### 2004 REVIEW INDEX for the *Townsend Letter for Doctors & Patients*

#### A
- **The Ageless Woman** by Nancy Lonsdorf, MD  
  (reviewer: Irene Alleger), #256 p.94
- **The Answer to Cancer** by Hari Sharma, MD & Rama K. Mishra, GAMs with James G. Meades, PhD  
  (reviewer: Jule Klotter), #251 p.132
- **Ayurveda and Marma Therapy** by Dr. David Frawley, Dr. Subhash Ranade & Dr. Avinash Lele  
  (reviewer: Irene Alleger), #252 p.123

#### B
- **Becoming a Solution Detective** by John Sharry, Brendan Madden & Melissa Darmody  
  (reviewer: Irene Alleger), #253/254 p.131
- **Before It Happens to You: A Breakthrough Program for Reversing or Preventing Heart Disease** by Jonathan Sackner Bernstein, MD  
  (reviewer: none), #253/254 p.134–5
- **Biological, Chemical and Nuclear Warfare - Protecting Yourself and Your Loved Ones: The Power of Digital Medicine** by Savel Yurkovsky, MD  
  (reviewer: Katherine Duff), #251 p.133
- **Blood Chemistry and CBC Analysis, Clinical Laboratory Testing from a Functional Perspective** by Dicken Weatherby, ND & Scott Ferguson, ND  
  (reviewer: John (Keoni) Teta, MS, ND & Jade Teta, ND candidate 2004), #246 p.149+  
  **The Body Heals** by William Ferril, MD  
  (reviewer: David S. Jones, MD), #247/248 p.151+

#### C
- **The Concise Encyclopedia of Fibromyalgia and Myofascial Pain** by Roberto Patarca-Montero, MD, PhD  
  (reviewer: Katherine Duff), #247/248 p.149
- **Coyote Healing: Miracles in Native Medicine** by Lewis Mehl-Madrona, MD, PhD; foreword by Larry Dossey, MD  
  (reviewer: Irene Alleger), #257 p.111

#### D
- **Doctors Re-examine Circumcision** by Thomas J. Ritter, MD and George C. Denniston, MD  
  (reviewer: Jule Klotter), #257 p.110
- **Doctor Yourself: Natural Healing That Works** by Andrew Saul, PhD  
  (reviewer: Irene Alleger), #250 p.128, #253/254 p.132
- **The Doubt Book: How a Trained Labor Companion Can Help You Have a Shorter, Easier, and Healthier Birth** by Marshall H. Klaus, MD, John H. Kennell, MD, and Phyllis H. Klaus, CSW, MFCC  
  (reviewer: Jule Klotter), #256 p.97

#### E
- **Eat Fat, Look Thin, A Safe and Natural Way to Lose Weight Permanently** by Bruce Fife, ND  
  (reviewer: Beatrice Trum Hunter), #252 p.126
- **Eating Alive II** by Jonn Matsen, ND  
  (reviewer: Perry A. Chapdelaine, Sr., MA & Perry A. Chapdelaine, Jr., MD, MSPH), #252 p.122
- **Emotional Healing with Homeopathy** by Peter Chappell  
  (reviewer: Irene Alleger), #255 p.132
- **Enhancing Fertility: A Couple’s Guide to Natural Approaches by Chris Meletis, ND and Liz Brown  
  (reviewer: Katherine Duff), #256 p.96
- **Essential Ayurveda - what it is & what it can do for you** by Shubhra Krishan  
  (reviewer: Irene Alleger), #252 p.123

#### F
- **Fear Cancer No More** by Mauris L. Emeka  
  (reviewer: Jule Klotter), #251 p.131

#### G
- **Generic Alternatives to Prescription Drugs** by Diane Nitzki-George, RPh  
  (reviewer: Beatrice Trum Hunter), #253/254 p.132

#### H
- **The Healing Nutrition Within** (3rd ed.) by Eric R. Braverman, MD  
  (reviewer: Beatrice Trum Hunter), #249 p.128
- **Healing the Planet - One Patient at a Time** by Jozef J. Krop, MD  
  (reviewer: Irene Alleger), #256 p.95
- **Healing Without Medication** by Robert S. Rister  
  (reviewer: Beatrice Trum Hunter), #246 p.148
- **Health Care Meltdown: Confronting the Myths and Fixing Our Failing System** by Robert H. LeBow, MD  
  (reviewer: Pat Johnson), #255 p.139
- **Healthier Food for Busy People by Jane Hersey  
  (reviewer: Beatrice Trum Hunter), #252 p.126
- **The H Factor Solution** by James Braly, MD & Patrick Holford  
  (reviewer: Irene Alleger), #247/248 p.152
- **The Holistic Handbook of Sauna Therapy** by Nenah Sylvester, PhD  
  (reviewer: Rose Marie Williams), #253/254 p.133
- **Honoring the Medicine: The Essential Guide to Native American Healing by Ken "Bear Hawk" Cohen  
  (reviewer: Laurence Johnston, PhD, MBA), #250 p.129

