A

Abdin, Maria
Acute Intermittent Porphyria (letter), #307/308 p.114

Ali, Majid, MD
The Autonomic Breathing Test (ABT): Results of a Standardized Test in 232 Patients, #315 p.105–9
The Dysox Model of Diabetes and De-Diabetization Potential, online
The Eastern Track of Medicine: From East Africa to South India - and Beyond, #307/308 p.123–7
A National Health Corps?, online, #309 p.22–4
Oxygen Governs the Inflammatory Response and Adjudicates Man-Microbe Conflicts, online

Alvarado-Paz, Leah, ND & Russel, Lauren, ND
IgG Allergy Testing, #306 p.60–4

Anderson, Robert A., MD
Brain Change and Childhood Abuse (abst), #309 p.102
Cancer Survival and Will to Last (abst), #309 p.103
Cardiomyopathy and Stress (abst), #309 p.103+
Enhancing Antibacterial Activity (abst), #312 p.109
Gastroenterology, Irritable Bowel Syndrome, Food Sensitivities, online
Hepatitis C and Personality (abst), #309 p.102+
Infections and Parental Affection (abst), #312 p.108
Legacies form Childhood - A Case History: Unexpected Wisdom from Within, #309 p.104
More on Stress and Upper Respiratory Infections (abst), #312 p.110
Myocardial Infarction and Influenza Vaccination (abst), #312 p.108
Posttraumatic Stress Disorder (abst), #309 p.102
Risk Factors for Myocardial Infarction (abst), #309 p.103
Sexually Transmitted Infections and Virginity Pledges (abst), #312 p.108
Stress and Colds (abst), #312 p.110
Stress and Immunity (abst), #312 p.108+
Stress, Streptococcal Infections, and Colds (abst), #312 p.110

Appleton, Nancy, PhD & Jacobs, G.N.
Sugar and Testosterone (letter), #317 p.83–4

B

Barker, Jason, ND
Irritable Bowel Syndrome and a Few of My Favorite Things..., #315 p.102–4

Barker, Jason, ND & Meletis, Chris, ND
Considerations in the Prevention of Seasonal Allergic Rhinitis, online

Beljanski, Sylvie
The Beljanski Approach to Environmental Health, #307/308 p.71–3

Bertolucci, Lawrence E., PT, MA
The Magnificent Three: Previously Static Stroke Patients Respond to 3LT (Low Level Laser Technology), #316 p.71–6

Blaurock-Busch, E., PhD
Blood Metal Analysis to Biomonitor and Diagnose Acute Vs. Chronic Metal Intoxication, online, #306 p.73–9
Chelating Iron in Conditions of Iron Overload (Hemochromatosis), online

Bone, Kerry
Coleus: A New Development in the Fight Against Metabolic Syndrome X, online

Bradford, Prof. Robert W.
The Effect of Alkalizing Agents on Malignant Processes, from Cytotoxic to Genomic in Cancer Research, #313/314 p.93–8

Bralley, J. Alexander, PhD
The Role of the Clinical Laboratory in Integrative and Functional Medicine, online, #306 p.95–8

Budinger, Mary
Dispatches from the Front Lines of Autism and Lyme Disease, #315 p.72–7
Ground Zero for Lyme Is the Mouth, #312 p.58–60

Burnham, Kimberly, PhD; Giammatteo, Sharon W., PhD, PT et al
Integrative Manual Therapy Improves Women's Health, Range of Motion, and Pregnancy, #309 p.63–5

C

Caradonna, Bill, RPh, ND
Why Is Iridology So Misunderstood?, #307/308 p.107–9

Chapdelaine, Perry A., Sr.
More on Double-Blind Studies (letter), #313/314 p.109

Chappell, L. Terry, MD
Defending the Sale of Supplements by Holistic Physicians (letter), #311 p.91–2

Chi, Tsu-Tsair, NMD, PhD
Myomin: Natural Aromatase Inhibitor for Estrogen-related Conditions, #317 p.70–4
Vein Lite: A Chinese Herbal Formula for Cardiovascular Problems, #311 p.86–8

Cohen, Jay S., MD & Graveline, Duane, MD, MPH
Lipitor-Associated Memory Loss: Analysis of 662 Cases of Cognitive Damage, #311 p.64–70

Cohen, Marcus A.
Dietary Supplements under the Obama Administration, #307/308 p.63–4+
Dr. Stephen DeFelice Starts Clinical Study Combining Carnitine and Doxorubicin in Treatment of Advanced Ovarian Cancer, #313/314 p.126–9
Green Tea Compound Being Developed as Potential HIV-1 Therapy, online
Guidelines of the Infectious Diseases Society of America for Lyme Disease: Still Not Credible, #312 p.103–5
Mayo Clinic Reports Remissions in Leukemia and Lymphoma with Green Tea Extracts, #315 p.38–40
Ordeal of Christine Maggiore, HIV Dissenter, Ends with Her Untimely Death - Part One, online, #310 p.46–9
Ordeal of Christine Maggiore, HIV Dissenter, Ends with Her Untimely Death - Part Two, #311 p.104–9
Perpetuating Dr. Revici's Lipid-Based Therapy for Cancer, #309 p.112–15
Revici Treatment Available in New NYC Office, #307/308 p.65
Talk with Suzanne Somers about Knockout, Her First
Collin, Jonathan, MD
Ascorbic Acid Administration for Cancer, online, #306 p.12+
Best of Naturopathic Medicine, #307/308 p.20–1
Cholesterol, Cholesterol, Cholesterol...Whom Do You Believe?, #311 p.20
Complementary and Holistic Medicine, #310 p.19
Device Diagnostics, online, #306 p.12
Dietrich Klinghardt, MD, PhD, online, #315 p.20
Dr. Claude DeShazo's Renewal, online, #313/314 p.19+
Dr. Jeffrey Bland, online, #313/314 p.6+
Dr. Nicholas Gonzalez on William Donald Kelley, DDS, online, #313/314 p.20
Dr. Shari Lieberman Passes, online, #315 p.19+
Finding Trust in a Cheating World, #307/308 p.6+
Food Supplement Pyramid Schemes, #307/308 p.8+
Functional Lab Testing, #306 p.21
The Gaza Operation, #309 p.6+
Glutamine for Chemotherapy-Caused Neuropathy, #316 p.6+
The Great 2009 Thyroid Shortage, online, #317 p.6+
Growth Hormone Secretagogues, #306 p.20
Hyperthermia at Klinik St. Georg, online, #313/314 p.20
Jacob Teitelbaum, MD, online, #315 p.20
Kaiser Permanente Offers Herbs, #306 p.20
Letter from the Publisher, #310 p.6+
Lipitor-Based Amnesia?, #311 p.20
Lyme Disease REDux, #312 p.19
Massachusetts's Medical Overhaul, #311 p.19
The Obama Presidency, online, #306 p.8+
The Prevention of Nosocomial Fungal Infections with Bu Zhong Yi Qi Tang, #312 p.106–7
A Suggested Pattern Discrimination for Premature Ovarian Failure (POF), online, #309 p.99–101
Tamoxifen-Induced Pseudo-Menopausal Syndrome Symptoms, #306 p.128–9
Treatting Fibromyalgia Syndrome (FMS) via the Liver, online
Wang Zhu-sheng on Sjögren's Syndrome, #307/308 p.142–6
Wu Mei Wan and Diarrhea due to Irritable Bowel Syndrome, #315 p.46–8
Treating Fibromyalgia Syndrome (FMS) via the Liver, online
Wang Zhu-sheng on Sjögren's Syndrome, #307/308 p.142–6
Wu Mei Wan and Diarrhea due to Irritable Bowel Syndrome, #315 p.46–8
Fontes, Mario, MSOM (Cand.) & Pina, Stephanie, ND, MSOM
Homeopathy and Chinese Medicine: Uniting Two Forms of Energetic Medicine, online, #307/308 p.79–82
Forsgren, Scott

