A4M meeting, Las Vegas, Nevada (December 2012), online, #357 p.8+
Acetaminophen (Tylenol), psychological effect, #365 p.69–70
Acetaminophen toxicity, coenzyme Q10, #354 p.47
Acidosis, Lyme disease, #360 p.56–7
Acne, whey protein, online, #359 p.37+
Actinic keratosis, niacinamide, #355/356 p.36
Actinic keratosis, Picato (Ingenol mebutate), #365 p.34+
Acupuncture, Affordable Care Act, online, #360 p.32+
Acupuncture, battlefield, #365 p.32
Acupuncture, post traumatic stress disorder, online, #365 p.19
Addiction, neurotransmitter deficits, online, #358 p.106–8+
Advanced glycation end products (AGEs), management of, online, #365 p.63–6
Advancing Medicine with Food and Nutrients, #355/356 p.122–3
Affordable Care Act, acupuncture, online, #360 p.32+
Affordable Care Act, chiropractic, online, #360 p.33
Affordable Care Act, complementary & alternative medicine, #358 p.27–8
Affordable Care Act, Integrative Healthcare Policy Consortium, #359 p.17
Affordable Care Act, preventive services, online, #361/362 p.39–41
Aged garlic extract, colds & flu, #360 p.44
Aging, cognitive function, #365 p.48–51
Aging, water & shrinkage, #365 p.91–4
AIDS (acquired immunodeficiency syndrome) AIDS, bone marrow transplants, #360 p.24+
AIDS, immune therapy treatment, #360 p.24+
Air pollution, health risks, #364 p.120–1
Albion, Valioravanto, #365 p.18
Alcohol consumption, breast cancer, #365 p.116+
Alcoholism, nutritional deficiencies, #354 p.84–91
Alkaline diet, inflammation, online, #360 p.81–7
Alkalization, products, #365 p.109–10
Allergic rhinitis, probiotics, #357 p.45+
Aluminum, breast cysts & cancer, #357 p.27
Aluminum hydroxide, macrophagic myofascitis, online, #364 p.28+
Alzheimer's disease, online, #358 p.110–11
Alzheimer's disease, at-home screening, #363 p.46
Alzheimer's disease, blood test for detection, #354 p.50
Alzheimer's disease, cerebrospinal fluid markers, #354 p.51
Alzheimer's disease, copper excess & zinc, online, #363 p.15+, #363 p.52–8
Alzheimer's disease, exercise, #363 p.47
Alzheimer's disease, fluoride & copper, #363 p.63–70
Alzheimer's disease, medium-chain triglycerides, #355/356 p.106
Alzheimer's disease, music memory, online, #363 p.8+
Alzheimer's disease, Souvenaid, online, #357 p.109
Alzheimer's disease, vaccine, #363 p.47
Anal cancer, women, #354 p.108–9, #357 p.123+
Androgens, insulin resistance, #357 p.58–61
Andropause, online, #358 p.110
Anemia, fluoride, #364 p.86
Anemia, iron, #357 p.42–3
Angiogenesis, piperine, #361/362 p.46+
Anthocyanins, glaucoma, #363 p.39+
Antibiotic resistance, herbal formulas, #360 p.109
Antibiotic resistance, homeopathy, #360 p.51–4
Antibiotics, bacterial resistance, #360 p.30
Antidepressants, vitamin D, online, #365 p.38
Antioxidants, cognitive function, #363 p.47
Antioxidants, endometriosis pain, online, #365 p.39
Antioxidant use, cancer, online, #357 p.38–41, #361/362 p.42+
Antioxidant use, cancer prevention, #361/362 p.18–19
Antiperspirants, breast cysts & cancer, #357 p.27
Antiplatelet medications, interaction with B vitamins, online, #364 p.43
Antithrombotic therapy, integrative care, online, #358 p.64–6
Anxiety, lavender, #355/356 p.131
Anxiety, Lise Amschler, ND, #357 p.20
Anxiety, muscle tension, #357 p.27+
Anxiety, red clover, #357 p.124
Aortic stiffness, EDTA chelation therapy, #359 p.84–6
Apotéthure, closure, #361/362 p.18
Aquaporin, #358 p.40
Anorexia nervosa, behavior problems, #364 p.116
Aromatherapy, online, #360 p.8+
Arsenic, juices & rice, #354 p.26+
Arsenic, skin lesions, #359 p.34–5
Arterial calcification, fluoride, online, #358 p.22
Arteriograph, cardiovascular assessment, #359 p.84–6
Arthritis pain, gin-soaked raisins, #359 p.28
Asperger syndrome, homeopathy, #360 p.116–18
Aspergillosis, #365 p.95+
Asthma, glutathione (IV), #363 p.99–100
Asthma, glutathione (nebulized), #365 p.79
Asthma, naturopathic medicine, #355/356 p.70–2
Athletic performance, drugs, #355/356 p.51–4
Athletic performance, lifestyle & nutrition, #355/356 p.46–50
Atrial fibrillation, fish oil, online, #358 p.42
Atrial fibrillation, integrative care, online, #358 p.62–7
Atrial fibrillation, NeuroCardio integrative approach, #358 p.71–3
Atrial fibrillation, omega-3 fatty acids, online, #357 p.110
Attention deficit hyperactivity disorder (ADHD), Chinese medicine, #363 p.78–9
Attention deficit hyperactivity disorder (ADHD), food colorings, #364 p.27
Attention deficit hyperactivity disorder (ADHD), homeopathy, #364 p.113–16
Attention deficit hyperactivity disorder (ADHD), overdiagnosis, online, #365 p.20
Australia, complementary & alternative medicine, #354 p.19–21
Australia, vaccination debate, #361/362 p.93–9
Autism, clinical workup, online, #363 p.16, #363 p.71–7
Autism, dehydration, #363 p.121–2
Autism, folic acid, #360 p.123+
Autism, folic acid/folic acid, #363 p.38+
Autoimmune disease, celiac disease, online, #359 p.100–2+
Autoimmune disease, Cyrex Laboratories, online, #354 p.63, #359 p.100–2+
Autoimmune disease, EDTA chelation therapy, online, #358 p.81
Autoimmune disease, environmental factors, #359 p.20
Autoimmune disease, food as medicine, online, #359 p.32–3
Autoimmune disease, food sensitivity, online, #354 p.56–63
Autoimmune disease, NO/ONOO cycle, online, #364 p.15
Autoimmune disease, titanium implants, online, #364 p.30+
Autoimmune hepatitis, homeopathy, #357 p.112–16