#### I
- **Immune Restoration Handbook** by Mark Konlee, foreword by Ron Klatz, MD  
  (reviewer: Jule Klotter), #250 p.126
- **Iodine: Why You Need It, Why You Can’t Live Without It by David Brownstein, MD  
  (reviewer: David Goldstein, MD), #252 p.124

#### L
- **The Lobotomist: A Maverick Medical Genius and His Tragic Quest to Rid the Wold of Mental Illness** by Jack El-Hai  
  (reviewer: none), #255 p.131
- **Lyme Disease Update** by Marcus Cohen  
  (reviewer: none), #257 p.113

#### M
- **Medical Herbalism: The Science and Practice of Herbal Medicine by David Hoffmann  
  (reviewer: Katherine Duff), #253/254 p.130
- **Medicinal Plants of the World, Volume 1: Chemical Constituents, Traditional and Modern Medicinal Uses (2nd ed.)** by Ivan A. Ross, PhD  
  (reviewer: Katherine Duff), #252 p.125
- **Menopause, Sisterhood, and Tennis by Alice Wilson-Fried**  
  (reviewer: Irene Alleger), #256 p.93
- **Messages from Water** by Masaru Emoto  
  (reviewer: Beatrice Trum Hunter), #255 p.138
- **The Modern Nutritional Diseases and How to Prevent Them by Alice Ottoboni, PhD & Fred Ottoboni, MPH, PhD**  
  (reviewer: Jule Klotter), #249 p.127
- **A mother's success story, a practical guide, and a cartoon to help those who suffer from food and chemical sensitivity by Mimi Borger**  
  (reviewer: Rose Marie Williams), #247/248 p.148
N
The Natural Laws of Self-Healing (audio) by Gerald Epstein, MD
(reviewer: Jule Klotter), #255 p.135
Natural Remedies for 101 Ailments by Earl L. Mindell, RPh
(reviewer: Beatrice Trum Hunter), #253/254 p.132
Natural Strategies for Cancer Patients by Russell L. Blaylock, MD
(reviewer: Irene Alleger), #251 p.137
Nutritional Factors for Syndrome X by Stephen Holt, MD; Jonathan V. Wright, MD; T.V. Taylor, MD and Fraser G.S. Holt
(reviewer: Katherine Duff), #257 p.113

O
Optimum Nutrition for the Mind by Patrick Holford
(reviewer: Irene Alleger), #255 p.130
The Oral Health Bible by Michael P. Bonner, DDS and Earl L. Mindell, RPh
(reviewer: Beatrice Trum Hunter), #253/254 p.132
Oxygen to the Rescue by Pavel I. Yutsis, MD
(reviewer: Jule Klotter), #257 p.112

P
Perfect Bones by Pamela Levin, RN
(reviewer: Jule Klotter), #253/254 p.129
Plant-Derived Antimycotics: Current Trends and Future Prospects by Mahendra Rai and Donatella Mares, editors
(reviewer: Katherine Duff), #251 p.134
The Plot Against Asthma and Allergy Patients by Felix Ravikovich, MD
(reviewer: Beatrice Trum Hunter), #251 p.135–6
Post Trauma and Chronic Emotional Fatigue by Billie J. Sahley, PhD, CNC
(reviewer: none), #247/248 p.148
The Power of Intuition by Judith Orloff, MD
(reviewer: none), #255 p.133–4
The Probiotic Solution by Dr. Mark A. Brudnak
(reviewer: Jule Klotter), #252 p.129
Professionalism and Ethics in Complementary and Alternative Medicine by John Crellin and Fernando Ania
(reviewer: Katherine Duff), #249 p.128
Profound Healing: The Power of Acceptance on the Path to Wellness by Cheryl Canfield; foreword by Joseph Chilton Pearce
(reviewer: Irene Alleger), #247/248 p.150

R
Restoring Your Digestive Health by Jordan S. Rubin, NMD & Joseph Brasco, MD
(reviewer: Jule Klotter), #252 p.127
The Rise and Fall of a Scientific Genius (video) by Shawn Montgomery
(reviewer: Jule Klotter), #246 p.150

S
(reviewer: Beatrice Trum Hunter), #250 p.127
The Sick House Survival Guide by Angela Hobbs
(reviewer: Katherine Duff), #249 p.129
Staying Healthy with the Seasons by Elson M. Haas, MD
(reviewer: Irene Alleger), #249 p.16–17
Surviving and Thriving after a life-threatening diagnosis by Beverly A. Hall, PhD
(reviewer: Irene Alleger), #253/254 p.129