D
Di Stefano, Vincent, DO, ND, NHSc
The Wellsprings of Healing: On the Doctor as Artist, #310 p.90–3

E
Eidelman, William S., MD
Control of Cigarette Cravings with Cranial Electrotherapy Stimulation, #311 p.81–5
Emeka, Mauris
There is a Tumor in Our Approach to Cancer (letter), #313/314 p.108+
The Way We Address Cancer Is Cause for Concern (letter), #306 p.116
Eslinger, Robert A., DO, HMD
CAM Cancer Therapies Are Based on Scientific Principles (letter), #313/314 p.107+

F
Fallon, Sally
Law on Raw Milk Should Be Overturned, online
Feldman, Martin, MD & Null, Gary, PhD
The Argument for a Vegetarian Diet - Part One, online, #310 p.62–8
The Argument for a Vegetarian Diet - Part Three, #312 p.82–7
The Argument for a Vegetarian Diet - Part Two, #311 p.75–80
Ferril, William, MD
Inflammation and Heart Disease: A Holistic Persepective, online
Flaws, Bob, L.Ac.
Chinese Medicine and Depression: A Two-Wing Comparison Study, online
Pairing Medicinals in Chinese Medical Oncology for Best Therapeutic Effects, #313/314 p.114–17
Postcholecystectomy Syndrome (PCS) and Chinese Medicine, online
Premature Ventricular Contractions (PVCs), online
The Prevention of Nosocomial Fungal Infections with Bu Zhong Yi Qi Tang, #312 p.106–7
A Suggested Pattern Discrimination for Premature Ovarian Failure (POF), online, #309 p.99–101
Tamoxifen-Induced Pseudo-Menopausal Syndrome Symptoms, #306 p.128–9
Treatting Fibromyalgia Syndrome (FMS) via the Liver, online
Wang Zhu-sheng on Sjögren's Syndrome, #307/308 p.142–6
Wu Mei Wan and Diarrhea due to Irritable Bowel Syndrome, #315 p.46–8
Fontes, Mario, MSOM (Cand.) & Pina, Stephanie, ND, MSOM
Homeopathy and Chinese Medicine: Uniting Two Forms of Energetic Medicine, online, #307/308 p.79–82
Forsgren, Scott

Collins, Joseph J., RN, ND
Clinical Efficacy of Systemic Enzyme Support, #311 p.71–4

Cooley, Kieran, ND, MSc (Cand), Seely, Dugald, ND, MSc et al
Links between ADHD and Environmental Pollutants: Implications for Preventative Naturopathic Clinical Practice, online
Links between ADHD and Environmental Pollutants: Implications for Preventative Naturopathic Clinical Practice, #307/308 p.83–8

Creelman, Peggy, DOM
Success with Unique Lyme Protocol (letter), #315 p.90–1
From IDSA to ILADS: A Journey Toward Reconciliation, online, #312 p.70–5
Microbes, Toxins, and Unresolved Conflicts: A Unifying Theory, #312 p.62–5

Fritz, Heidi, ND, MA (Cand.); Seely, Dugald, ND, MSc et al
Links between ADHD and Environmental Pollutants: Implications for Preventative Naturopathic Clinical Practice, online, #307/308 p.83–8

