboratory tests, functional medicine, #390 p.6+
Laboratory tests, nonmetal toxic chemicals, online, #390 p.42–4

Keyword/Subject Index - January 2015 to July 2020

Laboratory tests, serum 25-hydroxyvitamin D, #390 p.96+
L-arginine, preeclampsia, #397/398 p.31
L-DOPA, Parkinson's disease, #400 p.104–5
Lead, chelation therapy, online, #393 p.70–1
Lead, drinking water, #395 p.102–5
Lectins, inflammation, #395 p.50
Leukocyte Activation Test, food intolerances, #394 p.88–91
Levine, Stephen A., PhD, Allergy Research Group, online, #399 p.44–9
Levine, Stephen, PhD, online, #399 p.19
Licort cream (licorice and cortisol), skin conditions, #396 p.93+
Lifestyle choices, habit, #395 p.88+
LightHearted Medicine clinic, integrative medicine, #393 p.22–3
Light stress, retinal damage, #393 p.25+
Lion's mane mushrooms, inflammation and mood, #400 p.34+
Lipoprotein(a), coenzyme Q10, #401 p.34
Lithium, mood, #390 p.13
Live blood analysis, online, #400 p.12+
Liver, fructose, #401 p.36
Liver, silymarin, #394 p.34
Longevity, online, #401 p.96–7
Longevity, detoxification, online, #393 p.82–3
Longevity, Okinawan food culture, #401 p.98–100
Low-dose allergen immunotherapy, online, #393 p.38+
Low-dose naltrexone, neurodegenerative disorders, online, #395 p.21–4
Lung cancer, e-cigarettes, #397/398 p.96–8
Lutein & zeaxanthin, eyes, #393 p.29+
Lyme disease, online, #396 p.19, #396 p.58–61
Lyme disease, bovine colostrum, #396 p.33
Lyme disease, CAM treatment, #391/392 p.76–8
Lyme disease, cognitive function, #396 p.86–8
Lyme disease, ELISPOT test, #396 p.106
Lyme disease, extended antibiotic therapy, online, #396 p.25
Lyme disease, Field Control Therapy, #396 p.71–2+
Lyme disease, integrative medicine, #396 p.62–4+
Lyme disease, membrane protein test, online, #396 p.26
Lyme disease, silver nanoparticles, online, #396 p.48+

M

Maca, antidepressant-induced sexual dysfunction, online, #391/392 p.35
MacCuspie, Robert, PhD, Natural Immunogenics Corporation, #400 p.29
Macua pruiens, Parkinson's disease, #400 p.104–5
Magnesium, cardiovascular health, #394 p.26
Magnesium, insomnia, #395 p.32, #396 p.30
Magnesium, postherpetic neuralgia, #395 p.38+, #396 p.32

Keyword/Subject Index - January 2015 to July 2020

Male sexual function, fenugreek, #401 p.106–7
Malpractice lawsuits, prenatal genetic testing, online, #391/392 p.23
Mammogram screening, #396 p.110
Mammography, guidelines, #390 p.93–5
Mastalgia, topical black cumin, #400 p.106+
Maternal stress, epigenetics, online, #391/392 p.22+
MDMA, posttraumatic stress disorder, #399 p.33
Measles vaccine, #396 p.83+
Medical devices, Exponential medicine annual meeting, #391/392 p.19+
Medicine, spiritual dimension, #393 p.60–4, #396 p.93
Medicine, statistics, #399 p.98–9
Meditation, neurology, #394 p.80–3
Meditation, pain management, #400 p.101
Meditation, sleep, online, #394 p.98+
Melasma, silymarin cream, #393 p.30
Melatonin, online, #399 p.45
Melatonin, migraine prevention, #399 p.110
Men, fenugreek, #401 p.106–7
Menopausal hormone therapy, ovarian cancer, #396 p.109+
Menopause, weight management, #391/392 p.95–6
Men's health, global action, #401 p.30+
Menstrual pain, calcium-vitamin D, #400 p.106
Mental health, Great Plains Laboratory genetic test, #391/392 p.42
Mental health, Infectious disease, #399 p.108–9
Mental health, integrative care, #390 p.13
Mental health, nutrition, #399 p.95
Mental health, oxytocin, #391/392 p.59
Mental health, urinary biogenic amines, online, #394 p.84–7
Metabolic correction, functional biochemical approach, #396 p.42–7
Metabolic syndrome, obesity, online, #390 p.33–6
Metabolic syndrome, rye bread and green tea extract, #394 p.109+
Metabolomics, cancer, #397/398 p.25
Metformin, naturopathic medicine, #399 p.102+
Microbiome, brain function, online, #399 p.50–5+, #401 p.87
Microcephaly, zika virus, #391/392 p.8+, zika virus, #394 p.96–7
Microfluidics, #393 p.6+
Midlife, #395 p.25–6
Migraine prevention, melatonin, #399 p.110
Mikovits, Judy, PhD, retroviruses, #400 p.35
Mind-body, #393 p.60–4
Mitochondrial free radical theory, #394 p.105–8
MMR, CDC whistleblower, #399 p.26
Moisturizing creams, skin cancer, #393 p.26
Monosodium glutamate, fibromyalgia, #400 p.36+

Keyword/Subject Index - January 2015 to July 2020

Monsanto, falsified glyphosate safety, online, #394 p.36–43
Mood disorders, natural treatments, online, #399 p.100–1
Movement, exercise, #394 p.94
Mucositis (radiation-induced), honey, #390 p.32
Multilevel marketing, Herbalife, #393 p.8
Multilevel marketing, Vemma, #390 p.8+
Multiple chemical sensitivity, online, #400 p.93–5
Multiple chemical sensitivity, HLA typing, online, #400 p.66–7
Multiple sclerosis, high-dose biotin, online, #400 p.18+
Multiple sclerosis, oxygen and biotin, online, #400 p.86–9
Mumps vaccine, #396 p.84
Muscle function, statins, #394 p.26
Muscle mass, fish oil, #391/392 p.30
Mushroom supplement, Alzheimer's disease, #401 p.109
Myers cocktail, FDA requirements, #399 p.112+
Myofacial pain, #394 p.21

N

N-acetylcysteine, tobacco addiction, #395 p.38, #396 p.31
NAET (Nambudripad's Allergy Elimination Techniques), pruritic rash, online, #393 p.84–6
Naltrexone (low-dose), alcoholism, online, #399 p.12+
Naltrexone (low-dose), neurodegenerative disorders, online, #395 p.21–4
Nanomedicine, homeopathy, online, #396 p.24+
Naringenin, arterial stiffness, #395 p.109
Nature, healing, #396 p.101–2
Nature, sleep, online, #394 p.99+
Naturopathic medicine, cancer, #397/398 p.92–5
Naturopathic medicine, hypothyroidism, #391/392 p.93–4, #394 p.92–3
Naturopathic medicine, Northwest convention 2016, #396 p.14–15+
Naturopathic medicine, pharmacy continuing education, #399 p.102–6
Naturopathic medicine, vaccination debate, online, #396 p.96
Naturopathic medicine, women's health, online, #391/392 p.107–9
Naturopathic pharmacies, online, #401 p.92–5
Neck problems, lower pain tolerance, #394 p.20
Neural therapy, stroke, #394 p.103
Neurodegenerative disease, iron, online, #395 p.98+
Neurodegenerative disorders, low-dose naltrexone, online, #395 p.21–4
Neurological development, delayed cord clamping, #390 p.30+
Neurological disorders, herbs and nutrients, #399 p.96
Neurology, meditation, #394 p.80–3
Neuropathies, vitamin B12, #401 p.36
Neurotransmitter metabolism, mental health, online, #394 p.84–7
Next-generation sequencing, infectious disease, online, #390 p.22, #390 p.58–61
Niacin, diabetes, #399 p.37+

Keyword/Subject Index - January 2015 to July 2020

Niacinamide, skin cancer, #393 p.29
Nicotinamide, skin cancer, #397/398 p.110
Nicotine exposure, pregnancy, #399 p.111
Nightshade-free diet, itchy scars, #393 p.30
Nitric oxide, Nordic Clinical supplement, #400 p.109
Nonalcoholic steatohepatitis, polyunsaturated fatty acid supplementation, #395 p.108+
Nutrients, vision, #393 p.68
Nutrigenetics, nutrigenomics, online, #393 p.77–81
Nutrition, dietetics, #395 p.95–6
Nutrition, food safety, #401 p.104–5
Nutrition, mental health, #399 p.95
Nutritional deficiencies, pharmaceutical drugs, #395 p.30+
Nutritional genomics, online, #393 p.77–81
Nutrition deficiencies, suicide prevention, online, #400 p.68–70+

O

Obesity, α -cyclodextrin dietary fiber, online, #390 p.35
Obesity, gastrointestinal dysbiosis, online
Obesity, metabolic syndrome, online, #390 p.33–6
Odor processing, pain management, online, #400 p.44–54
Ohhira, lichiroh, PhD (obituary), #395 p.18
Olfaction (See Smell)
Omega-3 fatty acids, dry eye syndrome, #393 p.29
Omega-3 fatty acids, perimenopause, #391/392 p.44–7
Omega-3 fatty acids, schizophrenia, #400 p.38
Omega-3 fatty acids, sleep, online, #394 p.100
Omeprazole, anticancer activity, #397/398 p.14+
Oncology, integrative medicine, online, #397/398 p.53–6
Opiate addiction, treatment, online, #391/392 p.52–6
Opioid addiction, fentanyl, #397/398 p.6+
Opioids, CDC guidelines, online, #395 p.8+
Oral health, online, #395 p.98–9
Osteoarthritis, undenatured type II collagen, #395 p.31
Osteoarthritis, glucosamine and chondroitin, #395 p.52–7
Osteopenia, dried plum, #399 p.37
Osteoporosis, oxytocin, #391/392 p.58+
Osteoporosis, perfluoroalkyl chemicals (stain-resistant coating), #400 p.38
Ovarian cancer, menopausal hormone therapy, #396 p.109+
Overdiagnosis, thyroid cancer, online, #391/392 p.23+
Oxalate metabolism, Great Plains Laboratory genetic test, #391/392 p.43
Oxalates, green smoothies, #391/392 p.89–90
Oxalates, Intestinal flora, #396 p.91–2
Oxygen, aging, online, #400 p.8+
Oxygen, multiple sclerosis, online, #400 p.86–9

Keyword/Subject Index - January 2015 to July 2020

Oxytocin, #391/392 p.18
Oxytocin, clinical uses, online, #391/392 p.57–61, #391/392 p.62–6
Oxytocin, pain relief, #391/392 p.57+