B

Bacillus thuringiensis (Bt), cry protein toxicity, #361/362 p.30+
Bacteria, antibiotic-resistance, #360 p.30
Bacterial vaginosis, probiotics, online, #365 p.38+
Barnes, Broda, MD, Phythoypoism, #361/362 p.104
Basal body temperature, thyroid disease, #357 p.62–4
Bastyr Integrative Oncology Research Center, online, #351/362 p.79–83
Beer, inflammation, #359 p.41
Benfotiamine, online, glycine modification, online, #365 p.64
Benign prostatic hyperplasia, saw palmetto, #360 p.36
Berries, cardiovascular disease, #358 p.37
Biochemistry, #365 p.118–19
Biofeedback, urination difficulty, #357 p.27+
Biofield therapy, research, online, #364 p.28
Biofilms, #360 p.56
Bioidentical hormone therapy, common errors, #365 p.59–62
Bioidentical hormone therapy, cell repair, #365 p.86–90
Bioresonance testing, sperm count, #365 p.76–7
BioToxic Reduction (BTR) program, sauna, online, #364 p.8
Biotoxins, disease, #365 p.34–5
Bipolar disorder, homeopathy, #363 p.115–18
Bipolar disorder, N-acetylcysteine, #355/356 p.37
Birth control pills, side effects, #359 p.112
Birth trauma, torticollis, #357 p.29+–30
Bisphenol A, prostate cancer, #361/362 p.42
Blepharitis, N-acetylcysteine, #364 p.117
Biphenol A, anxiety, depression, hyperactivity, #364 p.117
Black cohosh (Actaea racemosa), polycystic ovarian syndrome, #364 p.127
Black cohosh (Actaea racemosa), women's health, online, #357 p.81–2
Blathomyosisis, #365 p.96
Blepharitis, N-acetylcysteine, #363 p.40
Blood viscosity, cardiovascular disease, #365 p.71–5
Blood viscosity, cognitive function, #354 p.72–4
Blood viscosity, Hemathix test, #354 p.74
Blue scorpion venom, cancer pain, #361/362 p.30
Bone mineral density, psychological status, #357 p.36
Borrelia burgdorferi, enzyme-linked immunospot (ELISPOT) assay, online, #360 p.101–2
Borrelia burgdorferi, T cell-based assay (iSpot Lyme), #365 p.18
Botanicals, exercise, #365 p.44–5
Botanicals, HPTLC plant analysis, #363/365 p.20
Botanicals, pharmacology, #355/356 p.33–4
Botanicals, women's health, online, #357 p.80–9
Brain allergies, food sensitivity, #354 p.90–1
Brain degeneration, B vitamins, #363 p.47
Brain function, #364 p.112
Breakfast, diabetes (Type 2), online, #358 p.44
Breakfast, alcohol consumption, #365 p.116+
Breakfast, antioxidant use, #361/362 p.42+
Breakfast, cancer, aspirin, #351/362 p.76–8
Breakfast, blood test for detection, #354 p.50
Breakfast cancer, estrogen metabolite ratio, online, #354 p.16, #354 p.52–5, #354 p.107, #357 p.100–6
Breakfast cancer, estrogen-progesterin hormone therapy, #361/362 p.34
Breakfast cancer, genetic mutations, #355/356 p.38
Breakfast cancer, integrative care, online, #357 p.70–4+
Breakfast cancer, naturopathic co-management, #351/362 p.73–5
Breakfast cancer, soy, #355/356 p.132
Breakfast cancer, thyroid function, #357 p.66–9
Breakfast cancer, nutrients and herbs, online, #357 p.74+
Breakfast cysts, aluminum, #357 p.27
Breakfast feeding, AAP guidelines, #354 p.25+
Breakfast implants, cancer, #361/362 p.120
Breast milk, conjugated linoleic acid, #357 p.30
Bronchitis, intravenous vitamin C, #359 p.6+
Byron White formulas, Lyme disease, online, #360 p.83–91
Byron White formulas, neuroimmunne illness, online, #360 p.92–4
Cancer, economic cost, #361/362 p.31+
Cancer, Edgar Cayce recommendations, #361/362 p.100–3
Cancer, fasting, #364 p.95–8
Cancer, garlic, #361/362 p.50
Cancer, genetic explanations, online, #360 p.49–50
Cancer, green tea (Camellia sinensis), online, #357 p.86–8
Cancer, homeopathy, #361/362 p.33+
Cancer, hyperthermia, online, #354 p.38, #361/362 p.66–9
Cancer, immunotherapy, #361/362 p.44, #361/362 p.86–9
Cancer, insulin-potentiated targeted low-dose therapy (IPTLD), online
Cancer, integrative care, #361/362 p.34+, #361/362 p.52–4
Cancer, intravenous vitamin C, #359 p.16, #361/362 p.17
Cancer, iodine, #361/362 p.100–3
Cancer, language, #361/362 p.35+
Cancer, medicinal mushrooms, online, #361/362 p.79–80
Cancer, metabolic approach, #359 p.44–7
Cancer, multivitamins, #355/356 p.42
Cancer, naturopathic medicine, online, #361/362 p.15
Cancer, nuclear radiation, online, #363 p.36–7
Cancer, progression-free vs. overall survival, #354 p.39+
Cancer, radio frequency hyperthermia, #361/362 p.62–4
Cancer, Salicinum, #361/362 p.86–9
Cancer, targeted agents, online, #360 p.48–50, #361/362 p.43+
Cancer, Taureolids, #365 p.34
Cancer, toxotrients, #363 p.90–1
Cancer, Ukrain ban, #355/365 p.108–12
Cancer, ultrasound test, #354 p.50
Cancer, ursoic acid, #361/362 p.84–5
Cancer, vitamin D, #361/362 p.46, #361/362 p.51
Cancer, vitamin D & calcium supplementation, #354 p.22–3
Cancer, Warburg effect, #359 p.44–7
Cancer pain, blue scorpion venom, #361/362 p.30
Cancer prevention, #361/362 p.91–2
Cancer prevention, antioxidant use, #361/362 p.18–19
Cancer prevention, soybeans, #361/362 p.47
Cancer prevention, tomatoes, #361/362 p.50
Cancer prevention, youth education, #361/362 p.116–17
Cancer screening, #361/362 p.48
Cancer Treatment Centers of America Inc., IV vitamin C, #361/362 p.17
Candida-related complex, #364 p.110–11
Candida vaginitis, boric acid suppositories, #355/356 p.131+
Candidiasis, #365 p.96+
Cannabis, juicing, #360 p.28+
Cardiac dysrhythmias, Milner Acetylcholine Protocol, #361/362 p.17
Cardiovascular assessment, Arteriograph, #359 p.84–6
Cardiovascular disease, berries, #358 p.37
Cardiovascular disease, carnitine, #360 p.128+
Cardiovascular disease, cocoa/chocolate, #359 p.127+
Cardiovascular disease, C-reactive protein, online, #358 p.18+
Cardiovascular disease, diet, online, #358 p.21+, #358 p.38
Cardiovascular disease, EDTA chelation therapy, #365 p.80–5
Cardiovascular disease, evaluating risk, online, #359 p.78–80
Cardiovascular disease, HeartMath, #358 p.46–51
Cardiovascular disease, lycopene, #358 p.37
Cardiovascular disease, metabolic syndrome, #358 p.52–60
Cardiovascular disease, omega-3 fatty acids, #358 p.38
Cardiovascular disease, positive psychology, online, #358 p.22+
Cardiovascular disease, racial differences in vitamin D metabolism, online, #358 p.44
Cardiovascular disease, resveratrol, #355/356 p.43
Cardiovascular disease, screening, online, #358 p.18
Cardiovascular disease, tocotrienols, #363 p.86+
Cardiovascular disease, vulnerable blood, #365 p.71–5
Cardiine, cardiovascular disease, #360 p.128+
Carnosine, glycation modification, online, #365 p.96–7
Cayce, Edgar, cancer, #361/362 p.100–3
Cayce, Edgar, diet, #355/356 p.114–16, #357 p.90–8
Keyword Index 2009-2012

