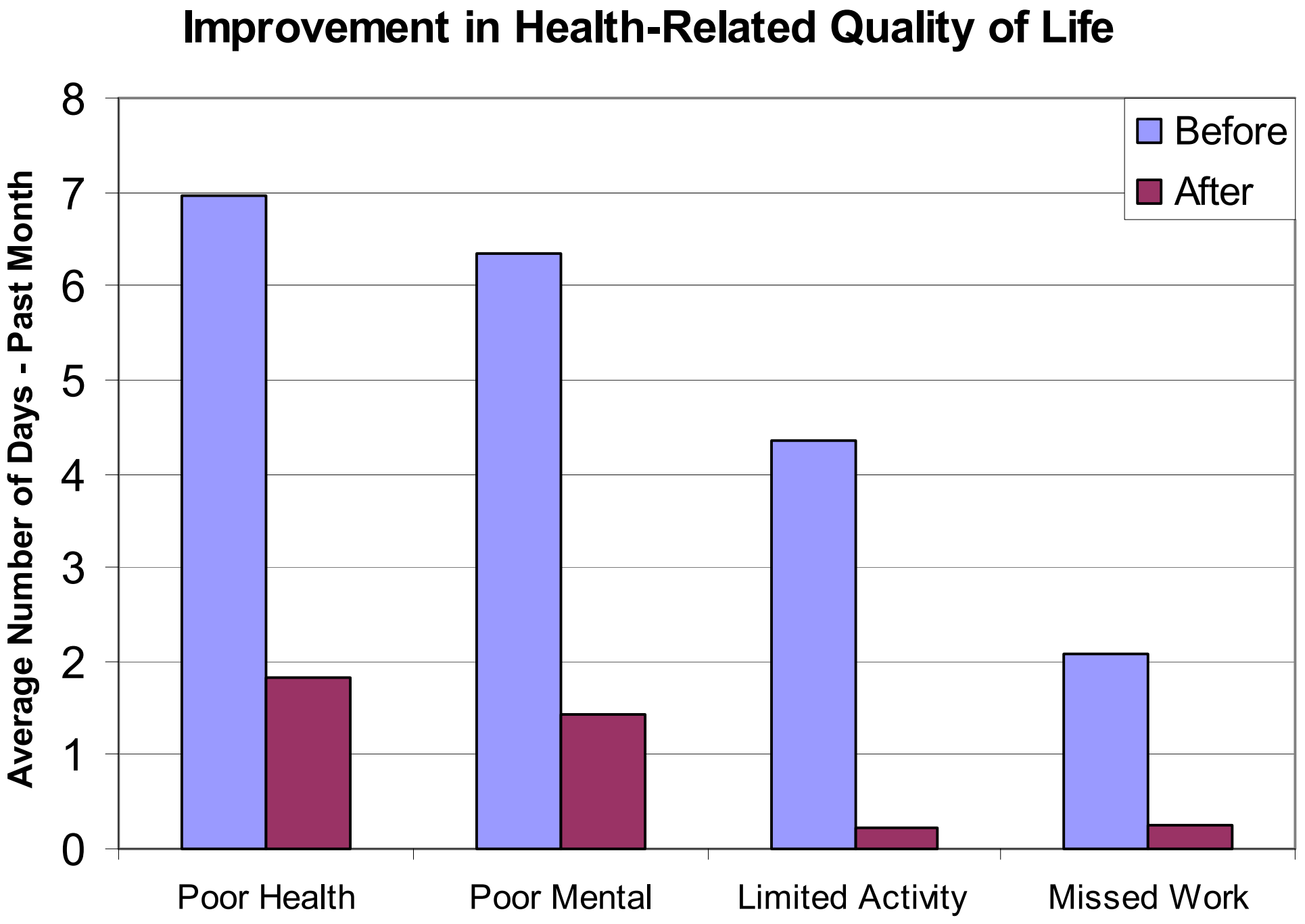
Improvement in Health-Related Quality of Life
Average Number of Days - Past Month
8
7
6
5
4
3
2
1
0
Before
After
Poor Health
Poor Mental
Limited Activity
Missed Work