P

Pain management, #400 p.26+, #400 p.99
Pain management, natural anti-aging approaches, #400 p.100–1
Pain management, self-hypnosis, #400 p.33+
Pain management, smell, online, #400 p.20, #400 p.44–54, #401 p.70–9
Pain management, vitamin C, #400 p.55–7
Pain relief, neck problems, #394 p.20
Pao pereira, prostate inflammation, #397/398 p.65+
Parasitic infections, silver nanoparticles, online, #396 p.48+
Parkinson's disease, *Macua pruiens*, #400 p.104–5
Parkinson's disease, thiamine, #395 p.38, #396 p.31
Patient Protection and Affordable Care Act, cost-effectiveness, #390 p.25+
Pawpaw, cancer, #390 p.85
PerfectAmino, athletic performance, #401 p.110
Perfluoroalkyl chemicals (stain-resistant coating), osteoporosis, #400 p.38
Perfluorooctanoic acid (PFOA), cosmetics, #400 p.102–3
Perimenopause, botanicals, #391/392 p.67–8
Perimenopause, omega-3 polyunsaturated fatty acids, #391/392 p.44–7
Periodontal disease, vitamin E, #394 p.34
Periodontitis, cardiovascular disease, online, #395 p.98
Periodontitis, prostatitis, online, #395 p.98
Peskin Protocol EFAs, chronic wounds, online, #393 p.73–5
Pesticides, tests, online, #390 p.42–4
Pharmaceuticals, #396 p.99–100
Pharmaceuticals, Bayh-Dole Act, #401 p.32
Pharmaceuticals, manipulating research, #391/392 p.91, #391/392 p.112+
Pharmaceuticals, nutrient deficiencies, #395 p.30+
Pharmaceuticals, price gouging, #391/392 p.4+, #393 p.8+, #396 p.6+
Pharmacy education, naturopathic medicine, #399 p.102–6
Photooxidative damage, DHA, #393 p.24+
Phytotherapy, testosterone, online, #390 p.71–5
PLA2 (phospholipase A2), inflammation marker, #390 p.13
Plums, bone loss, #399 p.37
Plutonium exposure, cancer, #397/398 p.8+
Polio vaccine, #396 p.78+
Pollution, aging, online, #393 p.82–3
Polycystic ovarian syndrome, inositol, online, #391/392 p.38+
Polytetrafluoroethylene (PTFE), cosmetics, #400 p.102–3
Polyunsaturated fatty acid supplementation, nonalcoholic steatohepatitis, #395 p.108
Polyvagal theory, trauma, #399 p.33+

Keyword/Subject Index - January 2015 to July 2020

Postherpetic neuralgia, magnesium, #395 p.38+, #396 p.32
Posttraumatic stress disorder, online, #399 p.60–4
Posttraumatic stress disorder, Alpha-Stim, #394 p.102
Posttraumatic stress disorder, epigenetics, online, #391/392 p.22+
Posttraumatic stress disorder, MDMA, #399 p.33
Preeclampsia, L-arginine, #397/398 p.31
Pregnancy, environmental pollution, online, #396 p.34–6
Pregnancy, nicotine exposure, #399 p.111
Pregnancy, prenatal fluoride, online, #393 p.49–55
Pregnancy, vaccines, online, #391/392 p.24–5
Premenstrual syndrome, naturopathic medicine, online, #391/392 p.109
Prenatal genetic testing, malpractice lawsuits, online, #391/392 p.23
Prescription drug use, #395 p.112
Prescription drug use, nutritional deficiencies, online, #401 p.1+
Price gouging, pharmaceuticals, #391/392 p.4+
Probiotics, #390 p.76
Probiotics, obesity, online, #390 p.34–5
Probiotics, respiratory infections, #399 p.36
Probiotics, spore-forming bacteria, #401 p.38–40
Probiotics, surgical complications, #399 p.36+
Probiotics, urinary tract infections, #390 p.30
Prostate cancer, active monitoring, #401 p.32+
Prostate cancer, CaPLESS surveillance method, online, #397/398 p.14, #397/398 p.33–6
Prostate cancer, Pao Pereira/Rauwolfia vomitoria, #397/398 p.65+
Prostatitis, periodontitis, online, #395 p.98
Proton pump inhibitors, cancer, online, #397/398 p.73–7
Proton pump inhibitors, chemotherapy, #400 p.96
Proton pump inhibitors, kidney damage, #394 p.30–1
Pruritic rash, NAET (Nambudripad's Allergy Elimination Techniques), online, #393 p.84–6
Pruritus, nightshade-free diet, #393 p.30
Psilocybin, depression, #399 p.34
Psoriasis, essential fatty acids, #393 p.94–5
Psoriasis, Helicobacter pylori, online, #393 p.87+
Psychospiritual medicine, vital force, online, #400 p.97+
Pulmonary metastases, vitamin C, #397/398 p.29
Pulse dynamics, #390 p.88–9
Pulse test, #393 p.15

Q

Q fever, sheep fetal cell therapy, #390 p.22
Quality measures, integrative medicine, #391/392 p.26–7
Quercetin, uric acid, #399 p.37

Keyword/Subject Index - January 2015 to July 2020

R

Racial differences, vitamin D, #391/392 p.28
Radiation dermatitis, curcumin, #393 p.30, #393 p.92
Red ginseng, chronic tinnitus, #399 p.111
Regenerative medicine, #396 p.20
Regenerative orthopedics, arthritis, #395 p.41–2
Research, confounding factors, #400 p.111–12
Research, pharmaceutical manipulations, #391/392 p.91
Research, statistics, #399 p.98–9, #401 p.111–12
Research studies, interpreting papers, #400 p.111–12, #401 p.111–12
Respiratory infections, probiotics, #399 p.36
Retinal damage, blue light, #393 p.25+
Retroviruses, chronic fatigue syndrome, #400 p.35
Reverse T3, thyroid function, #396 p.89–90
Rheumatoid arthritis, fish oil, #391/392 p.30
Rhinopathy (nonallergic), multiple chemical sensitivity, online, #400 p.93–5
Rhodiola, depression, anxiety, #400 p.110
Rintatolimod (Ampligen), chronic fatigue syndrome, #400 p.32
Rituximab, naturopathic medicine, #399 p.103+
Root canals, cancer, #397/398 p.101–5
Root canals, mental health, #399 p.108–9
Root canals, neurological illness, #393 p.12+
Rosacea, Helicobacter pylori, online, #393 p.87+
Rosenbaum, Michael, MD (obituary), #395 p.14
Rotavirus, vaccines, #396 p.28–9
Roundup, toxicity, online, #394 p.36–43
Rye bread and green tea extract, metabolic syndrome, #394 p.109+

S

Saffron, #393 p.56–8
Salicinium, cancer, online, #397/398 p.42–4
S-alpha-reductase, testosterone replacement therapy, online, #401 p.23
Scars, nightshade-free diet for itchy, #393 p.30
Schizophrenia, folic acid, #390 p.31+
Schizophrenia, omega-3 fatty acids, #400 p.38
Second cancers, radiation treatment and chemotherapy, #397/398 p.26
Seizures, fish oil, #399 p.36
Selenium, cervical dysplasia, #397/398 p.110+
Selenium, cirrhosis, #394 p.34
Selenium, silver hydrosol, online, #396 p.58–61
Sepsis, vitamin C, #395 p.97
Serotonin, depression, #399 p.34+
Setria glutathione, #391/392 p.111

Keyword/Subject Index - January 2015 to July 2020

Sex offender registry, online, #399 p.18+

Sexual dysfunction (antidepressant-induced), maca, online, #391/392 p.35

Sexual function, fenugreek, #401 p.106–7

Sexual function, oxytocin, #391/392 p.60

Shantaram, #390 p.1+

Shea butter, skin rashes, online, #400 p.18

Sheep fetal cell therapy, Q fever, #390 p.22

Shiatsu, stomach ailment (Darwin), #396 p.40–1

Silver nanoparticles, infections, online, #396 p.48+

Silymarin, liver protection, #394 p.34

Silymarin cream, melasma, #393 p.30

Skin, essential fatty acids, #393 p.94–5

Skin, zinc, #393 p.27

Skin aging, estradiol vs. genistein, #393 p.93

Skin cancer, moisturizing creams, #393 p.26

Skin cancer, nicotinamide, #397/398 p.110

Skin cancer, oral niacinamide, #393 p.29

Skin conditions, licorice and cortisol, #396 p.93+

Skin detoxification, kidneys, online, #394 p.14, #394 p.44–6

Skin health, Dr. Ohhira's Probiotic Hadayubi Lavender Moisturizer, #401 p.109

Skin rash, NAET (Nambudripad's Allergy Elimination Techniques), online, #393 p.84–6

Skin rash, shea butter, online, #400 p.18

Skin wrinkles, cocoa, #399 p.37

Sleep, online, #394 p.98–100

Small-intestinal bacterial overgrowth (SIBO), folate levels, #397/398 p.112+

Smartphone applications, disease detection, online, #390 p.78

Smell, pain management, online, #400 p.44–54, #401 p.70–9, #401 p.70–9

Smell, pain relief, online, #400 p.20

Smoking addiction, N-acetylcysteine, #396 p.31

Social media, suicide prevention, online, #400 p.72+

Sodium, heart failure, #401 p.34

Somatic experiencing, #393 p.62

Sophia Health Institute, clinical insights, online, #396 p.67–70

Spinal injury, ALS, online, #399 p.83–6

Spirit, health and healing, #393 p.60–4, #396 p.93

Statins, breast cancer, #390 p.40

Statins, heart disease, #394 p.26

Statistics, interpreting papers, #401 p.111–12

Statistics, medicine, #399 p.98–9

Stem cell therapy, online, #401 p.81–6

Stem cell therapy, ALS, online, #395 p.12

Stem cell therapy, FDA, #399 p.93–4

Stem cell therapy, US law, online, #396 p.97–8+

Stinging nettle, #397/398 p.22

Keyword/Subject Index - January 2015 to July 2020

Stress, care giving, #401 p.30
Stroke, neural therapy, #394 p.103
Sublingual immunotherapy (SLIT), allergic rhinitis, #393 p.26+
Sugar, cardiovascular disease, online, #394 p.62–7
Sugar, glycation, #394 p.12+
Sugar, heart failure, #394 p.32
Sugar cravings, #390 p.32
Sugary beverages, colon cancer recurrence, #397/398 p.26+
Suicide prevention, integrative medicine, online, #399 p.56–9, #400 p.68–70+
Sulphur, Asperger syndrome & ADHD, online, #393 p.89–91
Sunflower oil, eczema, #393 p.28
Supplements, addiction therapy, online, #399 p.72
Supplements, Consumer Labs, #395 p.92+
Supplements, FDA draft guidance, online, #400 p.22+
Supplements, multilevel marketing, #390 p.8+
Supplements, pharmaceutical drugs, #395 p.30+
Supplements, safety, #395 p.91
Supplements, Stephen A. Levine, online, #399 p.44–9
Surgical complications, probiotics, #399 p.36+
Sweden, homeopathy, online, #393 p.89–91
Systemic lupus erythematosus, vitamin D, #395 p.32
Systemic lupus erythematosus (juvenile onset), vitamin D, #396 p.30

T

Talcum powder, toxic impurities, #400 p.96
TAP Integrative, educational resource, #390 p.50
Tdap vaccine, pregnancy, online, #391/392 p.24–5
Technology, health-promoting, #391/392 p.31–2
Technology, medical devices, #391/392 p.19+
Telomeres, cancer, online, #390 p.78
Testosterone, 5-alpha-reductase, online, #401 p.53–61
Testosterone, deficiency, online, #401 p.46–52
Testosterone, phytotherapy, online, #390 p.71–5
Testosterone hormone replacement, Thierry Hertoghe, MD, online, #401 p.23
Thallium, environmental pollution, online, #391/392 p.69–72+
Thallium, fertilizer, online, #391/392 p.70–2+
Thallium, toxicity, online, #390 p.51–6
Theranos Lab, irregularities, #393 p.6+
Thiamine, Parkinson's disease, #395 p.38, #396 p.31
Thiamine deficiency, gastrointestinal cancer, #397/398 p.30
Thompson, William, PhD, CDC vaccine fraud, #395 p.90+, #399 p.26
Thrombosis, B vitamins, #394 p.32
Thyroid cancer, overdiagnosis, online, #391/392 p.23+
Thyroid function, fluoride, online, #391/392 p.22