D

Dehydration, #358 p.40–1
Dehydration, cognitive function, #363 p.121–2
Dementia, at-home screening, #363 p.46
Dementia, blood viscosity, #354 p.72–4
Dementia, dehydration, #363 p.121–2
Depression, red clover, #357 p.124
Depression, St. John’s wort (Hypericum perforatum), online, #357 p.83–4+
Dermatitis, arsenic, #359 p.34–5
Dermatology, naturopathic medicine, #359 p.16
Dermatology, sulfur, #359 p.59–60
Detoxification, diets, #355/356 p.97–102
Detoxification, endometriosis, online, #355/356 p.126–8
Detoxification, environmental toxins, #358 p.102–3
Detoxification, metabolic strategies, online, #355/356 p.45–52
Detoxification, sauna, online, #36 p.6+
Detoxification, sweating, online, #364 p.30
DHEA, glucocorticoid-induced osteoporosis, online, #359 p.38
Diabetes (Type 2), breakfast, online, #358 p.44
Diabetes (Type 2), EDTA chelation therapy, online, #358 p.77
Diabetes (Type 2), Pentol, #361/362 p.49+
Diabetes (Type 1), vitamin D, #355/356 p.35+
Diabetic polyneuropathy, coenzyme Q10, #354 p.48
Diagnoses, physician thought process, #363 p.20+
Diagnoses, screening tests, #360 p.110
Diarrhea, probiotics, #360 p.74–5
DiaTech chemosensitivity test, #355/356 p.38+
Diet, cardiovascular disease, #358 p.38
Diet, detoxification, #355/356 p.97–102
Diet, Edgar Cayce recommendations, #355/356 p.114–16, #357 p.90–8
Diet and lifestyle, cholesterol, #358 p.45
Dietary Supplement Labeling Act, #364 p.18
Disease, biotoxins, #360 p.34–5
Dopamine, green tea, #364 p.128
Drinking water, copper & fluoride, #363 p.67–8
Drinking water, mineral testing, #354 p.70–1
Drug addiction, nutritional deficiencies, #354 p.84–91
Drug Quality and Security Act (HR 3204), compounding pharmacies, #365 p.6+
Drugs, athletic performance, online, #354 p.6+
Drugs, FDA approval, #359 p.130–1
Drugs, herbal remedies, #355/356 p.33–4
Drugs, violence, online, #363 p.24+
Dry eyes (keratoconjunctivitis sicca), #359 p.123
Dry eyes (keratoconjunctivitis sicca), treatment, #363 p.126–8
Dysbiosis, glyphosate, #360 p.27+
Dysmenorrhea, detoxification, online, #355/356 p.128