G
Gaby, Alan R., MD
Acetyl-L-Carnitine for Opiate Withdrawal (abst), #313/314 p.52
Advanced Glycation End Products and Renal Failure (abst), #310 p.43
Air Pollution and Vitamin D Deficiency (abst), #310 p.39
Alpha-Lipoic Acid for Diabetic Neuropathy (abst), #316 p.27
...and Selenium Doesn't Work Either? (abst), #313/314 p.50
Antioxidants for Chronic Pancreatitis (abst), #310 p.40
B Vitamins Prevent Macular Degeneration (abst), #313/314 p.51+
Caffeine: A Cause of Panic Attacks (abst), online, #309 p.46
Can B Vitamins Prevent Dementia (abst), #311 p.40
Can choline prevent homocysteine-related diseases? (abst), #307/308 p.56+
Can Dietary Changes Prolong Life? (ed), #310 p.99–100
Can Green Tea Prevent Colon Cancer? (abst), #313/314 p.51
Can We Save Obama Care? (ed), #316 p.120–1
Case Report: D-Pinitol for Polycystic Ovary Syndrome (abst), online, #309 p.44
Celiac Disease: the Great Masquerader (ed), #315 p.119–20
Celiac Patients May Need B Vitamins (abst), #313/314 p.52
Chamomile for Anxiety (abst), #317 p.32+
Chromium and Biotin for Type 2 Diabetes (abst), #310 p.38
Coenzyme Q10 for Heart Failure: the Controversy (abst), #311 p.39
Coenzyme Q10 Improves Results of Coronary Bypass Surgery (abst), #311 p.38
Coenzyme Q10 Prevents Preeclampsia (abst), #315 p.44
The Collapsing Health Care System (ed), #306 p.117
Conflict of interest in medical journals (abst), #306 p.46+
Controlled Trial of Myers Cocktail for Fibromyalgia (abst), #316 p.26
Cranberry Extract Lowers Cholesterol Levels (abst), #310 p.40
DHEA Reverses Increases Bone Mass in Women (abst), #316 p.29
Don't Forget the B12 When Using Folic Acid (abst), online, #312 p.49+
Don't Push the Vitamin D Too Hard (abst), #311 p.39
Do Sugar-Sweetened Drinks Cause Heart Disease? (abst), #315 p.43+
Fish, mercury, and pregnancy (abst), #307/308 p.57
Fish oil for cardiomyopathy (abst), #307/308 p.58
Food Additives Harmful for Kidney Patients (abst), #316 p.27
Fructose: a common cause of abdominal pain (abst), #307/308 p.56
Fructose: A common cause of irritable bowel syndrome (abst), #306 p.44
Ginger for Dysmenorrhoea (abst), #315 p.42+
*Ginkgo biloba* Extract for Treatment-Resistant Schizophrenia (abst), #310 p.40
Glutathione inhalation for cystic fibrosis (abst), #306 p.46
Good Nutrition Enhances Recovery from Strokes (abst), #310 p.40
Healthful Pregnancy Diet for Healthy Children... (abst), online, #309 p.44+
Heart Disease Practice Guidelines: The Blind Guarding the Henhouse (ed), #311 p.93
*Heating Milk Eliminates Its Allergenicity* (abst), #315 p.42
Hepatitis from Red Yeast Rice (abst), online, #309 p.45
High-Fructose Corn Syrup and Trans Fatty Acids: a Double Whammy (abst), #317 p.34
High-Fructose Corn Syrup Propaganda (ed), #309 p.83
Iodine, Pregnancy, and Quality Control (abst), #311 p.40
Is Vitamin D Bad for You? (ed), #307/308 p.119+
L-Glutamine for Acute Pancreatitis (abst), #317 p.34+
Lithium for amyotrophic lateral sclerosis (abst), #306 p.46
Low-Glycemic-Index Diet for Epilepsy (abst), #315 p.44
Magnesium for Complex Regional Pain Syndrome (abst), #317 p.34
Melatonin in Insomnia in Autistic Children (abst), #317 p.32
More on High-Fructose Corn Syrup Propaganda (abst), #313/314 p.52
N-Acetyl-cysteine for Obsessive-Compulsive Disorder (abst), #317 p.34
Nattokinase for Hypertension (abst), #311 p.39
Nutritional Support for Tuberculosis Patients (abst), online, #312 p.48
Panax *Ginseng* for Alzheimer's Disease (abst), online, #309 p.46
Potato Chips May Cause Heart Disease (abst), #316 p.27
Preventing *Clostridium Difficile* Infection (ed), #312 p.90
Probiothic beneficial for patients with cirrhosis (abst), #307/308 p.58
Probiothic for Ulcerative Colitis (abst), online, #312 p.49
Probiothics Prevent Infections in Children (abst), #317 p.33
Probiothics Prevent Serious Complication of Prematurity...
Author Index

(abst), online, #309 p.46
Probiotic Treatment for Bacterial Vaginosis (abst), online, #309 p.44
Promoting food safety (abst), #307/308 p.56
Red Yeast Rice Safer Than Statins (abst), #317 p.32
Red Yeast Rice Saves Lives (abst), #311 p.38
Riboflavin not effective for migraines in children (abst), #307/308 p.58
The Road Ahead (ed), #317 p.106
Selenium poisoning due to poor quality control (abst), #307/308 p.58
Selenium Supplementation After Cardiac Arrest (abst), #317 p.34
A spoonful of honey makes the mucositis go down (abst), #306 p.45+
Strontium for Osteoporosis: How Much and for How Long? (abst), #316 p.28
Testing vitamin D status (abst), #306 p.44
Topical Manuka Honey for MRSA Infection (abst), online, #312 p.48
Tribute to Abram Hoffer, #315 p.42
Vitamin A Eye Drops for Dry Eyes (abst), online, #312 p.50
Vitamin B12 for Diabetic Retinopathy (abst), #310 p.38+
Vitamin D Deficiency and Anticonvulsant Drugs (abst), online, #309 p.46
Vitamin D Deficiency and Statin-Induced Myalgia (abst), #316 p.27
Vitamin D for Diabetic Neuropathy (abst), #310 p.38
Vitamin D Levels Are Declining (abst), online, #312 p.50
Vitamin D Prevents Infections (abst), online, #312 p.48+
Vitamin D supplementation. Slow and steady., #306 p.44+
Vitamin E and Radiation Therapy (abst), #313/314 p.51
Vitamin K Prevents Coronary Artery Calcification (abst), #316 p.26
Vitamins C and E and Beta-Carotene Not Effective for Cancer Prevention...,(abst), #313/314 p.50
Whey Protein for Nonalcoholic Steatohepatitis (abst), #315 p.44
Zinc for infectious diarrhea (abst), #306 p.47
Gale, Richard & Null, Gary, PhD
Vaccines' Dark Inferno: What Is Not on Insert Labels (ed), online, #317 p.87–91
Giammatteo, Sharon W., PhD, PT; Giammatteo, Thomas, DC, ND; Burnham, Kimberly, PhD
Integrative Manual Therapy Improves Women's Health, Range of Motion, and Pregnancy, #309 p.63–5
Giammatteo, Thomas, DC, ND; Giammatteo, Sharon W., PhD, PT et al
Integrative Manual Therapy Improves Women's Health, Range of Motion, and Pregnancy, #309 p.63–5
Goldman, Robert, MD, PhD, DO & Klatz, Ronald, MD, DO
An Anti-Aging Medical Approach to Diabetes and Metabolic Syndrome, #310 p.104–6
Community-Associated MRSA: Anti-Aging Approaches for a Superbug Survival Strategy, online, #312 p.42–3
Get the Best Rest for Life: Sleep Is a Longevity Essential, #317 p.35–6
The Intersection of Naturopathic and Anti-Aging Medicine: Natural, Non-Toxic, Nutritionally Based Preventive Approaches and Interventional Therapies Promote Health and Longevity, #307/308 p.66–7
Obama White House Can Save $3.7 Trillion and Extend Lifespan 29+ Years, #316 p.39–40
The Vital Role of Vitamin D in Longevity and Health, #309 p.106–7
You Truly Are What You Eat: The Nutritional Component of Anti-Aging, #315 p.110–12
Gonzalez, Nicholas, MD
One Man Alone: My Investigation of Dr. William Donald Kelley, online, #313/314 p.74–81
Possible Threat to Alternative/Nutritional Practitioners (letter), #317 p.82–3
Gordin, Karina L.
Mastic through the Ages, #315 p.56–8
Gracer, Richard, MD
In Memoriam: Thomas Dorman, MD, online, #311 p.21
Graveline, Duane, MD, MPH & Cohen, Jay S., MD
Lipitor-Associated Memory Loss: Analysis of 662 Cases of Cognitive Damage, #311 p.64–70
Grewal, Baljit K. Khamba, BSc, MPH, ND (Cand.)
Food for Thought: Review of Nutritional Modalities Used for the Treatment of Mental Illness, online, #307/308 p.89–95
Gunn, Hal, MD
Vitamin C and Chemotherapy: Looking at the Broader Evidence (letter), #307/308 p.110–11
H
Hattemer, Polly
Estrogen, BH4, the Heart, and the FDA (letter), #311 p.92
Hersey, Jane
Can Environmental Factors Trigger Autism?, #311 p.24
Hoffer, Abram, PhD, MD
Bipolar Disorder and Orthomolecular Treatment, #317 p.44–50
Hoffer, Abram, PhD, MD & Paterson, E.
The Emperor Has No Clothes: An Anecdote, #309 p.72–7
Hoffer, John, MD, PhD
In Memoriam: Abram Hoffer, MD, PhD, #313/314 p.21
Hoffman, E.J.
Genes, DNA, Diet, Heredity, and Disease (letter), #310 p.96–8
The Legacy of Wayne Martin (letter), #307/308 p.115–18
PSA Tests, Prostate Cancer, and Vitamin C (letter), #313/314 p.104–6
Holt, Stephen, MD
Calorie Restriction Mimetics, #315 p.98–101
Growth Hormone Secretagogues in Perspective, #306 p.52–9
Observations on Multivitamins, #307/308 p.134–41
Stem Cell Support: The Nutraceutical Induction of Adult Stem Cell Recruitment (IASCRI), #317 p.64–9
Houston, Reagan, MS, PE
Vitamins vs. Chemotherapy and Radiation for Cancer
Therapy, #313/314 p.60–1