Keyword/Subject Index - January 2015 to July 2020

Thyroid function, reverse T3, #396 p.89–90
Thyroid testing, biotin, #401 p.36
Tick-borne infections, online, #396 p.58–61
Tinnitus, red ginseng, #399 p.111
Tobacco addiction, N-acetylcysteine, #395 p.38, #396 p.31
Torrance, Merrill E. (obituary), #394 p.19–22
Townsend Letter, history, online, #400 p.42–3
Toxic chemicals, laboratory tests, online, #390 p.42–4
Toxic chemicals, neuropathology, #396 p.12+
Toxicity, environmental pollution, online, #400 p.90–2
Traditional Chinese medicine, Charles Darwin health, #396 p.40–1
Trauma, polyvagal theory, #399 p.33+
Traveler's diarrhea, preventive measures, online, #396 p.26
Trial to Assess Chelation Therapy 2, heart disease, #390 p.20–1
Trigger points, fibromyalgia, #394 p.21–2
Triglyceride levels, vitamin D, #394 p.110
Trimethylamine-N-oxide (TMAO), cardiovascular disease, #394 p.32
Tumor cells, online, #397/398 p.70–2

U

Ulcerative colitis, homeopathy, #401 p.101–2
Unani medicine, alcoholic liver disease, #395 p.48–9
Uric acid, quercetin, #399 p.37
Urinary biogenic amines, mental health, online, #394 p.84–7
Urinary porphyrins, autism, #390 p.27
Urinary toxic element screen, chelation therapy, online, #399 p.7+
Urinary tract infections, cranberry, #391/392 p.29
Urinary tract infections, naturopathic medicine, online, #391/392 p.108
Urinary tract infections, probiotics, #390 p.30
Urine test, heavy metals, #390 p.90–2

V

Vaccination, vitamin C, #395 p.93–4
Vaccination debate, naturopathic medicine, online, #396 p.96
Vaccines, efficacy, #396 p.77–85
Vaccines, renal function, #394 p.27+
Vaccines, rotavirus, #396 p.28–9
Vaccines, whistleblower, #395 p.90+
Vaginal atrophy, DHEA, #391/392 p.28
Vaginal atrophy, naturopathic medicine, online, #391/392 p.108
Vagus nerve, chronic fatigue syndrome, online, #400 p.78–81
Vaxxed: From Cover-Up to Catastrophe, CDC whistleblower, #395 p.90+
Vemma, multilevel marketing, #390 p.8+

Keyword/Subject Index - January 2015 to July 2020

Vitamin A, dry eye syndrome, #393 p.96
Vitamin B (injectable), price gouging, #393 p.8+
Vitamin B, thrombosis, #394 p.32
Vitamin B12, aphthous ulcers, #395 p.32+, #396 p.30+
Vitamin B12, neuropathies, #401 p.36
Vitamin C, athletic performance, #395 p.38, #396 p.31+
Vitamin C, cancer, #397/398 p.12+
Vitamin C, cancer therapy, #397/398 p.29+
Vitamin C, car crashes, #400 p.96
Vitamin C, pain management, #400 p.55–7
Vitamin C, pulmonary metastases regression, #397/398 p.29
Vitamin C, sepsis, #395 p.97
Vitamin C, vaccinations, #395 p.93–4
Vitamin D, advanced cancer fatigue, #397/398 p.28
Vitamin D, African Americans, #399 p.38
Vitamin D, cancer, #396 p.109
Vitamin D, eczema, #393 p.28
Vitamin D, fibromyalgia, #400 p.37
Vitamin D, growing pains, #397/398 p.31
Vitamin D, hypertension, #390 p.31
Vitamin D, juvenile onset systemic lupus erythematosus, #395 p.32, #396 p.30
Vitamin D, kidney stones, #396 p.111–12
Vitamin D, racial differences, #391/392 p.28
Vitamin D, serum levels, #390 p.96+
Vitamin D, test levels, #394 p.34
Vitamin D, triglyceride levels, #394 p.110
Vitamin E, periodontal disease, #394 p.34
Vitamin K2, arterial ulcers, #394 p.28
Viva-Drops, FDA, #393 p.96
Volatile organic compounds (VOCs), breath analysis for diagnosis, #390 p.24+
Vulvar lichen sclerosus, avocado and soybean extracts, online, #391/392 p.39
Vulvovaginal candidiasis, naturopathic medicine, online, #391/392 p.108

W

Weight loss, diets, #390 p.31
Weight management, HCG, #401 p.14+
Weight management, vagus nerve, online, #400 p.78–81
Whooping cough vaccine, #396 p.82+
Wikipedia, bias, #401 p.62–8
Wilderness healing, #396 p.101–2
Women's health, #391/392 p.18
Women's health, FCT bioresonance testing, #391/392 p.80–1
Women's health, genetic polymorphisms, online, #391/392 p.97–9
Women's health, naturopathic treatment protocols, online, #391/392 p.107–9

Keyword/Subject Index - January 2015 to July 2020

Wounds, Peskin Protocol EFAs, online, #393 p.73–5

X

Xtandi, price gouging, #401 p.32

2015:

#

5-Hydroxytryptophan, Depression, #378 p.30

25-Hydroxyvitamin D, serum reference range, #381 p.26+

A

Abdominal pain, fructose, #383 p.37

Abdominal surgery, chewing gum, #378 p.32

Acetyl-L-carnitine, chemo brain, online, #381 p.51

Acetyl-L-carnitine, dysthymia, #387 p.38

Acetyl-L-carnitine, Lyme disease, online, #387 p.60

Acne, azelaic acid, #389 p.23

Acupuncture, #383 p.30–1

Acupuncture, viral infections, #383 p.79–83

Adaptogens, aging, #389 p.60+

Addiction, N-acetylcysteine, #385/386 p.35

Adele, Ruth, ND, #379/380 p.44

Adenosylcobalamin (5-deoxyadenosylcobalamin), #382 p.102+

Adrenal stress disorder, muscle testing, online, #378 p.44–50

Advanced glycation end products, inflammation, online, #384 p.118–19

Aging, bovine colostrum, online, #389 p.54–6

Aging, dysfunction prevention, #388 p.30–1

Aging, ENOX3, #388 p.97

Aging, Herbes de Provence, #387 p.42

Aging, mitochondrial free radical theory, online, #389 p.20

Aging, muscle mass, #389 p.26–7

Aging, neuroendocrine theory, #389 p.58–62

Aging, optical brain imaging, online, #378 p.27

Aging, Rapamycin, online, #389 p.18

Aging, spirituality, #389 p.78–8

Aging, successful, online, #389 p.19+

Aging, William Henry Andrews, PhD, #381 p.90+

Air travel, infectious disease, #378 p.18

Albion Laboratories, Dennis Goodman, MD, #381 p.17

Allerger, Irene (obit), #385/386 p.15

Allergies, #383 p.98

Keyword/Subject Index - January 2015 to July 2020

Allergies, CAM, #383 p.67–9
Allostasis, mental health, #379/380 p.54–66
Alpha-linolenic acid, prostate cancer, #385/386 p.33+
Alpha-lipoic acid, weight loss, #384 p.33
Alpha-Stim M, anxiety/insomnia/pain, #389 p.85
Alschuler, Lise, ND, #379/380 p.42
Alternative medical practitioners, deaths, #387 p.8+, #389 p.8
Alzheimer's disease, #384 p.108–9
Alzheimer's disease, diagnostics, online, #378 p.26–7
Alzheimer's disease, hypertension, online, #382 p.96
Alzheimer's disease, lifestyle factors, online, #387 p.97–8
Alzheimer's disease, lipid blood test, online, #378 p.26
Alzheimer's disease, melatonin, #387 p.38
Alzheimer's disease, mitochondrial DNA biomarker, online, #378 p.26
Amalgams, fibromyalgia, #388 p.25
American Academy of Anti-Aging Medicine (A4M), winter 2014 congress, #381 p.14
Amino acid therapy, Lyme disease, online, #387 p.62
Amycenone, Lion's mane patent, #379/380 p.113
Amygdalin (Laetrile), cancer, #388 p.98
Andrews, William Henry, PhD, life extension, #381 p.90+
Aneuploidy, cancer, #385/386 p.19
Anger, meditation, #388 p.28
Angiogenesis, cancer, #385/386 p.92–3
Angioplasty, vitamin C, #378 p.31
Annual physical exam, costs, #387 p.110
Anti-aging medicine, blood pressure, online, #382 p.94–6
Anti-aging medicine, inflammation, online, #383 p.42–4
Antibiotic alternative, honey, #379/380 p.38+
Antibiotic toxicity, homeopathy, #381 p.92
Antibody test, neurodegeneration, #387 p.70–1
Antidepressant medications, B vitamins, #387 p.39
Antidepressant medications, zinc, #381 p.28
Antioxidants, testosterone, online, #389 p.41–3
Anxiety, iron deficiency, #381 p.26
Anxiety, complementary and alternative medicine, #387 p.93–4
Anxiety, oral lavender essential oil, #379/380 p.118+
Apathy, marijuana, #387 p.90+
Apthous ulcers, food allergies, #379/380 p.32
Apple peel, inflammation, online, #383 p.43+
Applied kinesiology, compare to salivary hormone tests, online, #378 p.44–50
Arachidonic acid, schistosomiasis, #384 p.30+
Ascorbic acid (See Vitamin C)
Atopic dermatitis (eczema), zinc, #384 p.32
Atrial fibrillation, olive oil, #382 p.31+

Keyword/Subject Index - January 2015 to July 2020

Autism spectrum disorder, homeopathy, #381 p.91–2
Autism spectrum disorder, N-acetylcysteine, #387 p.39+
Autogenic training, Tummo meditation, #388 p.79–82
Autoimmune disease, mitochondrial dysfunction, online, #383 p.52–3
Azelaic acid, acne, #389 p.23

B

Babesia infection, Lyme disease, online, #384 p.66–73
Back pain, #388 p.88
Bacterial vaginosis, naturopathic treatment, #381 p.96
Bananas, stroke risk, online, #381 p.31
Bartonella infections, online, #384 p.54–64
Bastyr University, public health master degrees, #379/380 p.48+
Bees, #378 p.90–1
Benign essential tremor, heavy metals, #389 p.71
Benign prostatic hyperlasia, physical activity, online, #389 p.17+
Beta-carotene, cancer, #385/386 p.33
Beta-casein, online, #379/380 p.77–82
Bioidentical hormone replacement therapy, hormone testing, #379/380 p.100
BioMeridian meridian stress assessment, homeopathic remedy selection, #378 p.95–6
BioPhoton 100, neuropathies, online, #388 p.74–8
Bioresonance testing, chronic diseases, #382 p.84–7
Bioresonance testing, Field Control Therapy, #387 p.84–6
Bioresonance testing, irritable bowel syndrome, #383 p.74–8
Biotin, multiple sclerosis, #387 p.40
Bisphenol A (BPA), blood pressure, #388 p.32+
Bisphenol A (BPA), cardiovascular disease, #382 p.18
Bisphenols, endocrine disrupting effects, #389 p.24
Bleach (diluted), radiation dermatitis, #378 p.58–9
Blood-brain barrier, antibody test, #387 p.70–1
Blood glucose, mango, #379/380 p.38
Blood glucose homeostasis, aging, online, #389 p.56
Blood pressure, anti-aging medicine, online, #382 p.94–6
Blood pressure, blueberries, #382 p.99+
Blood pressure, BPA, #388 p.32+
Blueberries, blood pressure, #382 p.99+
Bolles, Leo Joseph, MD (obituary), #383 p.18
Bone health, exercise, online, #389 p.81
Bone health, magnesium, #383 p.38
Bones, dried plums, #381 p.23+
Borrelia, microscopy, #384 p.50–1
Botanicals, Bartonella infections, online, #384 p.61+
Botanicals, viral infections, #378 p.82
Bovine colostrum, aging, online, #389 p.54–6