E

Echinacea purpurea, common cold, #355/356 p.43
Ecology, Lyme disease, #360 p.55–8
Eczema, probiotics, #359 p.54–8
Eczema, sulfur, #359 p.59–60
Edema, electrolytes, #363 p.122
EDTA chelation therapy (See also Chelation therapy)
EDTA chelation therapy, International College of Integrative Medicine March summit, online, #361/362 p.27–9
EDTA chelation therapy, TACT study, online, #354 p.17–18, #358 p.76–83, #358 p.76–83, #361/362 p.122–4, #363 p.80–5
Egg substitute, cholesterol, #364 p.38
Elderly, cognitive function formula, #363 p.48–51
Elderly, vitamin B12, #363 p.39
Electrodermal screening, #359 p.115–17
Electromagnetic radiation, disease, #360 p.35
Elimination diet, eosinophilic esophagitis, #354 p.110+
Emphysema, nebulized glutathione, #365 p.79
Empowerment, women, #357 p.32+
EmWave, emotional coherence, #358 p.46–51
Endometriosis, antioxidants, online, #365 p.39
Endometriosis, detoxification, online, #355/356 p.126–8
Endometrium, soy isoflavones, #364 p.127+
Endothelial dysfunction, #358 p.68–70
Endothelial dysfunction, herbal & nutraceutical therapy, online, #359 p.78–80
Enteroinmunology, chronic disease, online, #365 p.102–3
Environmental chemicals, infertility, online, #357 p.117–18
Environmental toxins, #358 p.101–3
Environmental toxins, autism, online, #363 p.71–7
Environmental toxins, children, #364 p.117–19
Enzyme-linked immunosot (ELISOPOT) assay, Borrelia burgdorferi, online, #360 p.101–2
Eosinophilic esophagitis, elimination diet, #354 p.110+
Eosinophilic esophagitis, treatment, #360 p.25
Epigallocatechin gallate (EGCG) (See also Green tea extract)
Epigenetics, childhood experiences, #363 p.95–7
Epilepsy, (pyridoxine-dependent), biochemistry, #365 p.118
Epilepsy, magnesium, online, #359 p.38
Erlotinib (Tarceva), online, #360 p.49–50
Escozul, cancer pain, #361/362 p.30
Essential fatty acids, Brian Scott Peskin, #355/356 p.124–5
Essential oils, online, #360 p.8+
Essential oils, pain management, #364 p.65–73
Estrogen, male body composition, online, #365 p.27+
Estrogen, men, #365 p.55–8
Estrogen metabolism ratio, breast cancer, online, #354 p.16, #354 p.52–5, #354 p.107, #357 p.100–6, #358 p.97–9
Eucalyptus oil vapor, tuberculosis, #355/356 p.104
Exercise, Alzheimer’s disease, #363 p.47
Exercise, chronic knee pain, #359 p.27+
Exercise, lifestyle & nutrition, online, #365 p.46–50
Exercise, nutrition & herbal support, #365 p.44–5

F

Facial aging, cell-augmented fat transfer, #360 p.114–15
Falls, balance activities, #357 p.37
Familial hypercholesterolemia, integrative care, #363 p.80–3
Fasting, chemotherapy, #364 p.95–8
Fatigue, heavy metals, #355/356 p.117–18
Fatigue, hyperparathyroidism, #355/356 p.62+
Fatigue, iron, #354 p.48
Fatigue, underlying causes, online, #364 p.45–7
Fatigue and Fibromyalgia Practitioners Network, #364 p.52
Fatty acid metabolism, Brian Scott Peskin, #355/356 p.124–5
FDA, compounding pharmacies, online, #361/362 p.8+, #363 p.6+
FDA, laetrile clinic raid, online
Feminine (Yin) medicine, #355/356 p.92–6
Fertility, online, #357 p.48–51
Fibromyalgia, online, #363 p.48–52
Fibromyalgia, coenzyme Q10, #355/356 p.37
Fibromyalgia, frequency-specific microcurrent therapy, online, #364 p.29
Fibromyalgia, low-dose naltrexone, #364 p.51
Fibromyalgia, stress response, #364 p.42–4
Fibromyalgia, toxic metals, #364 p.54–9
Field Control Therapy, sperm count, #365 p.76–7
Fish oil, atrial fibrillation, online, #358 p.42
Fish oil, Brian Scott Peskin, #355/356 p.124–5
Fish oil, Frank Shallenberger, MD, HMD, online, #365 p.109–11
Fish oil, hypertension, #358 p.84–8
Flame retardant, endocrine disruptor, #364 p.121
Flavocoxid, inflammation, #364 p.74–83
Fluoride, arterial calcification, #358 p.22
Fluoride, pinale calcium, #363 p.63+
Fluoride, preterm birth, #364 p.84–94
Focal segmental glomerulosclerosis, naturopathic medicine,
**Hyoscyamus**, behavior problems, #364 p.116

Hyperbaric oxygen, chronic pain, #355/356 p.32

Hypercalcemia, infants, #360 p.36

Hypercoagulability, cardiovascular disease, #365 p.71–5

Hypercoagulability, Lyme disease, #360 p.56

Hyperparathyroidism, fatigue, #355/356 p.62+

Hypertension, detection challenges, online, #358 p.19–20

Hypertension, gizpacho, #358 p.38

Hypertension, HeartMath, #358 p.48–51

Hypertension, hydronephrosis, #355/356 p.60–1

Hypertension, lifestyle modification, online, #358 p.25+

Hypertension, naturopathic medicine, #358 p.84–91

Hypertension, riboflavin, #365 p.119

Hyperthermia, cancer, online, #354 p.38, #361/362 p.66–9

Hyperthermia, childhood germ cell tumors, #363 p.42+

Hyperthermia, prostate cancer, #361/362 p.60–4

Hypothyroidism, Broda Barnes, MD, PhD, #358 p.35+

Hypothyroidism, causes, #363 p.111–14

Hypothyroidism, naturopathic medicine, online, #360 p.8

Hypothyroidism, thyroid hormone replacement therapy, #361/362 p.107–10

IGF-1, growth hormone (insulin-like growth factor type 1), joints, #365 p.93

Immune response, natural therapies, #360 p.48–7

Immune system, gastrointestinal tract, online, #365 p.102–3

Immune system, interaction with nervous system, online, #359 p.76–7

Immune system, oil pulling & coconut oil, #359 p.87–92

Immune system, TH1/TH2 balance, #359 p.93–5

Immune therapy, AIDS, #360 p.24+

Immunotherapy, cancer, #361/362 p.44, #361/362 p.86–9

Impotence, Field Control Therapy, #365 p.76–7

Infections, homeopathy, #360 p.51–4

Infertility, online, #357 p.48–51

Infertility, environmental chemicals, online, #357 p.117–18

Infertility, integrative care, online, #357 p.52–7

Infertility, naturopathic medicine, online, #357 p.16

Inflammation, online, #360 p.15+

Inflammation, beer, #359 p.41

Inflammation, cocoa, #359 p.41

Inflammation, Favocoxid, #364 p.74–83

Inflammation, frankincense, #359 p.41

Inflammation, gastrointestinal testing, online, #354 p.78–9

Inflammation, green tea, #359 p.41

Inflammation, lifestyle, online, #360 p.65–8

Inflammation, lycopene, #359 p.40+

Inflammation, NO/ONOO cycle, online, #364 p.15

Inflammation, repair deficit, online, #359 p.68–74, #360 p.61–7

Inflammation, zinc, #355/356 p.43

Inflammatory bowel disease, propionyl-L-carnitine, online, #359 p.37

Inflammatory bowel disease, testing, online, #354 p.76–9

Influenza, aged garlic extract, #360 p.44

Influenza, green tea, #355/356 p.131

Injectable medical products, contamination, online, #354 p.8+ Immune system, interaction with nervous system, online, #359 p.76–7