Howard, Vernon, PhD
Academic Deceit in Gerontology Exposed, #313/314 p.42–3

Hudson, Tori, ND
Aspirin and Breast Cancer Risk (abst), #313/314 p.132
Breast Cancer and Integrative Medicine Resource, #313/314 p.133
B Vitamins and Age-Related Macular Degeneration, #316 p.119
D-Ribose, Chronic Fatigue Syndrome, and Fibromyalgia, #306 p.137–8
Essential Concepts and Updates in HRT, Breast Cancer, and Osteoporosis, #309 p.119–24
Flavonoid Mixture and Osteoarthritis of the Knee (abst), #316 p.118
Folic Acid Update (abst), #316 p.118+
Ginger and Nausea Vomiting of Pregnancy (abst), #317 p.105
Ginkgo and Premenstrual Syndrome (abst), #317 p.104+
Irritable Bowel Syndrome in Women, #315 p.115–18
L-Methylfolate and Mental Health (abst), #317 p.104
New Research in Vitamin D and Cardiovascular Disease: Expanding Our Approach Beyond Lipids and Blood Pressure, #311 p.116–18
Ovarian Cancer Screening (abst), #313/314 p.132+
Pine bark extract and endometriosis (abst), #307/308 p.153
Pine Bark Extract (Pycnogenol) and Osteoarthritis of the Knee (abst), #307/308 p.152
Pycnogenol and Perimenopause Symptoms (abst), #307/308 p.152
Seaweed Supplement for Knee Osteoarthritis (abst), #316 p.118
Soy as a Prevention Strategy for Osteoporosis, #310 p.117–18+
St. John's Wort and Oral Contraceptives, online, #312 p.116–17
Vitamin D and Mood Disorders in Women: A Review (abst), #317 p.104

J

Jacobs, G.N. & Appleton, Nancy, PhD
Sugar and Testosterone (letter), #317 p.83–4

Jaffe, Richard A., Esq.
An Interview with Suzanne Somers, #316 p.46–51

Jaffe, Russell, Esq.
Physician Alert: FDA Stings and Scams BHRT Providers (letter), #307/308 p.111+

Jaffe, Russell, MD, PhD
Functional Lab Tests to Evaluate Immune Competencies in Chronic Illness and Chronic Infection, online, #306 p.80–9
Immune Defense and Repair Systems in Biologic Medicine: Clinical Relevance of Biological Response Modifiers in Autoimmunity, #315 p.82–9
Immune Defense and Repair Systems in Biologic Medicine: Clinical Relevance of Biological Response Modifiers in Autoimmunity: Diagnosis, Treatment, Tests and Interpretation Part 2, online, #316 p.90–4+
Immune Defense and Repair Systems in Biologic Medicine: Clinical Relevance of Biological Response Modifiers in Autoimmunity: Diagnosis, Treatment, Tests and Interpretation Part 3, online, #317 p.76–80

James, Mrs. Paddy
TL Is a Resource for Personal Health Issues (letter), #316 p.80+

James, Ruth E., MA
The Best Heavy Metal Chelator (letter), #309 p.79

Jurisunas, Serge, MD (Hom.), ND
New Advance in Pancreatic Cancer, online, #313/314 p.82–6
A Successful Alternative Treatment for Colorectal Cancer (letter), online, #309 p.78–9

K

Kahane, Amnon, MD
Urinary Neurotransmitter Analysis as a Biomarker for Psychiatric Disorders, #306 p.70–2

