Applied Kinesiology Essentials
by Scott C. Cuthbert, BA, DC

Notes
34. AK Challenge Procedure: “A mechanism used as a testing procedure to determine the body’s ability to cope with external stimuli, which can be physical, chemical, or mental.”
41. AK Therapy Localization procedure: “A procedure of placing the patient’s hand over areas of suspected involvement, then using muscle testing procedures to determine any change in strength.”