Inflammation, repair deficit, online, #359 p.68–74, #360 p.61–7

Inflammation, zinc, #355/356 p.43

Influenza, green tea, #355/356 p.131

Infectious diseases (women), #365 p.133–5

Infectious diseases, genitourinary, #359 p.127

Infertility, integrative care, online, #357 p.52–7

Integrative Healthcare Policy Consortium, Affordable Care Act, #358 p.27–8, #359 p.17

Integrative medicine, cancer, online, #361/362 p.52–4, #361/362 p.79–80

Integrative medicine, Washington State Medical Quality Assurance Commission (MQAC), #363 p.104

Integrative oncology, #361/362 p.106

Integrative oncology, programs, #361/362 p.34+

Integrative Therapeutics, rebranding, #363 p.18

International College of Integrative Medicine, 56th Congress, #359 p.15+

International College of Integrative Medicine, EDTA chelation therapy summit, online, #361/362 p.27–9

Intestinal bacteria, online, #359 p.48–52

Intestinal bacteria, Crohn’s disease, #359 p.20+

Intravenous vitamin C, #359 p.6+

Iodine, cancer, #361/362 p.100–3

Iodine, loading test, online, #354 p.66–8, #364 p.105–7

Iodine, pregnancy, online, #359 p.36+

Iprimumab, toxicity, #363 p.43–5

Iron, chronic cough, online, #365 p.39, #365 p.116

Iron, fatigue, #354 p.48

Iron, restless legs syndrome, #357 p.46

Iron deficiency (infants), milking umbilical cord, online, #365 p.40

Iron metabolism, anemia, #357 p.42–3

Irons, Robert D., PhD (obituary), #363 p.15

Irritable bowel syndrome, small intestine bacterial overgrowth, online, #355/356 p.85–91

Isotopic therapy, pulmonary infections, #354 p.103+

ISpot Lyme, Borella burgdorferi test, #366 p.18

Jaffe, Russell, MD, PhD, probiotics, #360 p.17+

Joint pain, prolotherapy, #360 p.118–19

Joint pain, serotonin syndrome, online, #364 p.29+

Joints, hormones, #365 p.93

Juice, arsenic, #354 p.26+

Juicing, cannabis, #360 p.28+

Kidney disease, naturopathic medicine, #359 p.36–9

Kidney transplants, herbs, #363 p.101–3

Knee pain, exercise, #359 p.27+

Knee pain, prolotherapy, #360 p.121–2

Knee pain, turmeric (NR-INF-02), #359 p.127

Laboratory testing (blood), cancer, Alzheimer’s, Parkinson’s, #354 p.50–1

Laboratory testing, dry labbing, #354 p.26

Laboratory testing (blood), vitamin B12, online, #359 p.38

Lactobacillus brevis CD2, mucositis, #361/362 p.50

Lactobacillus rhamnosus GG, gastroenteritis in children, #364 p.130–1


Lactose intolerance, probiotics, #364 p.37

Laetrile, FBI & FDA clinic raid, #360 p.48

Laetrile (amygdalin), Moertel trial, #361/362 p.100–3

Laetrile, Moertel trial, #361/362 p.100–3

Lamas, Gervasio A., MD, TACT study, #363 p.15

Lactobacillus rhamnosus, #365 p.66–8, #364 p.105–7


Lactose intolerance, probiotics, #364 p.37

Laetrile (amygdalin), Moertel trial, #361/362 p.100–3

Laetrile, Moertel trial, #361/362 p.100–3

Lamas, Gervasio A., MD, TACT study, #363 p.15
Leg camps, magnesium, #361/362 p.51
Leptin resistance, abnormal thyroid lab markers, #361/362 p.108–9
Lifestyle Integrated Functional Exercise program, falls, #357 p.37
Lifestyle modification, supplements, #359 p.42–3
Lipidology, #363 p.80–5
Lipid profiles, soy, #358 p.121
L-methionine, chronic superficial thrombophlebitis, #359 p.61–2
L-methionine, Clostridium difficile, #359 p.61–2
L-methionine, Methicillin, #359 p.61–2
Longevity, calcium & vitamin D, #355/356 p.42
Loop electrosurgical excision procedure, cervical dysplasias, #361/362 p.120+
Lung cancer, blood test for detection, #354 p.50
Lung cancer, Xalokin (crizotinib), #354 p.38–40
Lycopene, cardiovascular disease, #358 p.37
Lycopene, inflammation, #359 p.40+
Lyme disease, online, #360 p.16
Lyme disease, biological treatment, #360 p.57–8
Lyme disease, host ecology, #360 p.55–8
Lyme disease, integrative care, #360 p.76–82
Lyme disease, symptom checklist, #360 p.96–100
Lyme disease, testing & treatment, online, #360 p.83–91
Lyme disease, treatment, #354 p.80–3