Kaufman, Stephen, DC
Instantly Reduce High Blood Pressure Using Soft Tissue Reflexes, online

Kharrazian, Datis, DHSc, DC
The Real Cause of Hypothyroidism, online, #316 p.88–9

Kloos, Dr. James A.
The Anti-Inflammatory and Antiplatelet Effects of Boluoke (Lumbrokinase) in Cancer Patients, #313/314 p.62–6

Klatz, Ronald, MD, DO & Goldman, Robert, MD, PhD, DO
An Anti-Aging Medical Approach to Diabetes and Metabolic Syndrome, #310 p.104–6
Community-Associated MRSA: Anti-Aging Approaches for a Superbug Survival Strategy, online, #312 p.42–3
Get the Best Rest for Life: Sleep Is a Longevity Essential, #317 p.35–6
The Intersection of Naturopathic and Anti-Aging Medicine: Natural, Non-Toxic, Nutritional Based Preventive Approaches and Interventive Therapies Promote Health and Longevity, #307/308 p.66–7
Obama White House Can Save $3.7 Trillion and Extend Lifespan 29+ Years, #316 p.39–40
The Vital Role of Vitamin D in Longevity and Health, #309 p.106–7
You Truly Are What You Eat: The Nutritional Component of Anti-Aging, #315 p.110–12

Klinghardt, Dietrich, MD, PhD
A Sensible Approach to Eliminating Neurotoxins, #315 p.59–66