Keyword/Subject Index - January 2015 to July 2020

Bovine colostrum, immune modulation, #378 p.69–72
Bovine colostrum, Lyme disease, #384 p.81
Bovine growth hormone (rBGH), Codex Alimentarius Commission, #388 p.18–20
Brain, aging, online, #378 p.27
Brain, omega-3 fatty acids, #379/380 p.39+
Brain disorders, diet, #387 p.92+
Brain disorders, Field Control Therapy, #387 p.84–6
Brain health, lithium, #387 p.15
Brain injury, retinal pathways, #387 p.28
Breast cancer (triple negative), online, #381 p.13, #381 p.54+
Breast cancer, diet and lifestyle, #381 p.81
Breast cancer, hypofractionated irradiation, #381 p.24+
Breast cancer, omega-3 fatty acids, online, #381 p.31
Breast cancer, prevention, #385/386 p.109–10
Breast cancer prevention, N-acetylcysteine, #385/386 p.126
Breast lumps, online
Breast milk (topical), diaper rash, #379/380 p.32
Breathing, heart rate variability, #382 p.24
Burns, olive oil, #388 p.36
Butyrate, diverticulosis, #383 p.38
B vitamins, antidepressants, #387 p.39
B vitamins, cancer, #385/386 p.97–100
B vitamins, osteoporosis, #389 p.22

C

Cadmium, telomeres, #388 p.32
Calcium supplements, heart disease, #381 p.28
Calorie counting, weight loss, #381 p.23
Calorie restriction, cancer, #382 p.27
Canadian College of Naturopathic Medicine, #379/380 p.49
Cancer, amygdalin (Laetrile), #388 p.98
Cancer, aneuploidy, #385/386 p.19
Cancer, assumptions, online, #385/386 p.112+
Cancer, beta-carotene, #385/386 p.33
Cancer, black cumin, #385/386 p.27+
Cancer, chaga mushroom (*Inonotus obliquus*), #381 p.34–5+
Cancer, clinical trials, #385/386 p.19+
Cancer, dendritic cell therapy, #385/386 p.43–6
Cancer, detection, #385/386 p.112
Cancer, diagnostic blood tests, #385/386 p.36–9
Cancer, diet, #389 p.67–70
Cancer, early palliative care, #385/386 p.20+
Cancer, ECTO-NOX proteins, #388 p.96+
Cancer, environmental contributors, #385/386 p.30–2

Keyword/Subject Index - January 2015 to July 2020

Cancer, folates, #381 p.98+

Cancer, Gorter protocol, #385/386 p.44–5

Cancer, hypofractionated irradiation, #381 p.36

Cancer, insulin-like growth factors, online, #385/386 p.56–60

Cancer, integrative medicine, online, #385/386 p.47–50

Cancer, intravenous vitamin C, #385/386 p.27

Cancer, intravenous vitamin C and B vitamins, #385/386 p.97–100

Cancer, itraconazole, #387 p.43

Cancer, ketogenic diet, #388 p.98

Cancer, Lyme disease, online, #385/386 p.53–5

Cancer, metabolic approach, #388 p.97+

Cancer, metabolic theory, online, #388 p.89–90

Cancer, metabolism, #382 p.26–8

Cancer, orthomolecular medicine, #485/386 p.61–6

Cancer, P53 tumor suppressor gene, #485/386 p.67–73

Cancer, Phellinus linteus, #382 p.23

Cancer, proteolytic enzymes, online, #385/386 p.47

Cancer, psychoneuroimmunology, #385/386 p.113

Cancer, Ralph Moss' Cancer Therapy, #385/386 p.6–10+

Cancer, remissions, #385/386 p.28

Cancer, screening tests, #378 p.86–8

Cancer, vascular endothelial dysfunction, #385/386 p.92–3

Cancer prevention, foods, online, #385/386 p.118–20, #385/386 p.122–3

Cancer Profile test, American Metabolic Labs, #378 p.87

Cancer survival, exercise, #383 p.34

Canker sores, omega-3 fatty acids, #378 p.31

Cannabinoids, quality control, #385/386 p.15

Cannabis, law, #387 p.74–81

Cannabis, Lyme disease, #385/386 p.114–15

Capsol-T, cancer testing, #385/386 p.38–9

Carbohydrate restriction, #382 p.28

Cardiac damage, endurance exercise, online, #382 p.64–9

Cardiovascular disease, bioresonance testing, #382 p.84–7

Cardiovascular disease, bisphenol A (BPA), #382 p.18

Cardiovascular disease, high-fructose corn syrup, online, #382 p.58+

Cardiovascular disease, hormone therapy, #382 p.99

Cardiovascular disease, John Parks Trowbridge, MD, online, #382 p.54–63

Cardiovascular disease, naturopathy, #379/380 p.28

Cardiovascular disease, NeuroCardio panel, #382 p.70–3

Cardiovascular disease, nutrigenomics, #389 p.48–53

Cardiovascular disease, sodium and potassium, #382 p.32

Cardiovascular disease, vitamin-mineral supplements, #383 p.107

Carrageenan, inflammation, #383 p.40–1

Cats, microbiome restorative therapy, #384 p.92–7

Keyword/Subject Index - January 2015 to July 2020

C. difficile infection, fecal microbiota transplantation, #381 p.8
CellSearch, cancer testing, #385/386 p.36
Cervical dysplasia, naturopathic treatment, #381 p.95
Chaga mushroom (*Inonotus obliquus*), cancer, #381 p.34–5+
Chelation therapy, #382 p.13
Chelation therapy, diabetes (type 2), #382 p.51–3
Chelation therapy, mercury monitoring, #378 p.6+
Chelation therapy, urine testing, #378 p.33–5+
Chemicals, chronic fatigue syndrome, online
Chemicals, cognitive function, online
Chemicals, feminine hygiene products, #381 p.23
Chemo brain, integrative treatment, online, #381 p.50–3
Chemotherapy, cognitive dysfunction, online, #381 p.50–3
Chemotherapy, gut microbes & antibiotics, #378 p.59–60
Chewing food, benefits, #379/380 p.33
Chewing gum, abdominal surgery recovery, #378 p.32
Chewing gum, headaches in children, #378 p.32
Childhood ailments, nutrition, #384 p.106
Cholesterol, 2015 dietary guidelines, #388 p.104+
Cholesterol, pantethine, #379/380 p.31+
Chronic cough, #389 p.77
Chronic fatigue syndrome, amalgams, #388 p.25
Chronic fatigue syndrome, chemicals in food, online
Chronic fatigue syndrome, IOM definition, #388 p.26+
Chronic fatigue syndrome, mitochondria dysfunction, #388 p.27
Chronic fatigue syndrome, natural killer cell enhancement, #388 p.60–2
Chronic fatigue syndrome, Teitelbaum approach, #388 p.56–9
Chronic obstructive pulmonary disease (COPD), Nacetylcysteine, #379/380 p.32, #383 p.108
Circadian rhythm, natural cycles, #379/380 p.92+
Circumcision, HIV & STDs, online, #389 p.17
Cisplatin, Lyme disease, online, #385/386 p.52–5
Citicoline, chemo brain, online, #381 p.51
Citrus, cancer protection, online, #385/386 p.118
Citrus flavanols, cancer, #379/380 p.39
Cleveland Clinic, Center for Functional Medicine, #379/380 p.18+
Cleveland Clinic, functional medicine, #387 p.16
Coconut oil, brain, #378 p.84–5
Codex Alimentarius Commission, organic food, #382 p.88–9
Codex Alimentarius Commission, rBGH, #388 p.18–20
Coffee,, #384 p.6+
Coffee, homeopathy, #387 p.91
Cognitive decline, Ginkgo biloba, #387 p.38+
Cognitive decline, selenium, #387 p.40
Cognitive function, chemicals, online

Keyword/Subject Index - January 2015 to July 2020

Cognitive function, chemotherapy, online, #381 p.50–3
Cognitive function, Self-Administered Gerocognitive Examination (SAGE), online, #378 p.27
Cognitive impairment, UCLA multifaceted protocol, #387 p.28+
Complementary integrative health, research training program, #385/386 p.16
Compounding pharmacies, FDA regulations, #381 p.13, #381 p.42–5
Congestive heart failure, iron deficiency, #389 p.23
Consumer Lab.com, magnesium, #387 p.109
Cooking, deleterious effects, online, #384 p.118–19
Coronary artery disease, iron deficiency, #389 p.23
Coronary artery spasm, food allergies, #382 p.32
Corson, Ann, MD, Lyme disease, online, #384 p.77–8+
Cortisol, insulin resistance, #384 p.42–3+
C-reactive protein, mental health, online, #383 p.43
Creatinine, urine testing, #378 p.33–5+
Crohn's disease, Field Control Therapy, #383 p.74–8
Crohn's disease, Helicobacter pylori, #383 p.19+
Curcumin, cancer protection, #385/386 p.119
Curcumin, colon cancer protection, online
Curcumin, Lyme disease, online, #387 p.60
Curcumin, neurodegeneration, #389 p.46+
Curcumin, ulcerative colitis, #389 p.24
Cyclic physiological states, #379/380 p.92–5
Cytokines, inflammation and depression, #387 p.20
Cytoprotection, Nrf2 (nuclear factor erythroid-2), online, #387 p.51–7

D

Dairy products, online, #379/380 p.77–82
Davis, Mark, ND, #379/380 p.43
Dementia, diagnostics, online, #378 p.26–7
Dementia, lifestyle factors, online, #387 p.97–8
Dendritic cell therapy, cancer, online, #385/386 p.43–6, #385/386 p.50
Dendritic cell vaccine, glioblastoma multiforme, #383 p.32–3+
Dental caries, probiotics, #379/380 p.31
Dental plague, green tea, #389 p.83
Depression, cytokines, #387 p.20
Depression, 5-Hydroxytryptophan, #378 p.30
Depression, folates, #381 p.98
Depression, food, #388 p.47–52
Depression, Lion's mane (*Hericium erinaceus*), #387 p.27+
Depression, omega-3 marine oils, #387 p.106–8+
Depression, complementary and alternative medicine, #387 p.93–4
Dermatology, tea tree oil, online, #384 p.20+
Diabetes (type 1), beta-casein, online, #379/380 p.80
Diabetes, diet, #387 p.41