M
Macrophagic myofasciitis, aluminum hydroxide, online, #364 p.28+
Macular degeneration (age-related), #359 p.96–9, #363 p.129–30
Macular degeneration (age-related), nutrients, online, #358 p.43
Magnesium, colon cancer risk, #361/362 p.47
Magnesium, cystic fibrosis, #357 p.45
Magnesium, epilepsy, online, #359 p.38
Magnesium, leg camps, #361/362 p.52–4
Magnesium, tinnitus, #357 p.46
Magnesium deficiency, proton pump inhibitors, #355/356 p.37
Magnesium lozenges, postoperative sore throat, #360 p.43
Malaria, homeopathy, #355/356 p.119–21
Mammography, 3D, #361/362 p.121
Marijuana addiction, N-acetylcysteine, #357 p.46
Marinelli, Rick, ND (obituary), #357 p.17
McCrary, Rollin, PhD, HeartMath, #358 p.50
McNamara fallacy, #357 p.107
McNamara fallacy, cancer, #354 p.40
Meal timing, weight loss, #364 p.38
Meat (processed), COPD, online, #365 p.39
Medical boards, legal tips for physicians, #354 p.28
Medical cost, transparency, online, #364 p.31+
Medical ecology, microbiome, #357 p.31+
Medical politics, #359 p.111–12
Medical scans, #360 p.110
Medicinal mushrooms, cancer, online, #361/362 p.79–80
Medicine, integrating natural medicine, #364 p.130–1
Mediterranean diet, 2013 NEJM study, #360 p.106–8
Medium-chain triglycerides, Alzheimer's disease, #355/356 p.106
Melanoma, iplitumumab toxicity, #357 p.43–5
Melatonin, insomnia, online, #354 p.36–7
Melatonin & tryptophan, peptic ulcer, #354 p.47+
Men, estrogen, online, #365 p.27+, #365 p.55–8
Meniscal tears, surgery vs. physical therapy, #359 p.30+
Menopause, dry eyes (keratoconjunctivitis sicca), #363 p.126–8
Menopause, nonhormonal therapies, online, #365 p.17
Menstrual pain, ginger (Zingiber officinale), #367 p.124+
Menstrual pain, vitamin D, #357 p.124
Mental illness, copper excess, online, #363 p.16
Mental illness, iatrogenic, online, #363 p.22+
Mercury amalgam fillings, neuropsychiatric illness, online, #363 p.23+

Mercury excretion, selenium, #364 p.37
Metabolic syndrome, cardiovascular disease, #358 p.52–60
Metabolic syndrome, tocotrienols, #363 p.90
Metabolic syndrome, testing and treatment, online, #359 p.78–83
Metagenics Inc., women's health, #360 p.16
Metformin, ovarian cancer, #355/356 p.39
Microbiome, Crohn's disease, #359 p.20+
Microbiome, water, #360 p.111–13
Migrants, biochemistry, #365 p.118
Milk thistle supplements, ConsumerLab.com, #355/356 p.30–1
Miller, Clinton Ray (obituary), #363 p.17
Milner Acetylcholine Protocol, cardiac dysrhythmias, online, #355/356 p.73–9
Mind-body connection, #357 p.27+
Mindlessness, #361/362 p.36
Minerals, food sources, #364 p.40–1
Molds, #365 p.96–101
Montagnier, Luc, MD, high-dilution research, #354 p.28+
Moral injury, post traumatic stress disorder, online, #365 p.28
Morgentaler, Abraham, MD, testosterone, online, #357 p.15+
Morning sickness, homeopathy, #357 p.32
Mortality, calcium & vitamin D, #357 p.45
MRI, limitations of, #363 p.119–20
MRSA (methicillin-resistant Staphylococcus aureus), alkaline terrain, #365 p.109–10
Mucositis, probiotic lozenges, #361/362 p.50
Mullin, Gerard E., MD, probiotics, #360 p.18
Multiple sclerosis, vitamin D, #354 p.47
Muscle aches, heavy metals, #355/356 p.117–18
Muscle tension, anxiety, #357 p.27+
Muscle wasting/atrophy, ursolic acid, #361/362 p.84–5
Mushroom therapy, online, #360 p.15
Music, Alzheimer's disease, online, #363 p.8+
Myalgic encephalomyelitis, sauna therapy, online, #364 p.60–4
Mycotic infections, #365 p.94–101

N
N-acetylcysteine, bipolar disorder, #355/356 p.37
N-acetylcysteine, blepharitis, #363 p.40
N-acetylcysteine, lupus, #363 p.40
N-acetylcysteine, marijuana addiction, #357 p.46
N-acetylcysteine, polycystic ovarian syndrome, #360 p.124–5
Nanoparticles, homeopathy, #354 p.35
National Health Freedom Coalition, Clinton Ray Miller, #363 p.17
NaturalMDSearch.com, complementary & alternative medicine, #364 p.19
Natural remedies, self-care, #359 p.110
Naturopathic medicine, #355/356 p.60–1
Naturopathic medicine, Affordable Care Act, online, #361/362 p.39–41
Naturopathic medicine, asthma, #355/356 p.70–2
Naturopathic medicine, bipartisan medicine, #355/356 p.122–3
Naturopathic medicine, breast cancer, #351/362 p.73–5
Naturopathic medicine, cancer, online, #361/362 p.15
Naturopathic medicine, focal segmental glomerulosclerosis, #363 p.101–3
Naturopathic medicine, functional medicine, online, #355/356 p.52
Naturopathic medicine, glomerulonephritis, #359 p.16, #359 p.63–6
Naturopathic medicine, hypertension, #358 p.84–91
Naturopathic medicine, kidney disease, #359 p.63–6
Naturopathic medicine, Northwest Naturopathic Physicians Conference, online, #360 p.6+
Naturopathic medicine, STAIR Integrative Residency Program, #363 p.18
Naturopathic medicine, Townsend Letter, online, #355/356 p.59
Naturopathic medicine, yin & yang, #359 p.226
Naturopathic oncology, online, #351/362 p.70–2
Probiotics, gastroenteritis in children, #364 p.130–1
Probiotics, gastrointestinal health, #360 p.71–5
Probiotics, genital infections (women), #355/356 p.133–5
Probiotics, lactose intolerance, #364 p.37
Processed foods, phosphates, #359 p.108–9
Progesterone receptor, breast cancer, online, #357 p.71
Prolactin, chronic joint pain, #359 p.118–19
Prolactin, hip joint, online, #357 p.111–13
Prolactin, knee pain, #360 p.121–2
Propionyl-L-carnitine, inflammatory bowel disease, online, #359 p.37
Propionyl-L-carnitine, ulcerative colitis, #355/356 p.35
Prostate cancer, #365 p.41–2
Prostate cancer, selenium, #365 p.41+ 
Prostate cancer, transurethral hyperthermia, #361/362 p.60–4
Prostate cancer, vegetable fats, #365 p.41
Prostate cancer, vitamin D, #354 p.46
Proton pump inhibitors, magnesium deficiency, #355/356 p.37
Psoriasis, sulfur, #359 p.59–60
Psychiatric drugs, online, #363 p.22+
Psychiatry, orthomolecular medicine, #365 p.8+
Psychological distress, acetaminophen, #359 p.38
Psychological status, bone mineral density, #365 p.8+ 
Psychotropic medication, neurotrophic discontinuation strategies, online, #355/356 p.63–9
Pulmonary infections, #356 p.102–5
Pure Encapsulations, Boston fundraiser, #360 p.23
Pure Encapsulations, polyphenol study, #360 p.20–1
Pycnogenol, hypertension, #358 p.86
Pycnogenol (French maritime pine bark), perimenopause symptoms, #359 p.128
Pyridoxine (See Vitamin B6)