Klotter, Jule
Adjustable Gastric Banding for Diabetes (abst), #310 p.24+
Alternative Strategies for Reducing Blood Pressure (abst), #311 p.26
Alzheimer's and Insulin Resistance (abst), #310 p.23+
The Analyst™ (abst), online, #306 p.37+
Another Way to Take Magnesium (abst), #307/308 p.48–9
Antiphospholipid Antibody Syndrome Linked with Chronic Fatigue Syndrome (abst), #316 p.20
Autism-Chelation Study Canceled (abst), online, #306 p.33+
Bias, Research, and Complementary & Alternative Medicine, #307/308 p.101–6
Bioenergetic Devices and Functional Medicine (abst), online, #306 p.34
Biofilms Implicated in Chronic Disease (abst), #312 p.30
Bioidentical Hormones, Estriol, and the FDA (abst), online, #309 p.26+
Borrelia Survive by Shape-Shifting (abst), #312 p.31
Breathing Technique May Help Nervous System in Chronic Fatigue (abst), #316 p.20+
Carcinogen Found in ‘Organic’ Personal-Care Products (abst), #313/314 p.30+
Cat's Purr Therapy? (abst), #316 p.21
Celiac Disease Is Often Underdiagnosed (abst), #315 p.30
The Challenges of Treating Clostridium Difficile Colitis (abst), #315 p.29+
Chaste Tree Fruit Helpful for PMS (abst), online, #309 p.30
Chlorination Raises Cancer Risk (abst), #313/314 p.28
Chromium and Other Nutrients Relieve Depression (abst), #317 p.21
Colonic Irrigation as Preparation for Colonoscopy (abst), #307/308 p.44+
Computed Tomography Scan Hazard (abst), online, #306 p.36
Concerns About Pets and Zoonoses (abst), #307/308 p.47+
Dartmouth Report on Slowing Health Care Costs (abst), #311 p.28+
Diet Is Important for Cancer Patients (abst), #313/314 p.28–9+
'Dirty Electricity' Affects Blood Sugar (abst), #310 p.24
Distilling Water: Could It Lead to Deficiencies? (abst), #307/308 p.45
Doctor Offers Antibiotics Alternative (abst), #312 p.36+
Fragrances in Cleaning Products Relate to Symptoms (abst), #316 p.23
Functional Medicine (abst), online, #306 p.36+
Gastritis, Ulcers, and H. Pylori (abst), #315 p.30+
Genetics and Personalized Cancer Treatment (abst), #313/314 p.32+
Harry Oldfield (abst), online, #306 p.37
Hawthorn for Heart Treatment (abst), #311 p.26+
Hazardous Mold Found in Flour Mix (abst), #315 p.36
Holistic Approach Offered for Withdrawal from Psychiatric Medications (abst), #317 p.23+
Insulin Resistance, Hypertension, and Nutraceuticals (abst), #311 p.29
Integrating Ayurvedic Medicine (abst), #315 p.28+
Laser and LED Phototherapy Bear Further Exploration (abst), #316 p.23+
Learn Before Choosing Cesarean Section (abst), online, #309 p.27+
Low-Dose Naltrexone May Help Inflammatory Bowel Disease (abst), #315 p.32+
Lowering Blood Pressure with Device-Guided Breathing (abst), #311 p.30+
Low-Glycemic Diet Found More Effective (abst), #310 p.33+
Lyme Guidelines Up for Review (abst), #312 p.31+
Make Changes Using Emotional Learning (abst), online, #309 p.27
The Many Benefits of Ginger (abst), #307/308 p.45+
Medcare Scans (abst), online, #306 p.33
Micronutrient Supplement for Bipolar Illness Draws Controversy (abst), #317 p.21+
Microwaves’ Role Examined (abst), #316 p.21+
More Evidence for Placebo Effect (abst), #311 p.29+
N-Acetylcarnosine Helps Cataracts (abst), #310 p.34
New Fat's Raise Blood Sugar (abst), #310 p.32+
New Oncology Center Focuses on Environment (abst), #313/314 p.31+
Obesity and Cardiometabolic Risk (abst), #311 p.27
Osteocalcin, Leptin, and Diabetes (abst), #310 p.33
Permaculture and 'Transition Towns' (abst), online, #309 p.28+
Practitioners' Energy Affects Patients (abst), #307/308 p.48
Privatizing B Vitamins (abst), #307/308 p.48
Probiotics’ Effects on Irritable Bowel Syndrome (abst), #315 p.29
Pygeum Eases Venous Insufficiency (abst), #311 p.27+
Self-Care for Caregivers (abst), online, #309 p.29+
Specialist Fights Insurance Company (abst), #312 p.32+
A Special Kind of Homeopathy (abst), #307/308 p.44
Splenda Affects Gut (abst), #310 p.34+
Strontium, Vitamin K2 Can Help with Osteoporosis (abst), online, #309 p.32
Study Shows Possible Spontaneous Regression (abst), #313/314 p.34+
Thoroughness Needed in Lyme Diagnosis (abst), #312 p.37
Ticks Carry Other Infections (abst), #312 p.38
Treating Heartburn and GERD (abst), #315 p.32
Vitamin D Role Questioned (abst), #312 p.38+
Washington State Targets Energy Devices (abst), online, #306 p.35+
Weight-Loss Products Found Tainted with Drugs (abst), #310 p.23
Wellness Methods Help Insomnia (abst), #317 p.22+
What Cancer Patients Want to Know (abst), #313/314 p.38+
Wikipedia Reliability (abst), online, #306 p.38
Kohlstadt, Ingrid, MD, MPH
Cachexia Diagnosed Early Is Amenable to Nutrition, #313/314 p.58–9
Liver Toxins in Your Medicine Cabinet, #316 p.108–9
Managing Hypertension with Food and Nutrients, #311 p.102–3
More Than Willpower: Curbing Food Cravings During Weight Reduction, #306 p.50–1
The New Understanding of Autism Underscores the Promise of Integrative Treatments such as Nutrition, #312 p.100–2
Osteoporosis? Alkalinize Your Grocery Cart, #309 p.48–9
Preventing Age-Related Macular Degeneration with Leafy Greens, online, #310 p.109–10
Sleep's Knitting Needles, #317 p.97–8
Top Ten Nutrition Topics, #307/308 p.50–1
Untangling the Complexities of Irritable Bowel Syndrome and Food Reactions, #315 p.52–3
Urinary Neurotransmitters: Testing to Optimize Treatment Based Upon a Clinical Diagnosis, #306 p.91–4
Korn, Leslie, PhD, MPH & Rysier, Rudolph C., PhD
Salish Culture, Foods and Medicines: Indigenous Traditions and CAM for the Prevention and Treatment of Diabetes Type 2, #310 p.74–84
Krueger, Cindy A., MPH
Cervical Cancer: Putting Prevention into Practice, #309 p.52–8
L
Lee-Bloem, Alice W., MD
A Complementary Approach to Treating Clinical Depression, #317 p.52–5
Lemmo, Walter, ND
Enhancing Chemotherapy Effectiveness with Simple Vitamin C? My Clinical Experiences (letter), #313/314 p.100+
Lenard, Lane, PhD
Bisphosphonates: Bone Strengtheners or Bone Hardeners?, #312 p.76–81
Leone, Jacob, ND & Tan, Alex, ND
Naturopathic Approaches to Diabetic Kidney Disease, #307/308 p.96–100
Lieberman, Shari, PhD, CNS
A Review of Whole Body Hyperthermia and the Experience of Klinik St. Georg, #313/314 p.68–73
A Scientific Review of the Oncogenic Effects Rice Bran Arabinoxylan Compound (RBAC), #310 p.85–9
Lottor, Elisa S., PhD, ND
Amyloban 3399 Product Study for Cognitive Function Improvement (letter), #310 p.94
Letter to Editor: Study Shows Cognitive Function Improvement with Amyloban 3399, #311 p.45
Luoto, Kari
Caffeinism Masks Panic Disorder (letter), #316 p.80
Chronic Caffeine Poisoning (letter), #310 p.95–6
M
Malter, Richard, PhD
Elucidating Hair Mineral Analysis (letter), #307/308 p.112–13
Marchese, Marianne, ND
Endometriosis, online, #309 p.59–62
Environmental Links to Heart Disease, #311 p.98–9
Treatment of People with Multiple Chemical Sensitivity, #316 p.35–8
Martin, Gary, DSc, PhD
Low Back Pain, online
McDonagh, E. W., DO
Liver Flush: Help or Hoax? (letter), #315 p.91+
McFadzean, Nicola, ND
Naturopathic Approaches to Lyme Disease Treatment, #312 p.66–8
Meiss, Dennis, PhD, Omstead, Stephen, MD et al
Life on the Edge: The Clinical Implications of Gastrointestinal Biofilm, #315 p.67–71
Meletis, Chris D., ND
Long-Term Consequences of Diabetes, #310 p.54–60
Meletis, Chris D., ND & Barker, Jason, ND
Considerations in the Prevention of Seasonal Allergic Rhinitis, online
Meletis, Chris D., ND & Zabriskie, Nieske, ND
Cardiovascular Disease, #311 p.52–9
Mishra, M; Upadhyay, Lokesh et al
Hypertensive Disorders for Pregnancy, online
Misner, Bill, PhD
Novel Oral Compound May Inhibit Upper-Respiratory Infection, #315 p.54–5
Mooney, Michael
Denial of HIV Can Be a Death Sentence (letter), #313/314 p.99+
Morony, John J.
The SELECT Study - An Alternative Opinion (letter), #309 p.80+
Morris, Steve E., ND, AGH; Morris, Shawn; Morris, Aaron, ND (Cand.)
Ayahuasca: Vine of the Soul, #309 p.50–1
Ethnobotany: The Study of People, Plants, and Culture,
Moss, Ralph W., PhD
  The Beard Sesquicentennial, #307/308 p.69–70
  CBS Gives Me Unwanted Attention, #309 p.41
  Comparisons to Radical Prostatectomy, #307/308 p.68+
  Conventional German Oncologists Endorse Hyperthermia, online, #310 p.42–4
  Germany and CAM Cancer Treatment, #307/308 p.69
  Grapes to the Rescue, online, #317 p.29+
  Hot Tea May Raise Esophageal Cancer Risk, #312 p.28
  Kombucha Reconsidered, #316 p.41–3
  Local Treatment of Prostate Cancer: A Cause for Celebration?, #307/308 p.68
  More Good News About Green Tea, online, #317 p.30
  New York Times Criticizes War on Cancer, online, #313/314 p.54–6
  Shadows Fall on Antiangiogenic Drugs, #312 p.26–7+
  Simoncini's Bicarbonate Treatment for Cancer, online, #317 p.28–9
  Study Suggests that Some Breast Cancers May Disappear, #309 p.41–2+
  Trophoblasts, Enzymes, and Cancer, #309 p.43
Murphree, Rodger H., DC
  Treating and Beating Anxiety and Depression with Orthomolecular Therapy, online