Keyword/Subject Index - January 2015 to July 2020

Diabetes, integrative care and chelation, online, #382 p.46–53
Diabetes, pancreas, #384 p.42
Diabetes, urinary incontinence, #388 p.34+
Diaper rash, topical breast milk, #379/380 p.32
Diarrhea, Lactobacillus reuteri, #383 p.38
Diet, aging, online, #381 p.30
Diet, cancer risk, #389 p.67–70
Diet, cardiovascular disease, #389 p.49
Diet, insulin resistance, online, #383 p.86–9
Diet, irritable bowel syndrome, #383 p.36
Diet, microbiome, #379/380 p.112
Diet, migraine headache, #379/380 p.106+
Dietary fatty acids, migraine headache, #387 p.40
Dietary fiber, α -cyclodextrin, online, #382 p.34–6
Dietary guidelines (2015), cholesterol & fat intake, #388 p.104+
Dietary supplements, FDA regulations, #389 p.87–8
Dietary supplements, media, #385/386 p.111
Dietary supplements, prescription drugs, #385/386 p.116–17
Digestive disorders, acid-base homeostasis, online, #485/386 p.74–80
Disease, mitochondria, online, #383 p.50–6
Diverticular disease, probiotic, #379/380 p.31
Diverticulosis, butyrate, #383 p.38
D-mannose, urinary tract infections, #379/380 p.115+
DNALysis, nutrigenomics, #381 p.70–6
DNA methylation, epigenetics, #383 p.57–61
DNA methylation, psychiatric disorders, #387 p.87–9
Dogs, microbiome restorative therapy, #384 p.92–7
Douching, phthalates, #388 p.33
Dr. Ohhira's Probiotics, #389 p.85
Dr. Ohhira's Probiotics, awards, #382 p.101
Drug pricing, #383 p.110, #389 p.6+
Dry eye, omega-3 fatty acids, online, #382 p.42–5, #384 p.114+
Dry mouth (xerostomia), green tea catechins, #379/380 p.115, #389 p.84
Dry mouth (xerostomia), green tea extract, #385/386 p.34
Dysmenorrhea, naturopathic treatment, #381 p.95
Dysmenorrhea, fish oil and vitamin B1, #388 p.101
Dysthymia, acetyl-L-carnitine, #387 p.38

E

Ebola, ascorbate, #389 p.72–5
Ebola, selenium and vitamin C, #378 p.104
ECTO-NOX proteins, cancer, #388 p.96–8
Eczema, diluted bleach, #378 p.58–9
Eczema, zinc, #384 p.32

Keyword/Subject Index - January 2015 to July 2020

Eicosapentaenoic acid (EPA), ventricular arrhythmias, #382 p.32
Electroacupuncture according to Voll (EAV), #378 p.95–6
Electrolytes, cardiovascular disease, #382 p.32
Electromagnetic fields, reducing risks, #379/380 p.103
Electromagnetic waves, Lyme disease, #384 p.50–1
Emerson Ecologics LLC, grant programs, #379/380 p.49
Emerson Ecologics LLC, integrative medicine conference, #383 p.16
Emotions, inflammation, online, #383 p.43
Endocrine disrupting effects, bisphenols, #389 p.24
Endometriosis, human chorionic gonadotropin (HCG), #381 p.77–8
Endometriosis, melatonin, #378 p.31+, #379/380 p.117
Endotoxemia, endurance exercise, online, #382 p.64–9
Endurance exercise, cardiac damage, online, #382 p.64–9
Endurance exercise, sustamine L-alanyl-L-glutamine, #381 p.94
Enemas, parasitic infections, #384 p.48
Energetic medicine, Lyme disease, #384 p.50–1
Energetic medicine, ONDAMED, #384 p.52–3
ENOX2 protein, cancer testing, #385/386 p.36–9
Environment, cancer, #385/386 p.30–2
Environmental biodiversity, ticks, online, #384 p.27
Environmental chemicals, body burden, #378 p.28–9
Environmental medicine, heavy metal toxicity, #382 p.14+
Epigenetics, DNA methylation, #383 p.57–61
Epigenetics, food, #382 p.92–3
Epigenetics, psychiatric disorders, #387 p.87–9
Epilepsy, fish oil, #385/386 p.35
Essential Formulas Incorporated, trade show booth technologies, #378 p.102
Essential oils, household uses, #379/380 p.102
Essential oils, Lyme disease, online, #384 p.79–80
Estrogen, inflammatory disease, #381 p.79–80
Estrogen therapy, Pueraria mirifica (Thai kudzu), #381 p.85–9
Evidence-based medicine, #379/380 p.96–8
Exercise, blood pressure, online, #382 p.95+
Exercise, cancer survival, #383 p.34
Exercise, inflammation, online, #383 p.44
Exercise, men's health, online, #389 p.80–3
Exercise, postworkout protein ingestion, #389 p.26–7
Exercise, Setria Glutathione and L-citrulline (Kyowa Hakko USA), #385/386 p.124
Eye movement desensitization and reprocessing (EMDR), trauma, #387 p.20+
Eyes, Douglas Labs. ocular formula, #387 p.101, #388 p.92 F
Fatty liver disease, potassium deficiency, #384 p.44–5
Fatty liver disease, probiotics, #385/386 p.34
Fatty liver disease, sugar beverages, #389 p.24
FDA, compounding pharmacies, #381 p.13, #381 p.42–5

Keyword/Subject Index - January 2015 to July 2020

FDA, dietary supplements, #389 p.87–8
FDA, homeopathy, online, #383 p.4+, #383 p.95–7
FDA, whistle blowers, #378 p.22
Fecal transplantation, C. difficile infection, #381 p.8
Fecal transplantation, inflammatory bowel disease, #379/380 p.83–7
Female sexual dysfunction, iron deficiency, #381 p.26
Female sexual dysfunction, oral contraceptive pills, online, #381 p.38–40
Feminine hygiene products, chemicals, #381 p.23
Fertility, nutrition, online, #381 p.46–8
Fibromyalgia, online, #388 p.16
Fibromyalgia, amalgams, #388 p.25
Fibromyalgia, CAM treatment, online, #388 p.53–5
Fibromyalgia, natural killer cell enhancement, #388 p.60–2
Fibromyalgia, Teitelbaum approach, #388 p.56–9
Fibromyalgia, thiamine, online, #388 p.15+
Fibromyalgia, whole body cryotherapy, #388 p.26
Field Control Therapy, brain disorders, #387 p.84–6
Field Control Therapy, chronic diseases, #382 p.84–7
Field Control Therapy, irritable bowel syndrome, #383 p.74–8
Field Control Therapy, Lyme disease and coinfections, #384 p.99–102, #385/386 p.82–5
Fish oil, epilepsy, #385/386 p.35
Fish oil & vitamin B1, dysmenorrhea, #388 p.101
Flavonoids, ovarian cancer risk, online, #381 p.31
Fluoride, neurofibromatosis-1 (von Recklinghausen disease), #384 p.105
Fluoride, preeclampsia, online, #382 p.74–9
Folic acid (pteroylglutamic acid), methylfolate, #381 p.97–9
Folic acid & B12, osteoporosis, #389 p.22
Food, depression, #388 p.47–52
Food, epigenetics, #382 p.92–3
Food, organic standards, #382 p.88–9
Food, prolonged chewing benefits, #379/380 p.33
Food additives, Codex Alimentarius Commission, #388 p.18–20
Food allergies, aphthous ulcers, #379/380 p.32
Food allergies, coronary artery spasm, #382 p.32
Food intolerance, mental illness, online, #388 p.41–4+
Frankincense, Lyme disease, online, #387 p.60
Fructose, abdominal pain, #383 p.37
Fructose, mitochondria, online, #383 p.51
Fruits and vegetables, heart disease, online, #379/380 p.40, #381 p.30
Fukushima nuclear plant, #387 p.34+
Functional medicine, Cleveland Clinic, #379/380 p.18+, #387 p.16
Functional medicine, genomic applications, #384 p.119
Functional medicine, Institute of Functional Medicine, #387 p.30–2
Functional medicine, University of Western States, #382 p.90

Keyword/Subject Index - January 2015 to July 2020

G

Galaxy Diagnostics ePCR, Bartonella infections, online, #384 p.59+

Gallstones, #383 p.19

Gambling addiction, N-acetylcysteine, #378 p.32

Garlic, blood pressure, online, #382 p.94

Garlic, cancer protection, #385/386 p.119

Garlic, colon cancer protection, online

Gastric reflux, chronic cough, #389 p.77

Gastrobiological psychiatry, online, #387 p.74–81

Gastrointestinal tract, assessment, #383 p.104–5

Gaynor, Mitch, MD (obit.), #389 p.8

Gazpacho, blood pressure, online, #382 p.95

Gedroic, Kristine, MD, Lyme disease, online, #384 p.76+

Genetically-modified food, health risks, online, #378 p.75–6+

Genetics, cardiovascular disease, #389 p.48–53

Genetic testing, nutrition, #378 p.23+, #381 p.70–6

Genomic applications, functional medicine, #384 p.119

Genomic sequencing, J. Craig Venter, PhD, #379/380 p.13

Genomic testing, mitochondria, #379/380 p.34–7

Ginger, heavy menstrual bleeding, #388 p.35

Gingivitis, probiotics, #379/380 p.31

Ginkgo biloba, cognitive function, #387 p.38+

Glioblastoma multiforme, dendritic cell vaccine, #383 p.32–3+

Glucose Tolerance/Insulin Response test, insulin resistance, online, #378 p.62–7

Glutathione, Lyme disease, online, #387 p.59+

Glutathione, oral supplementation, #378 p.6+

Glutathione, Rejuviva, #378 p.103

Gluten, irritable bowel syndrome, #383 p.36

Gluten sensitivity, #388 p.36

Glyphosate, health risks, online, #378 p.75–6+

Glyphosate, mitochondria, online, #383 p.51

Gonzales, Nicholas, MD (obit), #387 p.6+

Goodman, Dennis, MD, Albion Laboratories' scientific advisory board, #381 p.17

Gorter, Robert, MD, PhD, cancer, #385/386 p.43–5+

Grape-seed extract, menopause, #379/380 p.116

Graves' disease, naturopathic medicine, #379/380 p.88–91

Green smoothies, oxalates, online, #378 p.52–5, #383 p.92, #389 p.28–32+

Green tea, dental plague, #389 p.83

Green tea, dry mouth (xerostomia), #385/386 p.34

Green tea, weight reduction, #389 p.83+

Green tea catechins, blood pressure, online, #382 p.95

Green tea catechins, dry mouth (xerostomia), #379/380 p.115, #389 p.84

Green tea extract, uterine fibroids, #378 p.30+

Gut microbiome, brain function, #388 p.51–2

Keyword/Subject Index - January 2015 to July 2020

Gut microbiome, cardiovascular disease, #389 p.50
Gut microbiome, metal oxide nanoparticles, #388 p.27+
Gut microbiome, mood, online, #387 p.74–81
Gynecology, peloid therapy, #384 p.10+

H

Habits, #384 p.107–8
Headaches in children, chewing gum, #378 p.32
Health insurance, #378 p.20–1
Health insurance, naturopathic medicine, #379/380 p.27
Health monitoring, phone applications, #378 p.25
Hearing loss, inflammation, online, #383 p.42+
Heart disease, beta-casein, online, #379/380 p.78–80
Heart disease, calcium supplements, #381 p.28
Heart disease, fruit and vegetable consumption, online, #381 p.30
Heart disease, insomnia, #382 p.18+
Heart disease, vegetables and fruits, #379/380 p.40
Heart disease, yoga, #382 p.25
Heart failure, intravenous iron, #382 p.30
Heart failure, L-carnosine, #382 p.32
Heart failure, triglyceride levels, #382 p.24+
Heart failure, vitamin D, #382 p.30–1
Heart rate variability, slow breathing, #382 p.24
Heavy metals, benign essential tremor, #389 p.71
Heavy metals, Lactobacillus rhamnosus GR-1, online, #385/386 p.40–2
Heavy metal toxicity, #382 p.14+
Heavy metal toxicity, genomic testing, #379/380 p.34–7
Helicobacter pylori, Crohn's disease, #383 p.19
Helicobacter pylori, low-nickel diet, #384 p.30
Helminths, inflammation, #383 p.20
Hemoglobin A1c, online, #382 p.47
Hemoglobin A1c, insulin resistance, online, #378 p.61+
Hemolytic anemia, Babesia infection, online, #384 p.67
Hepatic encephalopathy, probiotics, #388 p.34
Hepatitis C, vitamin B12, #384 p.33
Herbes de Provence, aging, #387 p.42
The Hevert Collection, historical naturopathy book series, #378 p.17
High-fructose corn syrup, cardiovascular disease, online, #382 p.58+
Hiking, homeopathy, #381 p.82–4
Hinz, Marty, MD, amino acid therapies, #383 p.102–3
Histamine intolerance, #383 p.20+
HIV, circumcision, online, #389 p.17
Holmes, Elizabeth, Theranos, #379/380 p.6+
Homeopathy, autism spectrum disorder, #381 p.91–2