R
Racial differences, vitamin D, #355/356 p.36
Radiation/chemotherapy, probiotic lozenges, #361/362 p.50
Radioactive pollution, Fukushima Daiichi nuclear disaster, online, #363 p.35–7
Raisins, arthritis pain, #359 p.28
Rau, Thomas, MD, Sanum therapies, #359 p.113–15
Raw milk, National Farmers Union, #364 p.17
Reactive oxygen species, biodientional signaling therapy, #365 p.86–90
Rectal cancer, hyperthermia, #354 p.38
Red clover, anxiety/depression, #357 p.124
Research Genetic Cancer Centre (RGCC) tests, chemotherapy, online, #361/362 p.56–8
Respiratory tract infections, homeopathy, #360 p.51–4
Resless legs syndrome, iron supplements, #357 p.46
Resveratrol, cardiovascular health, #355/356 p.43
Retinal disease, #359 p.96–9
Rhodiola rosea, mood stabilizer, online, #355/356 p.66
Riboflavin, hypertension, #355 p.119
Rice, arsenic, #354 p.26+
Riordan Clinic, Ron Hunninghake, MD, #361/362 p.16
Roberts, H.J., MD (obituary), #358 p.16–17
Robinia pseudoacacia, GI complaints, #356 p.106–8
Rotator cuff shoulder injuries, #361/362 p.114–15
Rxlist.org, prescription drug adverse effects, online, #363 p.22+

S
Salicycin, cancer, #361/362 p.86–9
Sanum therapies, Thomas Rau, MD, #359 p.113–15
Saturated fat, heart disease, online, #358 p.44
Sauna therapy, detoxification, online, #364 p.6+
Sauna therapy, myalgic encephalomyelitis/chronic fatigue syndrome, online, #364 p.60–4
Saw palmetto, benign prostatic hyperplasia, #360 p.36
Schizophrenia, gluten sensitivity, #354 p.86+
Schizophrenia, niacin, #364 p.11
Schizophrenia, orthomolecular medicine, online, #363 p.26
Schroeder, David, Standard Process, Inc., #361/362 p.20
Science, dogma, #360 p.29+
Science, reductionist, #357 p.107
Screening tests, diagnoses, #360 p.110
Selenium, mercury excretion, #364 p.37
Selenium, prostate cancer, #365 p.41+
Self-injury, online, #363 p.27+
Selumetinib, uveal melanoma, #361/362 p.43+
Serotonin syndrome, joint pain, online, #364 p.29
Serotonin toxicity, violence, online, #363 p.24+
Sexual function, benign prostatic hyperplasia, #363 p.36
Shamans, #354 p.98–101
Sheldrake, Rupert, science paradigms, #360 p.29+
Sickle cell disease, omega-3 fatty acids, #360 p.44
Sickness behaviors, neuroimmunology, online, #359 p.76–7
Sies, Dr. Helmut, Linus Pauling Institute Prize for Health Research, #363 p.19
Skin cancer, omega-3 fatty acids, #361/362 p.47
Skin conditions, orthopatheric medicine, #359 p.16
Skin lesions, arsenic, #359 p.34–5
Sleep, segmented, online, #363 p.26+
Sleep disorders, vitamin D, online, #364 p.32
Sleep disruption, Alzheimer’s disease, #363 p.63
Small intestine bacterial overgrowth, irritable bowel syndrome, online, #355/356 p.85–91
Smell, screening for disorders, #354 p.42–4
Souvenaid, Alzheimer’s disease, online, #357 p.109
Soy, breast cancer, #355/356 p.132
Soy, lipid profiles, #358 p.121
Soybeans, cancer prevention, #361/362 p.47
Soy isoavone, endometrial tissue, #364 p.127+
Spencer’s gel, MRSA, #356 p.109–10
Standard Process, Inc., botanical ID program, #361/362 p.20
Standard Process, Inc., chiropractic scholarships, #360 p.22
Standish, Leanna, PhD, ND, integrative oncology, online, #361/362 p.79–83
Statins, #363 p.110
Stig, Bengmark, MD, PhD, probiotics, #360 p.18
St. John’s wort (Hypericum perforatum), depression, online, #357 p.83–4+
Strawberries, skin, #361/362 p.47+
Stress, Graves’ disease, #359 p.28+
Stress, HeartMath, #358 p.46–51
Stress response, fibromyalgia, #364 p.42–4
Stroke prevention, folic acid, #354 p.48
Sudden sensorineural hearing loss (idiopathic), vitamin C, #364 p.37+
Sulfite oxidase, #365 p.79
Sulfur, skin disease, #359 p.59–60
Sulphur, attention deficit hyperactivity disorder (ADHD), #364 p.114+
Sun-damaged skin, niacinamide, #355/356 p.36
Sunlight, hip fractures, #357 p.44
Supplement quality, dry labbing, #359 p.46+
Supplements, cardiovascular disease, #357 p.126–7
Supplements, correct use of, #359 p.42–3
Supplements, dangers, #357 p.18
Supplements, EU rules, #364 p.16
Supplements, HIV, online, #359 p.36
Supplements, mortality, #364 p.36
Supplements, quality control, online, #365 p.38
Supplements, safety, #358 p.114–15
Supplements, Senator Dick Durbin, #364 p.18
Supplements, Worst Pills, Best Pills review, #358 p.15
Sweating, detoxification, online, #364 p.30
Systemic lupus erythematosus (SLE), N-acetylcysteine, #363 p.40