N
Nagel, Rami
  Agave Nectar - The High-Fructose Health Food Fraud, #310 p.69–73

Nicolson, Prof. Garth L.
  Lipid Replacement and Antioxidant Supplements to Prevent Membrane Oxidation and Restore Mitochondrial Function in Metabolic Syndrome and Fatiguing Illnesses, online

Null, Gary, PhD & Feldman, Martin, MD
  The Argument for a Vegetarian Diet - Part One, online, #310 p.62–8
  The Argument for a Vegetarian Diet - Part Three, #312 p.82–7
  The Argument for a Vegetarian Diet - Part Two, #311 p.75–80

Null, Gary, PhD & Gale, Richard
  Vaccines' Dark Inferno: What Is Not on Insert Labels (ed), online, #317 p.87–91

O
Oleson, Sue
  I Cured My Breast Cancer By Natural Methods (letter), #313/314 p.109–10

Omstead, Stephen, MD; Meiss, Dennis, PhD; Ralston, Janet, BS
  Life on the Edge: The Clinical Implications of Gastrointestinal Biofilm, #315 p.67–71

P
Paterson, E. & Hoffer, Abram, PhD, MD
  The Emperor Has No Clothes: An Anecdote, #309 p.72–7
Peskin, Brian
  Cancer and Mitochondria Defects: New 21st Century Research, #313/314 p.87–90
Petit, Janet
  Hypothyroidism and Fluoride Ingestion (letter), #309 p.82
Pina, Stephanie, ND, MSOM & Fontes, Mario, MSOM (Cand.)
  Homeopathy and Chinese Medicine: Uniting Two Forms of Energetic Medicine, online, #307/308 p.79–82

R
Ralston, Janet, BS, Omstead, Stephen, MD et al
  Life on the Edge: The Clinical Implications of Gastrointestinal Biofilm, #315 p.67–71
Reichenberg-Ullman, Judyth, ND & Ullman, Robert, ND
  A Case of Thrombosed Hemorrhoids, #309 p.108–9
  An Effective Alternative for Influenza Pandemics, #313/314 p.122–5
  An Excellent Response by a Woman with Irritable Bowel Syndrome, Fibrocystic Breast Disease, Anxiety, and Grief, #306 p.125–7
  The Fascinating World of Insect Remedies, online, #315 p.49–51
  Health the Pain of Financial Loss, #311 p.49–50
  Homeopathy: an Effective Answer for Depression, #317 p.41–3
  Mango for Chronic Joint Pain, #307/308 p.128–30
  A Pair of Twins with Down Syndrome, #316 p.111–13
  A Quick, Effective Natural Answer for Acute Infections, #312 p.44–6
  A Woman with Severe Allergies and Anxiety: Successful Homeopathic Treatment Over 11 Years, online, #310 p.111–13
Rosner, Bryan
  Chronic Lyme Disease: Real Disease or Medical Myth?, #312 p.51–7
  Lyme Disease: Simple Bacteria or Complicated Parasite? (letter), #306 p.111–12+
Roswell, Marjorie
  Web Page Potpourri - Raw Food, online
Rubin, Paul G., DDS
  Removing Mercury Amalgam Fillings Before Chelation (letter), #306 p.111
Russel, Lauren, ND & Alvarado-Paz, Leah, ND
  IgG Allergy Testing, #306 p.60–4
Ryser, Rudolph C., PhD & Korn, Leslie, PhD
  Salish Culture, Foods and Medicines: Indigenous Traditions and CAM for the Prevention and Treatment of Diabetes Type 2, #310 p.74–84