Keyword/Subject Index - January 2015 to July 2020

Homeopathy, coffee, #387 p.91
Homeopathy, cost effectiveness, #387 p.103–5
Homeopathy, FDA, online, #383 p.4+, #383 p.95–7
Homeopathy, hiking a volcano, #381 p.82–4
Homeopathy, long-term benefits, #378 p.92–3
Homeopathy, meridian stress assessment, #378 p.95–6
Homeopathy, miasms, #379/380 p.110–11
Homeopathy, panic, #383 p.99–101
Homeopathy, vaccinosis, online, #383 p.84–5
Homocysteine, osteoporosis, #389 p.22
Honey, antibiotic alternative, #379/380 p.38+
Honey, tonsillectomy, #388 p.35+
Hormesis, #378 p.58–9
Hormone aberrations, rheumatoid arthritis and SLE, online, #383 p.45–9
Hormone imbalance, migraine headache, #379/380 p.105+
Hormones, cancer, online, #385/386 p.49+
Hormone therapy, cardiovascular protection in women, #382 p.99
Hospice, psilocybin, #382 p.13
Hospitals, environmental microbes, #378 p.22+
Houston, Mark, MD, #389 p.53
Huggins, Hal Alan, DDS (obituary), #379/380 p.17
Human chorionic gonadotropin (HCG), endometriosis, #381 p.77–8
Human chorionic gonadotropin (HCG), pain management, #388 p.95
Humor, human intestinal microbiome, #379/380 p.84
Hydroxocobalamin, #382 p.104
Hyperbaric oxygen therapy, Lyme disease, online, #384 p.18
Hypereosinophilic syndrome, Babesia infection, online, #384 p.68
Hyperlipidemia, red yeast rice, online, #389 p.63–6
Hypersensitivities, CAM, #383 p.67–9
Hypertension, Alzheimer's disease, online, #382 p.96
Hypertension, polypharmacy, #383 p.10+
Hypertension, Rauwolfia serpentina, online, #382 p.37–40
Hypofractionated irradiation, breast cancer, #381 p.24+
Hypofractionated irradiation, cancer, #381 p.36

I

ICD-10 coding, #389 p.2
Infectious disease, air travel, #378 p.18
Infectious disease, polymerase chain reaction (PCR) assay, #378 p.24+
Infectious disease, probiotics, #383 p.37+
Inflammation, advanced glycation end products, online, #384 p.118–19
Inflammation, anti-aging medicine, online, #383 p.42–4
Inflammation, apple peel, online, #383 p.43+
Inflammation, brain disorders, #387 p.92+

Keyword/Subject Index - January 2015 to July 2020

Inflammation, carrageenan, #383 p.40–1
Inflammation, cytokines, #387 p.20
Inflammation, diluted bleach, #378 p.58–9
Inflammation, emotions, online, #383 p.43
Inflammation, exercise, online, #383 p.44
Inflammation, hearing loss, online, #383 p.42+
Inflammation, helminths, #383 p.20
Inflammation, succinic acid, #388 p.84–5
Inflammation, vegan diet, #383 p.28
Inflammatory bowel disease, fecal transplants, #379/380 p.83–7
Inflammatory disease, estrogen, #381 p.79–80
Influenza prevention, vitamin D, #384 p.31+
Inositol, metabolic syndrome, online, #385/386 p.101–8
Inositol, polycystic ovarian syndrome, online, #381 p.67–9
Insomnia, evaluation, #378 p.100+
Insomnia, heart disease, #382 p.18+
Institute of Functional Medicine, University of Western States, #382 p.90
Insulin-like growth factors, cancer, online, #385/386 p.56–60
Insulin potentiation therapy, cancer, online, #385/386 p.49
Insulin resistance, #384 p.40–5
Insulin resistance, diet, online, #383 p.86–9
Insulin resistance, early detection, online, #378 p.13, #378 p.61–7
Insulin resistance, inositol, online, #385/386 p.101–8
Integrative medicine, cancer, online, #385/386 p.47–50
Integrative medicine, diabetes (type2), #382 p.46–53
Integrative medicine, Emerson Ecologics LLC conference, #383 p.16
Integrative medicine, Emerson Ecologics LLC resource center, #381 p.94
Integrative medicine, mental health, #388 p.91+
Integrative medicine, TAP Integrative education resource, #383 p.16
Integrative oncology, breast cancer, #381 p.81
Intermittent fasting, cancer, #382 p.27+
International College of Integrative Medicine, Fall 2014 conference, #379/380 p.14
Intestinal bacteria, chemotherapy, #378 p.59–60
Intestinal bacteria, laughter, #379/380 p.84
Intestinal bacteria, neonatal gut microbiota, #381 p.25
Iodine, thyroid, #381 p.27
Iron, chronic urticaria, #384 p.32+
Iron, heart failure, #382 p.30
Iron, nonalcoholic fatty liver disease, #379/380 p.32+
Iron deficiency, coronary artery disease, #389 p.23
Iron deficiency, female sexual dysfunction, #381 p.26
Iron supplementation, restless leg syndrome, #385/386 p.34+
Irritable bowel syndrome, Crohn's disease, #383 p.74–8
Irritable bowel syndrome, low-FODMAPs diet, #383 p.36

Keyword/Subject Index - January 2015 to July 2020

Irritable bowel syndrome, wheat and gluten, #383 p.37
Itraconazole, cancer, #387 p.43

K

Ketogenic diet, cancer, #382 p.27, #388 p.98
Ketogenic diet, insulin resistance, online, #383 p.86–9
Ketogenic diet, weight, #378 p.84–5
Kharrazian, Datis, DC, #387 p.73
Kidney function, chelation therapy, #378 p.33–4
Kidney stones, oxalates, #389 p.15
Knee osteoarthritis, sesame seeds, #388 p.102
Krill+, DaVinci Laboratories, #378 p.102
Kyowa Hakko, L-citrulline & L-arginine patent, #383 p.109

L

Laboratory testing, cardiology, #382 p.70–3
Laboratory testing, Theranos, #379/380 p.6+
Lactobacillus reuteri, caries and gingivitis, #379/380 p.31
Lactobacillus reuteri, diarrhea, #383 p.38
Lactobacillus reuteri, infectious disease, #383 p.37+
Lactobacillus reuteri, periodontal disease, #389 p.23+
Lactobacillus rhamnosus GR-1, heavy metals, online, #385/386 p.40–2
Laropiprant, niacin, #384 p.16–17
Laryngopharyngeal reflux, pepsin, #383 p.27+
Laughter, human intestinal microbiome, #379/380 p.84
L-carnitine, polycystic ovarian syndrome, #381 p.27+
L-carnosine, heart failure, #382 p.32
L-citrulline, patent infringement lawsuit, #378 p.16
Lice, treatment, #387 p.33+
Lifestyle, cancer, #385/386 p.30–2
Light, melatonin, #379/380 p.94
Light therapy, neuropathies, online, #388 p.74–8
Lion's mane (*Hericium erinaceus*), chemo brain, online, #381 p.51
Lion's mane (*Hericium erinaceus*), depression, #387 p.27+
Lion's mane (*Hericium erinaceus*), Mushroom Wisdom patent, #379/380 p.113
Lipopolysaccharides, endurance exercise, online, #382 p.64–9
Lithium, brain health, #387 p.15
Lithium, memory, online, #387 p.63–7
Liver, insulin resistance, #384 p.41–5
Longevity, physical activity, online, #389 p.80–3
Low-dose allergen immunotherapy, subcutaneous injection immunotherapy, #383 p.62–6
L-tryptophan, depression, #378 p.30
Lupus erythematosus, hormone aberrations, online, #383 p.45–9

Keyword/Subject Index - January 2015 to July 2020

Lust, Benedict, naturopathic beginnings, #378 p.17
Lyme disease, #384 p.15
Lyme disease, Babesia infection, online, #384 p.66–73
Lyme disease, Bartonella infections, online, #384 p.54–64
Lyme disease, bovine colostrum, #384 p.81
Lyme disease, cannabis, #385/386 p.114–15
Lyme disease, cisplatin, online, #385/386 p.53–5
Lyme disease, cognitive function, online, #387 p.58–62
Lyme disease, detection, #384 p.82–5
Lyme disease, differential diagnosis, #384 p.86–8
Lyme disease, essential oils, online, #384 p.79–80
Lyme disease, Field Control Therapy, #384 p.99–102, #385/386 p.82–5
Lyme disease, hyperbaric oxygen therapy, online, #384 p.18
Lyme disease, sexual transmission, online, #384 p.18+
Lyme disease, terrain, online, #384 p.74–80
Lyme disease, testing and treatment, #384 p.86–91

M

MacDonald, Alan B., MD, ILADS Foundation aware, #387 p.16
Macular degeneration, online, #382 p.43–5
Magnesium, bone health, #383 p.38
Magnesium, Consumer Lab.com, #387 p.109
Magnesium, physical performance, #381 p.28
Mammography, controversy, #385/386 p.126–7
Mango, blood glucose, #379/380 p.38
Mannitol, urinary tract infections, #384 p.104+
Marijuana, apathy, #387 p.90+
Mastectomy, bilateral, #381 p.18
Meat, oxalate, #383 p.92
Media, dietary supplements, #385/386 p.111
Medical history, asymptomatic illusion, #379/380 p.120
Medications, mitochondria, online, #383 p.51+
Medicinal mushrooms, cancer, #382 p.23
Meditation, pain and anger, #388 p.28
Medium-chain triglycerides, #378 p.84–5
Melanoma, online, #384 p.110+
MELAS syndrome, #383 p.93–4
Melatonin, Alzheimer's disease, #387 p.38
Melatonin, endometriosis, #378 p.31+, #379/380 p.117
Melatonin, physiological cycles, #379/380 p.92–5
Memory loss, thrombogenic microvesicles, online, #378 p.26
Menopause, grape-seed extract, #379/380 p.116
Menopause, Pueraria mirifica (Thai kudzu), #381 p.85–9
Menopause, valerian/lemon balm, #379/380 p.117+