T

T helper cells
3-bromopyruvate, cancer, TH1/Th2 balance
Thyroid underactivity, muscular stress
Thymol, antifungal drugs
3-D Printing, tissues and organs
Thyroid disease, basal body temperature
Thyroid function, breast cancer
Thyroid underactivity, muscular stress
Thyroid underactivity, testing
ThyroLife Optima, Douglas Laboratories
Tick-borne disease, host ecology
Tocolinols, #363 p.86–93
Tomatoes, cancer prevention
Torticollis, birth trauma
Tourette's syndrome, omega-3 fatty acids
Townsend Letter, #358 p.97
Townsend Letter, Best of Naturopathic Medicine 2013, online, #355/356 p.59
Townsend Letter, electronic edition, online, #355/356 p.16
Townsend Letter, history of, online, #355/356 p.1+, #355/356 p.6+
Townsend Letter, staff, online, #355/356 p.16–17
Toxic metals, drinking water
Toxic metals, fibromyalgia
Trace Minerals International, relocation, #358 p.17
Traditional Chinese medicine, ADHD, #363 p.78–9
Trametes versicolor (turkey tail mushroom), online, #360 p.15
Transpersonal experiences, holotropic breathwork, online, #363 p.22
Transplants, 3-D printing, #354 p.24
Trial to Assess Chelation Therapy (TACT), #354 p.17–18
Trial to Assess Chelation Therapy (TACT), informed consent
Tuberculosis, eucalyptus oil vapor, #355/356 p.104
Turmeric, knee osteoarthritis
Tylenol (acetaminophen), psychological effect
Tumor necrosis factor, growth factor, #358 p.40

U

Ubiquinol, ConsumerLab.com, #364 p.20
Ukrain, Austria ban, #355/356 p.108–12
Ulcereative colitis, homeopathy, #359 p.120–2
Ulcereative colitis, propionyl-L-carnitine, #355/356 p.35
Ultraviolet radiation, strawberries, #361/362 p.47+
Umbilical cord, milking, online, #365 p.40
Urinary neurotransmitter testing, nervous system
Ursoic acid, muscle wasting/atrophy
Uveal melanoma, Selumetinib, #361/362 p.43+

V

Vaccinations, online, #361/362 p.8
Vaccinations, Australia, #361/362 p.93–9
Vaginitis, homeopathy, #358 p.112–13
Veterans, acupuncture, yoga, guided imagery, #365 p.32–3
Vidatox, cancer pain, #361/362 p.30
Violence, pharmaceutical-induced, online, #363 p.24+
Vitamin B, brain degeneration, #363 p.47
Vitamin B, interaction with antiplatelet medications, online, #358 p.43
Vitamin B6, hip fracture, #357 p.37
Vitamin B12, blood test, online, #359 p.38
Vitamin B12, cognitive function, online, #363 p.28
Vitamin B12, elderly, #363 p.39
Vitamin C, #358 p.100
Vitamin C (IV), cancer, #361/362 p.17
Vitamin C, colds, #360 p.46
Vitamin C, idiopathic sudden sensorineural hearing loss, #364 p.37+
Vitamin C (IV), pulmonary illness, #354 p.102+
Vitamin D, African Americans, #355/356 p.36
Vitamin D, antidepressants, online, #365 p.38
Vitamin D, cancer, #361/362 p.46, #361/362 p.51
Vitamin D, congestive heart failure, online, #358 p.42
Vitamin D, Crohn's disease, #364 p.37
Vitamin D, immune system, #360 p.46
Vitamin D, menstrual pain, #357 p.124
Vitamin D, multiple sclerosis, #354 p.47
Vitamin D, Parkinson's disease, #364 p.36+
Vitamin D, prostate cancer, #364 p.46
Vitamin D, quality control, online, #365 p.38
Vitamin D, racial differences, online, #358 p.44
Vitamin D, safety, #355/356 p.36+
Vitamin D, type 1 diabetes, #355/356 p.35+
Vitamin D & calcium supplementation, cancer, #354 p.22–3
Vitamin D & calcium supplementation, longevity, #355/356 p.42
Vitamins E, tocotrienols, #363 p.88–93
Vitamins C & E, Helicobacter pylori eradication, #360 p.44
Vocal cord polyps, IV glutathione, #363 p.99–100

W

Walnuts, prostate cancer, #365 p.41
Warburg effect, cancer, #359 p.44–7
Washington State Medical Quality Assurance Commission (MQAC), integrative medicine, #363 p.104
Water, electrochemical properties, #360 p.111–13
Weight loss, food intake timing
Weight loss, Garcinia cambogia, #359 p.124
Weight loss, green coffee bean extract, #357 p.44
Weight loss, mitochondria energy
Weight management, nutrition, #355/356 p.104–5
What Doctors Don’t Tell You, online, #361/362 p.6+
Whey protein, acne, online, #359 p.37+
Women, empowerment, #357 p.32+
Women's health, Affordable Care Act, #357 p.121+
Women’s health, Metagenics lifestyle summit, #360 p.16
Women veterans, integrative care, #355/356 p.30

X

Xalkori (crizotinib), non-small cell lung cancer, #354 p.38–40

Y

Yeast, #365 p.98–101
Yoga-nidra, veterans, #365 p.33
Yurkovsky, Savely, MD, #365 p.77

Z

Zablocki, Elaine, integrative medicine, #358 p.15
Zinc, cognitive impairment, online, #363 p.55+
Zinc, hair loss in women, #363 p.40
Zinc, immune response, #360 p.46+
Zinc, inflammation, #355/356 p.43
Zygomycosis, #365 p.98