S
Sandberg-Lewis, Steven, ND
  Hiatal Hernia Syndrome, online, #307/308 p.76–8
Saul, Andrew W., PhD
  Interview with Abram Hoffer, MD, PhD, online
Schaller, James, MD
Why Lyme Treatments Fail (ed), #312 p.92–5
Seely, Dugald, ND, MSc; Cooley, Kieran, ND, MSc (Cand.); Fritz, Heidi, ND, MA (Cand.) Links between ADHD and Environmental Pollutants: Implications for Preventative Naturopathic Clinical Practice, online Links between ADHD and Environmental Pollutants: Implications for Preventative Naturopathic Clinical Practice, #307/308 p.83–8
Seif, Brother Bernard, SMC, EdD, DNM Tart's Pathway to Healing (letter), #312 p.88
Shantha, Jessica G. & Shantha, T.R., MD Inhalation Insulin and Oral and Nasal Insulin Sprays for Diabetics: Panacea or Evolving Future Health Disaster Part 2, #306 p.106–10 Oral Insulin (Swallowed) and Rectal Insulin Suppository for Diabetics: Panacea or Evolving Future Health Disaster: Part 2, online Shantha, T.R., MD, PhD & Shantha, Jessica G. Inhalation Insulin and Oral and Nasal Insulin Sprays for Diabetics: Panacea or Evolving Future Health Disaster Part 2, #306 p.106–10 Oral Insulin (Swallowed) and Rectal Insulin Suppository for Diabetics: Panacea or Evolving Future Health Disaster: Part 2, online Showler, Linda, ND A Case of Migraine Headaches Treated by Clearing a Chemical Miasm and an Ergot Miasm, #316 p.66–8
Sinatra, Stephen, MD Clearing Up the Cholesterol Confusion, #311 p.60–2 Somers, Suzanne Dr. Michael Galitzer from Knockout, #316 p.52–8+
Stafford, Kern, RPh Naturopaths Should Not Treat Flu with Tamiflu (letter), #313/314 p.99
Stein, Jonathan, PhD Micronutrients, Immune Function, and Women's Health, #306 p.66–8
Tan, Alex, ND & Leone, Jacob, ND Naturopathic Approaches to Diabetic Kidney Disease, #307/308 p.96–100
Teitelbaum, Jacob, MD Eliminating Cancer Pain, online, #313/314 p.120–1 Eliminating Fibromyalgia Pain, #316 p.102–7 Natural Approaches to Heart Health, #311 p.110–12 Natural Treatment of Osteoporosis and Breast Disease and the Recurring Epidemic of Iodine Deficiency, #309 p.92–4 Treat the Patient - Not the Blood Tests!, #306 p.121–4
Teta, Jade, ND & Teta, Keoni, ND, L.Ac Exercise and Gastrointestinal Function, online Exercise and Metabolic Syndrome, #310 p.107–8 Exercise, Depression, and the Brain, #317 p.100–1 Exercise is Medicine, online Interval Exercise as Treatment for Cardiovascular Diseases?, #311 p.100–1 Resistance Exercise for Cachexia, #313/314 p.118–19 Revisiting Exercise for Weight Loss, #316 p.114–15 Using Exercise to Manipulate TH1 and TH2 Immune Function, #312 p.111–12
Teta, Keoni, ND, L.Ac & Teta, Jade, ND Exercise and Gastrointestinal Function, online Exercise and Metabolic Syndrome, #310 p.107–8 Exercise, Depression, and the Brain, #317 p.100–1 Exercise is Medicine, online Interval Exercise as Treatment for Cardiovascular Diseases?, #311 p.100–1 Resistance Exercise for Cachexia, #313/314 p.118–19 Revisiting Exercise for Weight Loss, #316 p.114–15 Using Exercise to Manipulate TH1 and TH2 Immune Function, #312 p.111–12
Thorburn, Doug Medical Socialism: A Thousand Little Battles (ed), online, #317 p.86+
Tong, Yee Wing, MD How I Cure Chronic Pain and Reverse the Aging Process Naturally Without Drugs (letter), #316 p.81–3 Tripathi, K: Upadhyay, Lokesh et al Hypertensive Disorders for Pregnancy, online Tripathi, R; Upadhyay, Lokesh et al Hypertensive Disorders for Pregnancy, online Tucker, Sherry Vitamin Therapy Helpful Post Craniotomy (letter), #309 p.81+
U
Ullman, Dana, MPH Historic Summit on Integrative Medicine, #315 p.78–81 The Homeopathic Treatment of Attention Deficit Disorder and Attention Deficit/Hyperactivity Disorder (ADD/ADHD), online, #317 p.56–9 Ullman, Robert, ND & Reichenberg-Ullman, Judyth, ND A Case of Thrombosed Hemorrhoids, #309 p.108–9 An Effective Alternative for Influenza Pandemics, #313/314 p.122–5 An Excellent Response by a Woman with Irritable Bowel Syndrome, Fibrocystic Breast Disease, Anxiety, and Grief, #306 p.125–7 The Fascinating World of Insect Remedies, online, #315 p.49–51 Health the Pain of Financial Loss, #311 p.49–50 Homeopathy: an Effective Answer for Depression, #317 p.41–3 Mango for Chronic Joint Pain, #307/308 p.128–30 A Pair of Twins with Down Syndrome, #316 p.111–13 A Quick, Effective Natural Answer for Acute Infections, #312 p.44–6 A Woman with Severe Allergies and Anxiety: Successful Homeopathic Treatment Over 11 Years, online, #310 p.111–13 Upadhyay, Lokesh; Mishra, M; Tripathi R; Tripathi, K. Hypertensive Disorders for Pregnancy, online
Author Index

V

Vaishali
Food for Thought: Digesting Life, online

W

Warren, Vicki
Create a Sleeping Sanctuary Reduce Electrosmog, #317 p.60–2

Waterhouse, J.C., PhD
Reply to ‘Is Vitamin D Bad For You?’ (letter), #316 p.78–9+
Reversing Bacteria-Induced Vitamin D Receptor Dysfunction to Treat Chronic Disease: Why Vitamin D Supplementation Can Be Immunosuppressive, Potentially Leading to Pathogen Increase, online
Vitamin D Supplementation May Cause Immunosuppression, Promoting Chronic Bacterial Infection Underlying Diverse Chronic Diseases (letter), #306 p.113–15

Weeks, John
Appointments in the Obama Era: What’s Up for Integrative Medicine and Health Freedom?, #307/308 p.28–30
Bhaswati Bhattacharya: Lessons from an Ayurvedic Experience of Sustainable Integration, online, #310 p.50–2
Toward an Integrated History of the Integrative Practice Movement, online
Where the $120 Million Goes and Where It Would Best Serve, #307/308 p.31–2

Werbach, Melvyn R., MD
Aggressive Behavior and L-Tryptophan, #307/308 p.154–5+
Cataracts: Vitamin C, Vitamin E, and the Carotenoids, #306 p.139–41
Cataract: the Antioxidant Enzymes, #310 p.120+
Diet and Supplements for Benign Breast Disease, #309 p.125–6
Hyperkinesis - Part 1 Vitamin B6 and Serotonin Deficiency, online
The Influence of Vitamins on Cerebrovascular Disease, #311 p.120+
One Observer’s Perspective: The Advance of Nutritional Science, #312 p.118–19

Williams, Rose Marie, MA
A Holistic Approach to Breast Health, #313/314 p.46–9
Introduction to SCIO: Frequency Healing Technology, #307/308 p.59–62

Wright, Jonathan V., MD
The Lung Health Secret Every Woman Needs to Know, online
The ‘Unimportant’ Molecule Curing Cancer, #309 p.66–70

Y

Yanick, Paul, Jr., PhD
Diabetes and the Afferent Vagus, online
Efferent-Afferent and Microbiotica Imbalances in Multiple Chemical Sensitivity and Fibromyalgia, #316 p.99–101
Man-Made Chemicals: The Hidden Role of the Lymphatic System in the Genesis of Polycystic Ovary, Fibrocystic Breast Disease, and Breast Cancer, #309 p.95–8
Quorum Nutrition: Successful Clinical Treatment for Ear Disorders, #317 p.94–6

Z

Zablocki, Elaine
Americans Spend $33.9 Billion Annually on Alternative Medicine, #316 p.44–5
Emotions Are a Key Link Between Brain and Body, online, #315 p.25–6
Health-Care Reform: A Rare Opportunity, online, #312 p.23–5
Historic Meeting Brings Supporters of Integrated Care Together, online, #313/314 p.44–5
It's Reasonable to Be Both Scientific and Spiritual, #310 p.36–7
Kaiser Permanente Offers Herbs, Supplements, and Guided Imagery, #306 p.39–40
Nurse Finds New Strengths as an Acupuncturist, #317 p.26–7
Researchers, Grassroots Organizers Urge Increased Vitamin D Use, #309 p.110–11
Samueli Institute Proposes New National Wellness Initiative, #311 p.32–3
Touchstones: A Key to Caring Health Care, #307/308 p.52–4