Keyword/Subject Index - January 2015 to July 2020

Menstrual bleeding, ginger, #388 p.35
Mental breakdown, stress resilience, #379/380 p.54–66
Mental health, complementary and alternative medicine, #388 p.91+
Mental health, C-reactive protein, online, #383 p.43
Mental health, lithium, online, #387 p.63–7
Mental illness, online, #388 p.41–6
Mental illness, progesterone, #387 p.99
Mental illness, self-management program, #387 p.29
Metabolic acidosis, pancreas, online, #485/386 p.74–80
Metabolic disturbances, plant nutrients, #381 p.32–3
Metabolic syndrome, α -cyclodextrin, online, #382 p.34–6
Metabolic syndrome, cortisol, #384 p.42–3+
Metabolic syndrome, inositol, online, #385/386 p.101–8
Metagenics Inc., 4th lifestyle medicine summit, #385/386 p.17
Metagenics Inc., lifestyle medicine protocols 2014 summit, #379/380 p.15
Metagenics Inc., Ultra Calm and Ultra Energy, #383 p.109
Metal oxide nanoparticles, gut microbiome, #388 p.27+
Methamphetamine addiction, N-acetylcysteine, #385/386 p.35
Methylcobalamin, #382 p.102+
Methylfolate, folic acid (pteroylglutamic acid), #381 p.97–9
Miasms, homeopathy, #379/380 p.110–11
Microbiome, diet, #379/380 p.112
Microbiome, hospitals, #378 p.22+
Microbiome restorative therapy, ozone, #384 p.92–7
Microbiota, skin, online, #384 p.19+
Microscopy, Lyme disease, #384 p.50–1
Migraine headache, #379/380 p.105–9
Migraine headache, dietary fatty acids, #387 p.40
Migraine headache, naturopathic treatment, #381 p.96
Milk (cow), online, #379/380 p.77–82
Mindfulness-based stress reduction, multiple sclerosis, #385/386 p.16
Mitochondria, online, #382 p.60–1
Mitochondria, genomic testing, #379/380 p.34–7
Mitochondria, Nrf2 (nuclear factor erythroid-2), online, #387 p.51–7
Mitochondria depletion syndrome, #388 p.86
Mitochondria free radical theory, aging, online, #389 p.20
Mitochondrial dysfunction, CFS/ME, #388 p.27
Mitochondrial dysfunction, disease, online, #383 p.50–6
Mitochondrial dysfunction, treatment, online, #383 p.54
Mood, gut microbiome, online, #387 p.74–81
Mood disorders, complementary and alternative medicine, #387 p.93–4
Morrison, Roger, MD, miasms, #379/380 p.110–11
Mortality, protein consumption, online, #384 p.38–9
Moss, Ralph, alternative cancer therapies, #385/386 p.6–10+

Keyword/Subject Index - January 2015 to July 2020

Moss, Ralph, diabetes, #387 p.41
Movement, #383 p.30–1
Movement, telomeres, online, #383 p.70–2
MTHFR C677T polymorphism, folates, #381 p.98
Multiple sclerosis, biotin, #387 p.40
Multiple sclerosis, mindfulness-based stress reduction, #385/386 p.16
Multiple sclerosis, vitamin D, #388 p.34
Muscle building, sustamine L-alanyl-L-glutamine, #389 p.86
Muscle mass, aging, #389 p.26–7
Muscle testing, adrenal stress disorder, online, #378 p.44–50
Musculoskeletal injuries, prolotherapy with plasma, #384 p.34–7
Mushroom Wisdom, #389 p.85
Myalgic encephalomyelitis (See Chronic fatigue syndrome)
Myo-inositol & D-chiro-inositol, polycystic ovarian syndrome, #384 p.115

N

N-acetylcysteine, autism spectrum disorder, #387 p.39+
N-acetylcysteine, breast cancer prevention, #385/386 p.126
N-acetylcysteine, COPD, #379/380 p.32, #383 p.108
N-acetylcysteine, gambling addiction, #378 p.32
N-acetylcysteine, methamphetamine addiction, #385/386 p.35
N-acetylcysteine, polycystic ovarian syndrome, #379/380 p.119
Nanotechnology, nutrition and medicine, #387 p.95–6
National College of Natural Medicine, #379/380 p.46
National College of Natural Medicine, AANP awards, #388 p.17
National College of Natural Medicine, doctoral program in Chinese Medicine, #387 p.17
National College of Natural Medicine, NIH research grants, #385/386 p.16
National College of Natural Medicine, undergraduate programs, #383 p.17
National College of Naturopathic Medicine, #382 p.6+
National University of Health Sciences, #379/380 p.45+
Natural killer cell function, CSF/FM, #388 p.60–2
Natural killer cell function, Transfer Factor Multi-Immune, #378 p.102
Natural Products Expo East 2014 (Baltimore, Maryland), #378 p.15
Naturopathic care, demographics, #379/380 p.27+
Naturopathic care, patient perspective, #379/380 p.28+
Naturopathic medicine, anti-aging medicine, #379/380 p.38–9
Naturopathic medicine, cardiovascular disease, #379/380 p.28
Naturopathic medicine, colleges, #379/380 p.45–6+
Naturopathic medicine, Graves' disease, #379/380 p.88–91
Naturopathic medicine, health insurance, #379/380 p.27
Naturopathic medicine, historical book series, #382 p.8+
Naturopathic medicine, history, #383 p.90–1
Naturopathic medicine, mental breakdown, #379/380 p.54–66
Naturopathic medicine, research challenges, #379/380 p.29+

Keyword/Subject Index - January 2015 to July 2020

Naturopathic medicine, Townsend Letter "Best of" competition, #379/380 p.53
Naturopathic medicine, women's health, #381 p.95
Naturopathy, The Hevert Collection historical book series, #378 p.17
Naturopathy, Townsend Letter "Best of" competition, #379/380 p.13+
Neonatal gut microbiota, #381 p.25
Neural prolotherapy, pain, online, #382 p.80–2
NeuroCardio panel, cardiovascular assessment, #382 p.70–3
Neurodegeneration, assessment, #387 p.68–73
Neuroendocrine theory of aging, #389 p.58–62
Neurofeedback, mental illness, online, #388 p.67–73
Neurofibromatosis-1 (von Recklinghausen disease), fluoride, #384 p.105
Neuropathies, light therapy, online, #388 p.74–8
NeuroScience, cardiovascular laboratory testing, #382 p.70–3
NHANES National Report on Human Exposure to Environmental Chemicals, #378 p.28–9
Niacin, laropiprant, #384 p.16–17
Nickel, Helicobacter pylori, #384 p.30
Nigella sativa (Black cumin), cancer, #385/386 p.27+
Nocturia, benign prostatic hyperlasia, online, #389 p.17+
Nonalcoholic fatty liver disease, iron, #379/380 p.32+
Nordic Naturals, Big Brothers Big Sisters of America, #385/386 p.123
Nrf2 (nuclear factor erythroid-2), cytoprotection, online, #387 p.51–7
Nuclear disasters, #387 p.34+
Nutrigenomics, cardiovascular disease, #389 p.48–53
Nutrigenomics, DNALysis, #381 p.70–6
Nutrition, childhood ailments, #384 p.106
Nutrition, genetic testing, #378 p.23+
Nutrition, ovulatory fertility, online, #381 p.46–8

O

Obesity, α -cyclodextrin, online, #382 p.34–6
Occupational exposures, cancer, #385/386 p.30–2
Olive oil, atrial fibrillation, #382 p.31+
Olive oil, burns, #388 p.36
Omega-3 fatty acids, brain cell structure, #379/380 p.39+
Omega-3 fatty acids, breast cancer risk, online, #381 p.31
Omega-3 fatty acids, canker sores, #378 p.31
Omega-3 fatty acids, depression, #387 p.106–8+
Omega-3 fatty acids, dry eye, #384 p.114+
Omega-3 fatty acids, eyes, online, #382 p.42–5
Omega-3 fatty acids, neurodegeneration, #389 p.46
ONCOblot, cancer testing, #385/386 p.36–8, #388 p.96+
Oncology, clinical trials, #385/386 p.19+
Oncology Association of Naturopathic Physicians (OncANP), 2015 conference, #382 p.90
ONDAMED, Lyme disease, #384 p.51–3

Keyword/Subject Index - January 2015 to July 2020

Oral contraceptive pills, female sexual dysfunction and pain, online, #381 p.38–40
Organic, Codex food standards, #382 p.88–9
Orthomolecular medicine, cancer, #485/386 p.61–6
Orthomolecular medicine, Efrain Olszewer, MD, #387 p.18
Orthomolecular medicine, mental health, #379/380 p.64–6
Osteoporosis, folic acid & B12, #389 p.22
Outcomes studies, naturopathy, #379/380 p.29+
Ovarian cancer, citrus flavanols, #379/380 p.39
Ovarian cancer, flavonoids, online, #381 p.31
Ovulatory fertility, nutrition, #381 p.46–8
Oxalates, greens, #389 p.15
Oxalates, green smoothies, online, #378 p.52–5, #389 p.28–32+
Oxalates, green smoothies and meat, #383 p.92
Oxygenated therapies, cancer, online, #385/386 p.48+
Ozone, microbiome restorative therapy, #384 p.92–7

P

P53 tumor suppressor gene, cancer, #485/386 p.67–73
Pain, context, #388 p.63–6
Pain, meditation, #388 p.28
Pain, neural prolotherapy, online, #382 p.80–2
Pain management, human chorionic gonadotropin (HCG), #388 p.95
Palliative care, cancer treatment, #385/386 p.20+
Pancreas, metabolic acidosis, online, #485/386 p.74–80
Panic, homeopathy, #383 p.99–101
Pantethine, cholesterol, #379/380 p.31+
Paradigm shifts, cancer and diet, #389 p.67–70
Parasites, #384 p.46–9
Parasympathetic nervous system, breathing, #382 p.24
Parasympathetic nervous system, Slow Medicine, #378 p.82
Parente, Paul, DO (obit), #385/386 p.18
Parker, Tabatha, ND, AANP awards, #388 p.17
Parkinson's disease, amino acid therapies, #383 p.102–3
Parkinson's disease, ubiquinol, #389 p.22+
Parmer, Gurdev, ND, #379/380 p.42
Peanut allergy, prevention, #388 p.36
Peanuts, #388 p.38–40
Peloid therapy, gynecology, #384 p.10+
Pelvic exams, guidelines, #378 p.99–100
Peper, Erik, PhD, #385/386 p.46
Peppermint tea, colon cancer protection, online, #385/386 p.119+
Pepsin, laryngopharyngeal reflux, #383 p.27+
Periodontal disease, probiotics, #389 p.23+
Pharmaceutical industry, price gouging, #383 p.110

Keyword/Subject Index - January 2015 to July 2020

Phellinus linteus, cancer, #382 p.23
Phone applications, health monitoring, #378 p.25
Phthalates, douching, #388 p.33
Physical activity, online, #389 p.80–3
Physical performance, magnesium, #381 p.28
Physician burnout, online, #388 p.10+
Plant nutrients, metabolic disturbances, #381 p.32–3
Plau, Terry, DO, HMD, homeopathic treatment of autism, #381 p.91–2
Plums (dried), bone health, #381 p.23+
Polycystic ovarian syndrome, #381 p.61–6
Polycystic ovarian syndrome, inositol, online, #381 p.67–9, #385/386 p.101–8
Polycystic ovarian syndrome, L-carnitine, #381 p.27+
Polycystic ovarian syndrome, myo-inositol & D-chiro-inositol, #384 p.115
Polycystic ovarian syndrome, N-acetylcysteine, #379/380 p.119
Polycystic ovarian syndrome, naturopathic treatment, #381 p.95
Polymerase chain reaction (PCR) assay, infectious disease, #378 p.24+
PolyMVA, cancer, online, #385/386 p.48
Post-traumatic stress disorder (PTSD), service dogs, online, #389 p.18+
Postworkout protein ingestion, #389 p.26–7
Potassium, fatty liver disease, #384 p.44–5
Potassium, rheumatoid arthritis, #378 p.82
Potassium, stroke, #379/380 p.39
Preeclampsia, fluoride, online, #382 p.74–9
Prescription drugs, nutrient depletion, #385/386 p.116–17
Probiotics, blood pressure, online, #382 p.94
Probiotics, caries and gingivitis, #379/380 p.31
Probiotics, diverticular disease, #379/380 p.31
Probiotics, hepatic encephalopathy, #388 p.34
Probiotics, infection prevention, #383 p.37+
Probiotics, nonalcoholic fatty liver disease, #385/386 p.34
Probiotics, periodontal disease, #389 p.23+
Progesterone, mental illness, #387 p.99
Progesterone, neurodegeneration, #389 p.45+
Proline-rich polypeptides, colostrum, #378 p.69–72
Prolotherapy, musculoskeletal injuries, #384 p.34–7
Propolis, #378 p.90–1
Prostate cancer, alpha-linolenic acid, #385/386 p.33+
Prostate cancer, sexual dysfunction, online, #385/386 p.94–6
Protein, blood pressure, online, #382 p.94
Protein consumption, mortality, online, #384 p.38–9
Proteolytic enzymes, cancer, online, #385/386 p.47
ProThrivors Wellness Brain (Kyowa Hakko USA), #384 p.117
ProThrivors Wellness Flavonoid Complex (Kyowa Hakko USA), #384 p.117
Protomyxzoa rheumatica (FL1953), online, #384 p.69

Keyword/Subject Index - January 2015 to July 2020

Prunes (dried plums), bone health, #381 p.23+
Psilocybin, hospice, #382 p.13
Psychiatric disorders, epigenetics, #387 p.87–9
Psychoneuroimmunology, cancer, #385/386 p.113
Pueraria mirifica (Thai kudzu), menopause, #381 p.85–9

R

Rabies tautode, behavioral problems in dogs, online, #383 p.84–5
Rapamycin, aging, online, #389 p.18
Rauwolfia serpentina, hypertension, online, #382 p.37–40
Red yeast rice, hyperlipidemia, online, #389 p.63–6
Reflux, chronic cough, #389 p.77
Repasine, vulvar lichen sclerosus, #388 p.101+
Research, complementary integrative health, #385/386 p.16
Research, fabrication, #385/386 p.128
Research, naturopathic medicine, #379/380 p.29+
Research, verification, #378 p.25
Research, whole systems challenges, #379/380 p.30
Reserpine, #382 p.37–40
Restless leg syndrome, iron supplementation, #385/386 p.34+
Retinal pathways, brain injury, #387 p.28
Rheumatoid arthritis, #383 p.15
Rheumatoid arthritis, hormone aberrations, online, #383 p.45–9
Rheumatoid arthritis, potassium deficiency, #378 p.82

S

Sacks, Oliver, MD (obit.), online, #388 p.6+
Salicinium, cancer, #385/386 p.87–90
Salt, #379/380 p.103
Salt, dietary, #387 p.44–6
Schistosomiasis, arachidonic acid, #384 p.30+
Schizophrenia, niacin, #384 p.16–17
Schleich, David J., PhD, AANP awards, #388 p.17
Scientific integrity, #385/386 p.128
Scientific studies, verification, #378 p.25
Seasonal allergies, phytonutrients, #381 p.32–3
Sedentary behavior, telomeres, online, #383 p.70–2
Seely, Dugald, ND, #379/380 p.44
Selenium, hemorrhagic fever, #378 p.104
Self-Administered Gerocognitive Examination (SAGE), cognitive function, online, #378 p.27
Sepsis, intravenous vitamin C, #384 p.30, #387 p.10+
Sepsis, vitamin C (intravenous), online, #387 p.48–50
Service dogs, PTSD, online, #389 p.18+

Keyword/Subject Index - January 2015 to July 2020

Sesame seeds, knee osteoarthritis, #388 p.102
Setria Glutathione, Rejuviva, #378 p.103
Setria Glutathione and L-citrulline (Kyowa Hakko USA), postexercise, #385/386 p.124
Sexual dysfunction, prostate cancer, online, #385/386 p.94–6
Sexual transmission, Lyme disease, online, #384 p.18+
Silver, cancer, online, #385/386 p.47+
Silver products, online, #382 p.15
Sjögren's syndrome, green tea extract, #385/386 p.34
Skin, online, #384 p.110–11
Skin, sun exposure, online, #384 p.20
Skin cancer, sunscreen, online, #384 p.111
Skin microbiota, online, #384 p.19+
Sleep apnea, cardiovascular disease, online, #382 p.58
Small intestine bacterial overgrowth (SIBO), #379/380 p.67–75
Smilax glabrae, Lyme disease, online, #387 p.59
Smoking, vitamin C, #381 p.27
SpectraZyme Gluten Digest (Metagenics), #385/386 p.124
Spirituality, aging, #389 p.78–8
Stents, fish oil-based drug, #382 p.23
Steroid hormone, testing, online, #378 p.40–3, #379/380 p.100
Stress, aging, #389 p.58–62
Stress, mental breakdown, #379/380 p.54–66
Stress, mental illness, online, #388 p.44–6
Stress, mitochondria, online, #383 p.51
Stroke, bananas, online, #381 p.31
Stroke, potassium, #379/380 p.39
Stroke prevention, online, #388 p.93–4
Succinic acid, Krebs dysfunction in inflammatory disorders, #388 p.84–5
Sugar addictions, #389 p.76+
Sugar beverages, fatty liver disease, #389 p.24
Sunlight, skin health, online, #384 p.20
Sunlight, vitamin D, #388 p.34
Sunscreen, online, #384 p.111
Supplements, safety/mortality, #381 p.16
Sustamine L-alanyl-L-glutamine, endurance exercise, #381 p.94
Sustamine L-alanyl-L-glutamine, muscle building, #389 p.86

T

Tai chi, longevity, online, #389 p.81
TAP Integrative, online educational community, #383 p.16
Tautodes, vaccination, online, #383 p.84–5
Tea tree oil, dermatology, online, #384 p.20+
Telomeres, cadmium, #388 p.32
Telomeres, sedentary behavior, online, #383 p.70–2

Keyword/Subject Index - January 2015 to July 2020

Testosterone, dietary oxidative stress reduction, online, #389 p.41–3
Testosterone, stress, #389 p.59
Theranos, laboratory testing, #379/380 p.6+
Thiamine, fibromyalgia, online, #388 p.15+
Thrombogenic microvesicles, memory loss, online, #378 p.26
Thyroid, iodine, #381 p.27
Ticks, environmental biodiversity, online, #384 p.27
Tomatoes, cancer protection, #385/386 p.118+
Tomatoes, colon cancer protection, online
Tonsillectomy, honey, #388 p.35+
Townsend Letter , Best of Naturopathic Medicine competition, #379/380 p.53
Townsend Letter, D.A. Wyatt retraction, #381 p.13
Townsend Letter, Rowen/Harper/Robison retraction, online, #382 p.15
Transfer Factor Multi-Immune (Researched Nutritionals), natural killer cell function, #378 p.102, #388 p.60–2
Trauma, EMDR, #387 p.20+
Traumatic brain injury, online, #389 p.44–7
Triglyceride levels, heart failure, #382 p.24+
Trowbridge, John Parks, MD, ICIM Lifetime Achievement Award, #379/380 p.16
Tummo (inner fire) meditation, integrative psychotherapy, #388 p.79–82

U

Ubiquinol, Parkinson's disease, #389 p.22+
Ulcerative colitis, curcumin, #389 p.24
Ultra Calm, Metagenics, #383 p.109
Ultra Energy, Metagenics, #383 p.109
University of Western States, functional medicine, #382 p.90
Urinary incontinence, lifestyle factors, #388 p.34+
Urinary tract infections, D-mannose, #379/380 p.115+
Urinary tract infections, mannitol, #384 p.104+
Urine testing, chelation therapy, #378 p.33–5+
Urticaria, iron, #384 p.32+
Uterine fibroids, green tea extract, #378 p.30+

V

Vaccination, #381 p.4+
Vaccination, tautodes, online, #383 p.84–5
Vaccine mandate, debate, #382 p.4+
Vaccinosis, homeopathy, online, #383 p.84–5
Vagal neuropathy (neurogenic cough), #389 p.77
Valerian/Lemon balm, menopausal sleep problems, #379/380 p.117+
Vascular scarring, fish oil-based drug, #382 p.23
Vegan diet, inflammation, #383 p.28
Vegetables and fruits, heart disease, #379/380 p.40

Keyword/Subject Index - January 2015 to July 2020

Venter, J. Craig, PhD, genomic sequencing, #379/380 p.13
Ventricular arrhythmias, EPA, #382 p.32
Viral infections, ascorbate, #389 p.72–5
Viral infections, botanicals, #378 p.82
Viral infections, bovine colostrum, #378 p.69–72
Viral infections, Japanese acupuncture and herbs, #383 p.79–83
Vitamin B12, administration, #382 p.102+
Vitamin B12, chronic hepatitis C, #384 p.33
Vitamin B12, Lyme disease, online, #387 p.60
Vitamin C, angioplasty, #378 p.31
Vitamin C (intravenous), B vitamins in cancer, #385/386 p.97–100
Vitamin C (intravenous), cancer, #385/386 p.27
Vitamin C (intravenous), Ebola, #389 p.72–5
Vitamin C, liposomal, #379/380 p.101
Vitamin C, pregnant smokers, #381 p.27
Vitamin C (intravenous), quality, #384 p.116
Vitamin C (intravenous), sepsis, online, #384 p.30, #387 p.10+, #387 p.48–50
Vitamin D (suppositories), cervical dysplasia, #385/386 p.125
Vitamin D, heart failure, #382 p.30–1
Vitamin D, influenza prevention, #384 p.31+
Vitamin D, neurodegeneration, #389 p.46
Vitamin D, serum reference range, #381 p.26+
Vitamin D, sunlight, #388 p.34
Vitamin D, toxicity, #385/386 p.35
Vitamin D (suppositories), vaginitis, #385/386 p.125
Vitamin E, #381 p.15
Vulvar lichen sclerosus, avocado-soybean extracts, #388 p.101+

W

Walker, Morton, DPM (obituary), #378 p.14
Water therapy, #384 p.10
Weight loss, alpha-lipoic acid, #384 p.33
Weight loss, calorie counting, #381 p.23
Weight loss, ketogenic diet, #378 p.84–5
Weight loss, phytonutrients, #381 p.32–3
Weight reduction, green tea, #389 p.83+
Wellness Recovery Action Planning (WRAP), mental illness, #387 p.29
Wheat, irritable bowel syndrome, #383 p.37
Whey protein, muscle building, #389 p.26–7
Whistle blowers, FDA, #378 p.22
Whole body cryotherapy, fibromyalgia, #388 p.26
Whole-Systems Research, challenges, #379/380 p.30
Women's health, #379/380 p.115–19
Women's health, anti-aging medicine, online, #381 p.30

Keyword/Subject Index - January 2015 to July 2020

Women's health, naturopathic treatment strategies, #381 p.95–6

X

Xerostomia (See Dry mouth)

Xerostomia, green tea catechins, #379/380 p.115

Y

Yarnell, Eric, ND, #379/380 p.41

Yeast vulvovaginitis, naturopathic treatment, #381 p.96

Yoga, blood pressure, online, #382 p.95

Yoga, heart disease, #382 p.25

Z

Zinc, antidepressant medication, #381 p.28

Zinc, atopic dermatitis (eczema), #384 p.32